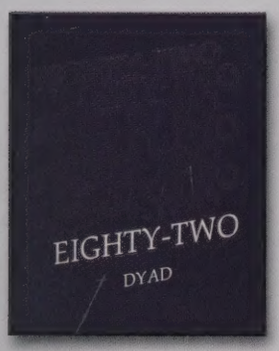
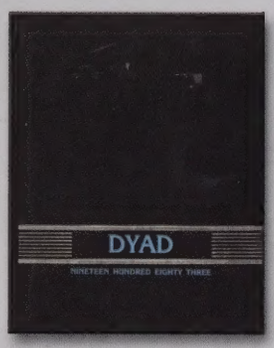
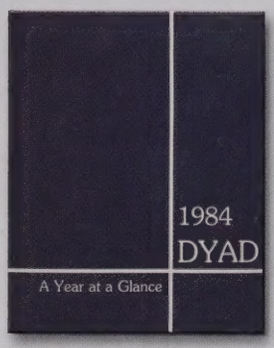
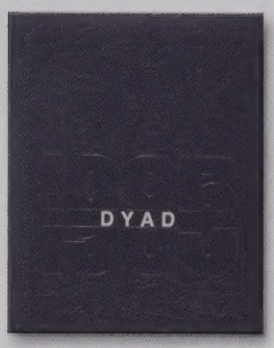
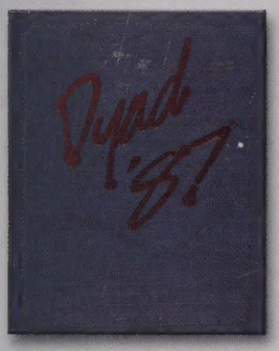
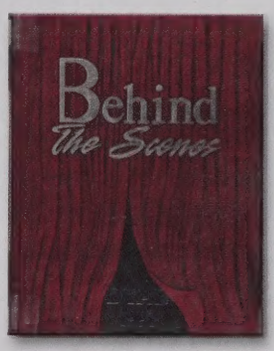




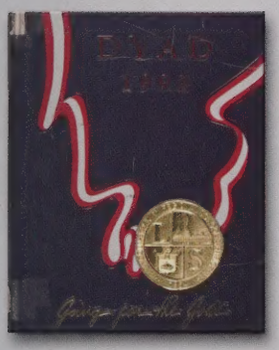


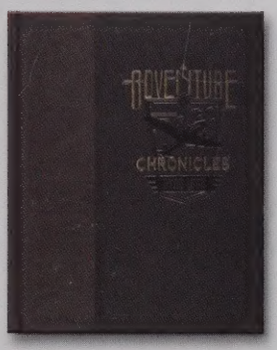


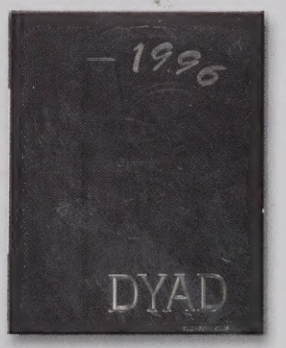


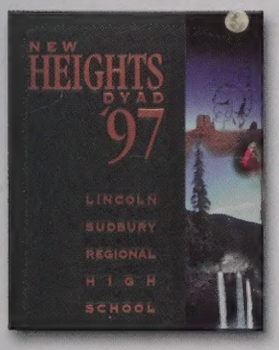


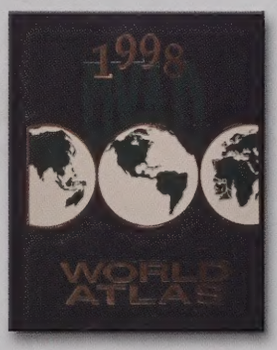
P R O G R E S S I O N S
2007

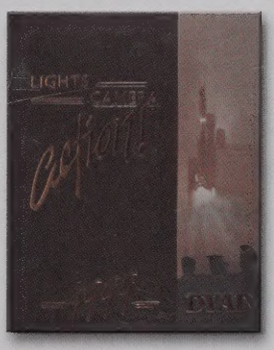


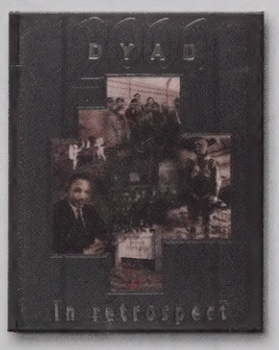


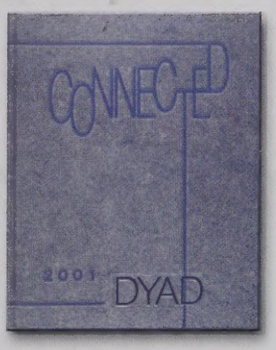


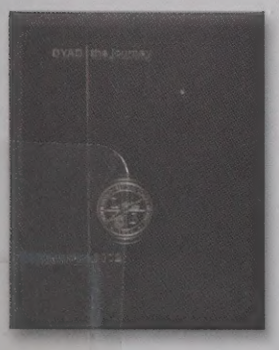


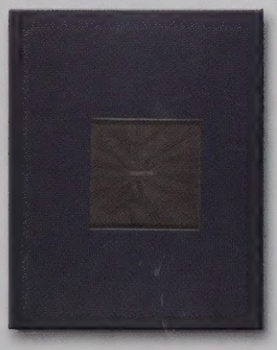


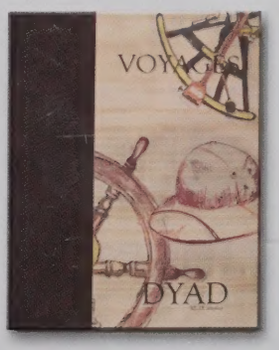












DYAD
1959
DYAD 1960
NEW HEIGHTS DYAD '97
LINCOLN SUDBURY REGIONAL HIGH SCHOOL
DYAD

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progressions

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Volume L

Progressions

2007

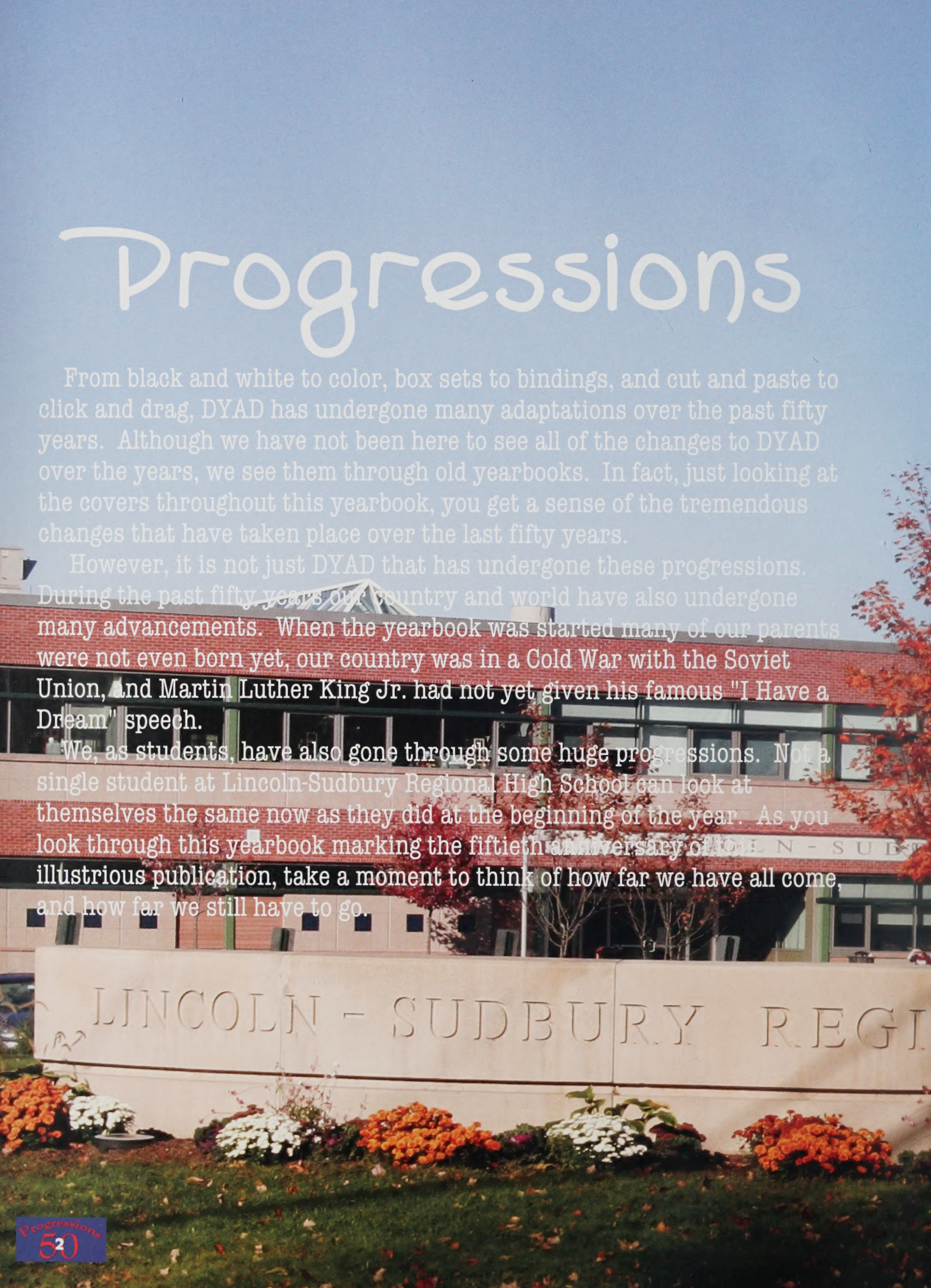
Lincoln-Sudbury Regional High School
390 Lincoln Road
Sudbury, MA 01776
978-443-9961
www.LSRHS.net

Progressions

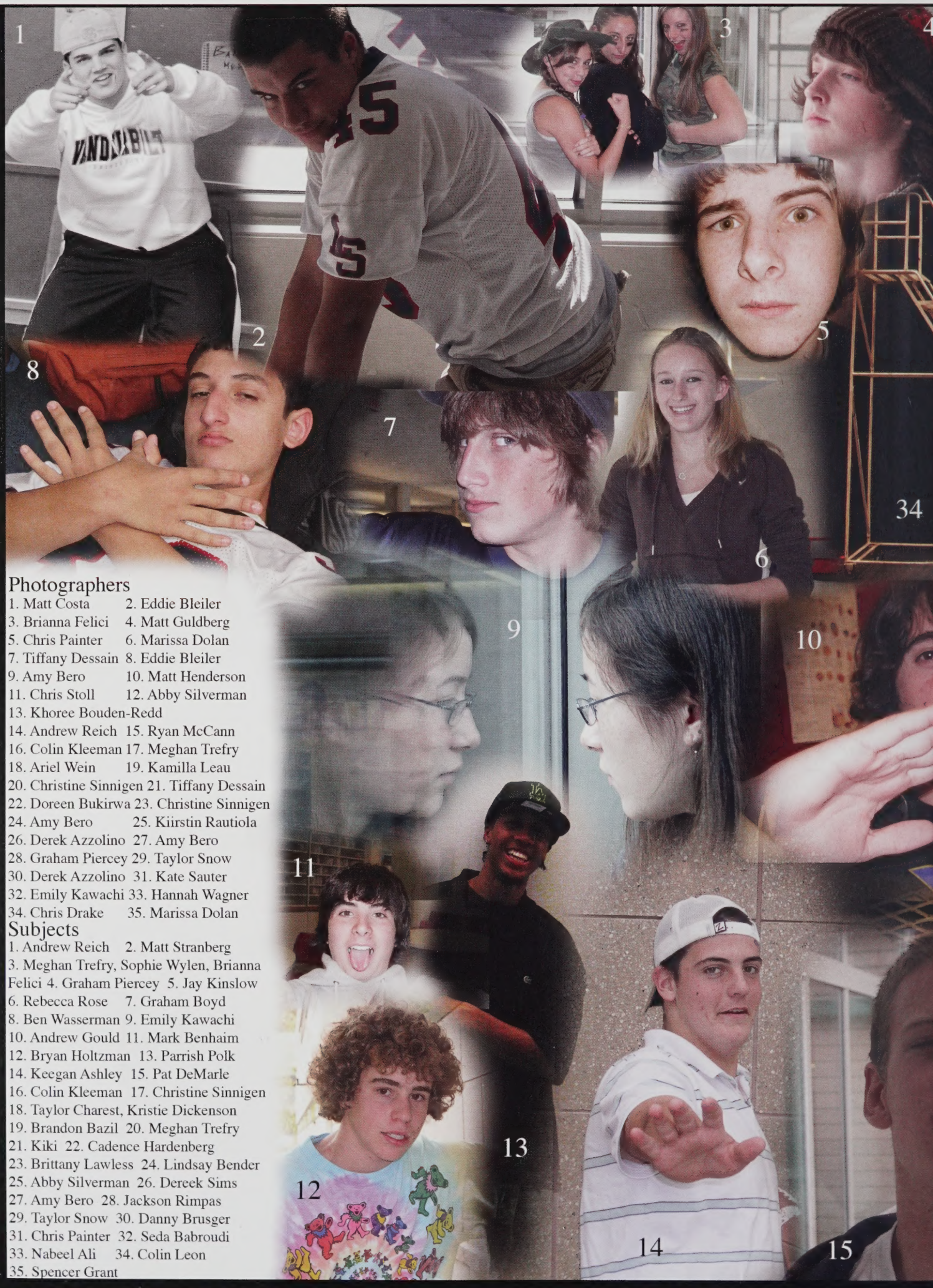
From black and white to color, box sets to bindings, and cut and paste to click and drag, DYAD has undergone many adaptations over the past fifty years. Although we have not been here to see all of the changes to DYAD over the years, we see them through old yearbooks. In fact, just looking at the covers throughout this yearbook, you get a sense of the tremendous changes that have taken place over the last fifty years.

However, it is not just DYAD that has undergone these progressions. During the past fifty years our country and world have also undergone many advancements. When the yearbook was started many of our parents were not even born yet, our country was in a Cold War with the Soviet Union, and Martin Luther King Jr. had not yet given his famous "I Have a Dream" speech.

We, as students, have also gone through some huge progressions. Not a single student at Lincoln-Sudbury Regional High School can look at themselves the same now as they did at the beginning of the year. As you look through this yearbook marking the fiftieth anniversary of this illustrious publication, take a moment to think of how far we have all come, and how far we still have to go.



REGIONAL HIGH SCHOOL
NAL HIGH SCHOOL



Photographers

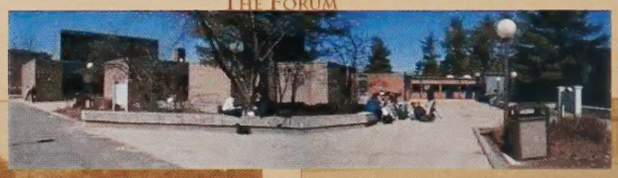
1. Matt Costa 2. Eddie Bleiler
3. Brianna Felici 4. Matt Guldberg
5. Chris Painter 6. Marissa Dolan
7. Tiffany Dessain 8. Eddie Bleiler
9. Amy Bero 10. Matt Henderson
11. Chris Stoll 12. Abby Silverman
13. Khoree Bouden-Redd
14. Andrew Reich 15. Ryan McCann
16. Colin Kleeman 17. Meghan Trefry
18. Ariel Wein 19. Kamilla Leau
20. Christine Sinnigen 21. Tiffany Dessain
22. Doreen Bukirwa 23. Christine Sinnigen
24. Amy Bero 25. Kiirstin Rautiola
26. Derek Azzolino 27. Amy Bero
28. Graham Piercey 29. Taylor Snow
30. Derek Azzolino 31. Kate Sauter
32. Emily Kawachi 33. Hannah Wagner
34. Chris Drake 35. Marissa Dolan

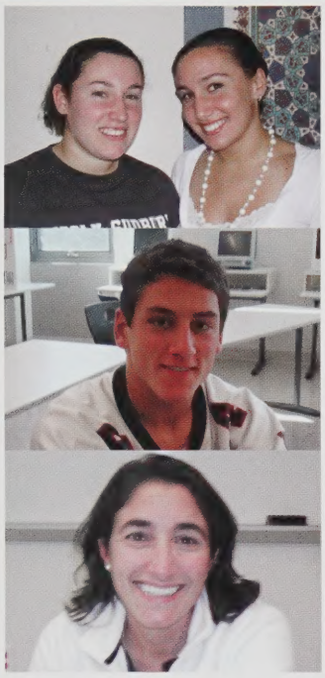
Subjects

1. Andrew Reich 2. Matt Stranberg
3. Meghan Trefry, Sophie Wylen, Brianna Felici 4. Graham Piercey 5. Jay Kinslow
6. Rebecca Rose 7. Graham Boyd
8. Ben Wasserman 9. Emily Kawachi
10. Andrew Gould 11. Mark Benhaim
12. Bryan Holtzman 13. Parrish Polk
14. Keegan Ashley 15. Pat DeMarle
16. Colin Kleeman 17. Christine Sinnigen
18. Taylor Charest, Kristie Dickenson
19. Brandon Bazil 20. Meghan Trefry
21. Kiki 22. Cadence Hardenberg
23. Brittany Lawless 24. Lindsay Bender
25. Abby Silverman 26. Dereek Sims
27. Amy Bero 28. Jackson Rimpas
29. Taylor Snow 30. Danny Brusger
31. Chris Painter 32. Seda Babroudi
33. Nabeel Ali 34. Colin Leon
35. Spencer Grant

Design by Spenser Heaps

LSRHS 1954-2004





"We miss it all being on one floor...you never see people in the hall anymore unless you really make an effort."
-Marissa Keller & Rae Bradley

"The new school is divided into prison cell blocks: A,B,C. Everything is the same! The old school had unique hallways and classrooms."
-Chris Crowley

"I think I'm the only one who does, but I miss blue hall and the xerox room.
I don't miss the skanky wall to wall carpeting." - Ms. Lupinacci

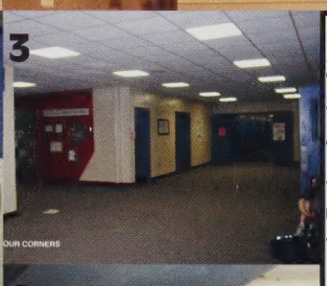
(All Students Quoted are Seniors now but were freshmen in the OB)

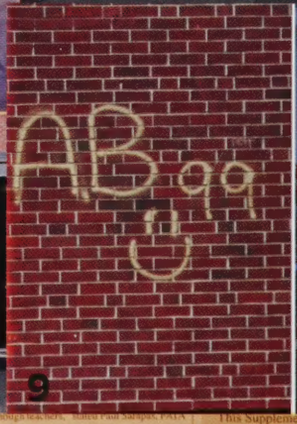
"I miss the O.B. It had 50 years of personality. But this building isn't as bad as we all thought at first."
-Allie McLellan

"I loved the glass hallway...especi ally all the stinkbugs that gathered there."
-Allie Smith,

Old Building Originals

It's no wonder some of these Old Building Originals never progressed over to the New Building, although events with names such as the "Red Headed Roundup" and "Asian Dress Up Day" make students wonder why we do not continue these traditions.





1. Blue Hall
2. Asian Dress-Up Day
3. Four Corners
4. Under the Stairs
5. Red Headed Roundup
6. Democracy Day
7. Diaspora Luncheon
8. Bob Dylan's Birthday Celebration
9. AB Raid
10. Jimmy Mack March

Directed studies created

Extended block schedule

First L-S walkout in response to the Rodney King controversy/ *The Forum* replaces *The Promethean* as school newspaper

School hug for the 40th anniversary of L-S / Dr. Ritchie comes to L-S

9-11 attacks shock L-S community

Constructi new build

This Supplement was prepared by the Spring 2003 Journalism Class

and edited by

Max Leinweber, Zach Kazin, and Sherry Sybertz

Front/Back Cover: Nancy Fang

Thanks to Leslie O'Bray at THE FORUM

Progressions from Old to New

"As much as I loved the old building, I must admit I'm getting a good workout with all these stairs!"
-Christina Leonelli

"What I miss the most are the colors. The old building had so much character. It's going to take us a while to break this one in."
-Sybil Johnson

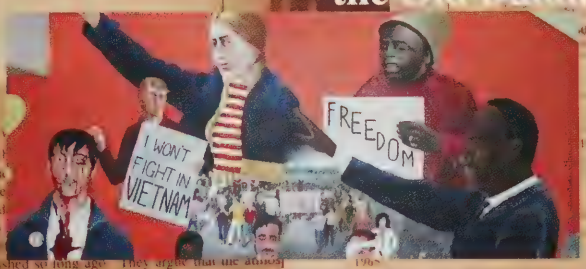
"The old building had more life than the new building. This new building has its perks, but it is far too uniform and boring. The old building is what the high school experience should be like."
-Aaron Snyder

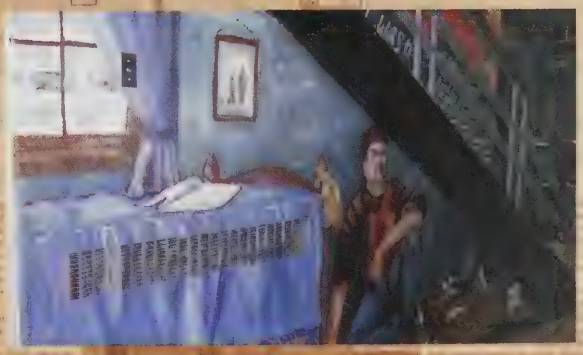
"I miss the little nooks, the coziness, and especially all the awesome murals, but I'm glad we're working on murals and adding more art work to this building." -Hannah Mode

"I loved the character and the comfort of the old building. I think our grade is more laid back for having been there, and I'm glad we got that one year in!"
- Amy Schultz

Murals

A look at what made the halls of the Old Building so memorable





The first L-S Film Festival took place in 2002. It was, and still is, open to all of the Lincoln-Sudbury-Boston community who make their films inside or outside of school.

"The Film Festival gives the students something to reach for--it gives them an audience."
-Paul Sarapas

"The goal of the Film Festival is for students to make movies that can appeal to a wide audience and the film festival helps keep that in perspective."
-Ken Kimura

Tahj Townsend (07) and Ben Wasserman (07) editing their film (top).
Jacob Sillman (08) and Jason Glickman (08) shooting (bottom)

Five years later, the Film Festival has progressed tremendously. Last year there was live music during the introduction and while the prizes were distributed. Mr. Germanotta was the first MC. The move into the new buliding in 2004 promoted a better sound system and video quality. Finally, the audiences have multiplied starting near forty and increasing to two-hundred.

L S FI

Past Winners

2002
"Beeswax"
by Dave Kahn

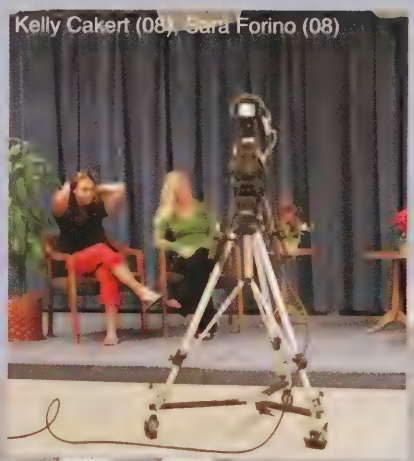
2003
"Tomorrow"
by Marquis Short Terrence Lomax

2004
"Hokey Pokey"
by Julie Sesnovich

Films that are submitted are first shown to a jury made up of L-S staff. There is usually three hours of film to pre-screen and the six members of the jury narrow it down to 1 1/2 hours and separate them into categories: drama/comedy, documentary, animation/experimental, and music

Alexander Stoner (08), Sarah Holbert (08), Michael Mahony (08)

Matthew Hardardt (08), Clark Bravo (08)


Kelly Cakert (08), Sara Forino (08)

LM FESTIVAL

The films are then shown to the judges, a group of three people who are in the industry. In the past some have also been parents of L-S students or former alumni. They review the films twice and finally choose first place winners and honorable mention winners.

2005

"Crash"
by Michael Ullman, Jeff Ackerman, Mike Manno, Blake Raphael, and Justin Hall

2006

"So Long to the Holidays"
by Michelle Markowitz

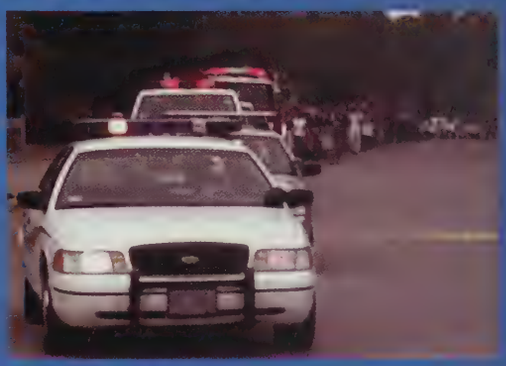
Photos by: Chuck D, Michelle Ackerman, and submitted by FATA department

September 11th
Five Years Later

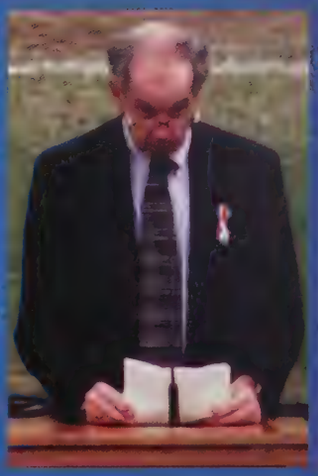
September 11th was a terrible moment in the history of the United States. Lincoln-Sudbury Regional High School reflected as a whole with a memorial service on the football field. In the intervening five years our nation has undergone some huge changes.

Students marched in remembrance of the innocent people lost on September 11th

L-S students hold up signs remembering the names of those lost on September 11th



The march to the football field was led by policecars and and firetrucks in honor of the police and firemen lost in the World Trade Center



An Excerpt from Dr. Ritchie's Speech at the Memorial in 2001: "For me, despite many, many, many thoughts about September 11th, one of the main ones is, of course, that I was the one who had to make a decision had to be the person to inform the school. I will never forget number one, the shock I felt hearing the news and seeing the images. And then the really difficult set of emotions I felt, because I was dealing with both my own anxiety and had to make this decision whether to say anything and how to say anything over the PA."

We now have troops stationed in Iraq and Afghanistan and have liberated both of these countries from tyrannical leaders. As a result, there has not been a single terrorist attack in the United States since September 11, 2001. The five years since September 11, 2001 have been a time of reflection and of remembrance for the heroes who lost their lives on September 11th.

The defining picture of September 11th is the World Trade Center after being hit by the second plane

The Pentagon was also hit on September 11th, although far fewer people died in the attack on the Pentagon

This field in Shanksville, PA is the place where United Flight 93 crashed after the heroic passengers on board brought the plane down rather than letting the terrorists crash it into the White House or Congress building

L-S remembers 9/11

On Monday, September 11, the fifth anniversary of the 9/11 attacks on the United States, the L-S community observed a moment of silence, followed by a brief statement by senior Kyle Gerbe, who lost his uncle on that day.

"...September 11th was a tragedy the likes of which our nation had not seen since Pearl Harbor...People witnessed heroism unlike anything our generation had ever seen before. We saw firemen and policemen running into the World Trade Center to save as many people as they could, even as the towers came crumbling down. There were ordinary people picking up perfect strangers and dragging them to safety while being chased by suffocating clouds of smoke. And of course, the heroes of Flight 93, who sacrificed their own lives so that hundreds of people they had never met could live...Although every time I do think of that terrible day five years ago it brings sadness to my heart, it also brings me hope. Few who knew my uncle would have told you that he would one day help to save hundreds of lives, and the same is probably true of all of the heroes of September 11th, but their heroism shows that normal people under extraordinary conditions can indeed do astonishing things..."

Students observe a moment of silence in remembrance those who perished five years ago.

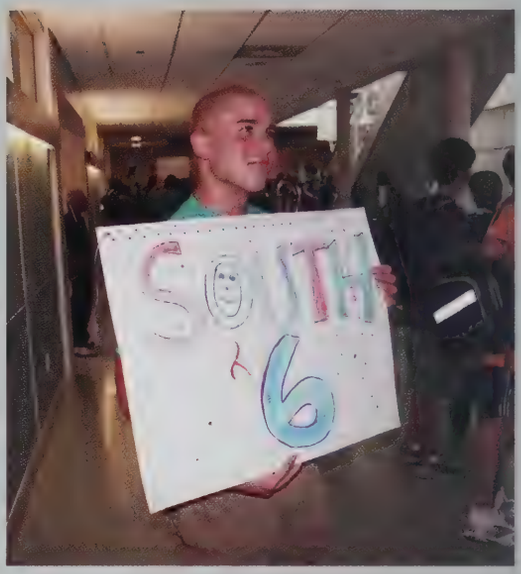
On the five year anniversary of September 11th Lincoln-Sudbury held a collective moment of silence followed by a statement by Dr. Ritchie and a student who lost their Uncle on September 11th. This *Forum* article commemorates the five year anniversary at L-S

Do You Remember Your First Adventure?

Undoubtedly, we all remember our First Adventure at L-S. We remember the team building games, the people in our groups, and the tours. Above all else, however, we remember First Adventure as our first day of high school.

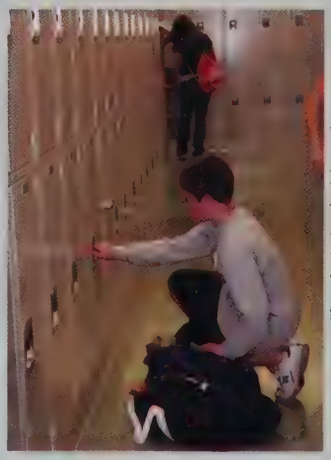
Everyone remembers first meeting some L-S teachers and Dr. Ritchie; and hearing about the recycling system at L-S for the first time

After the initial assembly, there was a crush of students with their leaders who are eager to explore their new school



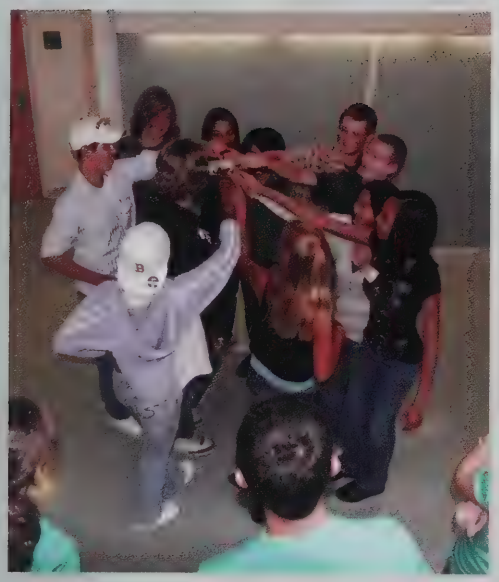
First Adventure leader Peter Lynch hoping to gather all of his group members with a colorful sign

Anna Levy and Brian Glowacki surveying the crowd for their freshmen group member



We can all remember trying to open our new lockers, often with no luck on the first try

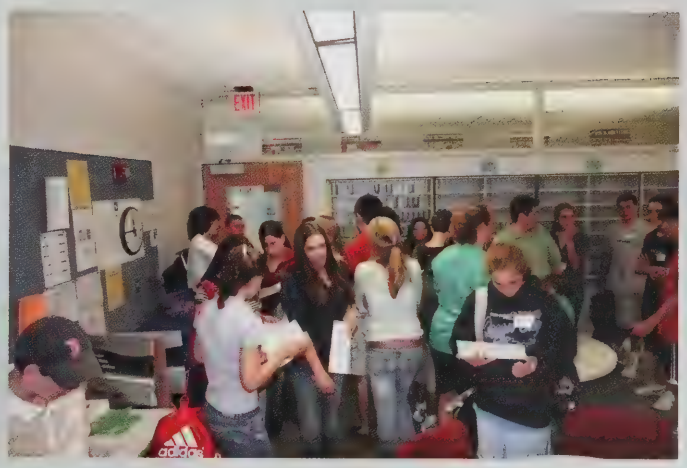
After initially gathering in groups, the team building games and school tours could begin...



Everyone's favorite game for its suggestive name: "Touch My Can" taught people to work together and communicate with each other

People put together their individual puzzle pieces from their lockers to learn an important lesson: "There is never a wrong time to do the right thing."

The last game everyone played together was dragon tails, where everyone works together to try to create the longest human "tail"



Students were brought to their house offices where they got to meet their housemasters and house assistants. Also, students first got to check out and compare their new schedules

After playing the games and meeting with counselors, new students got to go on a tour of their new school and meet their new teachers

One final scene of the melee that first met us all on our first day of high school

My Summer with the L-S Building & Grounds Crew

Working in the Audio/Visual Department, I don't get out to the rest of the building all that often. I spend most of my time in and around the Auditorium running sound for assemblies, in my office re-printing student ID's, delivering TVs to classrooms, and many other things. This past summer I had the opportunity to work with the Building & Grounds crew to see what goes on here at the school in preparation for the upcoming school year. I am only going to highlight a small portion of the work. If I were to list everything, I would need my own book. -Chuck D

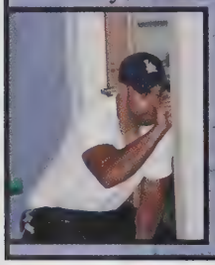
Senior Spot:

Senior Spot had a major make-over. The art display cases were removed and the old coffee-stained carpet was replaced with a new darker blue carpet.

Tony Rigoli (left) and Kevin Rossley (right) needed to cut the old carpet into strips and then pull it up. The contractors used so much adhesive to put the carpet down, it took four guys to pull up each strip.

A fresh coat of paint:

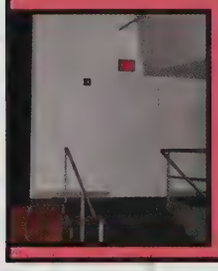
This is where I spent most of my time. Every connector, every hallway, from floor to ceiling, had a fresh coat of paint applied.



Fred Hernandez (left) and Harry Martinez (right) were the two major players involved with getting the entire building painted.

Emergency fire exit:

A new fire exit had to be installed on the stage in the Auditorium. This involved cutting through the wall which revealed dozens of electrical wiring and speaker and microphone cables that needed to be rerouted. The cement floor needed to be chipped down about 2 feet to make room for the cables.



Fred Egizio (right) chips away at the floor to make room for the new path of cables..

Scrubbed and washed:

John "Skippy" Rossley had the task of collecting thousands of trash and recycling barrels and then scrubbing/washing each one and replacing them.

Gyms and Kitchen:

The gym and kitchen floors needed special attention. Special waxes and urethanes needed to be applied.

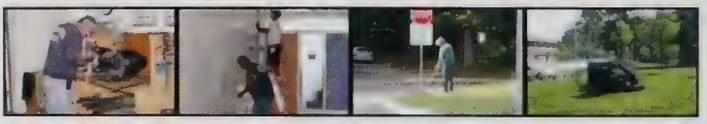
Bruce Millet (right) and John Rossley (left) stripped, waxed, and buffed all five gym floors to a perfect shine.

Stripped and waxed:

Every hallway, classroom and cafeteria floor had a new coat of wax applied. This two stage process started July 5th and was finished just three days before school started.

Paul Miceli (left) and Rick Young (right) took care of the computer labs and offices while a team of four cleaners (bottom photo) took on the task of the hallways and classrooms.

The wax crew: (LtoR) Juan, Byron, Louis, Freddy.



A breath of fresh air:

You can breath easier knowing that all the air filters have been replaced. Every classroom has a heat pump unit that cools and heats each room. Some larger rooms have two. Each heat pump has two filters to change and each heat pump has an intake vent that has a filter to change. So depending on the size of the room, there are at least 3 filters to change. Areas like the cafe and library have 15 heat pumps. That sure is a lot of filters.

Donny Foss (right) along with Harry Martinez (left) and myself, had to climb up into the ceiling in every classroom to change the air filters. We also had to check each heat pump unit for fault codes to make sure they were working properly. It's good to know that only one out of the hundreds I checked had a fault code.

Irrigation System:

A new irrigation system has been installed into all of our athletic fields. Now each part of the fields can be watered by the touch of a button. The whole system can be programmed to have all the zones run independently or simultaneously any time of the day.

Every square inch of the fields can be soaked at the push of a button.

Handicapped Parking:

Four new handicapped parking spaces have been installed at the back side of "C" building. This also makes more room to park school vehicles. The bus loop behind "C" building has been widened so buses can now park without blocking the road.

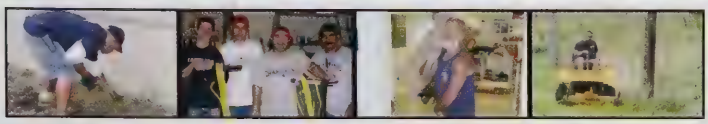
Cut, Trimmed, and Swept:

And of course, the never ending battle to keep the grounds well groomed was in full effect. Grass had to be cut, weeds had to be pulled, parking lots had to be swept, and some blueberry bushes needed to be transplanted to new areas.

Kevin Rossley (left), Bill Davison (middle), and Tony Rigoli (right), Spend hours upon hours cutting grass, pulling weeds, trimming bushes, sweeping parking lots, and painting fields. And when Winter comes, plowing, shoveling, and sanding will take up most of that time.

Your Building & Grounds Crew

(LtoR) Paul Miceli, Tony Rigoli, Fred Egizio, Bruce Millet, John Rossley, Harry MArtinez, Donny Foss, Mike Vayda, Ritchie Young, Bill Davison, Kevin Rossley, and Fred Hernandez



50 Years

Then and Now

L-S 50 years ago:

The entire staff consisted of 34 people with just 164 students.

The only sports were field hockey, soccer, basketball, baseball, and softball. Other intramural sports included archery, bowling, shuffleboard, and table tennis.

Classes included home economics, office practice, typewriting, bookkeeping, and shorthand.

There were no computers, not until 1987.

The number of Lincoln and Sudbury students was equal.

There was a strict dress code: shirts and ties for boys and skirts for girls.

The Metco program did not exist.

Tuo ingenio utere;

1957

Aspirations...

"A lawyer."
-Walter Willett, '57

"Married."
-Frances Hatch, '57

In 1957 this was the entire staff at LSRHS

Isn't Progress Nice?

L-S Now:

Now there are 245 staff members

There are 1626 students

23 different sports offered

90 different clubs

L-S has approximately 1200 computers.

Today at L-S, the Sudbury students outnumber the Lincoln students nearly 5 to 1

Students are not restricted by a dress code. They can wear pretty much anything within reason.

This year, the Metco program is celebrating its 40th anniversary

Aspirations...

"A veterinarian."
-Hannah Atkins, '08

"A firefighter."
-Liam Martens, '08

"A surgeon."
-Hannah Holden, '10

"An astronaut."
-Colby Smith, '09

cole ingenium aliorum.

Where We Eat...

Verrill Farms, a favorite sandwich spot with an organic feel

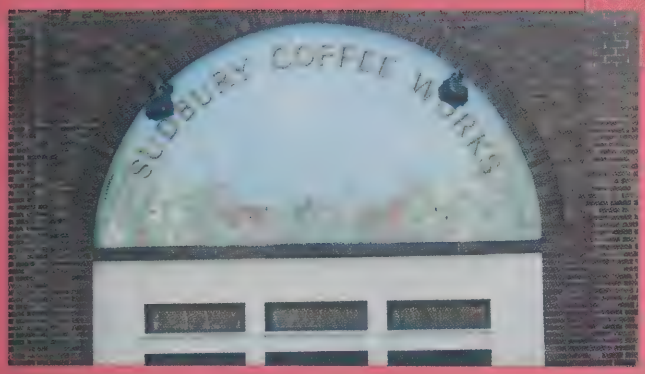
Julie Goodman (07) joking around behind the farmstand

Mike's special and the turkey club are favorite Verrill sandwiches.

Clarissa Odence (07), Kate Sisk (10), really enjoying their lunch.

Sudbury Pizza (Sud P) where many L-S students are on first-name basis with the employees.

Greg Loucus (07) sure seems excited about heading to Sudbury Pizza for lunch.



Sudbury Coffee Works is a favorite spot for lunch and breakfast. Their moosetracks frappe is a favorite.

Natalie Piercey (07 Below) enjoys the healthier options at Sudbury Coffee Works.

Cafe Decadence is a nearby lunch spot where many students have even worked.

Chelsea Audin (07) says shes been to Cafe Decadence more times than she can count.

...And Where We Play

DUNKIN' DONUTS

VS

STARBUCKS COFFEE

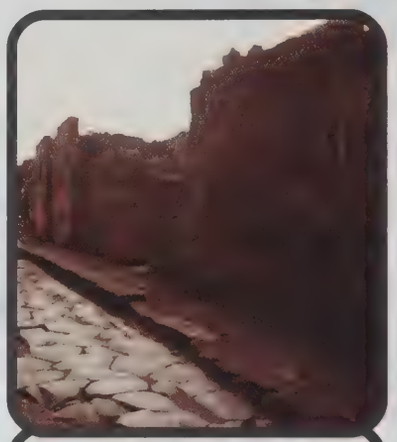
Karl Nyangoni (07 left) says he likes "the convenience of Dunkin Donuts...I mean they have a drive through!!"

Julianne Albano and Emily Ham (07 Right) will make the drive to Starbucks just to grab a favorite winter drink, a chai tea latte with a shot of espresso.

Our European Classroom

Mr. Banta blending in.

Spanish Steps



Side street in Pompeii

Arch of Constantine

Mr. Banta has been taking groups of people all over the world since 1986. He has been to Italy, Greece, England and Egypt, and his first trip at L-S was in 1997: a small group of 12 kids.

Now there is a trip every year, usually to Italy or Greece. The country is presented in a new dramatic way.

An educational theme is presented during the trips, but it is subtle enough so that you have fun while learning. You make connections through the periods of history. In addition, the places and themes that you see while in Italy or Greece connect to L-S classes such as Art History, Biblical and Classical, and Medieval History. Moreover, the students interact with culture, see a new perspective, and have the opportunities of going places that you might not be able to see in other groups. The tour guides take the students to exclusive places as a result of the well-behaved nature of L-S students.

The first group of students in 1997 (top) and part of the 2006 group that Mr. Banta took to Europe (bottom).

This year all of the spots filled in the Italy trip on the first night. Over forty people will go for 10 days.

The students on the Italy trip are selling Krispy Kreme doughnuts and candy to raise money for the trip.

"When they're done, they could have taken another tour and seen half of what these L-S trips see...The trips are carefully planned out...I know everybody when I go there."
-Ned Banta

DAY 1:
Departure from the US

DAY 2 Rome:
Welcome to Rome where you will meet our Tour Director Tony. After we check into the hotel we will begin our tour in the heart of Baroque Rome, The Piazza Navona, the Pantheon and the Piazza del Rotunda. That evening we will go to the Trevi Fountain for a gelatto.

DAY 3 Rome:
Today we visit the Vatican--the smallest independent state in the world. We will visit the museums, the Sistine Chapel and St. Peter's Basilica. Later that day we will visit the Roman Forum, and Colosseum.

DAY 4 Rome:
Today we will visit the ancient catacombs, the underground burial chambers of Roman Christians and Pagans. We will then visit the church of San Clemente to explore the archeological dig underneath. We will see a 4th century basilica, 3rd century temple to Mithira and on the very bottom a street built on the rubble of Neros fire in 64 AD. For our last evening in Rome we will walk to the Spanish Steps to enjoy the sights and sounds of Rome's earliest tourist district.

DAY 5 Rome-Assisi-Florence:
This morning we will depart for Florence via Assisi. We will visit the13th-century Basilica of St. Francis to admire the frescoes by Cimabue and Giotto. Before we go on to Florence, the cradle of the Renaissance, we will see the relics of Saint Francis.

DAY 6 Florence:
Explore Florence this morning. See Giotto's Bell Tower, the Baptistrys Gates of Paradise, and Piazza della Signoria. Tour the Duomo, the Church of Santa Croce where Michelangelo, Galileo and Machiavelli are buried, and the Galleria dellAccademia to admire Michelangelos David.
Later in the day we will visit a Florentine Leather Factory. Tonight we will enjoy a traditional Florentine feast.

DAY 7 Florence-Siena-San Gimingiano-Florence:
Follow the Tuscan landscapes to San Gimignano to see the town's famous medieval towers. Then we will proceed to the walled city of Siena to explore its medieval treasures.

DAY 8 Florence-Vinci-Verona:
Today we say goodbye to Florence on our way to Verona. We will stop in Vinci to check on Leonardo and the code. Upon arrival in Verona, we will see the famous balcony of Romeo & Juliet and the well preserved Roman amplitheatre.

DAY 9 Verona-Venice-Verona:
We will spend our last full day of the trip in Venice, the Jewel of the Adriatic. Guided sightseeing this morning including the Bridge of Sighs, the 14th century Doges Palace, the Rialto Bridge and the famous St. Marks Square. In the afternoon we will visit a Venetian Glass Factory to see how the city's famous blown glass is made. We will then travel back to Verona to our hotel.

DAY 10 Verona-Milan-L/S:
Drive to the Milan airport where we board our return flight home.

A. Kayla Oteri, Clarissa Odence
B. Katy Heerwagen (07), Elizabeth Catinella (07), and Megan Trefry (07)
C. Gathering for the Pope
D. Hadrian's Tomb
E. Temple of Jund Agrigento.
F. Villas at Entrance of Pompeii
G. Chelsea Audin (07), Sara Dicker (07), Leslie O'Bray (07), Cadence Hardenburgh (07) in Italy 2005
H. Outdoor theater in Greece
I. Mr. Justice
J. Greece

All photos submitted by Ned Banta, Katy Heerwagen, Leslie O'Bray, and Chelsea Audin

Progressions through Teaching

Ms. Cutler

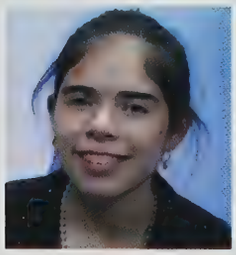
Ms. Asta-Ferrero

Ms. Wong

Mr. Conti

What the students say...

Sammy Moe (09)



"Mr. Raffle has helped me progress by just being the nicest teacher I know, as well as encouraging and funny. He makes me feel confident about a lot of things."

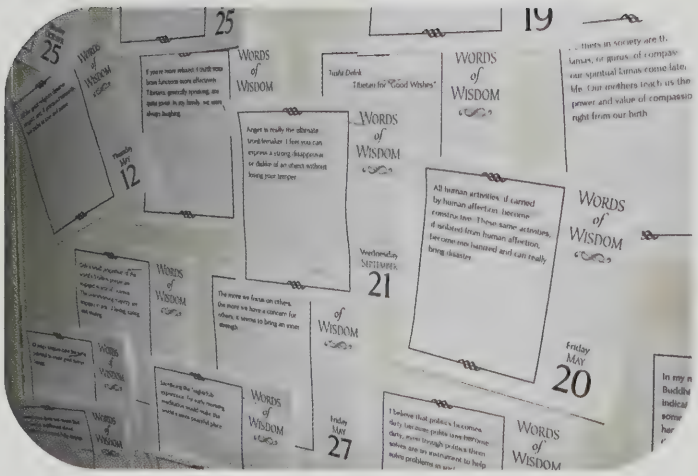
Alex Deroches (08)

"Mr. Conti has helped me progress by encouraging me in my work, having a great attitude in and outside of class, and has ultimately inspired me to work harder in all of my classes."

Bridget Doyle (07)

"Ms. Notaro is the greatest teacher, for she always pointed out the good areas of my work and made me feel better about myself and my intellegence."

Teaching--It's a vital part of everyone's life. In order to get a good education and progress in life, one needs to have a good teacher that will help with not only academic problems, but is there to support the student to help them flourish for the rest of the year and beyond--one of the most rewarding jobs.



Mr. Danko's "Words of Wisdom" wall inside his office

Q: How do you see progression through teaching

A: In the 19th and 20th centuries, teaching was teacher-centered. Teachers would sit at the front of the room and talk to the students. With the advent of John Dewey, who taught a more democratic and student-centered education, the focus was shifted on the students. This new kind of teaching had active learning with different activities, discussions and role play. This is definitive of L-S teachers, they bring things alive for their students, and let them find their own answers.
-Whitney Davidson

Q: What do you like about teaching at L-S?

A:The coolest part of teaching at L-S is having students come in as freshmen and seeing them develop their personalities and discover themselves.
-David Grace

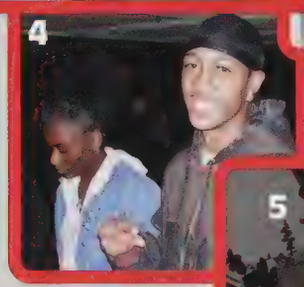
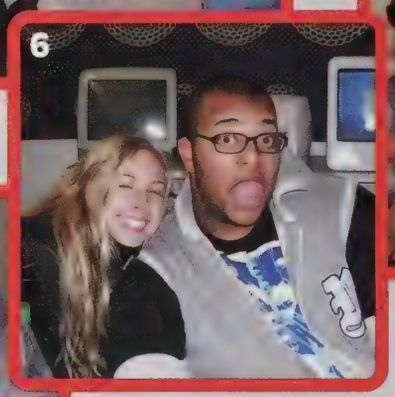
Q:How have you seen students grow and progress over the years?

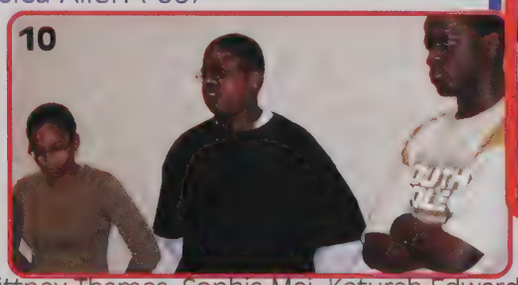
A: One thing I love about L-S is the opportunity to teach students as 9th graders and then again as 12th graders, and to see how they grow. It is also fun, now that I have been here for a number of years, to be teaching siblings.
-Debra Bieler

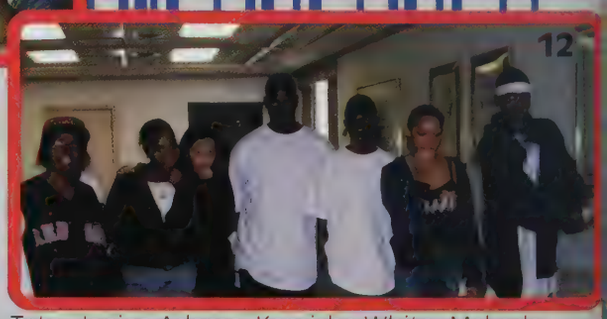
METCO

METROPOLITAN COUNCIL
FOR EDUCATIONAL OPPORTUNITIES, INC.

"METCO has given me the experience of new cultures. Since starting METCO in 2nd grade, it's been an eye opening experience."
-Radelys German ('09)

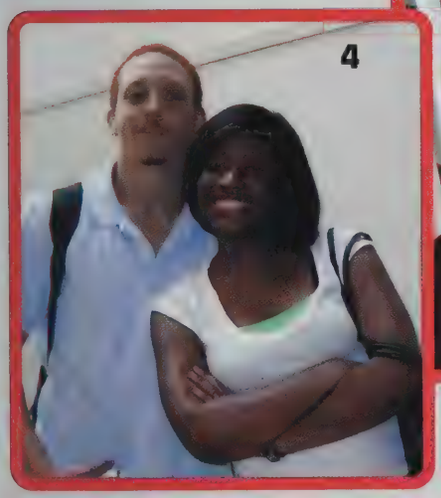




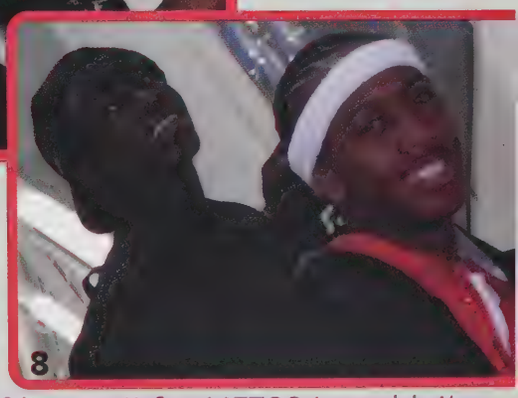
"METCO has forced me out of my comfort zone and rounded out my view of the world. Without METCO, I wouldn't be the person I am today."
-Jessica Allen ('09)

1. Brittney Thames, Sophia Mei, Keturah Edwards, LaDawn Jones 2. Maria Buie, Carmelo Colon, Cameron Edwards, Radelys German 3. (back L-R) Qjaquice Brantly, Antonique Saunders, (front L-R) Rusulenni Castro, Nicole Jones, Lea Allen 4. Nia Ferguson, Parrish Polk 5. Beth Armstrong, Tanisha Tate 6. Ally Smith, Cameron Jackson 7. Viviana Howson, Midge Callahan, Kaniah Dixon-Dunn, Shelia Mendes, Richelle Hinds 8. Shatasia Kearse, Sophia Mei, Dana Jamieson 9. Sheila Mendes, Viviana Howson, Sandy Fortin, Tasia Kearse, Tanissha Tate, Janice Adams, Kemisha White, Makeda Davis 10. Lea Allen, Marcel Pabon, Adriel Ferguson 11. Brittney Thames, Kaniah Dixon-Dunn, Erica Brittle, Simone Smith, Valarie Joseph, Richelle Hinds, Sophia Mei, Nyesha Reid, Beth Armstrong 12. Makeda Davis, Viviana Howson, Sandy Fortin, Mike Whyte, Trevor Atkinson, Dana Jamieson, Juvone Freeman

40 Years of METCO!



"METCO has had a great impact on me and my life, and it as shaped and transformed me into the person I am today."
-Cherrell Mckoy (07)



"I'd have to say if it wasn't for METCO I wouldn't be the person I am today, or even if my parents hadn't gone to L-S through METCO. It's opened so many doors for my future, and I've acquired many skills I can use once I get out into the real world."
- Cameron Jackson (07)

"METCO has been my motivation and my support force. When some people were telling me that I couldn't do it, I remembered all of those who did it forty years before me. METCO was originally supposed to last a few years. Thankfully, forty years later the program still exist. Hopefully, I will become one of the programs' success stories."
-Tavianna Williams (07)

1.Cherrell McKoy & Shanae Pierce 2. Tavi Williams, Cortney Davis, Liz Agamah 3. Kemisha White 4. Brandon Bazile, Belinda Lacombe 5. Khoree Bowden Redd, Marlon Espinal, Richelle Hinds 6. Khoree Bowden Redd 7. Sheila Mendes 8. Donald Kimble, Parrish Polk 9. Marquise Hill 10. Antonique Saunders, Keturah Edwards, Cameron Jackson, Tavi Williams 11. (back L-R) Marsay Seymour, Greg Cheek, Marquise Hill, Vatchel Younger, Shanae Pierce, (front L-R) Keturah Edwards, Cherelle McKoy, Belinda Lacombe, Gizelle Williams.

What does DYAD mean?

DYAD is a greek word that means 'twin or pair': the joining of Lincoln and Sudbury

What would you do for a yearbook? (a true story)

Once, an out-of-town girl wanted to buy a 1972 DYAD yearbook for her father as a present. Because there was only one copy in the school, she was not allowed to, but that wouldn't stop her. She tried to check the yearbook out from the L-S library, but, not being a L-S student, was not able to. She then made an L-S student check the book out for her and then she never returned it. When the yearbook was not returned to the library, this thief was tracked down with good L-S detective work, and the yearbook was returned to the school at last.

Many meanings of the word

A dyad symbol
A dyad (general) pair, consisting of two parts.
A dyad (music) is any two notes or pitches
A dyad (sociology) is a group of two people
A dyad (biology) is a pair of chromosomes during meiosis
Dyadic (used mainly in mathematics)
The Greek philosophers called the principle of "twoness" or "otherness", dyad (Greek philosophy)
The word "dyad" comes from the Greek "dyas" meaning the number two.
In psychology, a dyad refers to a pair of persons in an interactional situation. For example, a patient and therapist, a woman and her husband, a girl and her stepfather, etc.

A group of people doing something
-Katherine Breidis (08)

Do your active duty -
-Devyn Lacamra (10)

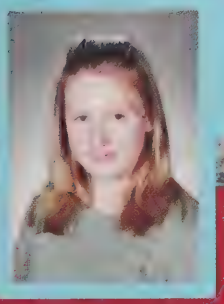
What do the students have to say?

When I think of DYAD, I think of computers. Dyaditry?
-Giselle Williams (07)

Do You Aid Dummies?
-Kasey Cybulsek (09)

Friendship
-Ryan Kemp (09)

Dedicated
Yearbook
Administration
Deadlines
-Nicole Bleiler
(10)



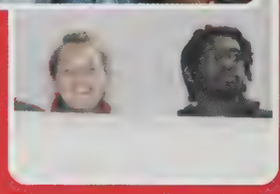
Dis
Yearbook
Absolutely
Dominates
-Taylor Skelton (09)

A greek word that means a voyage and people coming together
-Kathryn Nicholson (09)

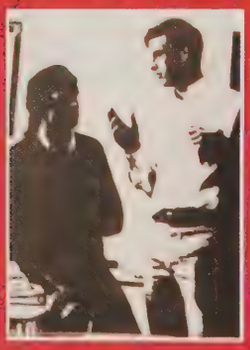
Daily Year Advances Digitally
-Saloni Mehta (09)

An office
-Diana Henderson (09)

Development Yearbook Administration Department
-Sally Kanz (08)



Senior



Left to Right by row, Top to Bottom- Kayla Oteri, Amanda Padellaro, Evan Biller, Sarah Morse, Jennifer Simpson Derek Richards, Patrick Demarle John Hayes, Melissa Metz, Brandon Blake, Tracee Hocking Krysten Muldoon, Ashley Arayas, Hannah Mode, Karl Nyangoni, Cate Matthews, Nicole Lombardo, Christina Leonelli, Billy O'Brien, Brittany Healy Kevin Aravind Jamie Berkowitz, Jackie Hamway, Jenn Simpson Emily Hinteregger, Erika Ryan Justin Nicholson, Drew Mullany, John Hayes Jordan Jacobson, Teddy Meeks, Mikey Wilson, Connie Lu, Vicky Chen, Kristen Watkins, Katie Braun, Dan Glands Kendra Koop, Eddie Blieler, Sophie Wylen, Liza Burkin, Owen Griffin, Aileen Kline, Matt Hatfeild, Vanessa Matos, Katie Braun Ben Sheff, Lauryn Libby, Lily Steiner, Carolyn Swords Chris Crowley, Sean Pike, PJ Schorr, Steve Baillargeon, Tommy Howd, Drew Mullany, Will Powell, Asher Watson, Spenser Heaps, Nate Putnum, Karl Nyangoni, Caitlin Whitehouse, Jake Wager, Heather Zaring, Sarah Johnson, Tahj Townsend, Nick Roopenian, Mike Pithis Manal Assil, Rae Bradley Jackie Hamwey, Brittany Lawless, Sarah Flint, Lauren Hardart

Senior Day!

Photos by Spenser Heaps and Natalie Piercey

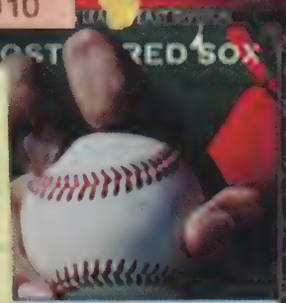
1. Evan Biller, Steven Baez 2. Vanessa Matos, Kristen Watkins 3. Natalie Piercey, Mike Wilson 4. Chelsea Audin 5. Isabel Zuckoff, Amanda Padallero 6. Nico Von Stackelberg, Brian Glowacki, Ben Wasserman 7. Sarah Flint, Greg Loucas 8. Eddie Bleiler, Tyler Tsugita 9. Clarissa Odence, Justin Nicholson, Elana Carlson 10. Matt Hatfeild 11. Brendan Blake, Andrew Reich 12. Shanae Pierce, Cameron Jackson, Giselle Williams, Cherrell McKoy 13. John Hayes 14. Senior Spot 15. Rae Bradley, Rebecca Rose, Kayla Oteri 16. Teddy Meeks, Jessica Perry, Owen Griffin, Lauren McQuillin, Matt Miller 17. Manal Assil, Shannon Hache, Samantha Quint, Lindsay Kaplan, Ashley Arayas, Cait Matthews, Krissy Leahy

Seniors 2007

I don't put up with put downs.

CONGRATULATIONS 2007!

Framingham15 Unit0810
Presenting
MEAN GIRLS
7:40pm Sat 6/12/04
AUD# 15
P613
STUDENT $7.50
Survey #00672733330010



BOSTON RED SOX
FENWAY PARK
vs
BALTIMORE ORIOLES
Aug. 11, 2006 7:05PM
LOGE BOX
BOX 163 ROW HH SEAT 7
ENTER USING GATE E
SIN $80.00 004827
ACCOUNT# 416843
2006 SEASON TICKET

Matt Miller Katy Heerwagen Emily Taylor
Senior Spot '07

Laura Bergstein Beth Sugarman

Best Friends Forever, 07

Don't stop now!

Lucky Numbers: 06, 19, 20, 16, 34, 4

It's hard to believe that just four years ago we were these helpless freshmen looking up to our idols at four corners

While we didn't get the four corners experience, we've sucessfully nestled into our niche at Senior Spot and have made memories to last a lifetime

DAVE MATTHEWS BAND

FENWAY PARK
FRI JUL 7, 2006 6:00PM
NO TAILGATING
GRANDSTAND-GATE D

Seat 17 Row 4 Seat 2 1254530518 INDIVIDUAL

LIVE NATION

SECTION 17 X245 ROW 4 SEAT 2

GA 2X 8 97 D200J MAR06

GA8 97 JSTUSR E
ADMISSION 2006 7.00

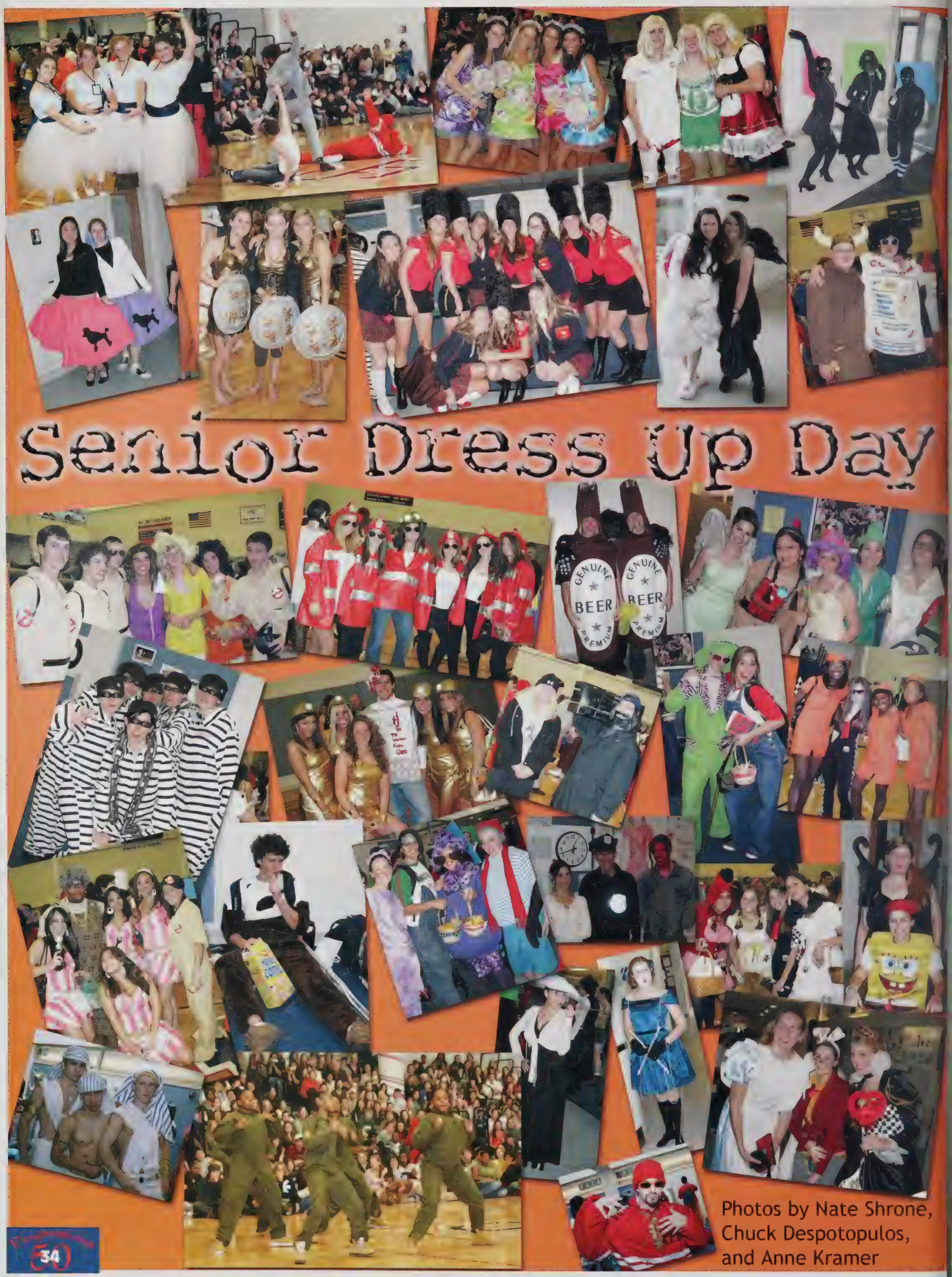
MIAA NORTH BASKETBALL
* * * * *
FINALS
TSONGAS ARENA-LOWEL, MA
SAT MAR 11, 2006 4:00PM

Warriors

Though at the time we didn't notice it we've grown up to become the seniors we are

Class of 2007 Junior Prom
The Boston Marriott Cambridge
May 12th, 2006

Senior Dress Up Day



Photos by Nate Shrone, Chuck Despotopulos, and Anne Kramer

October 31, 2006

Warriors Before We Were Warriors

Sudbury Soccer Purple Team, Sudbury Blue Wave, Bruins Hockey, Curtins Hockey, Mike Ting, Carolyn Larow and Brittany Healy, Steve Baillargeon and Jesse Smith, Curtis Soccer 2002

FRIENDS THEN AND NOW

Carolyn LaRow and Maddie Rimpas

Rachel Oldfield and Justine Selsing

Melissa Metz and Lauren McQuillin

Brendan Beatty and Steve Baillargeon

Rachel Soloman and Jessica Lieberman

Aileen Kline and Lisa Colombo

Lily Steiner and Sara Dicker

Shelly Fang and Jaclyn Jarmulowicz

Jane Ricker and Jackie Hamwey

Drew Mullany and Asher Watson

Julie Devine and Tess Zinnes

Kayla Oteri and Anne Nemi

Ryan Whitney and Tyler Tsugita

Mary Weinburg and Amy Schultz

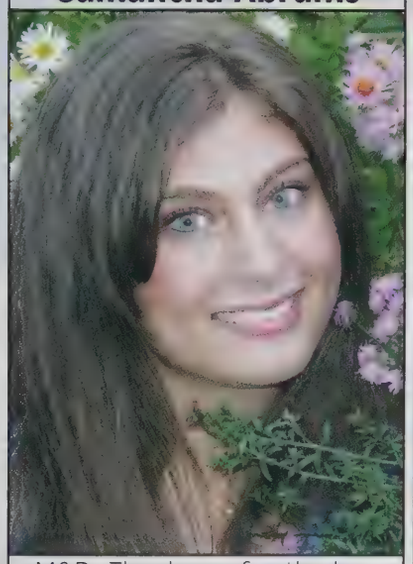
Owen Griffin and Matthew Sullivan

Guess Who?

1. [illegible] 2. [illegible] 3. [illegible] 4. [illegible] 5. [illegible] 6. [illegible] 7. [illegible] 8. [illegible] 9. [illegible] 10. [illegible] 11. [illegible] 12. [illegible] 13. [illegible] 14. [illegible] 15. [illegible] 16. [illegible] 17. [illegible] 18. [illegible] 19. [illegible] 20. [illegible] 21. [illegible] 22. [illegible]

2. [illegible] 3. [illegible] 5. [illegible] 7. [illegible] 8. [illegible] 9. [illegible] 10. [illegible] 11. [illegible] 12. [illegible] 13. Mr. Harwell's [illegible] 14. [illegible] 15. Mrs. Martin's Fourth Grade [illegible]

Samantha Abrams



M&D- Thank you for the love trust support & quirkiness I love you A-Your friendship & laughter has made me who I am You will always be my best friend ILY Girls- You kept me laughing & loving, DBC A table is just a piece of wood without all its legs ILY Boys-Thanks for making the good times even better GL 07-Always remember our time together You must be the change you want to see in the world-Gandhi

Eric Adams

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."
-MARTIN LUTHER KING JR
"Then conquer we must, when our cause it is just, And this be our motto: "In God is our trust." -Francis Scott Key: The Star-Spangled Banner (4th stanza)

Elizabeth Agamah

First and foremost, I would like to thank God for everything he's done for me. Thanks to my family, and my little girl Faith, I love you! Shout outs to CJ, TW, CD, RW, and to all my 07 people, WE DID IT! I love yall!

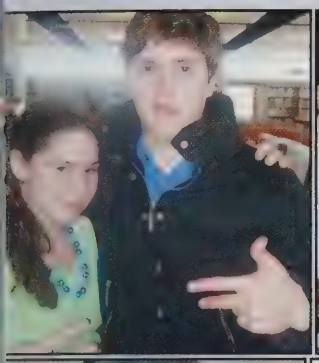
Darren Agarwal

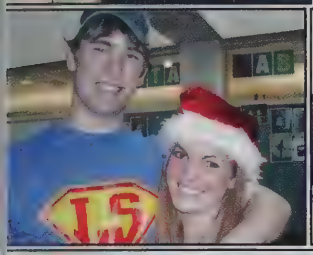
But woe befalls whose mind is vague:
They dread and shun you like the plague,
And once the jail-gate jars,
They bolt the fool to chain and log
And come as to a poor mad dog
To tease him through the bars

Leaving Friends

"I've met some really great people the past few years, and I'm going to miss them tremendously, but I'm really looking forward to meeting new people and making new friends at college next year"
-Maddie Bacon

"As Mr. Thomas Jefferson once stated, "I find friendship to be like wine, raw when new, and ripened with age." Just as I am leaving my frien when I graduate, I'm leaving my wine down in the cellar. Even though we won't be together f the next few years, when I get back to my win and my friends, it will just be that much better
-Teddy Meeks

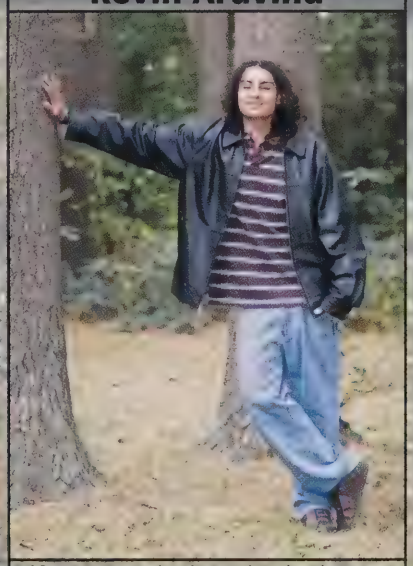




Julianne Albano

What I want is what I've got, and what I need is all around me. -DMB.
Mom, Dad, and Mike You guys mean the world to me... Thanks for all the support and guidance through the years. I love you. My girls and boys its been a blast, thanks for all the good times I'll never forget... MPS you're my best friend, I love you.
Good luck class of 2007

Kevin Aravind



LifeIsAPeephole,ASingleTinyEntryIn2AVastness AppreciateIt
Love2myFamFrance2India
BigUPs2AllMyPeepsOnEarth
LSGBWarriorsBeEasyBeWellandLiveItUp
ICtheBottomOfThatJuniperHill
MakeLove2TheWorldB4SheScrewsU
Go2AravindVacaResorts
WereGonnaDance 2ThaMusic
Dance

Ashley Arayas

When I dare to be powerful, to act in the service of my vision, it becomes less and less important whether or not I am afraid.
~ Audre Lorde.

Family and Friends: thank you for all that you have done for me. Sail off and do great things, even if you happen to prefer a motor.
Laugh. Live. Love.

Manal Assil

I live in the present.I only remember the past,and anticipate the future.I love to live.
Thanks to my fam & friends,I love u guys.My sisters:my true role models.For my friends:MASS-AGE,SNOW SHOESjust laugh with me!All things change nothing is extinguished. Everything flows onward.Keep moving forward '07!

Chelsea Audin

"Dance like no one is watching. Sing like no one is listening. Love like you've never been hurt. And live like it's heaven on Earth."
-Mark Twain
Thanks to everyone who has kept me laughing through the years. Seize the moment and live everyday as if it were your last.

Gregory Avgerinos

It is not because things are difficult that we do not dare, it is because we do not dare that things are difficult. -Seneca.
Thanks Mom and Dad for your support, Nick and Steve for showing me the way.
Remember, success is never final and failure is never fatal-
Good Luck 07

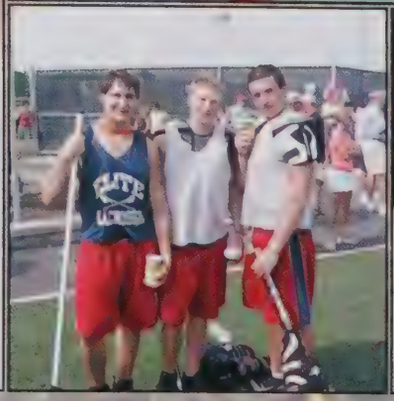
Zori Babroudi

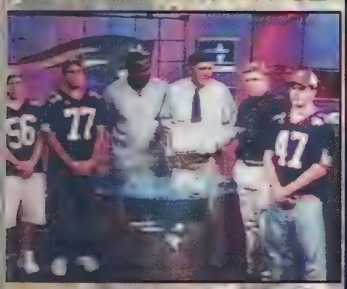
"We succeed only as we identify in life, or in war, or in anything else, a single overriding objective, and make all other considerations bend to that one objective."
-Dwight D. Eisenhower

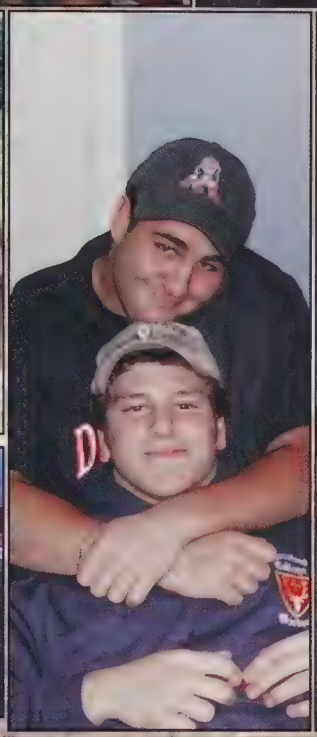
Madelyn Bacon

"None of me is original. I am the combined effort of everyone I have ever known."

Thanks for the memories.
It's been a blast.
No regrets.







Steven Baez

Mom, Dad, Chanel, and Cristina, Thanks so much for everything

LS Wrestling

Good Luck '07

Steven Baillargeon

By perseverance, study, and eternal desire, any man can become great.
-General George S. Patton.

Mom, Dad, and Amanda thanks for the continued love and support, I would be nowhere without you. To my friends, thanks for the great times and all of the memories.
LS football #77 black shirts
LS rugby

Prithvi Balaram

"The unexamined life is not worth living"
-Socrates

To my family, friends, and teachers, thanks for making me who I am--after all, a great experience is nothing if it is not shared with those who matter.

Nathan Balser

"Go banana!"

Thanks to me chaps, me mum, me pop, me sisses, me dog 'n me frog, and the movies for helping me get through high school.

"Game over, man! Game over!"

Matthew Barrie

"Pain is temporary, Failure lasts forever"
- Lance Armstrong

Zachary Baumer

"The only reason most people fail instead of succeed is that they trade what they want most for what they want at the moment."

Mom, Dad, Jami, and Jana, thank you for being there for me. I didn't always want to do my school work, but you were always right there making me. I love you and always will.

Steven Beattie

Come gather round people, Wherever you roam, And admit that the waters, Around you have grown, And accept it that soon, Youll be drenched to the bone If your time to you Is worth savin, Then you better start swimmin, Of youll sink like a stone, For the times they are a-changin.
-Dylan
Thanks Everyone

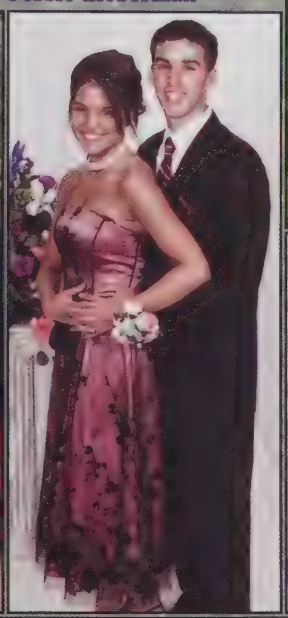
Brendan Beatty

Im a man before Im a lacrosse player - PJ Schnoor
No. do NOT quote me in the yearbook. -Chris Crowley
Always be yourself, no one can ever tell you you're doing it wrong - KPB
Love you Mom, Dad, Cullen and Taryn. Never forget my VH bros.
LS BBALL and LAX 06-07
Pain is temporary, Pride is forever. SADNH

BFFs

"Going to school with your best friends means there's always someone to laugh with when you're happy, lean on when you're sad, and walk pointlessly around the school with when you both have last block free but no car. Friends make a boring class tolerable and a great class even better, and they'll take everything in stride, even the huge "TELL YOUR BFF HAPPY 18TH" you wrote in their perfectly organized planner. Simply put, my friends make wherever I am a happier, better place." -Justine Selsing

What I value most about my Lincoln-Sudbury years has been talking to and sharing experiences and feelings ith my friends. My best friends are like sisters to me. Together, we go through good and bad times and gether we laugh and cry. Whether we're having deep conversations or just hanging out, I feel fortunate at my closest friends are people I love and hope to always have them in my life." -Jessie Lieberman



Rachel Becker

"In the beginning the Universe was created. This made a lot of people angry and has been widely regarded as a bad move."
- The Restaurant at the End of the Universe

"Life without labor is guilt; labor without art is brutality."
John Ruskin

Adil Benabed

Laura Bergstein

"We must touch other people, other thoughts, other worlds. Only then will we fully know ourselves."

live laugh love

Jamie Berkowitz

To my girls, you have made LS feel like home.
KL & NP, I will always cherish our memories together.
JP, you are my high school sweetheart.
Dad, Mom,& Jackie, thank you for always being there when I needed you the most.
I love you with all my heart
blue skies.
'07 The best is yet to come!

Taylor Berliant

Life is a placebo drug: you can get high off it, but only because you think you can. Into this life we're born Baby sometimes we dont know why And time seems to go by so fast In the twinkling of an eye Lets enjoy it while we can Wont you help me sing my song From the dark end of the street To the bright side of the road. Be joyful. Seek the joy of being alive.

Evan Biller

"Good friends we have, good friends we've lost, along the way. In this great future, you can't forget your past"- BobMarley. JN BM RW SB PK&Crew- Keep it real&don't forget your true roots.Mom+Dad+Dave+Gbo+Anson- Thank you for all your love and support.
Good Luck '07+ LS Wrestlers.
HipHopHead for Life

Michael Birbal

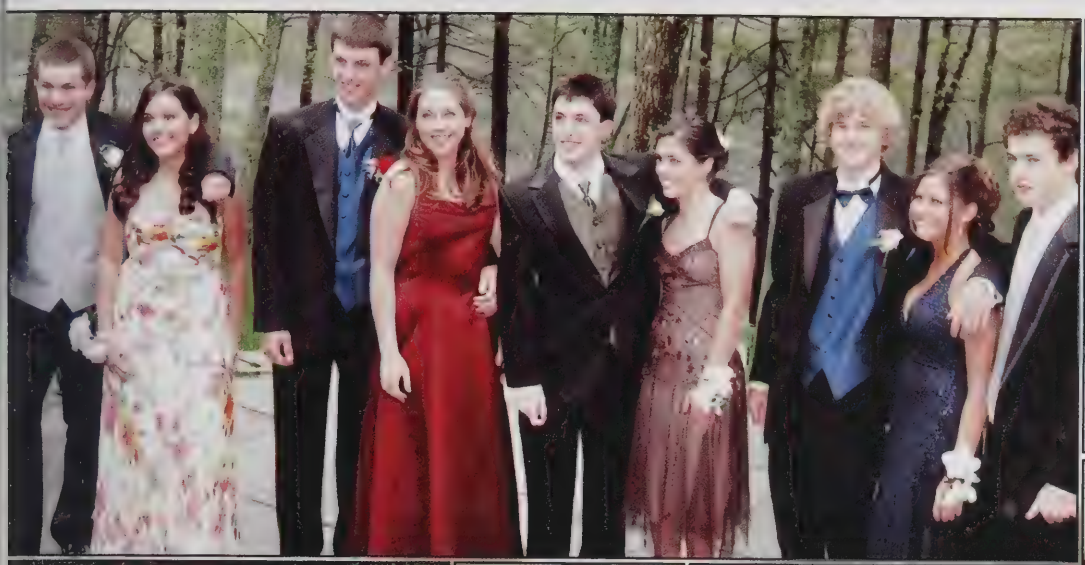
Brandon Blake

"Anything is possible. You can be told that you have a 90-percent chance or a 50-percent chance or a 1-percent chance, but you have to believe, and you have to fight."
-Lance Armstrong
To my family & friends- Thanks for making these past four years such a memorable experience.
Yea '07.

Class of '07 Sayings:

"WOW NEW..." "Legit" "Okay"

"Salt" **"Thats a foce"**
"Accepted!" "I Night!"
"We're peacing" "Sweeeet"
"Ill" **"Awesome"**
"Sauce" **"You would!"**
"Mad secret missions duig!"



Brendan Blake

Go confidently in the direction of your dreams. Live the life you have imagined."
-Henry David Thoreau

Thanks to all my friends and classmates who made everything special, and especially to my parents and Adam for making all of this possible.
-LS Baseball State Champs
"tooot tooot"

Christopher Bleck

Thank you Mom, Dad, Jacqueline, and Jennifer.
You have always been there for me.
I love you all,

Black Shirts #64

Edwin Bleiler

"Adversity causes some men to break; others to break records"

Mom, Dad, Nicole-thanks for everything, youve always been there for me, I love you.
All my friends-its been incredible, thanks for all the good times.

Good Luck 07

LS BASEBALL STATE CHAMPS 05

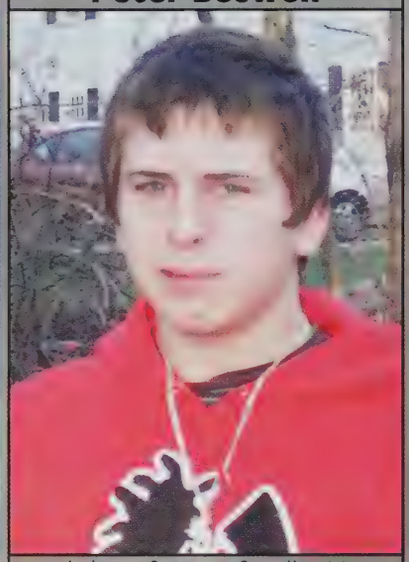
Maya Bloom

Don't accept that what's happening
Is just a case of others' suffering,
Or you'll find that you're joining in the turning away.

Christopher Boland

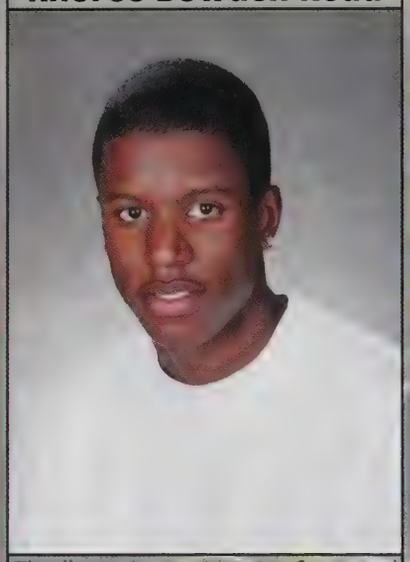
Here's to all the people that got me through these years.

Peter Boswell



Much love for my family: Mom, Dad, & Emma
Thanks to my lovely girlfriend Lise Ann Caldara for being so supportive.
And Lastly Much Wikid Klown & Family Luv to all my boys: Trucky, Dirty, Shakes, Freez, Djarry, Cleepa, Slamz, G, Mak, & Jimmy

Khoree Bowden Redd



Finally we're out we're free and ready to move to the next level to pursue are goals.who woulda ever thought i would make im a clown but its been a long hard journey but i just want to thankz my family and friends for supporting me. aww hold that MH,VY,GC,AT,ST,PP,MW,TT p.s. i will miss all my kidz (no homo)

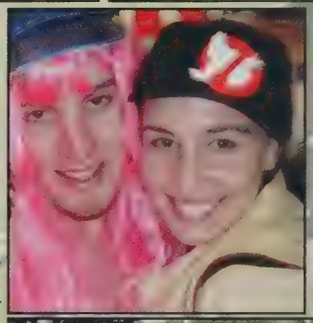
Rae Bradley

Here's to the nights we felt alive Here's to the tears you knew you'd cry Here's to goodbye Tomorrow's gonna come too soon... Our time together will not be forgotten crc, td, LSVB, dm, km, c, mk, mw, jh, I love you THUD always
Every new beginning comes from some other beginning's end...
Good Luck '07!

Why We Love L-S Sports

"The athletic program is what makes Lincoln-Sudbury, Lincoln-Sudbury. It is one thing that sets our school above every other school because of our success and athleticism that no other school can match, as has been shown over the years. As a student and athlete of L-S, I have loved not only competing in my own sports, but watching my friends and teammates succeed in theirs. I love watching L-S sports because no matter what I am watching, I know that our team is always going to be tough competition and a hard team to beat. We are on another level athletically speaking than other schools, and it was a lot of fun to watch and be apart of." - Kevin Hannigan

"John Hayes, John Hayes, John Hayes, John Hayes, John Hayes, John Hayes!"



Our Greatest Sports Memories

SPORTS

"My greatest sports memory was when I was able to fly out a very baseball player's dream my sophomore year—bottom of the ninth, full count, two outs, go ahead runner on third base—and delivered the game winning hit in the 2005 state championship game for L-S. Lying face down at the bottom of the team pile after everybody stormed the field is something I will never [illegible]."
-Jack Laurendeau, Boys Baseball

"My favorite moment in my four years playing soccer at LS was my sophomore year when we made it far in post season. Because after the year before when we made it to the state finals we weren't expected to be good and during regular season we tied like half our games but come post season we just kept winning! One game they even had to plow the snow off the field so we could play."
-Clarissa Odence, Girls Soccer

"My most memorable moment in volleyball is definitely our team's perfect pass, set and hit to win our Section Final's game of this past season. It was unbelievable." -Brittany Phillips, Girls Volleyball

"My greatest sports moment was [illegible] it [illegible] you ran or how far you jumped. It is about your team, with the State title on the line and we held hands and waited for the results. In unison we jumped in the air of the points, were scared that we needed to win. Dumping ice on our coaches [illegible] every body on that team [illegible] of us [illegible] LS [illegible] team. [illegible]"

Evelyn Brand

"Love all,
Trust a few,
Do wrong to none"
-William Shakespeare

Katherine Braun

Hold Fast To Dreams For If Dreams Die,Life Is A Broken - Winged Bird That Cannot Fly.
~Langston Hughes
Mom, Dad, Dan & Megs I owe so much to you thanks for everything; youre the best family I could ever ask for.
07-live it up, follow your dreams and remember- youll never know what you can do until you try.

Matthew Brewer

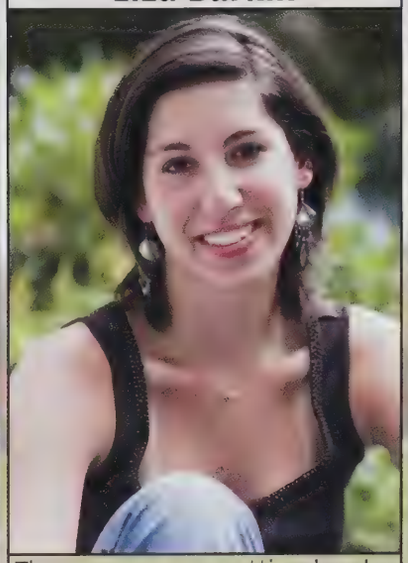
Kelsey Brykman

Heres to the crazy ones: The round pegs in the square holes. The ones who see things differently. They push the human race forward. And while some may see them as the crazy ones, we see genius. Because the people who are crazy enough to think they can change the world, are the ones who do.

Nathan Burke

The only thing necessary for the triumph of evil is for good men to do nothing.
-Tears of The Sun

Liza Burkin



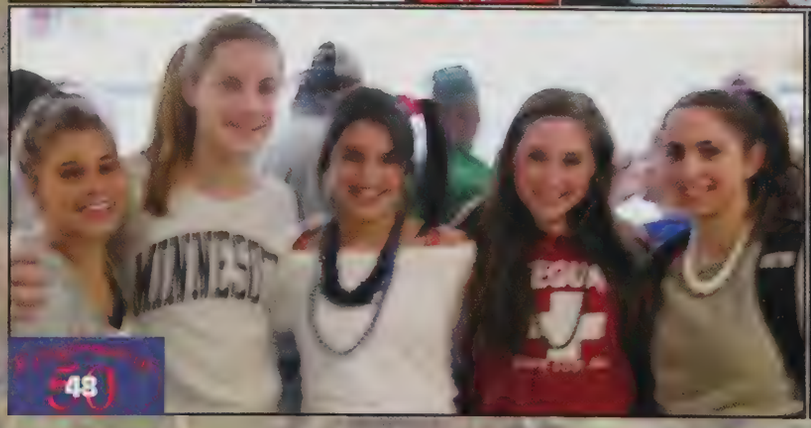
The answers are getting harder and harder
And there ain't no way to bargain or to barter
But if you've got the angst or the ardor, You might faint from the fight but you're gonna find it
For every challenge could have paradise behind it -BT
Thank you M,D,A THUD cg's, T: you made it worthwhile
07- As we seek so shall we find

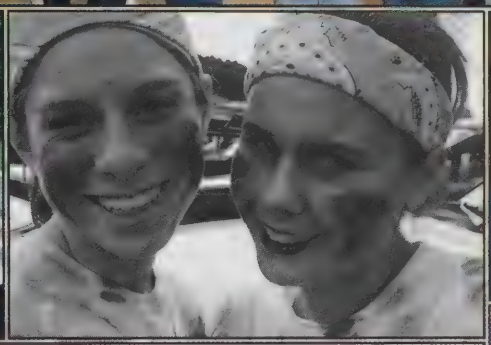
D'Anna Byrd

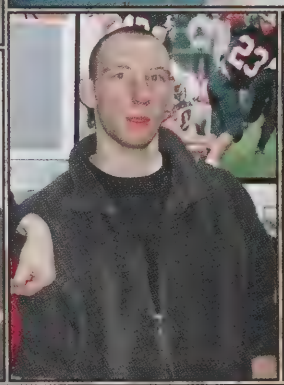
shout outs to TW,CD,CJ,LA,GW,SM,KD, RH and the rest of 07, I love you guys and remember my name because you will see it again...

Adrienne Calandrell

"We are the music makers. W are the dreamers of the dreams."







Alexander Campanella

Black then white are all I see in my infancy.
red and yellow then came to be, reaching out to me.
lets me see there is so much more and beckons me to look through to these infinite possibilities.
As below, so above and beyond, I imagine drawn outside the lines of reason.
Push the envelope. Watch it bend. -Tool

Elana Carlson

"I am a great believer in luck and I find the harder I work, the more I have of it."
-Thomas Jefferson
"The future belongs to those who believe in the beauty of their dreams."
-Eleanor Roosevelt
Congrats 07! You guys are great!
Love my girls!
L-S Girls Basketball Represent
Mom, Dad and Maryn<3

Corinne Carvelli

"Life isn't about finding yourself Life is about creating yourself."
-George Bernard Shaw

To everyone who has been a part of my life, esp:
MDC&P, D,B,K,S,R & PPs
Thanks 4 ALL of the support through thick and thin~Love.

Good Luck 07
Peace...I'm out.

Elizabeth Catinella

Though we go our separate ways, I wont forget, so dont forget the memories we made.
Mom&Dad-Thank you for all your support. I love you.
Brian-Always remember CR and Apache. Meet me in Aspen.
To my friends-Thank you for making these years amazing and unforgettable.
Cellar Dwellers #22. For sho.

Justin Chang

"The most wasted of all days is one without laughter."
- Bob Edwards

Gregory Cheek II

Im off this and on to the next challenge
Not gon let no stress get to me
Ima keep everything balanced
Everybody be like
Ima miss all my friends
But if we real ones
We go ride to the end
MH, MS, KB-R, VY, AT, ST, PP, MW, TT, JA, VJ

Brian Chen

High school is only as complicated as you make it. It can be fun, challenging, or the worst time in your life. Take everything in stride, live one day at a time. Grades come and go, but the good memories are forever. Just remember: If you dont remember it in 25 years, get over it.
~Brian Chen

Victoria Chen

"In 3 words I can sum up everything I have learned about life; it goes on."
~Robert Frost

To all those who have helped me learn and love:
Thank you.

Senioritis

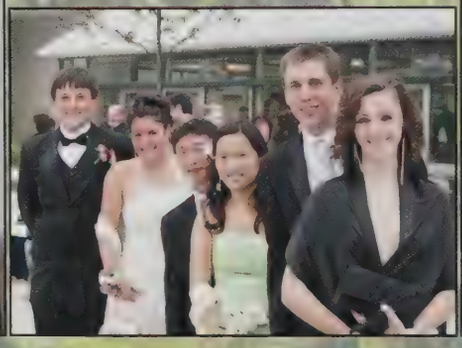
"When I arrive home from school, I enjoy making a cup of Earl Grey Tea, settling down beside a fire, turning on PBS, and resting my weary legs to the dulcet melodies of the Three Tenors."
-Nick Roopenian

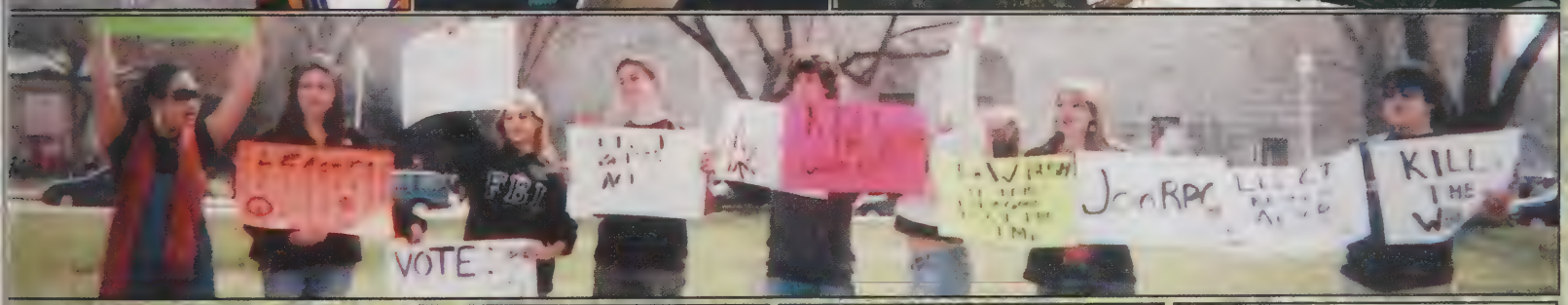
"Some may say that I was diagnosed with senioritis in 7th, but with the introduction of aim and facebook, I think the illness has finally become terminal. Recently, whenever I'm around the internet, music, tv or a car it is hard to concentrate on matters concerning school for more than 2 seconds. This would probably account for all those half baked essays..."
-Matt Stranberg

Senioritis
by Jason Lee
When I should be in study
I'm sprawled across The spot idly
It's not a crisis
Simply senioritis
Diligence is the antithesis
And worries are wholly ridiculous.

"(v)- When you leave your backpack in your car trunk from 3pm - 8am."
-Rebecca Rose

"Procrastinate (pr&-'kras-t&-"nAt): to become a senior"
-Justin Nicholson





Tyler Cichowlas

"This my neighbor, Nursultan Tuleiakbay. He is pain in my a*******. I get a window from a glass, he must get a window from a glass. I get a step, he must get a step. I get a clock-radio, he cannot afford. Great success."
-Borat Sagdiyev

Cassandra Clark

"you love you learn, you cry you learn, you laugh you learn, you lose you learn, you live you learn."
-Alanis Morrissette
My friends, family, and of course Rachel, i love you all- Chris, thanks for being my rock, I love you.

Mary Clemens

Each machine demands its own language, each language demands its own grammer. D.C.s streets make a neat pentagram, and every dollar bill brags Gods behind the plan! hey family and friends Thanks!

Scott Cohen

"It's too bad that stupidity isn't painful."
-Anton S. LaVey

Nicholas Colantuono

"The only limitations you have are those you place upon yourself."

Mom, Dad, and Kate
Thank you for always being there and believing in me, I Love You.
Kate- My Boo... One Hug, Two Kisses!
JSR- Always. Near or Far.

Good Luck '07

Mark Collins

Mom and Dad thanks for always supporting me and putting up with me all these years.
Megan, Stephen and Caitlin work hard and have fun because it will be gone before you know it.
Thanks to all my friends who had my back on the football field and all my friends who had my back off the field. Best of luck to all of you. ATKI

Lisa Colombo

"What lies behind us and what lies before us are tiny matters compared to what lies within us."
Ralph Waldo Emerson

Mom, Dad, Beth, thanks for all your love and support

good times '07

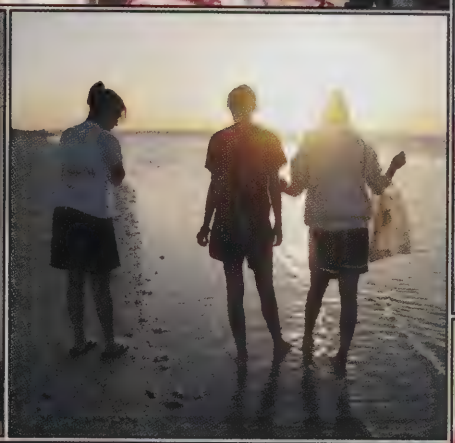
LiveLaughLove

Richard Cooper

Music is a safe type of high. It more the way it was suppose to be.
That's where highness came, guess, from anyway. It's nothing but rhythm and motion.

-Jimi Hendrix

1. Understands and applies the concepts of personal physical fitness, health, and nutrition: We have won so many State Championship titles since we have been at LS, we have clearly shown that we can apply our wellness knowledge.
2. Behaves in a manner that is decorous, civil, and attentive to the needs and feelings of others: Even if we make a mess at the spot (which rarely ever happens) we make sure to clean up after ourselves even if it means vacuuming up boa feathers all block.
3. Understands, and is able to use, a variety of mathematical methods to solve problems: 2 Ballerinas + 4 Fanta girls = one amazing train that everyone wanted to join.
4. Writes and speaks carefully, thoughtfully, and effectively: During sports game, we only cheer positively and never argue with the opposing team's fans or the referees.
5. Understands, appreciates, participates in, and contributes to affairs of the community - be it the school, the nation, or the world: Unfortunately we had to witness the tsunami in Indonesia and Hurricane Katrina in New Orleans, but we stepped up and were able to help the cause to rebuild by raising over $200,000 combined.
6. Is encouraged to develop artistic and creative ability: The walls of Senior Spot have been decorated since the first day we arrived and we keep the spot festive and fun with pictures, posters, and the rack of slack.
7. Is able to work cooperatively with others: We are one of the closest classes to ever hit LS, everyone gets along which creates an atmosphere of friendship and allows us to grow further as to become the greatest LS Warriors to evergraduate from LS. -Jamie Berkowitz



Amanda Corbett

Christopher Crowley

"To conquer oneself is a greater victory than to conquer thousands in battle."
Mom&Dad no words could thank you for what you have done for me.
Thank you Kath&Ryan Brendan&Mike. I learned from watching you. I couldn't have asked for a better time here,I will never forget this.
VH I am a son.
Black Shirts #4

Milan Damirjian

Mom, Dad, Papa, GG, & the fam- you mean the world to me, thanks for being so supportive. Sam- thanks for putting up with me, you're amazing.

"A girl should be two things in life; classy and fabulous."
-Coco Chanel
Tray, Jac, & Kay- you girls are the best.
Thanks for the memories.
GOOD LUCK '07!

Tali David

"Some things you have to learn them all on your own
You can't rely on anybody else
Or the point of view of a source unknown
If it feels good and sounds nice
Then it's your choice don't doubt yourself
Don't even think twice"
- Michael Tolcher
Thanks everyone, for an amazing first and last year at L-S!

Cortney Davis

Experience is simply the name we give our mistakes.
This is what my high school experience has been all obout and has helped me grow to be the person I am becoming. Thanks to all who made it a good memory
God,mom, gramz,papa,OM,TW,IJ,KE,CJ,LA, DB,BL,GW,
rest of 07

Kayla Defrancesco

Mom, Dad, Kev, Court, Charlie +Colin Love you guys so much Charlie gonna miss you next year
-I hope the days come easy and the moments pass slow and each road leads you where you wanna go-
Lan,Tray,Jac so many good times Wouldnt have made it without you! Love you girls were the juice CL**
cellar dwellers #7 GO BIG 07

Patrick DeMarle

If you're not failing every now and again, it's a sign you're not doing anything very innovative.
--Woody Allen

The unexamined life is not worth living
--Socrates

Samuel DeNormandi

Mom, Dad, Cole - Thank you for all your love and suppor for the past 18 years.
I couldn't be where I am toda without you all.

-Kathleen-
I couldn't be happier than I a when I'm with you.

Good Luck '07

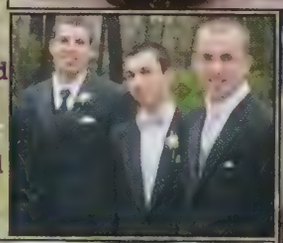
Weekends!

"On my weekends, I am The Fire Starter. I light fires in secluded splaces and have gatherings in places where police officers will not find me." -Bryce Shulman

"Our weekends typically consist of everyone meeting up at some sporting event. Afterwards, we all usually try and figure out somewhere we can go for a party, where everyone ends up in someone's basement. Occasionally, we throw in a themed party which is definitely the highlight of most weekends. No matter what, our weekends typically end up being fun because we all find something to do together." -Kendra Koop

"I often find myself culturing a variety of cheeses." -Eric Pennington

"We attend school sporting events and then depart for our evening plans afterwards, go to people's houses, go out to dinner, hang out, an occasional movie here and there." -Sam DeNormandie



Graham Derbyshire

Brian Devaney

"Seize the day, lads! Make your lives extraordinary."
-Dead Poets Society

Thanks to all of my teachers, coaches, family and friends.

"Be well, do good work, and keep in touch."
-Garrison Keillor

Julia Devine

Beautyisoftenfoundintheflaws Everywomanshouldhavefourpe tsinherlife.Aminkinhercloset,aja guar inhergarage,atigerinher bed,andajackasswhopays foreverything.ParisHilton Herestobeinghumble keepingitreal,andbeing downforanything Thnxamazingfriends,family,tea chers,everyone,andanyone I know what Im fighting for~PR

Sara Dicker

It well may be that we willnever meet again in this lifetime so let me say before we part so much of me is made of what I learned from you. You'll bewith me like a handprint on my heart and now whatever way our stories end, I know you have re-written mine by being my friend. -Wicked Thanks to all who made my story unforgettable: Swinging, STO, MSVL, Backseat, Phone billa

Katherine Dickinson

A friend is someone who understands your past, believes in your future, and accepts you just the way you are-Thanks for being true friends!
Families are like fudge, mostly sweet with a few nuts-Thanks for supporting me and making me laugh along the way!
I never could have made it without you!<3

Courtney Dill

"It is not our abilities that show what we truely are. It is our choices." -Professor Dumbledore "I love that Dirty Water. . . Boston ur my home" CRI, my 2nd home Rowstrong! "And I could not ask for more." Thanks Mom for all you have taught me and all the adventures we have taken, you made me who I am today, and the person I will be tomorrow. LSST- We <3 FOG! Good Luck 07

Brittany Dillworth

MyWishForUIsThatThisLifeBecomesAllThatUWantIt2UrDreamsStayBigAndUrWorriesStaySmall..IHopeThatDaysComeEasyAndMomentsPassSlowAndEachRoadLeadsUWhereUWant2GoIHopeUNeverLookBackButYaNeverForgetAllThe1sWhoLoveUInThePlaceULeftIHopeUAlwaysForgiveAndUNeverRegretAndUHelpSomebodyEveryChanceUGet
-RascalFlatts

Alexander Dines

Energize Bunny

Did You Know That: The class of 2007 is the first LS class to have couches and keep them. We were told the beginning of the year that if we kept senior spot clean, we would be rewarded with couches. Upon arrival, many seniors are changing their minds and realize that they don't like the couches and wish we hadn't worked so hard to get them. Staff

"I think the couches really hurt the feng shui of the senior spot, if you know what I mean. It focuses all of the attention on the people on the couches, which kills the ends of the carpet. Also, I really don't like it when people that I don't like sit next to me. It's just an awkward scenario."- Tim Dingman

Senior Spot

ıfter spending the ıst three years waiting d being intimidated the seniors at the nior spot or four rners as it was our eshmen year, it is so eat to finally have the nior spot as our place hang out with friends d relax throughout e day!" -Christine nnigen

f you're looking for me, e best place to find me the senior spot. It sets apart from the rest of o school, which is cked nice. As a shman one of the first written rules you learn that the senior spot is seniors only, I feel e that legacy has been ed up to and 07 is still eping it real. The iches are a nice dition and add to L-S's d-back vibe. A lot of od times have ppened at the senior ot, and it is something at all underclassmen ould look forward to ıen they become iors." -Billy O'Brien

Timothy Dingman

All my life I've had one dream: to achieve my many goals."

-Homer Simpson

Christopher Donovan

Bridget Doyle

Everybody's lover, everybody's brother, I wanna be your lifetime friend. Crazy as a rocket, nothin in my pocket, I keep it at the rainbow's end. I never think of money, I think of milk 'n honey, grinnin like a cheshire cat. I focus on the pleasure, somethin' I can treasure, can you picture that? -Dr. Teeth and the Electric Mayhem turn and face the changes...

Christopher Drake

So long as we are loved by others I should say that we are almost indispensable; and no man is useless while he has a friend.

- Robert Louis Stevenson

Christine Duggan

We do not see things as they are, we see them as we are. Duggans & Co. - number eight has made it through at last. Amigos, keep the laughs coming, thanks for loving my...quirks.
XC girls, without you I would hate running! Dont stop believing
Its only Teenage Wasteland

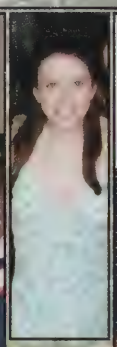
Anthony Dumont

Daniel Duval

Now I need to figure out what a quote is...
Just sit down and have some cheese...Yum

Keturah Edwards

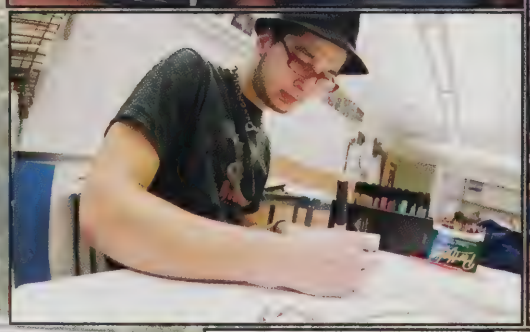
In high school you have your friends, your fellow peers, and your enemies. You need all three to survive. So thank you to my friends for letting me lean on you for support, to my fellow peers who I compete against for excellence, and to my enemies who me made me stronger.

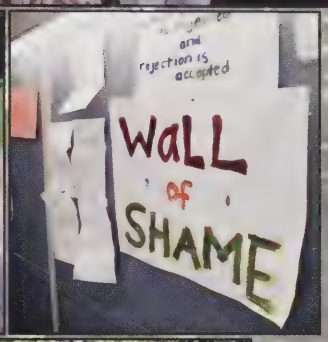


Best 7 of '07

by Becca Johnson

1. The Hooter girls inspiring performance highlights our classes' enthusiasm and determination.
2. The MOSB teams ground breaking win proves OT's academic depth.
3. Senior girls walked away from the Powder Puff game with four stitches, a broken finger, one hundred and seven bruises, a win, and unrivaled pride.
4. 100 wins, 1000 points, 1st place, or a spectacular loss, our memorable sports moments illustrates our competitive edge and unrivaled sportsmanship.
5. Whether selling art to raise money for the refugees of Sudan, paying 100 dollars for a date with an eligible LS stud to raise money for care packages for soldiers , or walking the runway of a fashion show that donates all proceeds to breast cancer research, our fundraising prowess is legendary.
6. John Hayes
7. Coming together after the tragedy we became a school not a class proving our strength.



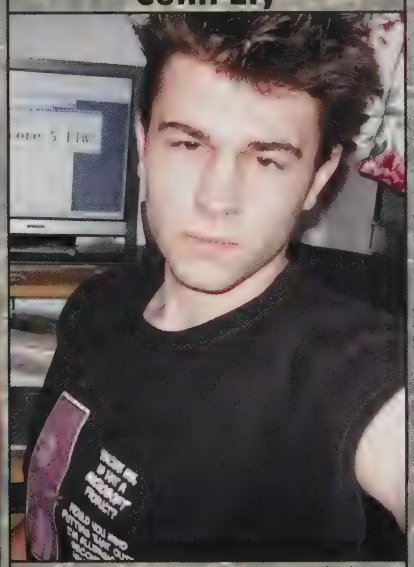


Where acceptance is rejected and rejection is accepted

People outside of LS don't understand the Wall of Shame, "Isn't that embarrassing?" All of our rejections together make us realize that we are not the only ones to get rejected and help us laugh it off. "The Wall of Shame helps us feel better after the initial disappointment. It reminds me that I am not the only rejected senior out there, and that is a very comforting feeling!" -Anonymous

Elizabeth Elfast

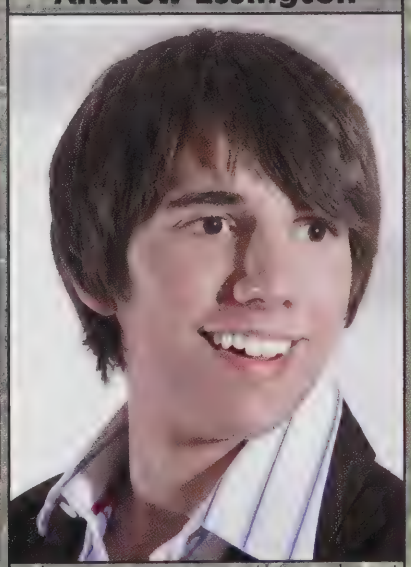
Colin Ely



"Windows has no users, it has hostages."

-Christian Fundin & Pontus Madsen

Andrew Essington



"There was never a time when I did not exist, nor you. Nor will there be any future in which we shall cease to be."
-Krishna to Arjuna, the Bhagavad-Gita

Thanks to all who have laughed with me and who have helped shape who I am.

"Further on up the road . . ."

Rebecca Falender

I figure that once upon a time I was an ocean
But now I'm a mountain range
Something unstoppable
set into motion
Nothing is different,
but everything's changed.
-Paul Simon

Thanks for four amazing years.

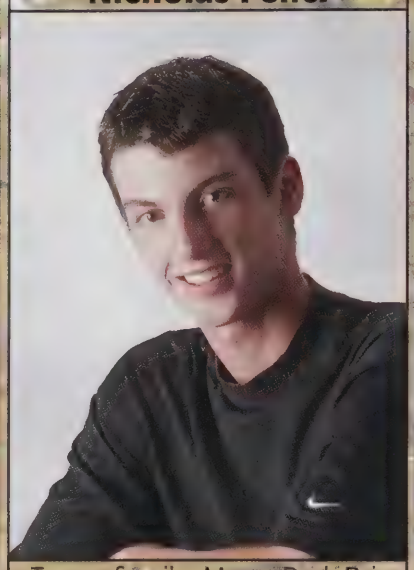
Shelley Fang

"All the world's a stage and all the men and women merely players"
MDJ-1000 thanks wouldn't be enough, I love you "Here's to the nights we felt alive..."LM
JSJ-14&Strong
Munchkin-My forever Friends,Cheer,Track-Memories&Love
"Because I knew you I have been changed for good"
And the story goes on...

Alexandra Feldman

"Laugh when you can, apologize when you should, and let go of what you can not change"
M+D thank you I love you so much S+M good luck girls have fun
Annie- my once in a lifetime friend Lauren and Julia "it's who you're with that matters"
SC 328543 MONOPS-
...Live for something...
Good luck 07

Nicholas Felici



To my family: Mom, Dad, Bri, thanks for making these years great,

All my friends, thanks for the good and not-so-good times.

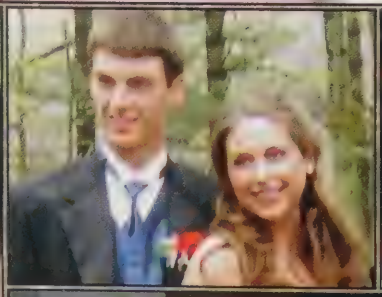
LS Golf, we cant win em all.

07 will make it happen.

Dont be afraid to win.

Nia Ferguson

Jesus, thank you for your patience, strength, and love. My gift is for you. Mommy & Daddy I love you! Thank you for all of your support. Adriel, my twin, keep your head up in spite of what people say. I love you. To all my real friends, you know who you are, I love yall. Its time to move on
1 love.
"To whom much is given much is required". -Luke 12:48



MMVII

Brittany Filker

Between thought and expression lies a lifetime
-lou reed

Ryan Fitzgerald

"The only place success comes before work is in the dictionary."
Mom and Dad I truly appreciate all you have done for me. Will, I couldnt have asked for a better brother. Hanna, life without you is unimaginable.
To all my friends thanks for the great times and memories
'07 its been fun
Good Luck Seniors

Amie Fleming

But if you don't tell me anything, how can I ever be right? Another way of looking at it would be how could you ever be wrong?
To my family- thanks for everything
Friends, teammates- laughters the shortest distance between two people, you are my best
Nothing worth knowing can be taught
Congrats 07!

Sarah Flint

Thank You LS!

Ryan Flynn

Thanks Guys

Good Luck 2007

Adelle Franchek

"Excuse me while I kiss the sky"

I love Muma and Bud, Rob and Emma, Dad and my Cat.

laugh and laugh and fall apart

Adam Fullerton

"President Bush's approval ratings have taken somewhat of a dive. A senior slump, if you will. Leading President Bush to one conclusion: He is the only one who realizes what a great job he's been doing."
-Jon Stewart.
Speak up for yourself, unless someone funnier than you has a better line.

Yosha Gargeya

"To laugh often and much; t win the respect of intelligen people and the affection of children... to leave the world better place... to know ever one life has breathed easier because you have lived. This to have succeeded."
-Ralph Waldo Emerson
LS Track
CHS '07

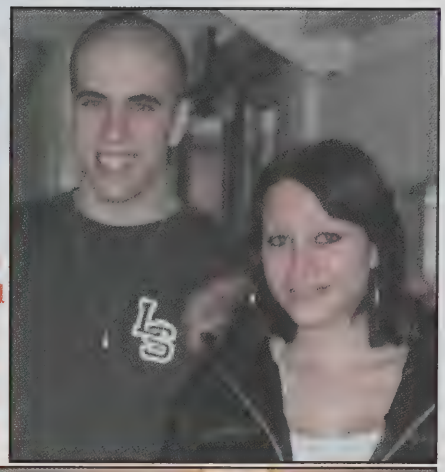
"I'll miss how welcoming everyone is here. L-S is such a great community and as soon as I got here, I felt like I belonged. I'll miss all the new people I met, I wish I could have come here sooner to have more time with you all. Be grateful that you have each other; there is no one like your high school friends. Once we move on to start college, everyone will split up and start new lives. But don't forget who made you: your family and friends right here, at L-S." Tali David

What Will We Miss?

"I know for a fact that I will miss my teachers. I loved my teachers. They allowed me to be myself and they taught me most of what I know (at least academically) now. "
-Tavianna Williams

"I think that we are all going to miss the little things that we think bug us now. We are going to miss walking up stairs until our legs hurt, sneaking food in senior spot, always arriving two minutes late to class no matter how early you try to get there, sitting in the classroom chairs that everyone seems to fall over in. All the everyday quirks that bother us today will make us laugh in years to come."
-Cara Migliozzi

"I am going to miss everyone in '07. Some of us have been going to school together since kindergarten, 13 years. I'm going to miss being in class with the girl I grew up with and invited to my Barbie birthday party. It's going to be weird starting over and meeting new friends, but leaving the old ones is going to be even harder." - Anonymous.



Jennifer Garrett

ife is not measured by the umber of breaths you take ut the number of moments hat take your breath away. To my Friends and Family, ank you for giving me those breathless moments.

I Love You All!

Nour Gemayel

Live well. Laugh often. Love much.

Never regret something that once made you happy.

Not all who wander are lost.

Thanks times two million to my family and friends.
I love you guys.
xxx/xoxo

Kyle Gerbe

"Man is in love and loves what vanishes,
What more is there to say?"
-Yeats

Mom, Dad, and Evan, thanks for an amazing 18 years and know everything will be alright.

LS-Thanks for the best years so far. Good Luck '07

15:18

Anna Germanotta

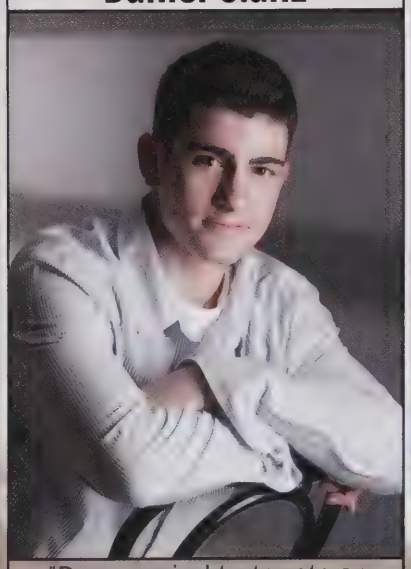
"Why should I care what other people think of me? I am who I am, and who I wanna be."
- Avril Lavigne

Rebecca Gish

These are the days of the endless summer, these are the days, the time is now. There is no past, there's only future there's only here, there's only now.
-Van Morrison

Lex- here's to butt cruises and aviators. Billy- fight crime forever. Al- youre not only my brother, youre my best friend.

Daniel Glanz

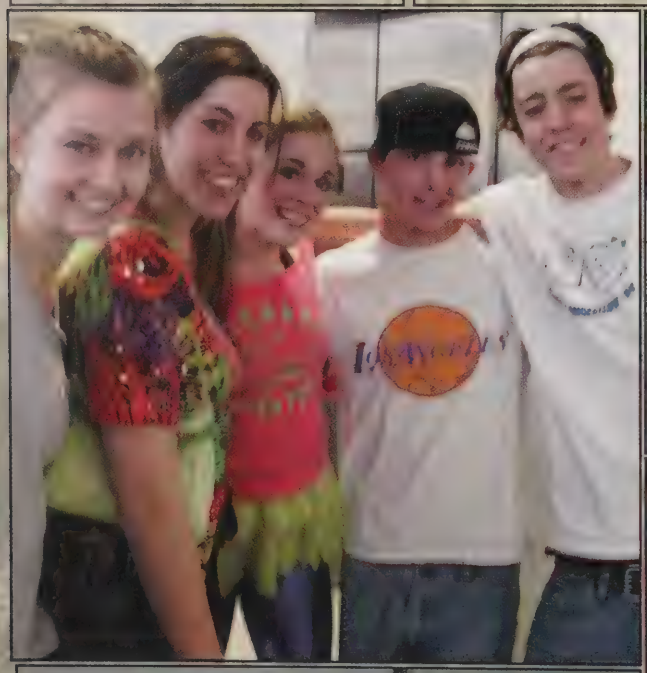


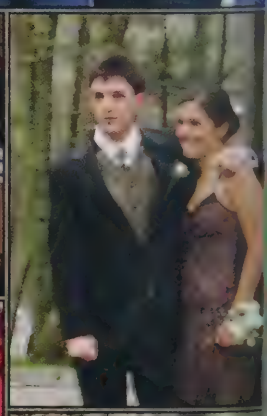
"Pay no mind to taunts or advances. I'm gon' take my chances on everyday" - DMB
Mom: Thanks for always listening Dad: You have influenced me to be the person I am today Amanda: Thanks for keeping me on my toes.
To my friends: you guys are all a bunch of nutcases and hopefully you'll stay that way. Off to the real world!

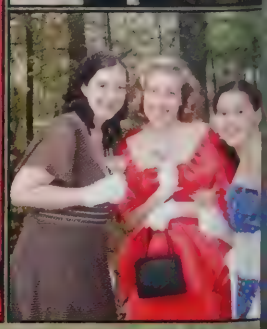
James Gleason

Michael Gleason

Late at night, when everyo
quiet, sit alone and gaze i
the mind; then you noti
illusion ending and realit
appearing. Once you hav
noticed reality appearing
find that illusion is hard
escape, you also find you
greatly humbled
-Huanchu Daoren







College Acceptance...

'hat a lief!

"Getting the big envelope is sweet! I got it and I was like, 'Oh shoot! I actually got into school!' I was really excited and relieved, it's great to know that you have a place to go no matter what." -Julianne Albano

"Now, colleges take all the suspense away from opening the letter, not only are the acceptances in big envelopes, they say 'Congratulations!' right on the front, I don't need to read the letter! Also, the big thing about getting college acceptances it puts into perspective that this whole thing is real, we're really going off into the world and leaving LS." -Anonymous

Brian Glowacki

Any fool can criticize or omplain but it takes a real man to correct
-Lewis Penn
anks Mom Dad and Sam for your help. I could not have done it without you.
anks to all my friends for all he great time and laughs.
FOOTBALL BLACKSHIRT #28
I AM A SON

Briana Gochenour

The best kind of friend is the kind you can sit on a porch and swing with, never say a word, and then walk away feeling like it was the best conversation you've ever had.
I dont need to say a lot, but I do need to say thank you to all of my friends who are always there for me.
xxxx/xoxo- Bri

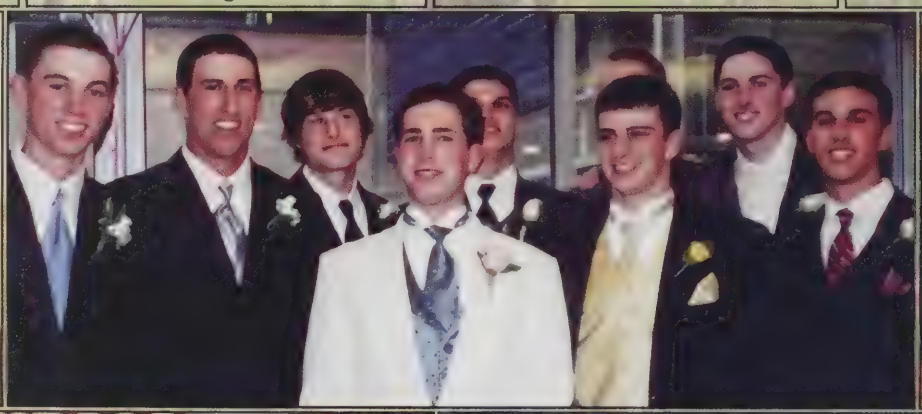
Julie Goniwich

Horizons rise here in my eyes-
a sound of silence calls.
But in my heart, a distant hope is mine forever more.
My eyes are aimed towards the sky, and until I'm down to my last arrow I will continue fighting.
-Hyde Horizon

Julie Goodman

The future belongs to those who believe in the beauty of their dreams-Eleanor Roosevelt
Thanks Mom, Dad, Jeff, Fluffy, & Koko. I couldnt have done it without you guys. Love you.
To my friends, thanks for all the fun, laughs, and amazing memories.
I will always remember my grandparents.
Thanks for all your love and support.

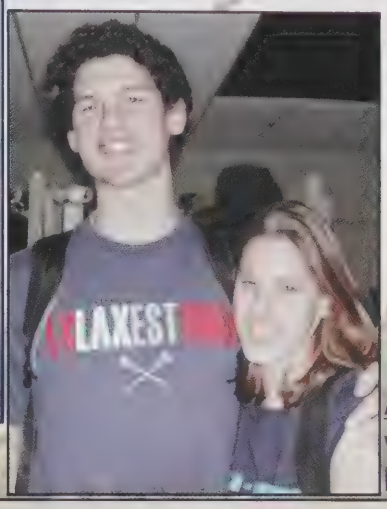
Benjamin Gossels	Nicholas Grasso	Taylor Green	Owen Griffin
"To give anything less than your best is to sacrifice the gift." -Steve Prefontaine "A facility for quotation covers the absence of original thought." -Dorothy L. Sayers CDE	That's the difference between me and the rest of the world! Happiness isn't good enough for me! I demand euphoria! Calvin and Hobbes Thanks to all my friends, my teachers, coaches, and mentors, and my family. You all mean a lot to me. Track/XC: We ride together, we die together	"Hell is not a place you go, if you're not a christian it's the failure of your lifes greatest ambition" Imortal Technique Thanks to all those who helped me out along the way!	We are entirely smooth, we the best at what we do. -Brand New Thank you Mom, Dad, Kyle a Bridget To my friends, thank you fo making these four years unforgettable LS Ice Hockey #14 ATKI



7AM vs Afterschool

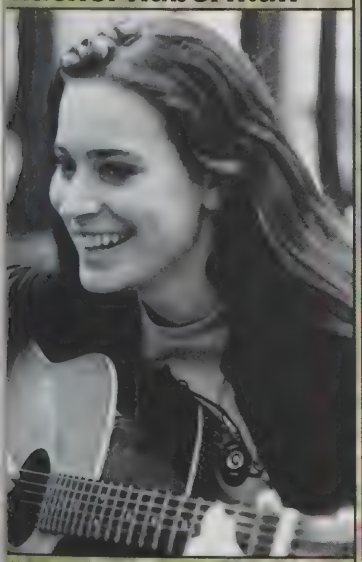
When to work out?

7AM's take: "One would think, with all the time they devote to sculpting their gorgeous bodies, that these divine creatures are only superficial. But their beauty extends beneath the skin. They are clever, kind, caring individuals, only with a physique that the Gods would envy. Their bulging biceps, powerful pecs, amazing abs, humongous hamstrings, ludicrously large lats, and tremendous triceps dwarf the diminished muscles of those who lift after school. The consensus is in: if you run track, lift after school. If you play a real sport (sword fighting, animal hunting, shark punching) then you lift before school. 7AM Club: DETERMINATION!" -Alex Levy



Afterschool fires back: "Those of us who work out after school are simply better looking. Fin." -Alan Tam

Rachel Haberman



I'm trying to find truth in
ords, in rhymes, in notes, in
l the things I wish I wrote."
--The Format

ou may not ever know how
uch you all mean to me. All
my love.

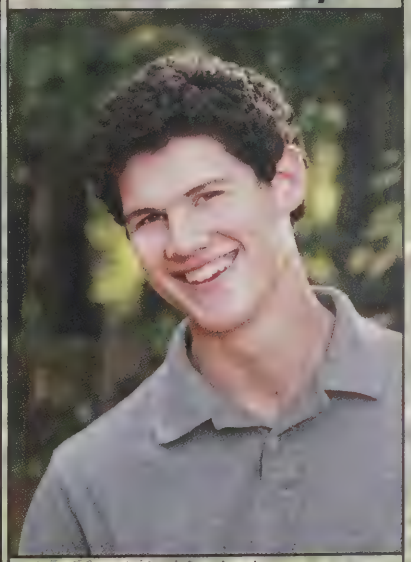
"Good luck exploring the
infinite abyss!"
--Garden State

Shannon Hache

Mom & Dad, thank u, I couldn't have asked for more; Dust, no one can make me laugh as hard as u can - I love u guys. To my friends, I'll never forget the fun times we had together..."A day without laughter is a day wasted"
GL '07
"Life is either a daring adventure, or nothing"

Jacob Haendel

Russell Halliday



'A'a i ka hula,
waiho ka hilahila i ka hale.

When one wants to dance the hula,
bashfulness should be left at home.

Emily Ham

"This is your time here to do what you will do, your life is now, in this undiscovered moment lift your head up above the crowd."-JM
Mom, Dad and Jac thanks for your guidance and support, I Love You! Jac goodluck w/ everything, I know youll do great! Thanks to all my friends VGs&CellarDwellers-keep the traditions alive! I lover you always JRJ Good Luck '07

Jaclyn Hamwey

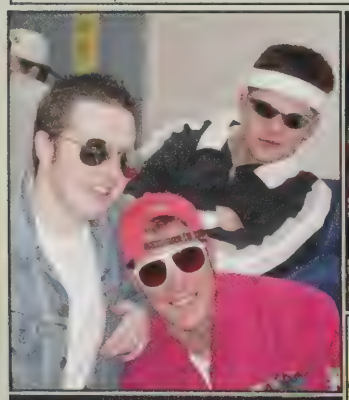
What would you achieve, if you knew you could never fail.
Mom & Dad- you are amazing parents, youve always been there for me with your endless love and support. Alex- your the best, we have shared so many great memories together. Janie- since forever Celler Dwellers #18
To all my friends- such fun times
Stay Goofy 2007

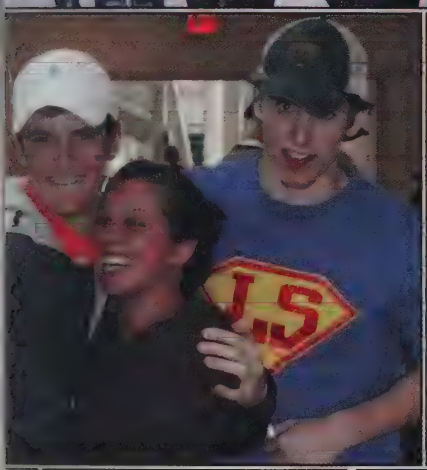
Kevin Hannigan

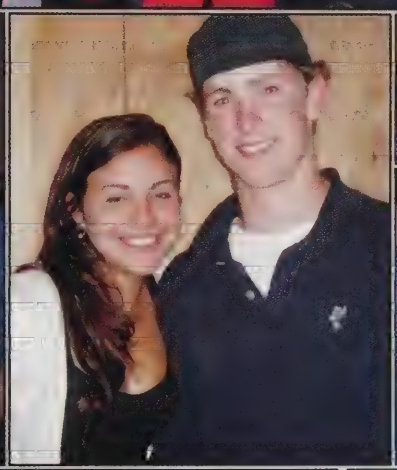
You cant always get what you want,-Mick Jagger
To the athletes of L-S: You are the best part about this school, and you made my stay here pleasant. Thank you Mom and Dad for all the support over the years, thanks Elyse, Grace, and Tom, I think we got a little too competitive at times.
Good work to all the SONS!
LSBSC05

Lauren Hardardt

Go ahead and laugh cause
won't cost much -dispatc
M&D&M-I cant thank you
enough for all your love a
support. And friends- I wou
have never survived witho
you, thanks for the memor
Bcrew ily.
Best of Luck 07 -
Dream as if youll live forev
Live as if youll die today.







dence Hardenbergh

nt look for your happiness
success in different places.

my family and wonderful
ends- Thank you. I love you
nd owe the world to you.
d teachers- thanks for all of
e support and inspiration.

ood luck 07!- This is your
me. Now go out there and
take it.

Christopher Harvell

"Many of life's failures are people who did not realize how close there were to success when they gave up." ~Thomas Edison~

"I walk through the valley of the shadow of death, I will fear no evil: for Thou art with me; Thy rod and Thy staff they comfort me." ~Psalm 23:4 ~

Mathew Hatfield

Most of what I really need to know about how to live and what to do, and how to be, I learned in kindergarten. Wisdom was not at the top of the graduate school mountain, but there in the sandbox at nursery school.(RF)
Thanks to all my friends and family, without you, I would not have made it this far.

John Hayes III

To all my friends, thanks for always being there and all of the good times.
To Mom, Dad, Jen, and Courtney, thank you for always supporting me and standing by me.
Remember 07 the best is yet to come
Good Luck Everybody
"Just living the Dream..."

Brittany Healy

Years from now you will be more disappointed by the things that you didn't do then by the ones you did do.So throw off the bowlines, sail away from the safe harbor, catch the trade winds in your sails.Explore.Dream.Discover. Thanks M&D for supporting me ILY.
Friends~all the fun and laughter ILY.

Spenser Heaps

During the work, you have to be sure that you haven't left any holes, that you've captured everything, because afterwards it will be too late.
- Henri Cartier-Bresson

Thomas Hebble

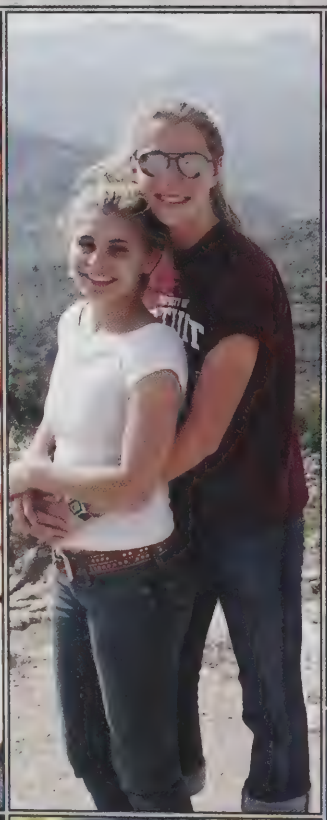
after the productive forces have also increased with the allaround development of the individual and all the springs of cooperative wealth flow more abundantly-only then can the horizon be crossed and society inscribe on its banners: From each according to his ability, to each according to his needs
-Tom Hebble

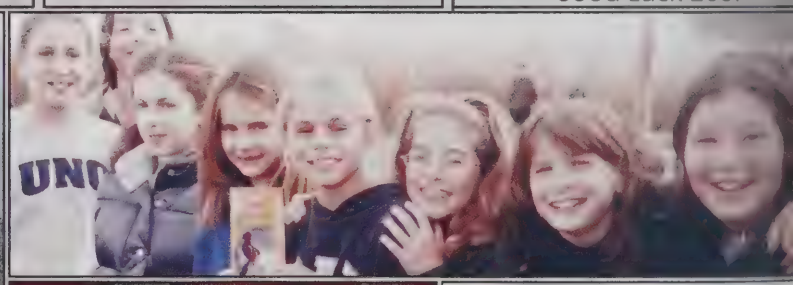
Kathryn Heerwage

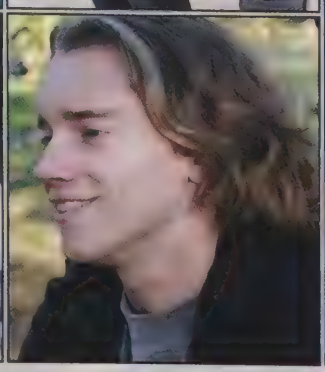
"Turns out, not where, bu who you're with that real matters."-DMB

Thanks Mom and Dad for the support.
Christine, you've always be my best friend.
ECT, JLP-you keep me smili

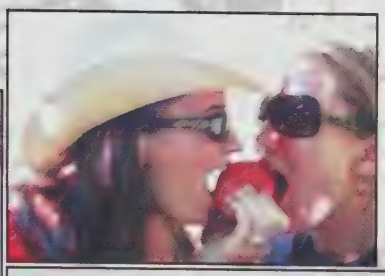
BG18 years.
LSVGS
Good Luck 2007







Life in 20 years....



Nobody knows where we will be in 20 years. My hope is that I will successfully graduate from college and potentially graduate school. I hope to be married with kids living in a community similar to Sudbury. I would like to be financially stable and healthy and provide my family with a similar upbringing to my own.
-Jordan Jacobson

Considering I'm 17, I'll probably be 37 in 20 years. When I'm 37, I see myself married with two kids living in a house somewhere in the Boston area. I'll have settled on a career in some sort of science or engineering field.I will have a job, and I will certainly be just as interested in politics as I am today. I might be a registered and active member of some political party (other than the GOP). I will probably have acquired a taste for adult foods like wine and funny French cheeses, and I might even dig classical music. Maybe in 20 years I'll look back and remember writing this 20 years ago and marvel at how wrong (or right) I was.
-Tim Dingman

exandra Henderson

Marissa Herzog

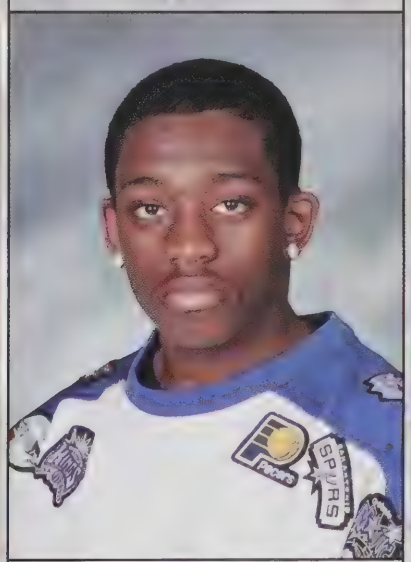
"The road to hell is paved with good intentions"-- Karl Marx

'07, I've known you all my life. All my love to those who have it- you know who you are.

So, 'Good night, sweet prince, may dark flights of angels take you to your rest.'

Mais que faire, tout est dit.

Eric Hill



Emily Hinteregger

"Life is not measured by the number of breaths we take, but by the number of moments that take our breath away."
anonymous
To anyone whos ever taken my breath away- thank you for helping me love life.
"Dream as if you'll live forever. Live as if you'll die today."-
James Dean
carpe diem - sieze the day

Tracee Hocking

Mmy.Sis.Bros.you.mean.the .world.to.me
Ddy.this.was.for.you.
Lan.Jac.Kay.thx.for.making.it.all .alright
Cdy.grls.Forever.
Tdy.my.support.I.love.you.

And I stood there thinking As I said goodbye. Todays the first day Of the rest of our lives.
Good Luck 07
You made it all worthwhile

Raychelle Hoffman

"My words fly up, my thoughts remain below:Thank you to all my mentors who helped me when I was lost in the dark. I love you all, my family and all my friends especially NR, MD, RH, TT, NB, KT, BP, DW, BW. Also all those who put a smile on my face.

Thomas Howd

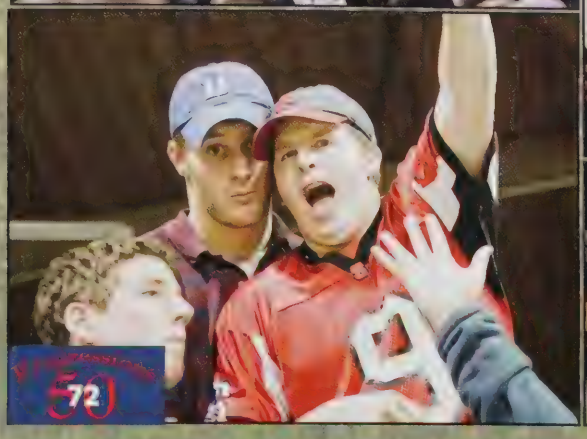
Dream as if you'll live forever. Live as if you'll die today.
-James Dean
To live is to suffer, but to survive, well, that's to find meaning in the suffering -DMX
Mom Dad, U guys are the best. I love U both so much.
Mike, Steve, best bros I could ever ask for, love U both.
To my friends-memories to last a lifetime
I AM A SON

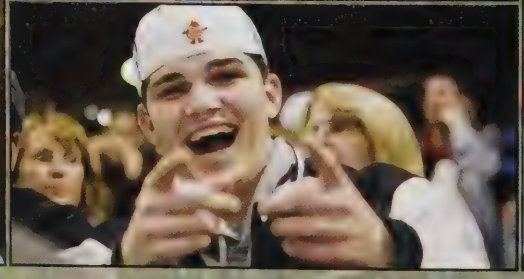
Nicholas Hunter-Jor

To my family and friends, th you very much for encouraging and support me. I will always remembe you.
To know the road ahead, a those coming back.
-Chinese Proverb

Freedom is the freedom to that two plus two make fo If that is granted, all else follows. -George Orwell

We Really Knew How to Rock the Stands!





Alexander Isakov

'hen a truth is necessary, the eason for it can be found by nalysis, that is, by resolving it nto simpler ideas and truths until the primary ones are reached."
- Wilhelm Gottfried Leibniz

Cameron Jackson

These past 4 years have gone by in a blur but moments Ill most remember are those times I just sat back with friends and laughed. Sr yr has also been a huge learning experience for me and I appreciate everyone thats been making my memories worthwhile.JW.TW.CD.KE.BL.GW .SP.LA.DB.CM.RH.ET.JP.IZ.KSa.J M.BT.CC. Mom thanks for always being there.

Jordan Jacobson

This is the time to remember
Cause it will not last forever
These are the days to hold
onto Cause we won't although
we'll want to This is the time,
but time is going to change
-Billy Joel
Thanx Mom, Dad & Connor for
your support
Thanx to my friends who made
these 4 years worth it
Te Cupio Emily
ATKI

Jaclyn Jarmulowicz

Mama Rho & Daddy Ill never quite escape nor in my innermost heart ever quite wish to. Hbomb Im so lucky to be your little sister *CL*143 T+M+K
Squad my original crew thanks for making it so much fun. 14years till death do us part gorgeous! Veegees/ Trackies/328543 we went huge 07 good luck!

Carl Jewell

"Abraham Lincoln once said that 'If you're a racist, I will attack you with the North,' and these are the principles I carry with me in the workplace." - Michael Scott
'The Office'

"But then, nothing is easy."
- Santiago

Stay good, L-S. CDE.

Crystal Johnson

Thank you Papa, Mom, Dad, Malina, and Serina for always believing in me!

Lifes simple, you make choices and dont look back.

John- Thank you for standing by me through all the hard times. You mean the world to me. I Love You!

Sarah Johnson

"We can't choose the things that will happen to us, but we can choose the attitude we take toward anything that happens. Success or failure depends on your attitude."- Alfred A. Montapart

Mom, Dad, Erica and Nana, thank you all for your love and support!

Sybil Johnson

He is well paid that is well
satisfied;
And I, delivering you, am
satisfied
And therein do account mys
well paid:
My mind was never yet mo
mercenary.
I pray you, know me when
meet again:
I wish you well, and so I tak
my leave.
-William Shakespeare

Ryan Joyner

dont make a damn frigging difference whether youre in The Place or hiking up atterhorn, its all the same old void, boy.

~The Dharma Bums

Maya Kahn-Woods

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.
-Margaret Mead
Mom, Dad, and Eli - Thanks for the support, laughs, and love
To my friends, You put the happy in my ness
-Ben Harper
Congrats and good luck 07!

Lindsay Kaplan

"Do not go where the path may lead, go instead where there is no path and leave a trail."
~Ralph Waldo Emerson

Thank you Mom, Dad, Dan, and Ian, for all of the fun times, please don't turn my room into a gym. To all of my friends I love you, and will miss you all next year!

Perry Karn

"To live life is a rarity, most just experience it, that is all."
-Mark Twain

"Chill Buddy."
-Zahid

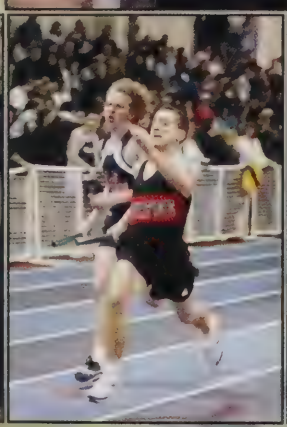
Christopher Keating	Marisa Keller	Daniel Klein	Larina Kleynerman
Beware of the small potatoes!!	We all take different paths but no matter where we go, we take a little of each other. Mom&Dad, Cant thank you enough, I love you always Steve, I always look up to you My friends, thanks for the memories. BG 18 yrs, K&J till the end We will be friends until forever, just you wait and see. SMACK.	Sometimes I wonder whether the world is being run by smart people who are putting us on, or by imbeciles who really mean it. -Mark Twain Life is so unlike theory. -Anthony Trollope If you obey all the rules, you miss all the fun -Katherine Hepburn If youre not part of the solution, youre part of the precipitate	Life is a rollercoaster we continue to ride. the track forking, but we'll always be bound. Trackies, frick, coac thanks for the run! Friends go into the world as one new forget what is now gone. Liz make me proud! Ilana focu work hard &achieve greatne Ill be cheering you on MDBalunDedul Iloveyou!

No mom, no old friends, no home, but they say college is the best time of our lives!

I am excited about going to college because I will finally get to take the classes that truly interest me. I am not excited for all of those drunken fools all the time. That can get annoying. -Ali Smith

We think that college will be a fun experience. It shows we are becoming adults and be trusted with an adult lifestyle, which is something that we look forward to. We expect there will be more challenges, but we'll also have a more enjoyable time. Although most people think college is about partying...Yeah we feel the same way. - Mike Wilson & Brandon Blake

We're really excited to branch out and meet a new people (aka lots of hot chicks). We're excited to become much more independent. Although We're going to misseveryone at LS, we're ready to experience college. -Emily Taylor & Teddy Meeks



Aileen Kline

ter all, tomorrow is another day." -Scarlett O'Hara

)...To those I couldn't have one this without, I love you nore then you can imagine. L I thought I was the only 1 PPs you're my home away from home
P thank you for your faith in ne & constant support-love ou. LaurLes&Oli you're my inspiration, ilu...7

Kendra Koop

The best is yet to come,
And wont that be fine.
You think youve seen the sun,
But you aint seen it shine.
-Frank Sinatra

M, D, L, B, I love my home.
From Barbies to Boys, love you
Lou
Girls, Till death do us part
Seaney, To the moon and back

Katherine Kraemer

Life leads us to many places, but true friendship always remains.
Thanks to my friends whove been there. Luv you guys!
Mom, Dad- Thanks for always pushing me to do better. Love you both
Peter- Treasure every moment, it goes by fast.
Im only trying to live, but I dont want to say goodbye.
SMACK

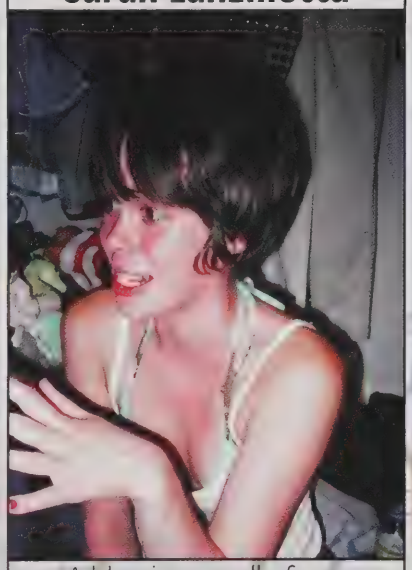
Elisa Kramer

"You don't find yourself,
You CREATE yourself"
Mom Dad I lov u so much.
Thanx u so much 4 always putting up w/ me and 4 always encouraging me to bring the best out of me.
Cara u r teh best sister anyone could ask 4. I know i can always count on u to help me carry my big stufted bear across the house.

Belinda LaCombe

A day without laughter is a day wasted, I am FINALLY out of high school. Im glad that I was able to overcome the many challenges of high school and how it made me who I am today. Firstly I want to thank GOD, parental units,my sisters,Ralph,Rose,Farrah, the church crew,SP,CM,NF,AF,GW,CD,CJ,TW,KE 07 Boys

Sarah Lanzillotta



. A blessing on all of your heads: may you be happy, healthy, loved, and may your hearts lead you to great adventure and valuable wisdom. Remember to floss, carry a whistle, and don't drink too much haterade.

Carolyn LaRow

Life to you is a dashing and bold adventure.
-fortune cookie

Thanks for everything, Mom and Dad. Eric, Whitney, and Victoria, thanks for always being silly with me. I love you guys!

Girls, thanks for the endless memories it has been unforgettable.

Jackie Laurendeau

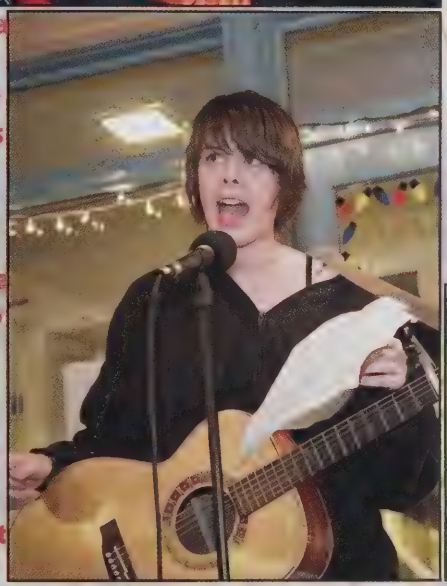
What we do in life, echoes
eternity.
Thanks Mom, Dad, Mallory, a
Caroline. I love all of you.
ATKI for life
To the 07 LadiesAlways.
L-S Golf, Basketball, Baseba
Day.Every Day.Early.Men, i
been an honor and privileg
Every man dies, not every m
really lives.
Live it up 07

Senior year has been one of those roller coaster rides you really have to hold on to, but you never want to end. I wish there was a better metaphor, but seriously. I think it has lived up to my expectations. The class of 2007 has really come together well, and since we all want to have a good time, we do. In a way it makes the first three years of high school all worth it.
- Ben Silton

Has senior year really been all it was cracked up to be?

So far I've had mixed feelings about senior year. There has been a ton of work including college applications, but there has also been a lot of free time, so it kind of evens out. All of the like themed days have been lots of fun and have seemed to really bring the grade together. Senior dress up day was amazing. So all in all, it's been a pretty good year! -Marisa Keller

or year is definitely a
t experience, and it
ry different than the
r years you spend as
gh school student.
g a senior at LS has
y benefits like a
culous amount of free
ks and being able to
elop lasting
ndships. However,
or year also goes by
fastest which is why
need to make sure
appreciate it while it
. - Ian Russell



Second semester senior year...come on, what's not to love? Its the most fun I have ever had in this school and I don't want it to end!

Brittany Lawless

nd ill stay with you the walls
will fall before we do"
om Dad and Hannie: Thank
you for all your support, i
uldnt have made it without
you-ilu
When the skys the limit and
them haters cant get past
that."
For Sho
et by with a little help from
my friends-JS.AP

Kristen Leahy

The moments of happiness we enjoy take us by surprise. It is not that we seize them, but that they seize us.
Thank you, family and friends for all the laughs, love and support throughout the years. I love you all.
Just trust yourself, then you will know how to live.
Good luck 2007.

Jason Lee

It is one of the blessings of old friends that you can afford to be stupid with them.
-Ralph Waldo Emerson

Mom. Dad. Odelia. Victoria. Stephanie. Thank you.

Colin Leon

Christina Leonelli

Don't stop believing, hold onto that feeling...
Our laughs are LIMITLESS, our memories are COUNTLESS, and our friendship ENDLESS.
I love you guys!
AK I thought I was the only 1
Thank you Mom and Dad for everything you've done for me and for always believing in me! Thanks Gram, John, and Jared.
I love you all!

Alexander Levy

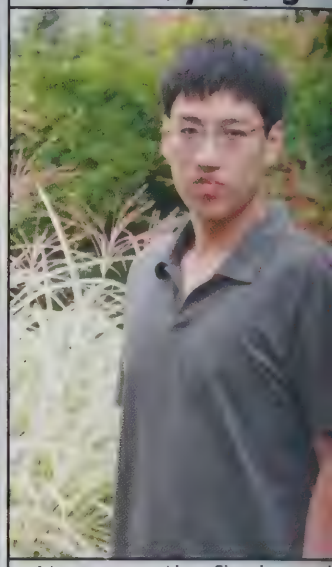
It is not for him to pride himself who loveth his own country, but rather for him who loveth the whole world. The earth is but one country and mankind its citizens.

-Bahá'u'lláh

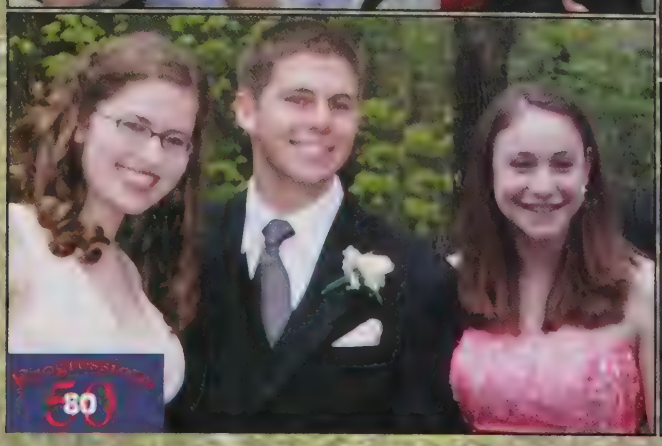
Anna Levy

Never regret your past because at one point,it was all you ever wanted
mom&dad-I couldnt ask for anything more
Lishies-your courage and strength drive me. I love you both. You mean the world to me
Memory is a way of holding onto the things you love, the things you are, the things you never want to lose

Andy Liang



Name me the final numb
the highest, the greates
But that's absurd! If th
number of numbers is inf
how can there be a fin
number?
Then how can you speak
final revolution? There is
final one.
Revolutions are infinite
- Yevgeny Zamyatin, W



Lauryn Libby

ck The World Right Off Its
et And Straight On To Its
d ~Red Hot Chili Peppers
n And Dad~ Thank You For
ways Believing in Me You
an The World To Me I Love
u Skip~ Youre My Whole
Vorld I Love You Forever
543~ Thank You For All My
atest Memories I Love You
orever Audrey ~I Love You
r Life Youre An Amazing
erson! Good Luck 07!

Jessica Lieberman

Accept people for what they are; for it's not the outside beauty, but what's inside that counts". "Graduating is saying goodbye to close friends, but in reality is saying hello to your future"
Thanks Mom & Dad for everything you have done to get me through school!
Class of 07, we made it!

Kevin Liu

"Success is not the key to happiness.
Happiness is the key to success.
If you love what you are doing, you will be successful."

Albert Schweitzer

Nicole Lombardo

The future belongs to those who believe in the beauty of their dreams.
Eleanor Roosevelt
Thanks Mom, Dad, and Michael for everything. I couldnt have done it
without you! To my friends thanks for all the great memories.
Chi cerca trova
Good Luck 07!

Kathleen Longo

Anyone who says that only sunshine brings happiness has never danced in the rain
Mom + Dad-i couldnt have done it without you
Patrick-i love you be good
Lizzy-im lucky to have you as my best friend
Sam-you mean more than youll ever know
Girls-you always kept me laughing j&n-always
veegeelove

Gregory Loucas

"Pain is temporary. It may last a minute, or an hour, or day, or a year, but eventually it will subside and something else will take its place. If I quit, however, it lasts forever."(L.A.) Daddy-O and Mom, thanks for making me who I am. I love you. Dana-Good Luck with everything and thanks for all of the great memories, RHCP 4EVER...

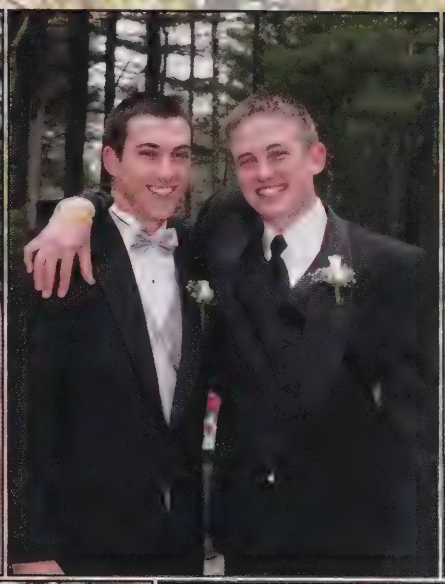
Connie Lu

Say, Pooh, why aren'tyou busy? Because it's a nice day
But you could be doing something Important
I am Oh? Doing what?
Listening Listening to what?
To the birds.And that squirrel.
What are they saying?
That it's a nice day
But you know that already
Yes,but it's always good to hear that somebody else thinks so,too xxx/xoxo

Sophia Lufkin

Take it easy, take it easy
Don't let the sound of yo
own wheels
Drive you crazy
Lighten up while you still c
Don't even try to understa
Just find a place to make y
stand
And take it easy...
-The Eagles
Good luck everyone!

-f5love-



Malena Lund

esn't make sense not to live for fun."

Mom and Dad, tak for alt. ed Master, it's over before you know it. Have fun. all my friends, "Memories a way of holding on to the ngs you never want to lose." Keep Smiling. I love you.

Smack.

Peter Lynch

I know nothing except the fact of my ignorance. - http://en.wikiquote.org/wiki/Socrates

Emily I love you. Mom you care more than anyone else. I am truly going to miss all of you. Ive had a good time so far and I see no reason to stop now. Peace.

Chelsea Lynn

"The only limit to our realization of tomorrow will be our doubts of today"-FDR

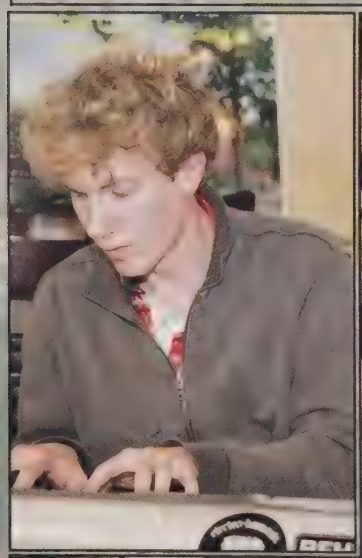
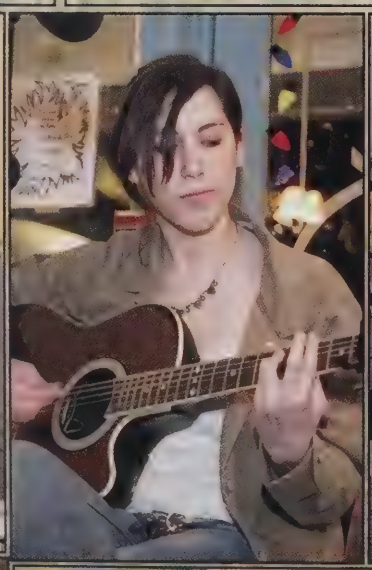
To Geoff- SPLUNGE. Don't have too much fun without me.

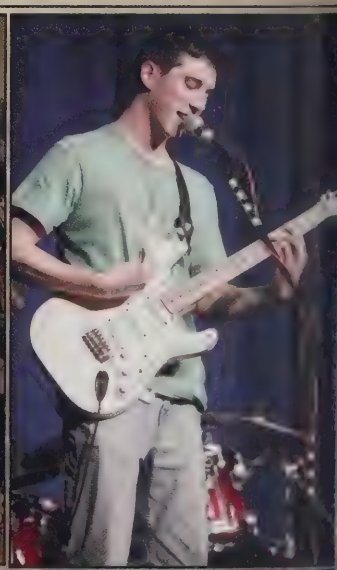
To my friends (you know who you are)- I hope I was as good a friend to you as you were to me.

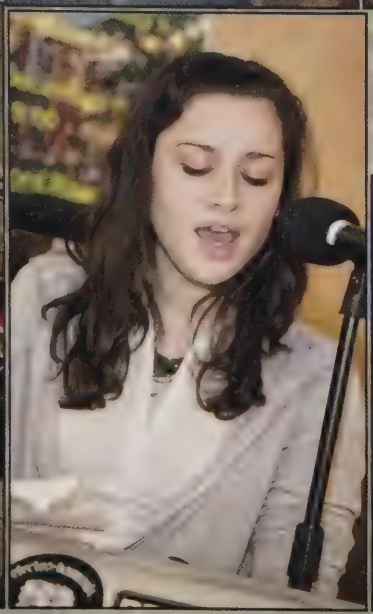
To Mom and Dad- I love you, and thanks for everything.

Noah MacNeil

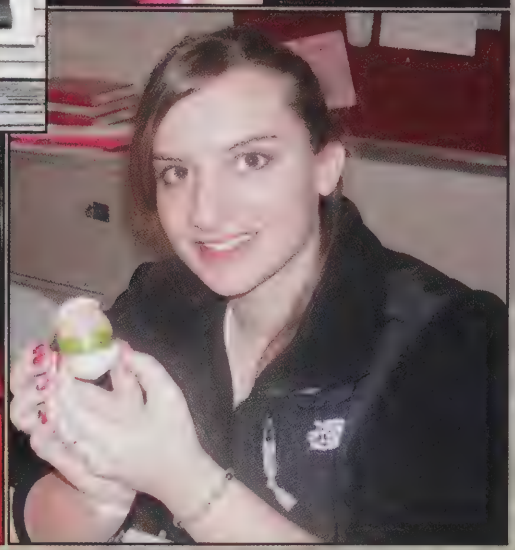
Jennifer Macone	Andrew MacRobert	David Maloy	Joseph Marcelynas
Keep your eye on the ball, run like hell, play to win, get up when you fall. Dont say nothin that you cant take back, never do anything you might regret and be hard on yourself, I, tryin -TA Thanks Mom, Dad, Jesse, Sarah, & Molly. I Love You! Im right where I need to be, MJF	"Do you want to take this online?"		





We brewed the musical flavor!



Elizabeth Marini

s never too late to be what you might have been"
-Unknown
e minute you settle for less than you deserve,
ou get even less than you settled for. "
- Maureen Dowd

ank you Mom, Dad, and GO.
uldn't have done it without you.

Michael Marolda

Thanks Mom, Dad, Rae & Max for your support during the past four years. I could not have done it alone.
Good Luck 2007

"I am the master of my fate; I am the captain of my soul."

George Massey

Vanessa Matos

Vice, virtue. It's best not to be too moral. You cheat yourself out of too much life. Aim above morality. If you apply that to life, then you're bound to live life fully.
-'Harold and Maude'
Mom, Dad, Ellie, thanks for everything. Friends and trackies, thanks for the good times. Good luck 07!

Catherine Matthews

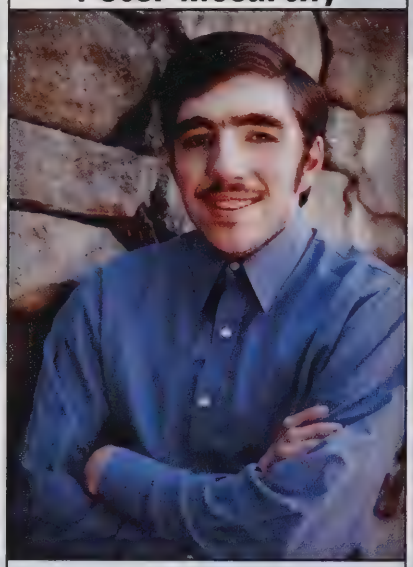
We have barely disembarked into life, that weve only just now been born, lets not fill our mouths with so many sad labels, with so many pompous letters, with so much yours and mine. I intend to confuse things, intermingle them until the light of the world has the unity of the ocean.
-Pablo Neruda

Ryan McCann

"Celebrate we will for life is short, but sweet for certain." - DMB

Mom, Dad, Brendan, Jim, Anthony Greg, thanks for always being there.
To all my friends, you know who you are, thanks for all the good times.

Peter McCarthy



Michael McCormic

Whatever you be, be a go
one-Abraham Lincoln

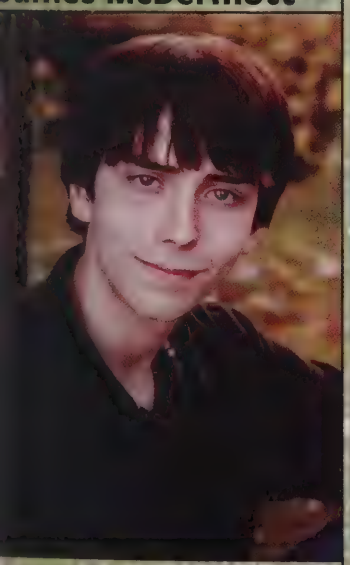
Take what you can from y
dreams, make them real
anything-Dave Matthew

To all my family, teachers
coaches, and friends, than
for all the memories

-Godspeed

Italy '07

James McDermott



Kelly McDermott

Nothing you love is ever lost
Things, people, they always go
away sooner or later
You can't hold them anymore
than you can hold moonlight.

Luv u Mum, Dad, Tom and
Chris

Patrick McGuire

"Everybody wants to go to
heaven, but
nobody wants to die."

Cherrell McKoy

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous? Actually, who are you not to be? -Marianne Williamson. 2 my ladies Shanae, Tida, Giselle, and Nia. 2 my fam blood is thicker than water.

Alison McLellan

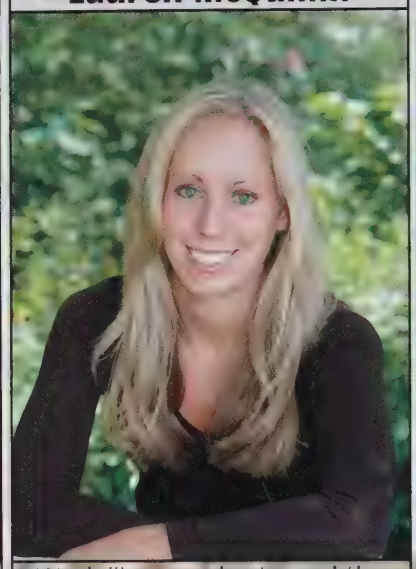
Reality is all around you; its the best reality show.
~311

Mum, Dad, Didi, Andrew: Thanks for everything.
Ace, Wheeze, Nails: Thanks for being the best friends I could have asked for.
Accent: for life. There is nothing more than a cappella.
LDK, we'll Love you forever.

Megan McPhee

'I'm so glad that you finally made it here. With the things you know now that only time can tell Looking back, seeing far, landing right where we are And oh, aren't we aging well?'
-Dar Williams
Countless thanks to the extraordinary people who have helped me on my journey. I can never thank you enough.

Lauren McQuillin



Work like you dont need the money, love like youve never been hurt, dance like nobodys watching.
Thanks m&d&boo for all your support. I love you all.

Good friends are hard to find,harder to leave and impossible to forget.
Thanks for making the journey worthwhile 07.LY CGs.Its more than a feeling<3

Theodore Meeks

I wasn't like every other ki
you know, who dreams abo
being an astronaut, I was
always more interested in w
bark was made out of. Do
know what I'm doing toda
No. But I'm here, and I'm
gonna give it my best sho
Game of inches
Thank you M+D and E+A f
breaking them in.
Live the Dream

As graduation approaches...

When I think about graduation, I feel completely mixed emotions. I'm really excited about going to college and getting out of Sudbury. I've loved growing up here but I'm ready to leave and see the world. College will be full of new experiences and surprises, and I'm ready to see it all. It will be hard to leave the friends I've grown up with since preschool - Samantha Abrams

Graduating is both sad and exciting. It's tough knowing you're leaving friends and teachers behind you've been with for so long. Its sad leaving the town you grew up in that's always going to be a part of you. However, I welcome the new opportunities that come with graduation. Foce. -Ryan Fitzgerald

Sarah Mele

Melissa Metz

To love is to risk not being loved in return
To hope is to risk pain. To try is to risk failure
but risk must be taken b/c the greatest hazard in life is to risk nothing
M+D.M.D.D-Id be lost w/o your guidance
J & CGs thanks for the laughs- its more than a feeling
Congrats 07- It went by all too fast

Brian Meyers

LS Hockey 07

Thanks to all my friends and family for all the years, and years to come

Unless we share with each other we gotta start making changes

Good Luck 07

Cara Migliozzi

This is the end of the innocence. Who knows how long this will last. Now we've come so far, so fast. But, somewhere back there in the dust, That same small town in each of us.
-Don Henley
Mom, Dad, Matt, Grace & Mimi,
Thank you for everything;
I love you all.
Girls, you've made it all worthwhile.

Audrey Miller

"Security is mostly a superstition.It does not exist in nature.Life is either a daring adventure or nothing"
-Helen Keller.
Class of '07:I wish you all very adventurous lives.Thank you to all who inspire me: teachers,family,friends, I love you all.
Thanks for the run Frack.

Christopher Miller

Matthew Miller

Change is the law of life. Those who look only to the past or present are certain to miss the future. -JFK
Mom and Dad, thanks for always being there, I love you Dana, my doors always open. Nate, youve taught me more than you know. Guys, thanks for making this so fun.
LS BBall and Baseball
ATKI
Good Luck 07

Matthew Mills

We see things not as they a
but as we are Just want t
thank friends, teammates
classmates, Mom, Dad and D
Couldn't have done it witho
you guys and all your suppo
Good Luck Class of 07 and h
remember to have fun!

Hannah Mode

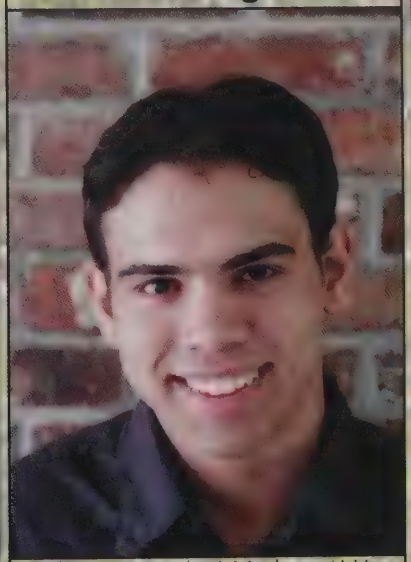
e humble for you are made earth. Be noble for you are made of stars."
-Serbian Proverb
To my amazing family and riends: Thank you for your onstant love, support, and guidance...
'here is no remedy for love but to love more.
-Henry David Thoreau

Love you always.

Dominic Morando

the only people for me are the mad ones, the ones who are mad to live, mad to talk, mad to be saved, desirous of everything at the same time, the ones who never yawn or say a commonplace thing, but burn, burn, burn like fabulous yellow roman candles exploding like spiders across the stars
-Jack Kerouac

Lee Morgan



My heart, reader! My heart! You must comprehend quickly, if you are to comprehend at all, that those masks were not assumed to hide my face, but to hide my heart from my mind, and my mind from my heart. Understand it now, because I may not live to end the chapter!

Sarah Morse

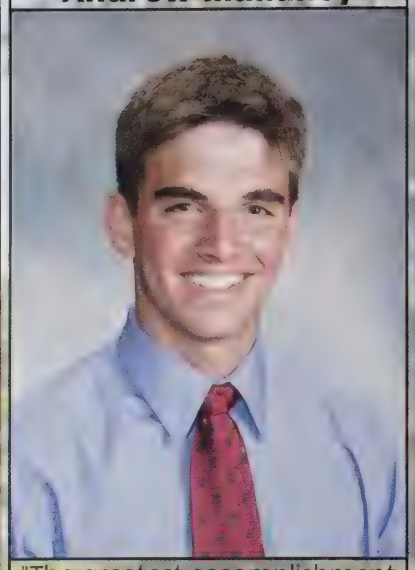
"You have to live spherically in many directions. Never lose your childish enthusiasm, and things will come your way" - 'Under the Tuscan Sun'
Mom, Dad, Matt: thank you for all your love and support
Girls, thank you for all the unforgettable moments I would be lost without you<3
Good Luck 07

Krysten Muldoon

Forget what life used to be,
You are what you choose to be,
It's whatever it is you see, That life will become
-Jackson Browne

Mom, Dad, Mike- Love Ya.
Words cant describe my appreciation for everything.
My friends- Thanks for the laughs & memories.
Good Luck 07!

Andrew Mullaney



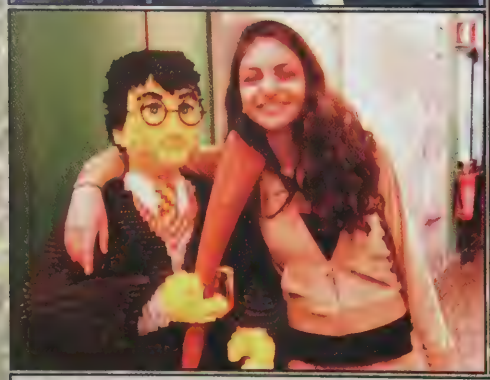
"The greatest accomplishment is not in never falling, but in rising again after you fall."
-Vince Lombardi
Thanks Mom & Dad for your support!
Erin & Kara, you are the best sisters I could ask for. I love you.
Thanks to my friends for the great memories.
Class of 07, its been a blast!
LS Baseball & Soccer

Divya Munjal

Things don't go wrong and break your heart so you can become bitter and give up. They happen to break you down and build you up so you can be all that you were intended to be.
M+D, Neha, Gaurav-your love,support&guidance have kept me going. Mad love to those who have stuck by me through thick&thin.CC,BT,SA,KL-

Jacob Nee

Everyone gets knocked do
but the tough get up. I kn
victory comes not from be
the fastest or strongest, b
the refusal to fail.
I would like to thank all of
friends for always being th
and most of all Ide like to th
my parents for helping me
find the light...
BEANO!



Jonathan Nichols

hy does everyone always gotta hate on Nico?

Justin Nicholson

I firmly believe that any mans finest hour, the greatest fulfillment of all that he holds dear, is the moment when he has worked his heart out in a good cause and lies exhausted on the field of battle-victorious.
Vince Lombardi
Thanks Mom, Dad, and Jared for all your love and support.
Blackshirts #47, LS Wrestling,
I AM A SON

Anne Niemi

Living is easy with eyes closed, misunderstanding all you see. Its getting hard to be someone but it all works out.
-John Lennon

Thank you Mom, Dad, Matt, and Aubyn for your loving support

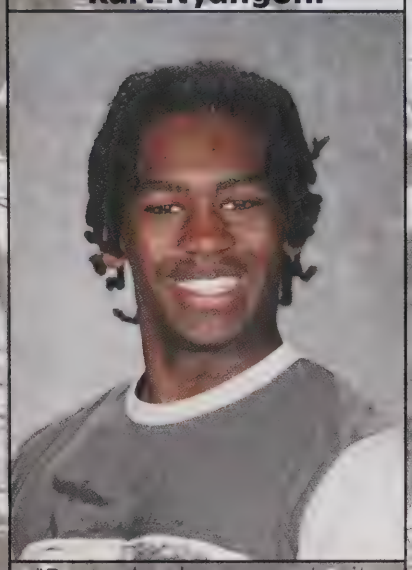
My friends, I couldnt have asked for more remarkable memories. Its been epic.

Laura Noce

Whatever tomorrow brings, I'll be there, with open arms and open eyes"
Mom, Dad, E: You lifted me up when I couldn't reach
J-YES: not in front, or behind, but next to meSUPERSTAR!
Michael: favorite sponsor

SHere's to the tears you knew you'd cry...M

Karl Nyangoni



"Be ready when opportunity comes...Luck is the time when preparation and opportunity meet."
-Roy D. Chapin, Jr

Leslie O'Bray

"Joe, how does it make you feel to know that our host only yesterday may have made more money than 'Catch-22' has earned in its entire history?"
Joe said, "I've got something he can never have."
I said, "What on earth could that be, Joe?"
And Joe said, "The knowledge that I've got enough."

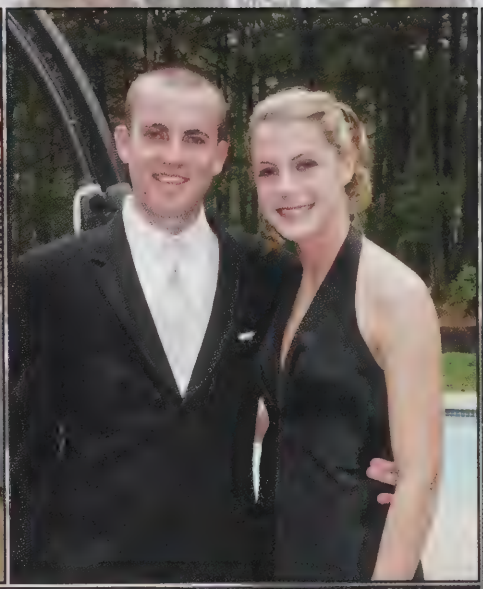
William O'Brien

Life is one big road. So when you riding through the ruts, don't complicate your mind. Don't bury your thoughts, put your visions to reality . Wake up and live! -Bob Marley
Celebrate, we will for life is short, but sweet for certain.
-DMB
Fight Crime forever!

Good times, for sure
Peace

Anna O'Connor

"Time is a gift, given to yo given to give you the time need, the time you need have the time of your lif - Tock the Watch Dog"
"I'm living in the moment the friends I love", thanks all those moments "
To Mom, Dad, Caroline, a Owen: I couldn't have don without you.



Clarissa Odence

is hard to fail, but it is worse never to have tried to ceed." -Theodore Roosevelt m&Dad - Thanks for always ing there! Love you Char - anks for being an awesome sister. Take it easy on the parents while Im gone! rls - So many good times! I ill miss you <3 JSR Veegee 19 Love the game and it will love you
Good Luck 07

Rachel Oldfield

To laugh often and much;...to appreciate beauty, to find the best in others;to know even one life has breathed easier because you have lived.
This is to have succeeded.
-Ralph Waldo Emerson
If youre careful enough, nothing bad or good will ever happen to you.
-Ashleigh Brilliant

ff<3

Jason Orlando

"It's lack of faith that makes people afraid of meeting challenges, and I believe in myself."
Muhammad Ali

Brush Your Shoulders Off
Broseph

Stefan Ostar

Kayla Oteri

You have brains in your head
You have feet in your shoes
You can steer yourself any direction you choose Youre on your own And you know what you know And you are the one wholl decide where to go
-Dr. Seuss
CGs-ILY all so much, keep smiling!
Thanks M, D, & R for all your love and support
Good Luck 07!

Amanda Padellaro

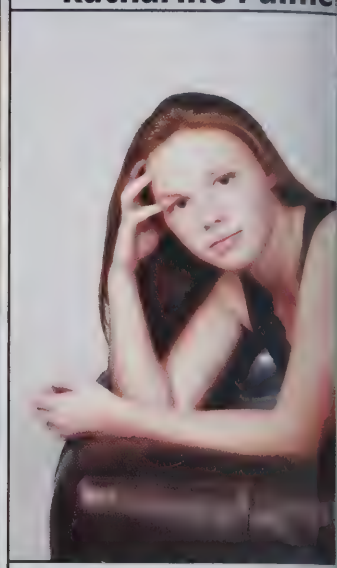
"So take these words
And sing out loud
Cuz everyone is forgiven now
Cuz tonight's the night the world begins again"

mom&dad-thanks for your love and support
"i get by with a little help from my friends"
J.S.&B.L.
B.A.N

Christopher Painter

In heaven, everything is fine.
In heaven, everything is fine.
You've got your good things, and I've got mine.

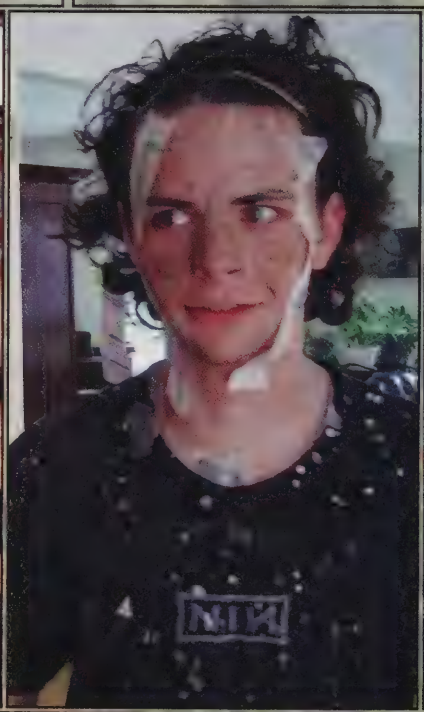
Katharine Palme

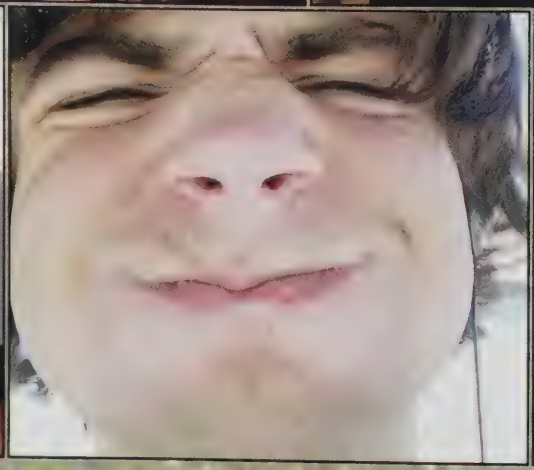


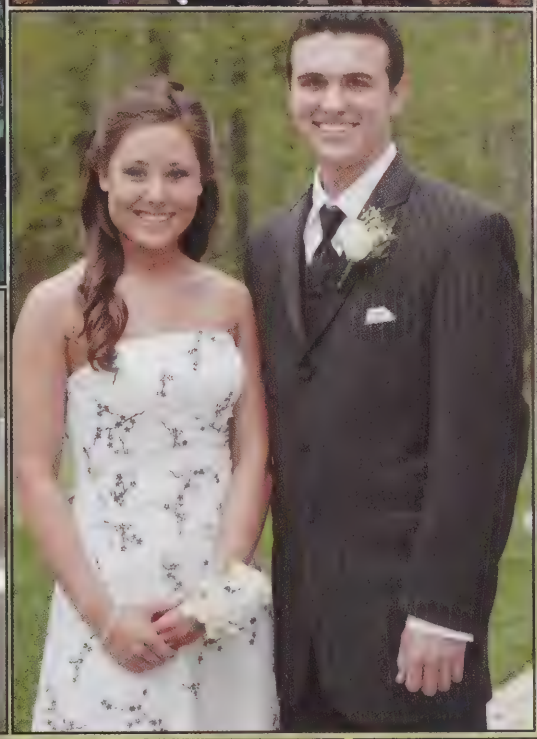
Every new beginning con
from some other beginni
end.

Thank you M, D, K, C, W fo
the love and laughter you
given me, ETWOL. To m
friends: thanks for being a
of my life. Good luck until
meet again.

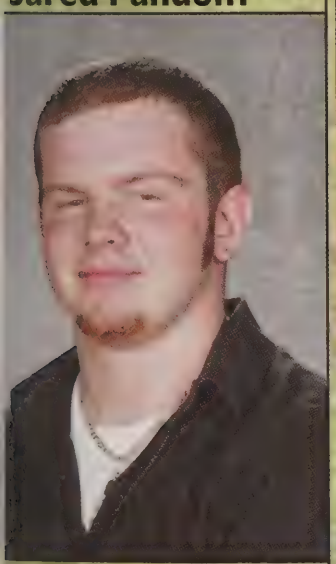
TW for Life







Jared Pandolfi



Benjamin Papapietro

"Remember, today is the tomorrow you worried about yesterday."
-Dale Carnegie

Eric Parker

I embrace my desire to feel the rhythm, to feel connected enough to step aside and weep like a widow to feel inspired, to fathom the power, to witness the beauty, to bathe in the fountain, to swing on the spiral of our divinity and still be a human.
- Tool (Lateralus)

Thank you all for putting up with me.

Eric Pennington

Sacrifice the General Gau's

Jonathan Pereira

Anyone can succeed in life; it just depends on your drive
Dad,Mom,Dan,Nick- Thank you for always being there for me,I couldnt have done it without you guys. I love you all.
JB-Thank you for everything,ily.
To my friends you guys are awesome.
ATKI,every weekend was amazing.Its been real.
Good Luck 07

Jordan Perkins

"Yeah, but when we're1stborn, uknow, we're our own person but soon after uknow, when we start to learn/we learn from parents/we start to go to school, we really, quickly start to getaway from ourselves. I mean, ucan't really go thru any structured teaching, uh, learning establishment with own ideas. Uknow, u're always taught to fit in. But what r we fitting into?-VLW

Jessica Perry

"I hope you always forgive and you never regret, and you help somebody every chance you get-you find God's grace, in every mistake, and you always give more than you take."
M+D,Matt,Cass,Al--I can't thank you enough+I cudn't love you more.
KH+ET:you made me fall in love
Good Luck '07!
carpe diem

Robert Pessolano

"Red and black antenna waving, we all do it the sa
we all do it the same wa
-DMB
Thanks to my boys for kee
it real, my good baby for b
there for me, my brothers
showing me the way an
especially my
parents,
for everything.
"No matter where you a
there you go."-LC

Elena Petkolicheva

Success is the ability to go from one failure to another with no loss of enthusiasm.

Mamo & Chris, thanks for always believing in me.

Caitlin Petrone

"I think I know, I don't think I know, I don't think I think I know, I don't think I think." - Ed (Cowboy Bebop) "A sinner once passed away will never return, but the sins will never vanish and the love will never die." -Les Soldats (Noir)
(In loving memory of Meghan McKormic, 12/6/89-12/2/06)
Thanks to everyone who helped me through my High School career!

Brittany Phillips

"A little taste of the good life,whether right or wrong makes us wanna stay for a while." *DMB*
MDM:Thx for always being there. Love you!
Friends-you are the reason I am who I am. I will love u all forever,thx for the laughs.
D-"another perfect wonder where it's so white as snow."
Love my CG
TuSabes '07

Shanae Pierce

Imperfection is inherited, therfore we all sin, but fighting the war of sin is the greatest war of all b/c we all die in the end no matter how hard we try. - Tupac
2 the 1s who helped me most my Mom and Nana. I wanna show sum luv to my 07 ppl, my baby Keese, my ladies, Cherrell, Giggles, and Tida, and 2 the 1 who helped me make it through, Mrs.Notaro.

Natalie Piercey

Mom, Dad, and Graham, Thank you so much for everything.
I couldn't have asked for anything better.
I love you.

KL&JB, Amazing.
Girls, You're unforgettable.
LS 07, Spending the last 12 years with you has been incredible.

Good Luck '07

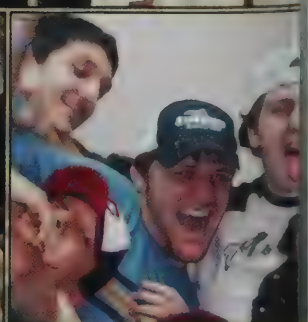
Sean Pike

Regrets, Ive had a few
But then again, too few to mention.
I did what I had to do
I did it my way.
Thanks M,D,S,D for putting up with me Dylan you will always be my LIL bro
Hey Broseph and son
kk ur my girl
Koops couldnt have asked for more
LS Football BLACKSHIRTS 06 #57

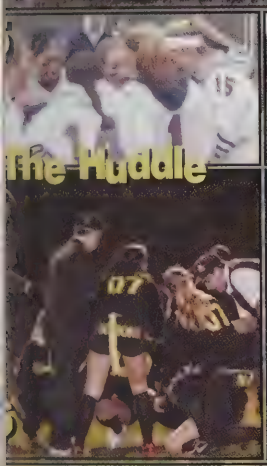
Justin Piscopo

Michael Pithis

I don't care if it hurts I wan
have control I want a perf
body I want a perfect sc
I want you to notice when
not around
You're so friggin specia
I wish I was special
But I'm a creep
I'm a weirdo
What the hell I'm doing he
don't belong here
Thanks NP, CP, AP,GP ar
friends



owder Puff!


The Huddle

The Coaches

The Game

"Powder puff for me was an absolutely AMAZING experience! All the senior girls really came together and proved how sick 07 really is. We all practiced so hard with the boys, and they were great coaches. In the locker room we all got each other pumped up for the game ahead and knew we had to win. When we got out there everyone cheered each other on. It was the first time that all the 07 girls really came together. Winning the game was so clutch for 07 and set a great path for the rest of senior year!" -Brittany Lawless, Running Back

Parrish Polk

Matthew Pollock

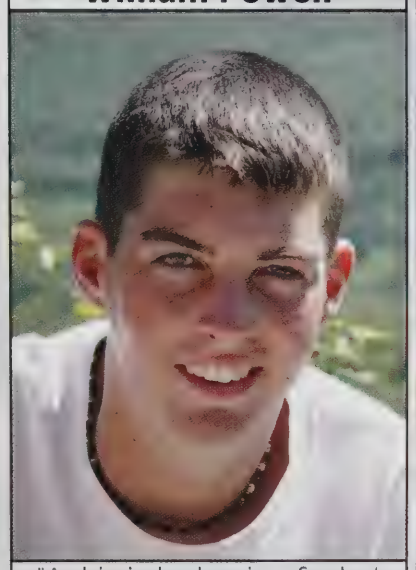
Elizabeth Porter

Think Pink

Timothy Porter

Thank you D, M, K and M for all your love and support through the years. RR 7363328
"It's not your blue blood, your pedigree or your college degree. It's what you do with your life that counts."
LS Rugby LS Football
Big Boys on Top. "Only those who dare to fail greatly can ever achieve greatly."

William Powell



"A ship in harbor is safe- but that is not what ships are for."
-Shedd*

Mom, Dad, Charlie, Casey, and Elizabeth thank you for the support and putting up with me all these years. And all my friends, thanks for the memories...

Michaela Precourt

"not crazy, knock on wood, just a little misunderstood"
- barenaked ladies

Thanks Mom, and Dad, and Harry for being there for me

Lauren Prince

In the day of prosperity be joyful, and in the day of adversity consider;
God has made the one as well as the other
Ecclesiastes 7:14
Mom and Dad: Youve made me who I am. Thank you for the love and support
Jota pay: Youre my best friend
Annie, Alex, Anne: Do I even need to say it
Good Luck + Congrats 07

Ashley Pruitt

"Wisdom is knowing what do next; virtue is doing it

-David Star Jordan, The Philosophy of Despair

Girls-its been a blast, love
Good luck class of 07!

ere Did e Last ur Years Go!?

"Freshman and Sophmore years went by so quickly because there was alot less pressure and it was much easier to have fun, but junior year/first half of senior year felt like they were never going to end due to the added stress of SATs and college applications. My four years at LS were enjoyable, but I am very excited and ready to move on in life and go to college." -Remy Weinberger

"As underclassmen, we couldn't wait to get into college and out of LS. Now that we are in college and have to face leaving, we want to eat our words and wish it hadn't gone by so quickly. Why we were wishing to leave baffles us and we can't believe the time has flown by as quickly as we hoped it would." -Natalie Piercey

"These four years went by mad quick. I can still remember the first day I entered the old buildin'... I was mad excited to be in high school. Then as the years went on, I was glad to be off this real quick... Now that I'm a senior, I'm goin' to miss the good ole days..." -Giselle Williams

Nathaniel Putnam

man is a success if he gets in the morning and goes to ed at night and in between oes what he wants to do."
-Bob Dylan

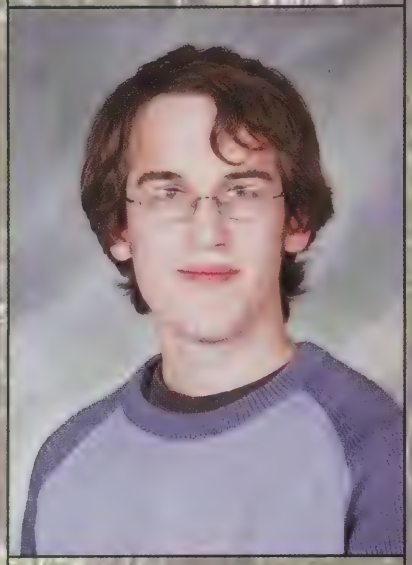
Samantha Quint

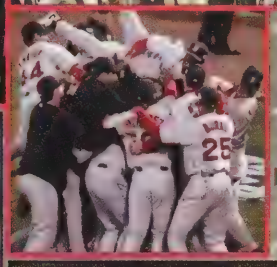
"If you will it, it is no dream" -- Herzl
M&D: thx 4 your love & support over the past 18 years, loveyou
A&M: thx 4 being there 4 me, much love
To my friends: thx 4 the good times, its been real I'm gonna miss you all.
"The most wasted of all days is one without laughter"
-e.e. cummings
Good luck '07

Jennifer Quirk

John Quirk

Sometimes you're flush and sometimes you're bust, and when you're up, it's never as good as it seems, and when you're down, you never think you'll be up again, but life goes on
(Blow 2001).

Nicholas Rader	Peter Ralli	Andrew Reich	Jonathan Remmer
			
It was a great four years, thanks to everybody who made it fun and good luck to everyone in the next four years peace		We make a living by what we get, we make a life by what we give -Sir Winston Churchill Dad/Mom thanx for all the love/support along the way Mike thanx for being a great role model I couldnt have made it without you 3 Friends and class of 2007 thanx for all the great times LS Football MSMD -Moose	"Now faith is being sure of what we hope for and cert of what we do not see" -Hebrews 11:1



Our 4 Years in LS were some of the greatest for Boston sports- We racked in 3 Superbowl Rings and World Series Championship Title

"Ok we WON the WORLD SERIES in 04- proof that money can't buy you a championship ring, Steinbrenner. Yea greatest comeback in baseball history, against Jeter and A-Rod and Evil Empire- it doesn't get much better than that. And how could we forget the Patriots, 3 Superbowl Victories in 4 years. Dynasty? I think so." -Maddie Rimpas

"We're spoiled: we root for the best football team of the decade and perennially get our hearts crushed by the greatest sports rivalry of the century in the Sox vs. Yanks. What more could you ask for?" -Jason Lee

Derek Richards

hanks mom and dad for all your support over the irs. I could not have done it without you.
Wish me luck in college.

Jane Ricker

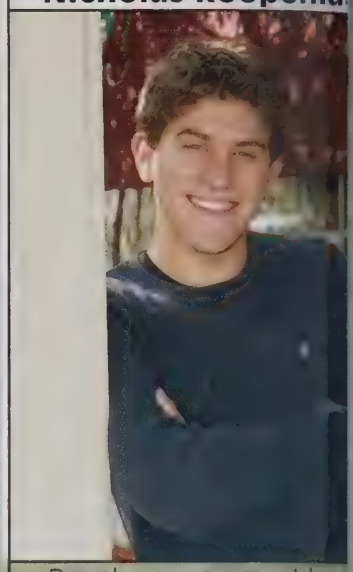
"Life gives us brief moments but sometimes in those brief moments we get memories that last a lifetime."
Mom,Dad,Liz,and Alex- couldn't have done it
without you, I love you
Girls-thanks for always making me smile
NJC-you mean the world
Jaclyn-since forever
LSVG '06-love you girls
Good Luck '07

Madeleine Rimpas

Were gonna be so far gone, Some place we aint never been before, Find a new favorite song, Well end up right where we belong
JM
Mom&Dad.. thanks for everything, I love you so much
Oompa.. thanks for always making me laugh, Ill miss you bud
[[last touch]]
PopPop.. this is all for you <3

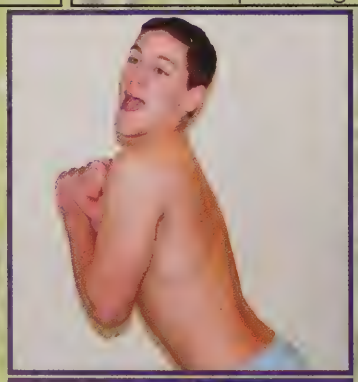
James Roach

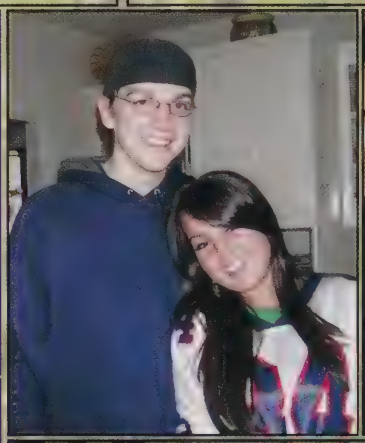
"Oh, thank you, thank you, thank you."...It all depends on how you look at it.

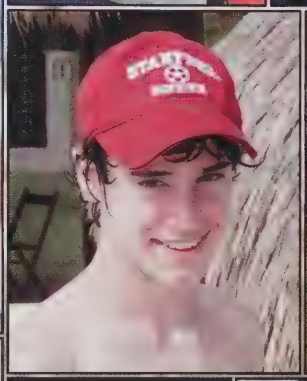
Molly Roderick	Audrey Rogers	Michael Ronner	Nicholas Roopenia
			
A trustworthy friend that will always be there for me Ive always wished for. Meeting you let this wish come true. I will take with me our fond memories and cherish them forever. Youve filled my heart with love, strength and courage. I will never forget you Tracie, youve saved my life.	Wherever you go, go with all your heart. m~youre my rock, I could not have made it w/o you! ily.d~you make me laugh harder than anyone can! ily.k~keep balllinn.ily.t&j~youre the perfect family. ll~youre my bff and I love you for life! ll.es.cj.mm.bs.mw.mp. Keep rockin! We did it 07! Keep smiling!		People say you must hav been the class clown And I No I wasn't. But I sat next the class clown and I studi him.Thanks to mom pops a L&B. To the fellas for keep my head straight.Always remember to take care of teeth then everything else just fall into place.FGAC SwOoPaStYLE!

Swimsuit Edition?

SWIMSUIT Edition? Who needs that crap when you have your own personal copy of the Men of the 7AM Club Crew Calendar. With their stunning good looks and dazzling smiles, these models have ushered in a new era of Hot. The idea, conceived in the minds of some of the 7AMs finest, started off with the intent to fund the purchase of new equipment for the Fitness Center. Along the road to completion, pictures were taken, reputations sullied, and teenagers exploited. After much hard labor, the end product speaks for itself. The proceeds have been confiscated due to numerous rule violations by the Club. The profits were re-directed and have been used to adopt a goat.







Rebecca Rose

orite people favorite places
orite memories of the past;
se are the joys of a lifetime,
ese are the things that last
<3
VB#7: TFTW ALWAYS 60-0
it's cold outside, show the
vorld the warmth of your
smile!
&D thanks for everything; J
/-dont grow up too fast; T
736
Goodluck LS 07

James Rowell

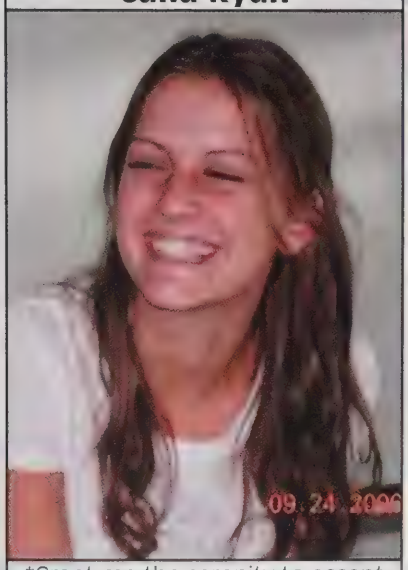
Ian Russell

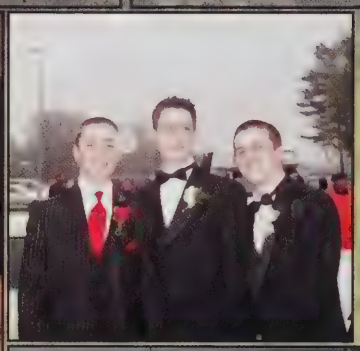
"The best thing about the
future is that it comes only one
day at a time."
-Abraham Lincoln

Thanks Mom, Dad and Clay for
all of your support

Peter Ruymann

Pay no mind to taunts or
advances,
I'm gonna take my chances on
everyday,
Jump in the mud, Get your
hands filthy, Give it up,
Everyday
-DMB
Thanks Ma, Pa, G-Mom, Li, Mal.
ATKI

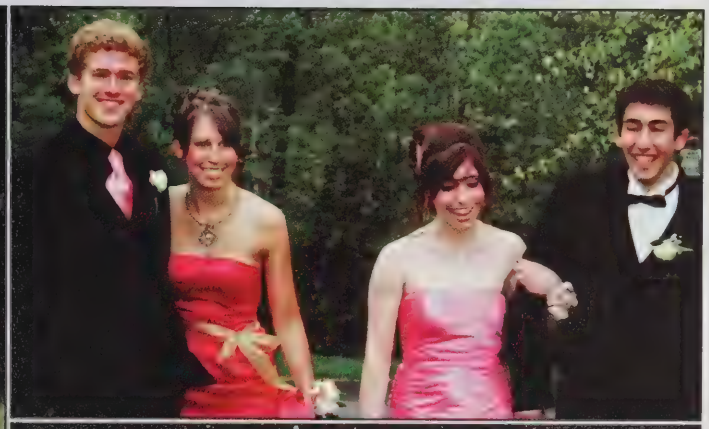
Caila Ryan	Erika Ryan	Jeremy Ryder	Rajan Santhamoorti
			
*Grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the differenceMom+Dad-I love u thanx for all uve done & for always supporting me*Jess-Ur the best sis,I love u-thanx for always lookin out*Loli-Excuse me while I kiss the sky weve been thru tons, love you much*Ray-I love you,baby-thank u for making me happy	Life is a matter of a miracle that is collected over time by moments flabbergasted to be in each others presence. Waking Life Fellow Adventurers-Oh, you know. Extreme love. Parents-One is roots, the other wings. Muchas gracias! Sarita-Almost twins, forever soulmates. Love you. B-Namaste. Easy as pie!		Oh my Gods



Why we think L-S is THE b High School in the Co

"L-S is a unique high school in that it takes risks. It takes risks by giving students freedom and control in areas that other high schools wouldn't dare to. As a result, students can take risks...and that's the best way to learn." -Anne Niemi

"My first high school was a dictatorship: we had to scan our everywhere we went and leav campus to get lunch was a cri that would earn you Saturda detention (mind you, this was i suburbs of NJ where nothin exciting or dangerous ever happened). Compared to that, L a haven. The students are so m more mature and prepared fo college than those from othe schools because L-S forces us take responsibility for our acti and allows us the kind of freed could only dream of at my o school."-Erika Ryan



Katherine Sauter

well may be that we will never meet again in this etime so let me say before ve part so much of me is ade of what I learned from ou you'll be with me like a andprint on my heart and w whatever way our stories end, I know you have re-ritten mine by being my end Thank you to everyone has helped me to get thus far in life! ~Kate~

Matthew Savit

The world is moving so fast these days that the man who says it cant be done is generally interrupted by somebody doing it.
Elbert Hubbard, June 1859

Thank you to everyone who was there for me along the way. MKS

Kevin Scanlan

Peter Schnorr

Mom and Dad, thank you for the love and support. Dan and Biz, you guys paved the way for me, I don't know what I would do without you. Football, amazing time boys. Bros and Vh I will never forget you...
"Burn out, don't rust."
Black Shirts #56

Daniel Schottenhamel

I dont understand me either, and I dont really intend to.

Amy Schultz

You need to let little things that would ordinarily bore you, suddenly thrill you.
-Andy Warhol

To my friends:
thank you for all of the laughs and love and chocolate- you made it all what it was!

Mom, Dad, and Adam:
thank you for being there through it all.

Ross Schultz

Life moves pretty fast. If you don't stop and look around once in a while, you could miss it.

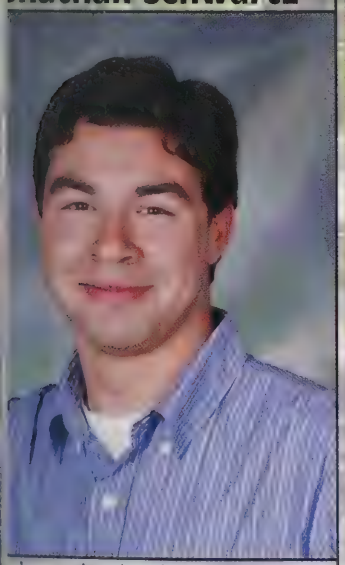
Daniel Schwartz

Remember When...

Dan Schwartz got up during dinner at junior prom and danced as Napoleon Dynamite...

Then, repea the performa on Senior D Up Da' front of whole sch

onathan Schwartz



u have brains in your head.
u have feet in your shoes.
u can steer yourself in any
ection you choose. You're
your own. And you know
hat you know. You are the
who'll decide where to go.
-Dr. Seuss

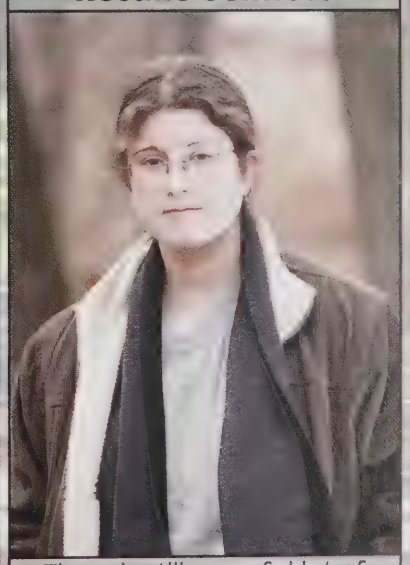
t's not how long you live,
how you live, and what you
leave behind." J.S.

Justine Selsing

"Instead of saying all of your goodbyes, let them know you realize that life goes fast, it's hard to make the good things last, you realize the sun doesn't go down it's just an illusion caused by the world spinning 'round."
thanks to my friends & family.
ff <3

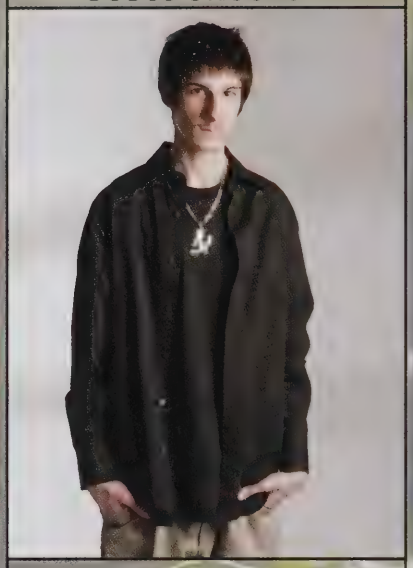
Sears Senior

Rosalie Sennett



There is still an awful lot of centripetal force on our planet.

- Dostoevsky

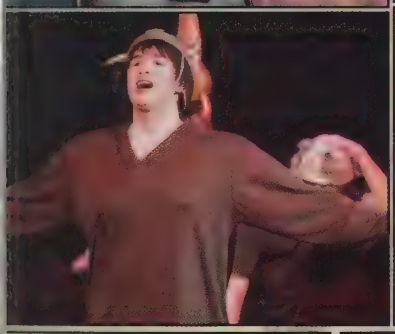
Marsay Seymour	Lauren Sharkey	Scott Sheehan	Benjamin Sheff
			
Im Gone Now On My Own Two Feet. Age 17 and Im The Best Yet, Now I Have Me, Myself, and I. Yeah Im A Triple Threat. Im out L.S. MH, KB-R, VY, GC, AT, ST, PP, MW, TT, VJ, JA	"This is it. Yeah, this is it. We are serious as sin. Tonight we cross the other bridge. Yeah, This is it. Tonight we drive, tonight we fly like butterflies. This is our time, this is our time." mom & dad, erin, sean & meg W.B.B.O.R.S.S.B.C.B. <3 W.F.J.P.N.S.D.S.T.B.S.K.N.N. raleigh fellahs		

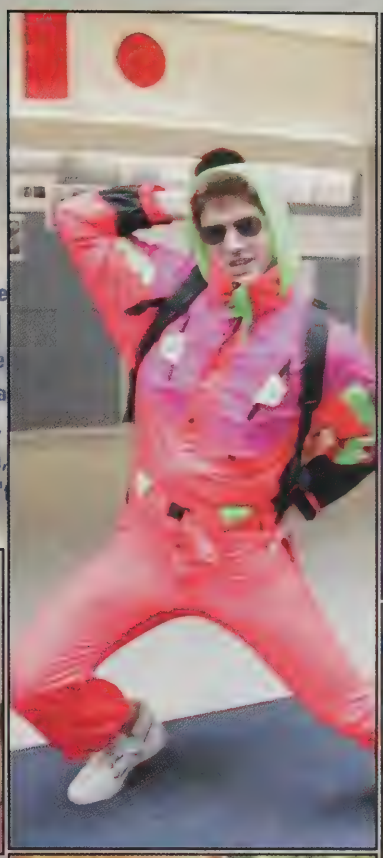
"I know that we're not exactly supposed to use our cell phones in class but its tempting and hard to resist. Some teachers hate it, and others don't mind and just tell you to put it away. But I use it all the time. It's kind of hard not to when its sitting right there with you." -Jenn Simpson

School Dances

st I was not fazed about the lack of school s, but after awhile I realized I almost miss Good thing we still have coffee houses!" - Abby Tatkow

eshmen, dances were a crucial part of our s' acceptance into LS. In the crowded, old a social boundaries between grades became te and, whether celebrating after a football r just relaxing after a long week, the whole partied together. This year there has been a ble lack of dances. The dance in December, g a spectacular win by the basketball team, ccess and many are wondering: why haven't there been more?" -Becca Falender





artha Shoemaker

ad your wings and fly away ne can hold you back now, w your heart, it knows the way.
ks to my family. JJ&J I love u, never give up & keep miling. Mom-you are so ng I love you. Friends-you made it fun thanks for everything
at boulevard will take me home <3
LiveLaugh&Love

Bryce Shulman

Mom, Dad, Kyle, friends. Thank you for helping me be the genuine person that I am today.
The lessons you have taught me are everlasting.
I don't know how I would have done it without you.
I love you all so much.

Great Success!

Alexandra Siegel

So be sure when you step.
Step with care and great tact
and remember that
life's a Great Balancing Act.
Just never forget to be
dexterous and deft.
And never mix up your right
foot with your left.- Dr. Seuss
M&D&J, thanks for everything
f5<33333always!

Julia Siegel

"We got no troubles,
life is the bubbles!
-Sebastian

ff<3

Benjamin Silton

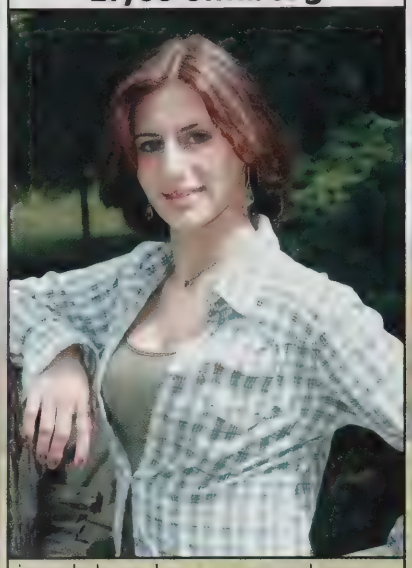
Mom, Dad, Will, Sam, and all my friends--
Thank you for making me who I am today.

"Never take life too seriously, you'll never get out alive."
- Van Wilder

Work Hard, Play Hard

Good Luck '07 - Keep on rockin'

Elyse Simberg



jg.mb.ls.az.lm.ce.cc.am.le.ar.ev
grls yall are a breath of fresh air & ya make everyday uniquecouldnt have made it w/o ya so always remember to laugh when ya can, apologize when ya should & let go of whatever ya cant change

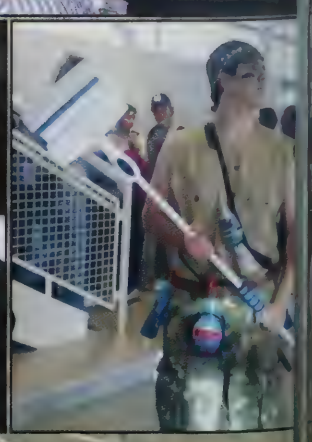
"We'll be friends until forever, just you wait and see"
-Winnie The Pooh

Nicholas Simollardes

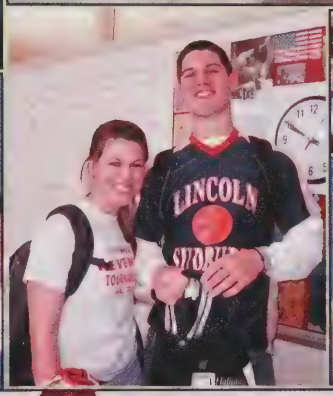
They showed you a statue and told you to pray
They built you a temple and locked you away
But they never told you the price that you pay
For things that you might have done...
-billy joel

Rebecca Simon

TikkunOlam try it!
FAMILY- thanks for letting
tell it like it is I love you s
much, I cant thank you enc
(especially my grandparen
always being my #1 fans
GIRLS- some things neve
change, its been amazing
love you always!
Life Is Short Eat Cookies
Good Luck 07!
To life, Lchayim!



hemed Days- Second Semester



Jennifer Simpson

v did it get so late so soon,
night before its afternoon,
cember is here before its
ne, My goodness how the
e had flewn, How did it get
so late so soon
-Dr. Seuss
D: I love you both so much.
appleshauce

et by with a little help from
my friends.
good luck '07!

Christine Sinnigen

This is the time to remember
Cause it will not last forever
These are the days to hold
onto Cause we won't although
we'll want to

DMJ+K thank you for your
love&support To my friends
you have made these years
unforgettable Good friends are
hard to find harder to leave
and
impossible to forget

Alison Smith

"There is no fire without some
smoke."
-John Heywood, Proverbs

Jesse Smith

So in the Libyan fable it is told
That once an eagle, stricken
with a dart,
Said, when he saw the fashion
of the shaft,
"With our own feathers, not by
others' hands,
Are we now smitten."
-Aeschylus

Thank you Mom, Dad, and
Savannah

Wade Smith

"The path ahead is unknowable. It's twists and turns remain as foreign as the promises of tomorrow. However, the knowledge we have gained will act as a beacon forever, and will give us the courage to face the mysterious future that is ours."

Aaron Snyder

The final test of fame is to have a crazy person imagine he is you. -Anonymous
Thank you to all of my friends and family that were there when I looked for help. To some, you may be just people, but to me you are all so much more. Mom and Dad, Im proud to be your son and I hope that these short few years have been as great for you as they have been for me.

Rachal Soares

Dance like no one is watching, Love like youll never be hurt, Sing like no one is listening,Live like its heaven on earth. - William Purkey
Thanks to All who have been there for me
Goodbye LS

May Soliman

Whoever said teen pregnany was a bad idea never took Psychology!

Rachel Solomon

Always remember, when ings get hard, maybe the st any of us can do is not play the hand we've been t, & accessorize what we've ot" To all my friends and amily, I love you guys so ch, thanks for always being there!

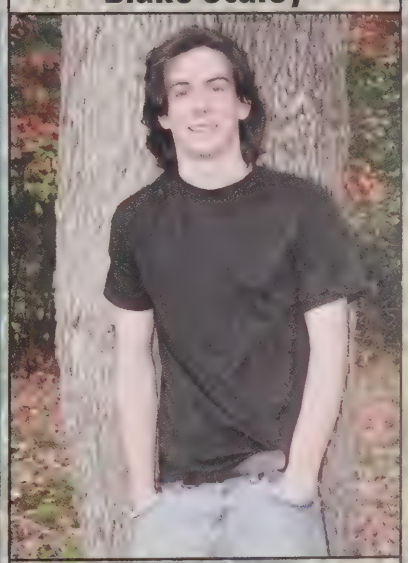
gratulations class of 07, we made it!

Olivia Soloperto

John Spinelli

It was a great ride. LS T&F 4 life. Mom, thanks for always being there 4 me. K.A. thanks for the great memories and always being there for me ILY. 8 Mile crew. GD 5 years, its been a fun run. EB TP KS, its been fun good luck in college. Thanks for all the good times. Lincoln lives on. L-S 07.

Blake Staley



Life is an adventure, constantly changing just beyond the horizon line. Live it.

Kevin Stansky

"You're only given a little spark of madness. You mustn't lose it.
-Robin Williams

People either loved us, or they hated us. Or they thought we were just OK.
-Mitch Hedberg

Thank you Mom, Dad and Leah.

Lily Steiner

Today is gone; today was fun
Tomorrow is another one
Every day from here to there
funny things are everywhere
-Dr. Seuss
Dance is your pulse your heartbeat your breathing It's the rhythm of your life It's the expression in time & movement in happiness joy sadness & envy
-Jaques D'ambrois
S CLub 2 4eVa

Jeffrey Stone

"Through fiction
We saw the birth
Of futures yet to come
Yet in fiction lay the bones
Ugly in their nakedness

Yet under this mortal sun
We cannot hide ourselves"

-Isis

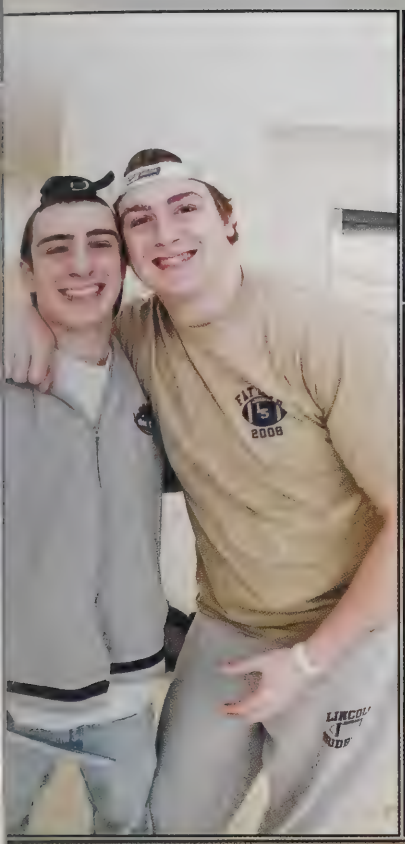
Matthew Stranber

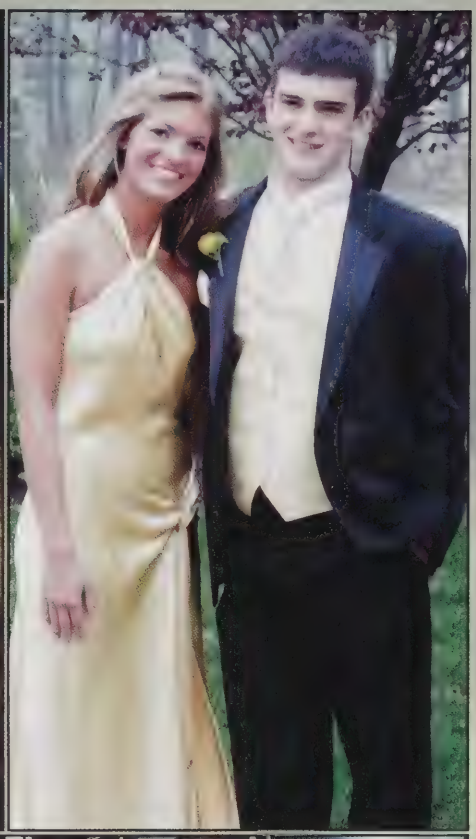
The unexamined life is no worth living - Socrates

I thank my friends for all th good times and I thank Mo and Dad for making life so great!

Love, Matt

LS '07





Beth Sugerman

may never find our reason
nine, But here and now this
our time, And I may never
d the meaning of life, But
or this moment I am fine
-Rob Thomas

m-I love you so much, I am
nothing without you
ip-Behave yourself, keep it
real for me
keep on rockin in the free
world

Matthew Sullivan

Thanks Mom, Dad, and Kristen
for all your love and care
ATKI and everyone else you
made it amazing
JEA Love You

"When the roosters are
crowing and the cows are
doing circles in the pasture,
ducks fly together
DO IT BIG 07
MPS

Patrick Sullivan

Even if youre on the right
track, youll get run over if you
just sit there.
-Will Rogers

Thank you Mom, Dad, Jax,
Mags, Tinker, Trev and my
friends.

Its been good.

Carolyn Swords

"Do not stop thinking of life as
an adventure. You have no
security unless you can live
bravely, excitingly,
imaginatively."
- Eleanor Roosevelt

Love and thanks to my
amazing family; I cannot thank
you enough, and thank you to
everyone else who has helped
me along the way.

Eric Swotinsky

Lee Syatt

I look to the future because that's where I'm going to spend the rest of my life. What we think, or what we know, or what we believe is, in the end, of little consequence. The only consequence is what we do.
Thank you Mom Dad and Jordan love you all
07 It was
Leeroy Jenkins!
L-S Wrestling/L-S Film

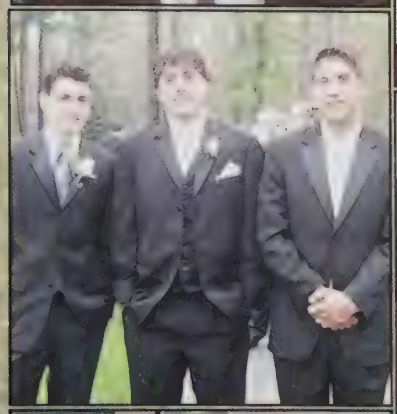
Nicholas Szathmary

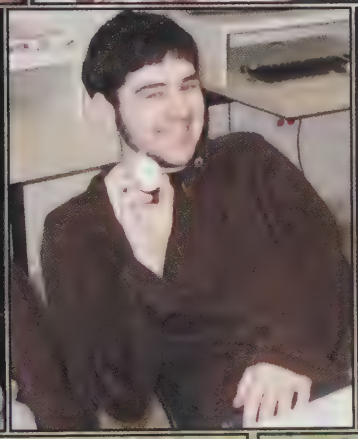
You find out life is this game of inches. The inches we need are everywhere around us. Every minute, every second we fight for that inch, because we know when we add up all those inches, that's gonna make the difference between winning and losing! I love you MOM, DAD, grandpa and Ellen

Alan Tam

"The amount of pain an suffering required to mee goal will equal the joy an fulfillment you will feel wh you reach it."

-Enson Inoue





Abigail Tatkow

ain't wastin' time no more.
'Cause time goes by like
urricanes and faster things.
-The Allman Brothers

Emily Taylor

"Be the change you want to see in the world."
Thanks to my mom, my dad, and Ian for all the loving support. I really don't know if I could have done it without my friends. Thank you, JLP and KAH. I'm going to miss you all!

Good luck 07. Also to all my inspiring teachers, thank you. Learn to enjoy the journey, not just the destination.

Steven Tenure

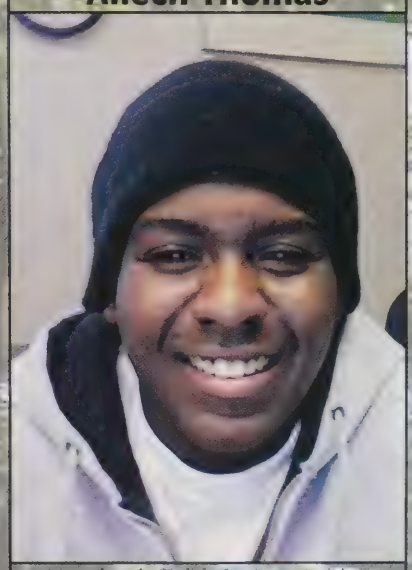
Thank you Mom and Dad and especially thank you Matt for helping me along the way.
"If you worried about falling off the bike, youd never get on.
-Lance Armstrong

Christina Terrasi

"We laughed until we had to cry, we loved right down to our last goodbye, but over the years we'll smile and recall, for just one moment...
we had it all!"

xoxo thanks to my girls and my family <3

Allech Thomas



Hey look Tahj, were on the same page... Chea Chea Swoop!

It's been great here
Had a good time!
Alright see ya when we have a reunion or somthing
Bye everyone

Michael Ting

Mom, Dad, Lauren, thanks for all your support.

"Use no way as a way, no limitation as a limitation."
-Bruce Lee

Brooke Tocci

"All of our experiences fuse into our personality.Everything that ever happened to us is an ingredient."-Malcolm X
TABLE~D.C.B.S.
Mom, Dad, Paul & Jess-Thanks for all your love and support!
Daddy-"In life! wouldn't have been able to do it without you.
Jtoss-It's you and me forever...never forget that.
BACKSTREETS BACK...ALRIGHT.
Good luck '07

Tahj Townsend

Yea "07" this is it, finally dc
12 years of sudbury and nc
is finally over after all this ti
I will never forget the go
times and the bad times li
glocster,vermont,washingt
The trends made chea ca
salted, sauce, swoop, the
goes on. So I leave you with
last words
chea chea

Meghan Trefry

..Heres to goodbye
morrows gonna come too
soon" S&L
My friends thanks for the
most unforgettable years.
m,M,B-I love you more than
u will ever know, thanks for
everything.
Bcrew
Best of luck 07
the end my friend we'll all
be together again" OAR

Tyler Tsugita

I'll go now, to make bigger mistakes and to embarrass this fine institution even more.
-Conan OBrien
Thanks Mom and Logan for putting up with my tomfoolery and supporting me. Love you both.
Football/Rugby Boys-My Brothers in Arms.
Thanks to my friends for laughing at nothing with me. Much love.

Alex Vai

Faith by itself, without works, is dead
-James 2:17

The real problem is not whether machines think but whether men do
- BF Skinner

Do not reactanticipate.

Julia Van Wart

Mom,Dad,C-Thank you for everything, you mean so much.'n the end, we can all call a friend,thats something that I know as true. In a thousand years & a thousand tears,Ill come finding my original crew Gals, so many memories. Never a dull moment with you guys, love you. Congrats 07,its just beginning

Emily Vano

Life is a mystery to be lived, not a problem to be solved.
THE CORNERthanks for all the great memories, xoxo.
Keep in touch.
GS~ Great times (and trips) together. Dont break any more beds!
M+D-Thanks for all the support through everything.
Lots of love.

Christina Vogel

"Nobody gets to live life backward. Look ahead, that is where your future lies."
- Ann Landers

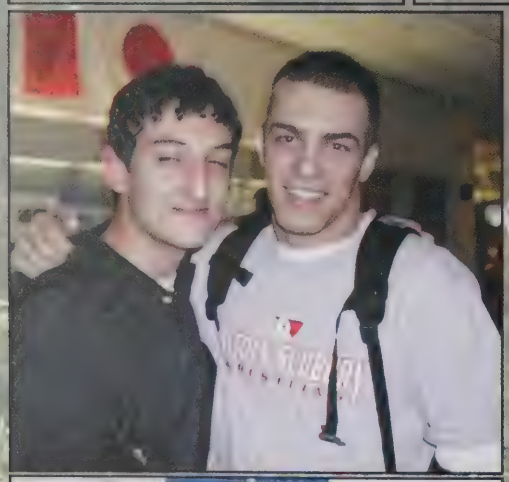
I would especially like to thank my friends, parents, and Pat Graham for helping me get through these past 4 yrs. I have paved the way for you M & Z. Lily and Mocha the best dogs ever!

Nicholas Von Stackelberg

"May the wind always be at your back and the sun upon your face. And may the wings of destiny carry you aloft to dance with the stars."

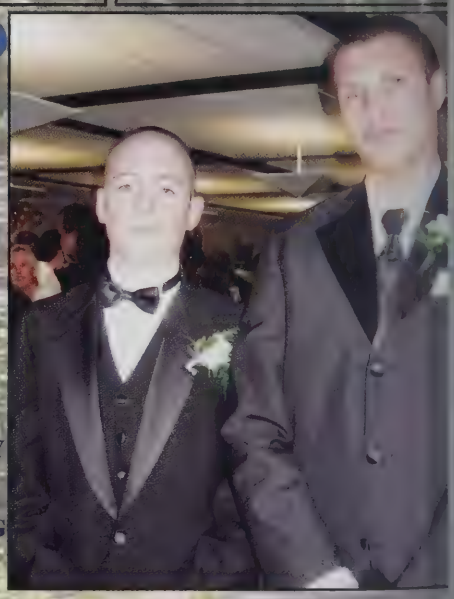
Jake Wagner

Thanks to all of my teache friends and family for all your support and love. Th you so much
Mom and Dad, without yo would not be the person I today.
Love, Jake



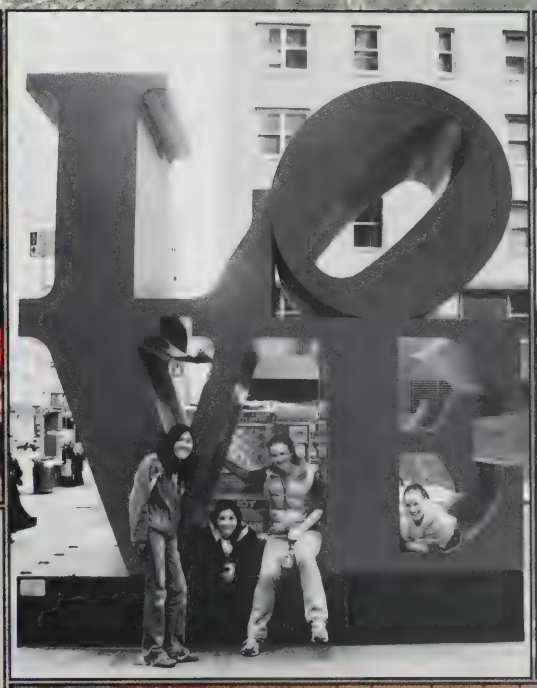
How Does It Feel To Have the Power To Choose The Next President?

Being able to vote this year was awesome and anticlimactic. I went to our old town hall and filled in some squares on the ballot with the appropriate pen. Then my oversized piece of paper was eaten by a machine. Then I walked out of the building and back into my car. That was it. Still, when all of the people I had voted for won, I felt like I had personally elected them. It's exciting to know that



"We'll actually be able to hav say in who our next president
-Cadence Hardenburgh

I wasn't eighteen for th most recent election, bu tend to form pretty strong political opinion and I'm really excited to be able to make a difference, I think, at t polls. I definitely thin everyone should registe to vote as soon as they can.
-Allie McLell



Sean Walsh

~CANCER SURVIVOR~
Thanks to
,Mom,Dave,Taiyesha,Ashley
,T.J.,Dad
I DID MY BEST!
Wrestling 145
Football #6

Shoutouts-
DS,CG,GR,JS,DW,BD,AC,SP,C
R,JM,JN,MB,OC,DV

Benjamin Wasserman

I just want to thank God and everyone who's brought me this far, my mom, dad and caitlyn.
I will always remember the good times in glo-town and with Mr. Roop.
Much love to the broshif hood and to the class of '07. In summary: Rick Ro$$ has been officially made da Bo$$...Swoopa Style ChEa CheA.

Kristen Watkins

M,D, and E - thanks for all your love and support
5 Star I would be nothing without all of you
Girls-thanks for all the good times and the great memories

Thousands of candles can be lit from a single candle, and the life of the candle will not be shortened. Happiness never deceases by being shared.

Asher Watson

How do you go from where ur to where you want 2b? I think you have to have an enthusiasm for life. You have to have a dream, a goal, and you have to be willing to work for it. -Jim Valvano
Mom and Dad thx for always being there for me, ily guys
To all my friends thanks for the memories, you are the greatest

Benjamin Watson

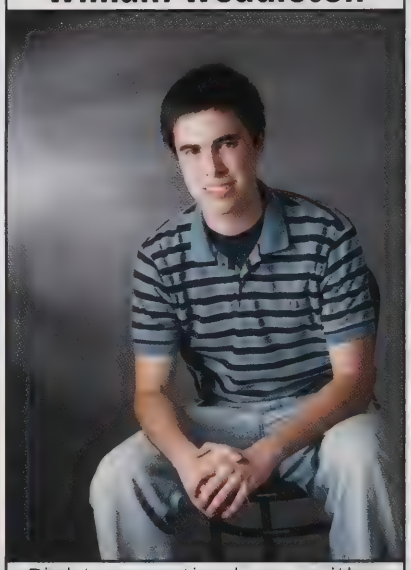
"The darkness which had come from the Mediterranean shrouded the city hated by the Procurator... engulfed the winged gods over the Hippodrome, the crenellated Hasmonaen Palace... the great city of Yershalayim had vanished as though it had never been."
- Mikhail Bulgakov,
/The Master and Margarita /

Jessica Webb

Mommy and Daddy I Love You the most-est.
Thank you both for everything.
XOXOX
Jake&Badge- try not to fight too much!
"Our truest life is when we are in dreams awake."
-H.D.T.
Thanks to all who made it memorable.

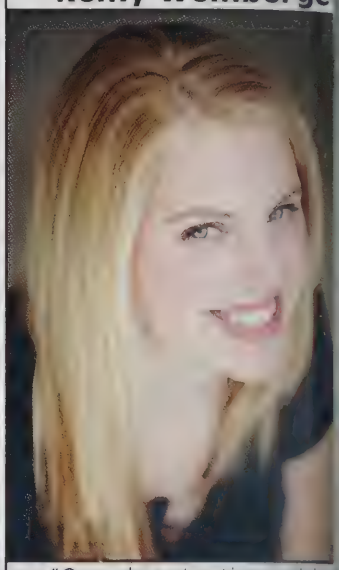
-word-life-

William Weddleton



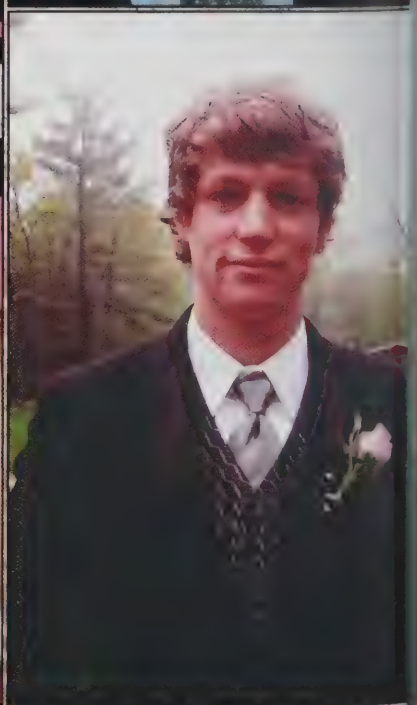
Right now a tired man with a wounded heart is sitting in a coach seat on an east-bound transatlantic flight looking out the window wondering how to say "dog" "howl" and "moon" in French just in case it comes up.

Remy Weinberge



"One day at a time, this enough. Do not look back grieve over the past for i gone; and do not be trou about the future, for it has yet come. Live in the pres and make it so beautiful it be worth remembering

"Wherever you go, go witi your heart."



Habitat for Humanity '07 Projects

Mary Weinburg

hen life gives you lemons,
make lemonade.
I'm allergic to citrus

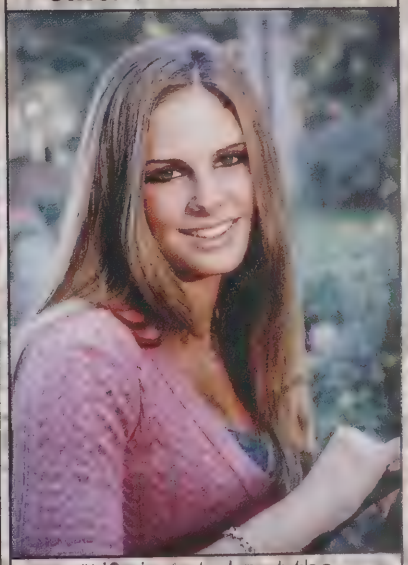
thanks 07 !!!!

Marcus West

Jasper White

Breathe, breathe in the air
Don't be afraid to care
Leave but don't leave me
Look around and chose your own ground
For long you live and high you fly
And smiles you'll give and tears you'll cry
And all you touch and all you see
Is all your life will ever be
-Pink Floyd

Caitlin Whitehouse



"Life is not about the destination, it's about the journey." Mom, I owe it all to you, I wouldn't be here without you, I love you. Dad, thanks for all the support. Michelle & Chris, you mean everything, I love you. Gary and Tammy thanks for all your love and support. Sam, sisters for life. Grant, I love you, I always will. Girls, always and forever. Good Luck '07

Rachel Whitney

"Nothing is predestined: The obstacles of your past can become the gateways that lead to new beginnings."

À mes amis et professeurs, merci pour faire mon nouveau commencement si grand.

Namasté

Ryan Whitney

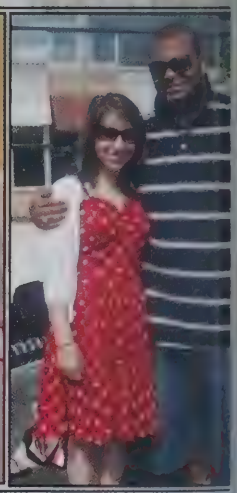
If it is not right, do not do it, If it is not true, do not say it. -Marcus Aurelius
I was taught a month ago, to bide my time and take it slow.
But then I learned just yesterday.
To rush and never waste the day. -Phish
Thanks Mom & Dad, I truly appreciate everything
Good Luck 2007

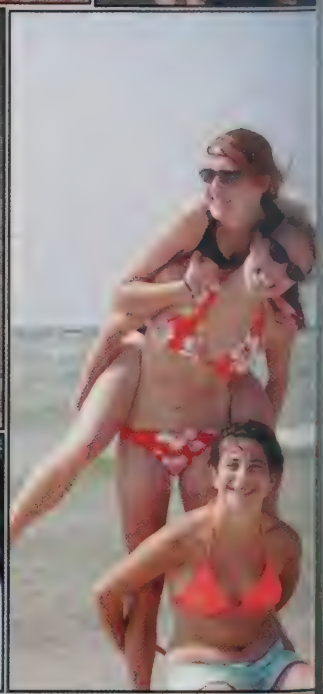
Anne Wilkinson

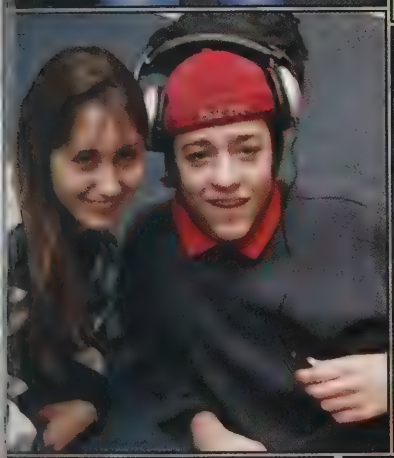
Remember what's meant to be will always find a way, take risks, laugh hard, never ignore the butterflies, and live without regret. M+D-no words to describe, thanks so much. C,J,R-forever the 3 men in my life.Thanks for making me who I am. A-my once in a lifetime,J+L,girls,328523-thanks4thememories

Giselle Williams

Thanks to everyone who k
can. Mummy I did it! Clas
2007 we outta here..
Im krazii but you know wh
dont give a funk!







avianna Williams

is Experience Has Been So
ıg & Ive Learned So Much.
aturity is a long & painful
cess, but the pain is worth
To God (#1)...Ma, Booboo,
nny, and Hattie THE MOST
FLUENTIAL WOMEN IN MY
. The CRU:CD,CJ,IJ,luv u all
like crazy. NF,EA,BL,KE.
MeeGr8stsistaevr.AC"blood
"brother.CESM143!
e&Amstrong! and all of my
teachersTHANKU.7

Christopher Williamson

You just have to keep trying to do good work, and hope that it leads to more good work. I want to look back on my career and be proud of the work, and be proud that I tried everything. Yes, I want to look back and know that I was terrible at a variety of things.
JS

Its been emotional

Bianca Wilson

Be Safe
In order to be old and wise you must be young and stupid.
Thanks you CC, Mom & Dad, the entire Central Staff, and to all the Boys and Girls - you know who you are, especially Ray, Brianna, Heather, Bev and Kate.
Joey, Thanks for helping me get to where I am today!

Michael Wilson

Thanks for your help Mom, Dad, Steve, Andrew, Beth, Jen, and Izzy I love u

"I spent my whole life trying not to be careless. Women and children can be careless. But not men."
~The Godfather

Bash brothers for life

Brian Wilver

These past four years have been tough and I have gone through a lot. I have had both good times and bad. If it werent for you, Mom and Dad, I dont know how I would have made it through. Thanks Pat and Adam for being there when I needed both a brother and a friend!

Simon Winchell-Manning

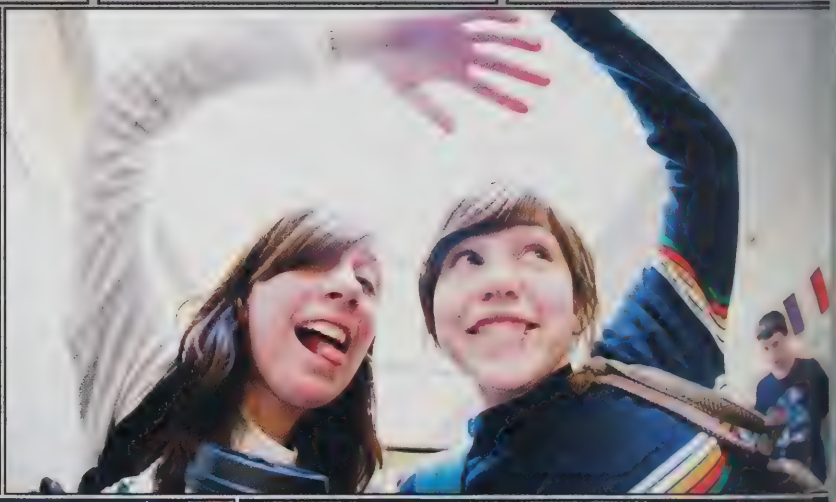
xTurn and let your gaze
burn over yonder,
a young man stern
with the hunger,
who never puts asunder,
the late night thoughts
and the wonder.
Writing is a lightening
speech is a thunder.
-Mattafix-

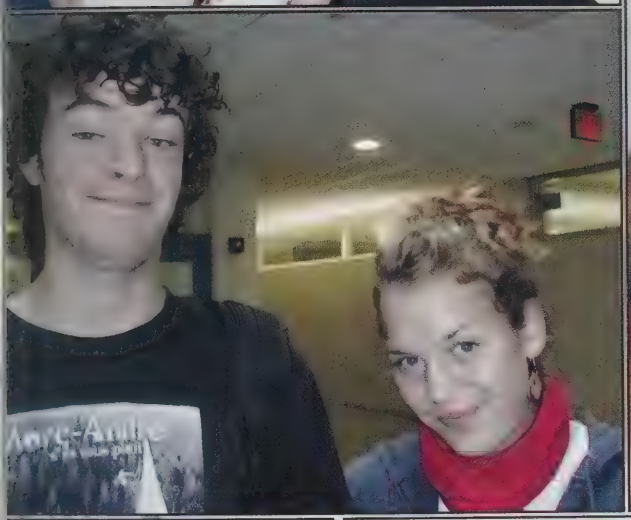
David Wong

Always dream and shoot higher than you know how to. Dont bother just to be better than your contemporaries or predecessors. Try to be better than yourself.
- William Faulkner
Wow, is it really over? To my Family, thanks for always being there for me. To my friends, thanks for all the memories! Class of 07 its been fun,
Good Luck

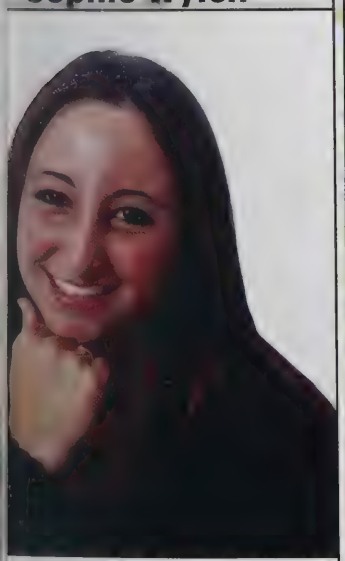
Jennifer Wright

adventurizng.





Sophie Wylen



n Dad Bob+fam, thanks for
ys being there for me. you
ean more to me than you
ink. D-i couldnt ask for a
er older brother I love you.
o all my friends Ill never
get the good times.Youve
de every moment worth it.
ver a dull moment. Sill&Bill-
my other half
LS Cheer
Good luck 07!

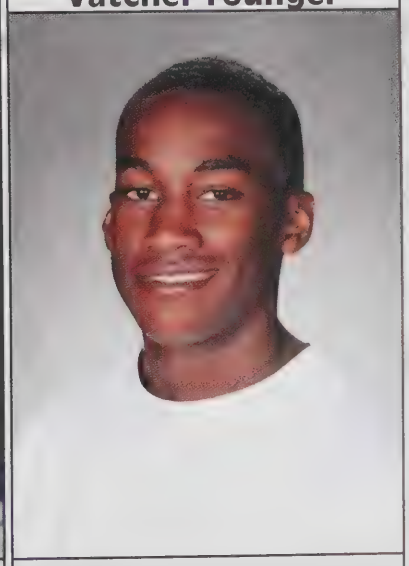
Alyson Yacobian

"To laugh often, to win the respect of intelligent people and the affection of children, to leave the world a better place, to know even one life has breathed better because you have lived."
Mom & Dad, I couldn't have done it without you, I love you
Girls<3Always
Best of luck '07!

Danit Yeshaya

Beginnings are always hard... Endings are usually sad, but it's the middle that counts the most. You need to remember that when you find yourself at the beginning. Just give hope a chance to float up... and it will.
-Hope Floats
...P.S. I love Taylor, miss Katy, and am
so glad Eliot was born.

Vatchel Younger



Gregory Yuen	Nicole Zais	Heather Zaring	Angela Zeng
"A journey of a thousand miles begins with a single step" -Confucius	"I am not afraid of tomorrow, for I have seen yesterday, and I love today." Mex, Chels, Ouli, E-Thanks for loving me, keeping me laughing and from going crazy(er) To the crow-I'll catch up, even if right now I'm one step behind.	Know what's weird day by day nothing seems to change - but all of a sudden everything is different. -Calvin & Hobbes Thanks to my parents, my brothers, my girls, AR, BH, AG, BD, SJ, BW, JG, BH, BC, and everybody else who has been there for me.	"God will never take anyt away from you without g you something so muc better" mom&dad-thanks for put up with everything that put u through my peeps-ily keep it re

Top Fourteen Jams of 07:

"Crazy" -Gnarls Barkley
"Ridin" -Chamillionaire
"Ain't No Other Man" -Christina Aguil
"Sexyback" -Justin Timberlake
"Tell Me Baby" -Red Hot Chili Pepper
"When You Were Young" -The Killers
"Irreplaceable" -Beyonce
"Dance Dance" -Fall Out Boy
"Chasing Cars" -Snow Patrol
"How to Save a Life" -The Fray
"Don't Cha" -Pussy Cat Dolls
"Smack That" -Akon
"Fergilicious" -Fergie
"You're Beautiful" -James Blunt

Tess Zinnes

r of our weirdness of our
human eccentricities must
conquered. Do not mold
r individuality to the social
m. Refuse to be a pattern
blurred blurbs. You have
ly one life to live. Are you
ing to make this sacrifice?
Never Forget... to love.
ove You All... it is only the
beginning

Isabel Zuckoff

By the time I recognize this
moment This moment will be
gone But I will bend the light
Pretending that it somehow
lingered on-John Mayer

Thank you to everyone I have
ever met. You have shaped the
person I am and influenced the
person I hope to become.
M.D.S.Z.E.T
I love you
Girls-all my love Good Luck 07!

Senior Superlatives

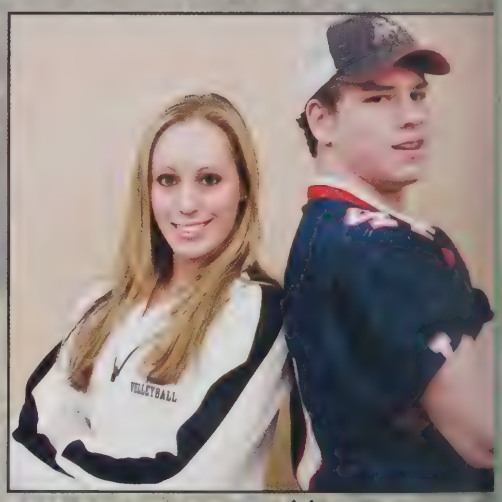
Best Personality
Tavi Williams / Jordan Jacobson

Biggest Tree Hugger
Sarah Lanzillotta / Simon Winchell-Maning

Best Couple
Tess Zinnes / Blake Staley

Class Clown
Mary Weinburg / Peter Lynch

Most Artistic
Hannah Mode / Spenser Heaps



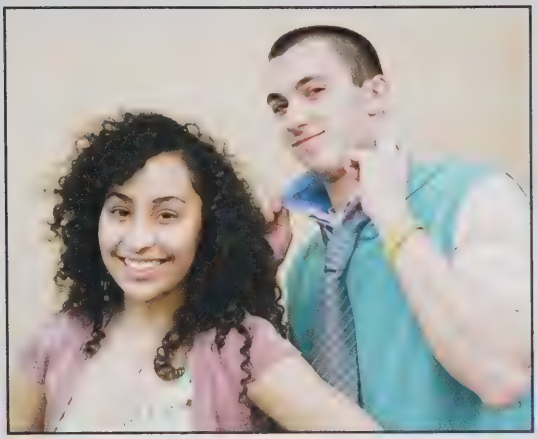
Most Athletic
Lauren McQuillen / Justin Nicholson

Biggest Sports Fan
Kevin Hannigan / Jackie Hamway

Most Musical
Megan McPhee / Mike McCormick

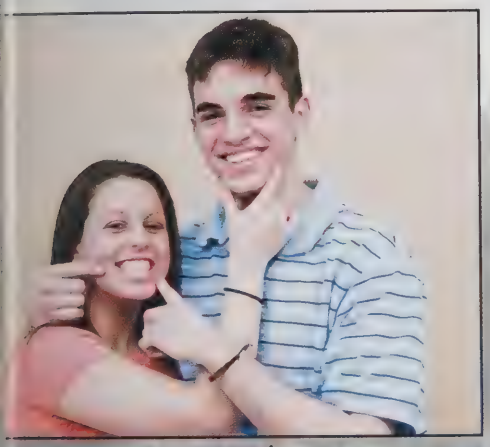
Most Rebellious
Stephan Ostar / Adell Francheck

Most Accident Prone
Caitlin Whitehouse / Chris Bleck



Best Dressed
Krissy Leahy / Nick Coluntono

Best Dancer
Shelly Fang / Dan Scwartz



Best Smile
Jess Perry / Drew Mullany

Biggest Flirt
Sarah Morse / Matt Savit

BWOC/BMOC
Jaclyn Jarmalowitz / Sean Pike

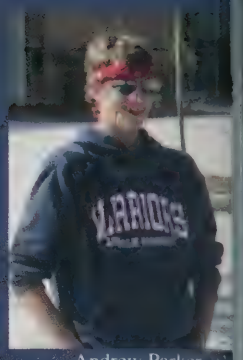
Best Sense of Humor
Teddy Meeks / Tyler Tsugita / Christine Duggan

Next Celebrity
Laura Bergstein / John Hayes

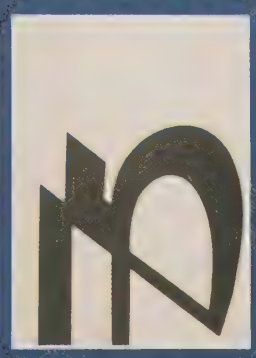
Most Theatrical
Sybil Johnson / Ryan Joyner

Next President
Cadence Hardenbergh / Kyle Gerbe

Most Outgoing
Andrew Reich / Alex Feldman


Andrew Parker

Junior



Junior year brings many privileges as well as many academic challenges. We gain the freedom to leave campus and be seen as upper-classmen, but with this freedom, we are also given more responsibility. With our Max Ed cards providing more ways for us to socialize during school, balancing our time between having fun and working can become difficult. It is up to us to determine how to juggle our hectic schedules and find time to keep up those "important junior grades."

As Juniors, we walk (or in some cases run) from club to class to sport to activity to community service, trying to create the perfect transcript image. The time has come to pursue our aspirations. Now, is when we discover what interests us. It is no longer up to our parents or peers. Fortunately, we have one more year at L-S to explore our many possibilities of interest before we enter the real world. By the time we graduate, we will have the knowledge, personal experience and idealism to succeed.

-Junior staff

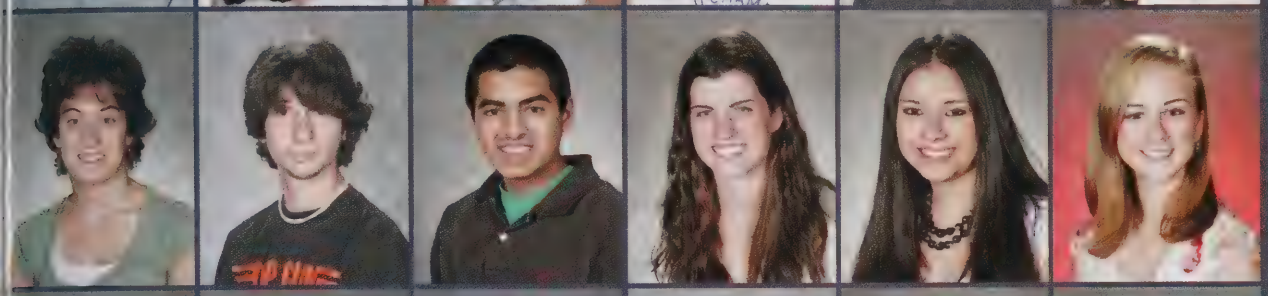
Anna Heffernan-Fagone, Tucker Krone, Lindsey Ryan

Alexander Linden, Laura Holzwasser

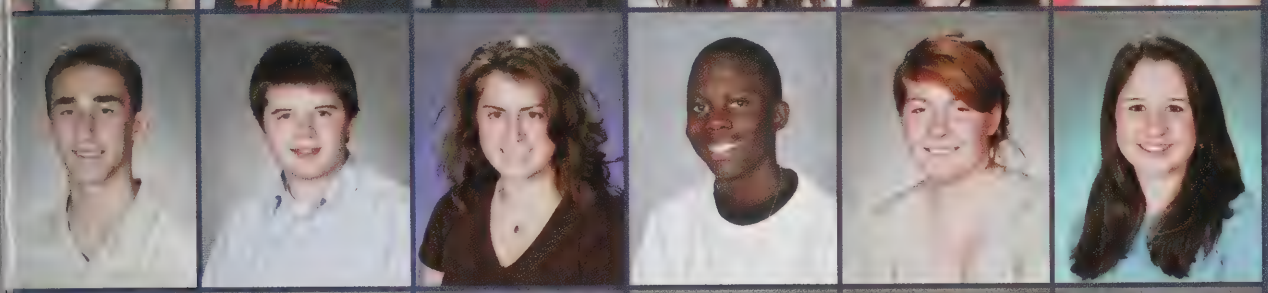
Marina Ramsay, James Kinslow, Alexander Muri , Samuel Cournyn

Petra McAllister, Marian Swain

Jason Abend
Michelle Ackerman
Janice Adams
Nicholas Addeo
Skyler Aikens-Kinney
Catherine Albanese



Elizabeth Albanese
David Alderman
Nabeel Ali
Janelle Anderson
Carolina Andrade
Kathryn Andrews



Paul Antion
Ethan Arruda-Leuppert
Hannah Atkins
Trevor Atkinson
Michelle Aucoin
Kelsey Azzolino

Elizabeth Bakacs
Zachary Baldassini
Andrew Baldwin
Amanda Baranowsky
Leslie Bargmann
Brett Basarab

In Their Spare Time...

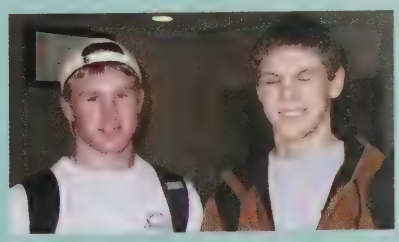
Larry Tse, Carly Lieberman, Lauren Reed, Gillian Thompson, Michelle Aucoin, Andrew Paneros

Hannah Atkins, John Tylko, Katherine Briedis

Stephanie Burger, Amy Wald

Michelle Whitehouse

Katie Walsh



Jonathan McIvor, James Thomas

Elizabeth Bakacs, Sharie Regensburger

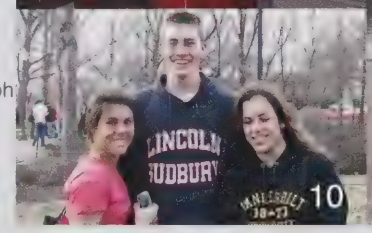
Amanda McGavick, Natalie Kerns

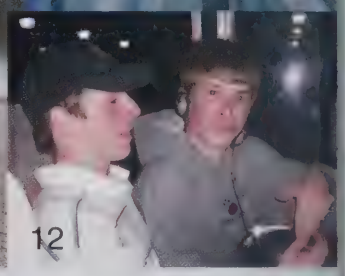
Daniel Letizi, Lucas Rathjens, Ian Engler, Nicholas Holden

Leandra Charsky, Traci Kaplan, Julie Bouin

tos by: Tory Kittelsen, Leandra Charsky, Elizabeth Bakacs, Traci Kaplan

D.C.





1. Alyssa Georgian, Lacey Cumming 2. Katie Scarlata, Ashley Kogutkiewicz 3. Lexy Koop, Liz Longo, Jenny Reiner 4. Lindsay Boegel, Sarah Holbert 5. Trip one 6. Olivia Reed, Megan Collins, Hakeem Walker 7. Jess Flavin, Amy Wald, Melissa Grasso 8. Mary Doyle, Sara Forino, Jess Marsh, Steph Zeytoonian 9. Cyrus Elias 10. Alex Sliwkowski, Brian Griffin, Stephanie Miner 11. Marian Swain, Elizabeth Bakacs, Leandra Charsky, Katherine Carder, Carolyn Ruffolo 12. Evan White, Ryan Sanford

Jonathan Baum
Brandon Bazile
Julie Bergstein
Kelsey Berkowitz
Kyle Berkowitz
Zachary Bernstein

Jennifer Bero
Mary Binder
William Binder
Jessica Biren
Prescott Blackler
Julie Blouin

Lindsay Boegel
Thomas Boot
Raymond Bores
Meghan Bowler
Alexander Boyd
Owen Boyle

David Brambila
Rachel Braunstein
Kathrine Briedis
Erica Brittle
Sabrina Brittle
Eric Brown

Anna Brunner
Benjamin Buchanan
Maria Buie
Dorlin Bukirwa
Stephanie Burger
Hannah Burk

Christina Burke
Faraz Butte
Jennifer Byrne
Kelly Cakert
Lise Ann Caldara
Katherine Carder

Molly Case
Jessica Cavallaro
Leandra Charsky
Andrew Cogan
Charlotte Cogan
Brandon Cohen

Samantha Cole
Megan Collins
Benjamin Conley
Ryan Coolbaugh
Andrew Corwin
Clare Costello

Photos Submitted by: Sarah Holbert, Jess Biren, Jenny Reiner, Jess Marsh, Rachel Braunstein, Megan Collins, Ashley Kogutkeiwicz, Amy Wald

13. Sarah Dowling, David Rocklage 14. Ben Cutting, Anna Heffernan-Fagone, Patrick Ryan, Alex Boyd, Stephen Weiss 15. Brielle Kelly, Samm Cole, Jillian Graham, 16. Group From Trip 2 17.Rachel Braunstein, Molly Binder 18. Caroline Van-Wart, Jamie Lagarce 19. Grace McDermott 20. Cecilia Hylton, Hanna Wagner 21. Ryan McManus 22. Nina Travers, Amanda Saidnawey, Hannah Ziobrowski 23. Walking in DC 24. Deborah Grace 25. Traci Kaplan, Katie Scarlate, Kelsey Berkowicz 26. Prescott Blackler 27. Lindsay Ryan, Liz Albanese 28. Kelly Cakert, Erika Sternberg 29. Dana Loucas, Abby Jones

Oh Eight Spirit

Lindsey Ryan, Grace McDermott and Caroline Van Wart

Darren Cromwell, Jared Goldstein, Jamie Lagarce, David Rocklage, Ryan Sanford and Cyrus Elias

Lexy Koop, Anna Konopacz and Kelly Cakert

Brianna Felici, Melissa DiStefano and Samantha Weinstein

Carolyn Ruffolo, Natalie Kerns, Kelsey Azzolino and Amanda McGavick

Hannah Ziobrowski and Sarah Holbert

Photos submitted by: Alyssa Georgian, Maddie Rimpas, Elise Hylton, Sam Lederman and Katy Andrews

David Cotton
Samuel Cournyn
Darren Cromwell Jr
Michael Crosby
Katie Crowley
Xiaoning Cui

Lacey Cumming
Molly Cusano
Benjamin Cutting
Timothy Da Silva
Matthew Dacey
Heather Daly

Benjamin DaSilva
Morgan Davies
Kathleen Davis
Makeda Davis
Caroline Dawson
Stephen DeFilippo

Jennifer DeMello
Alexander Desrochers
Melissa DiStefano
Kaniah Dixon-Dunn
Marissa Dolan
Allison Dolin

Whitney Donaldson
Sarah Dowling
Mary Doyle
Rebecca Earle
Sara Edwards
Scott Ehrmann

William Elfast
Cyrus Elias
James Ellersick
Ian Engler
Marlon Espinal
Ronald Evans

Gaelle FanFan
Zhou Fang
Brianna Felici
Samuel Finn
Jessica Flavin
Sara Forino

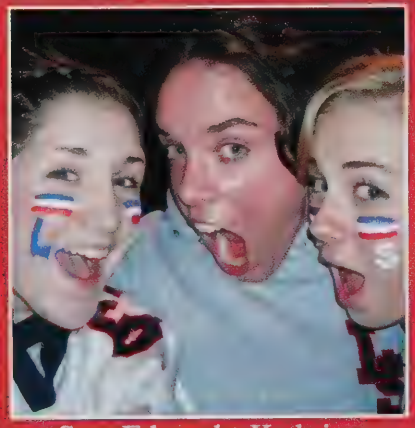
Sandy Fortin
Juvone Freeman
Michael Friedman
Ashley Frisoli
David Froot
Nicolas Fuchs

becca Earl, Alex Georges,
ristie Burke and Will Binder

Jimmy Tyrrell, Sam Lederman, Andrew Gentile,
Owen Boyle and Ted Hutchinson

Lindsay Boegel, Amanda
Baranowsky, and Rachel Braunstein

Ray Bores and
Colin Kleeman



Sara Edwards, Kathrine
Briedis and Katy Andrews

Stephanie Zeytoonian and
Adrienne Grigorieff

Nick Mollica and
Andrew Corwin

What's the **craziest** thing that you've done for **money**?

"I ate a whole pound of butter for $25"
- Andrew Cogan

"I was dared to snowboard down a hill when there wasn't any snow for $10"
- Derek McMillian

"I did a handsta in the middle of the street for $5
- Zach Reed"

"I ate a clove of garlic for $10"
- Nicole Solman

"I drank cherry coke, two crayons (red and green), Wabsi, salt, pepper, straw wrappers, and tobacco sauce, for only $5"
- Tim Mollen and Ben DaSilva

"I drank a bott of tabasco sauce"
- Eric Kazior

Alexander Galakatos
Sean Garabedian
Scott Gardner
Emily Gazda
Andrew Gentile
Alexandra Georges

Alyssa Georgian
Michael Gigliotti
Chelsea Gilroy
Robert Gimbel
Stephen Giorgetti
Jacob Gitlin

Jason Glickman
Patrick Gogan
Nicole Golab
Jared Goldstein
Jillian Graham
Spencer Grant

Melissa Grasso
Chelsea Grater-Cafiero
Nicole Greenhouse
Brian Griffin
Adrienne Grigorieff
Andrew Grunow

Grace Gunderson
Emily Haartz
Steven Halstead
Mark Hamilton
Makenzie Hamilton
Abigail Hanson

Matthew Hardardt
Anna Heffernan-Fagone
Kathleen Higgins
Mara Hileman
Richelle Hinds
Brianna Hodge

Brittany Hodge
Evan Hodges-LeClaire
Mark Hogan
Sarah Holbert
Nicholas Holden
Laura Holzwasser

David Hopland
Kristen Houpt
Viviana Howson
Michael Hoyt
Kenneth Hurd
Edward Hutchinson

Lauren Rachel

Sam Lederman, Nabeel Ali

Jon Starr, Molly Cusano, Stephanie Miner

Tyler Wimberly, Stephen Giorgetti

Enjoying the freedom of junior year...

atrick Ryan, Tucker Krone, Stephen Weiss

Alex Boyd

Michelle Ackerman, Ashley Kogutkiewicz, Lindsey Triba

Alissa Long, Sarah Edwards, Catie Albanese, Molly Irving, Drew Corwin, Alex Desrochers, Patrick Wilver

Julia Singer Katz, Carolyn Ruffolo

Photos by: Hanna Wagner and Carolyn Ruffolo

Style of the 80's and 90's

Stephanie Lind
Kathy Linden

Adidas, Bike shorts, Button Your Fly shirts, Camp Beverly Hills, "Choose Life" and "Relax" shirts, Converse High-tops in neon color's, Dad's clothes, flat-iron, heavy mecal t-shirt's, Pants, Spandex, Sweatshirts with neck ripped out, Velour he izod shirt, Jellies, K-Swiss, LA Gear, Leggings, Levis 501's, Lingerie as outerwear, Mesh Shirts, Mini-skirts, Parachute

D
elar
Tr
enis

acey Mahoney
Lisa Mansfield
aul Marobella

Cecilia Hylton
Sander Idelson
Molly Irving
Joseph Jacundar
Dana Jamieson
Julia Jennings

Abigail Jones
Kaitlin Jones
Valerie Joseph
Traci Kaplan
Lindsay Kar
Kimberly Katz

n Martindale
Chris Mawn
idey Maxwell
Greg May

Emily Kawachi
Erik Kazior
Shatasia Kearse
Brielle Kelly
Kyle Kemp
Ian Kenley

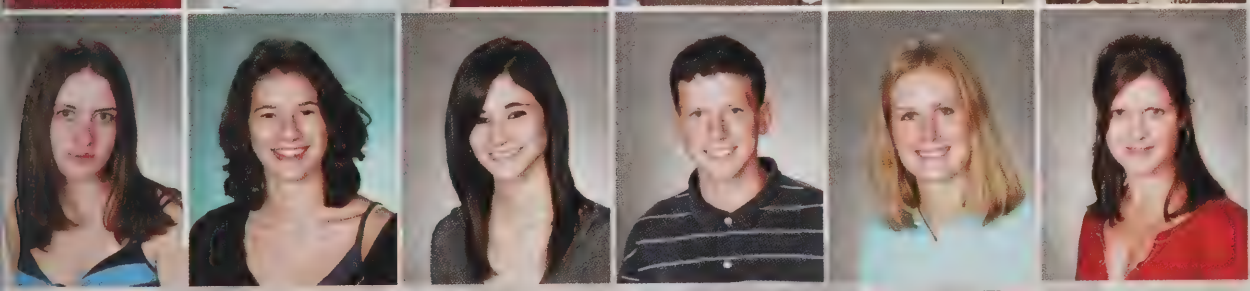
Natalie Ke
Shaunt Keshi
Diana Ki
James Ki
Victoria Kittelsen
Colin Klee

an Melnick
iris Meltzer
Jim Myers
ily Morgan

Sean Kleeman
Samuel Koekkoek
Ashley Kogutkiewicz
Anna Konopacz
Lexy Koop
Alyssa Krentzel

Tucker Krone
James Lagarce
Seth Lampert
Evan LeBlanc
Samuel Lederman
Benjamin Lee

Jennifer Lee
Kristen Lee
Edward Lee
Ryan Lesko
Daniel Letizi
Matthew Levine



Hannah Levy
Carly Lieberman
Amy Lieblein
Alexander Linden
Allison Linke
Alissa Long

Style of Today

Adidas, North Face, Uggs, Coach, American Eagle, Abercrombie and Fitch, Lacoste, Puma, Nike, Longchamp, Mini-skirts, Big belts, Converse, Birkenstocks, Stripes, J. Crew, Columbia, Leggings, Low-rise, Dark jeans, Skinny jeans, Ballet flats, Polo shirts, Preppy look, puffy vest, Tiffany's, Baseball hats, Ca

Ryan McManus rockin' the striped look

Claudia Sholz, Laura Holzwasser, Olivia Reed, and Brielle Siskin showing their style

Nicole Greenhouse showing her unique style

Molly Irving, Dan Letizi, and Nick Holden showing their L-S spirit

Melissa Grasso - ready for winter

Typical junior guy letting it all hang out...

Lauren Reed and Alyssa Krentzel - Birkenstocks

s by: Erika Sternburg and Catie Albanese

Photos submitted by: Michelle Whitehouse, Austin Smith

Elizabeth Longo
Alexander Loomis
Dana Loucas
Emily Lyons
Christopher MacKinnon
Christina Maheras

Michael Mahony
Majmuna Majumder
Lauren Manchester
Jason Mariasis
Katherine Marriott
Jessica Marsh

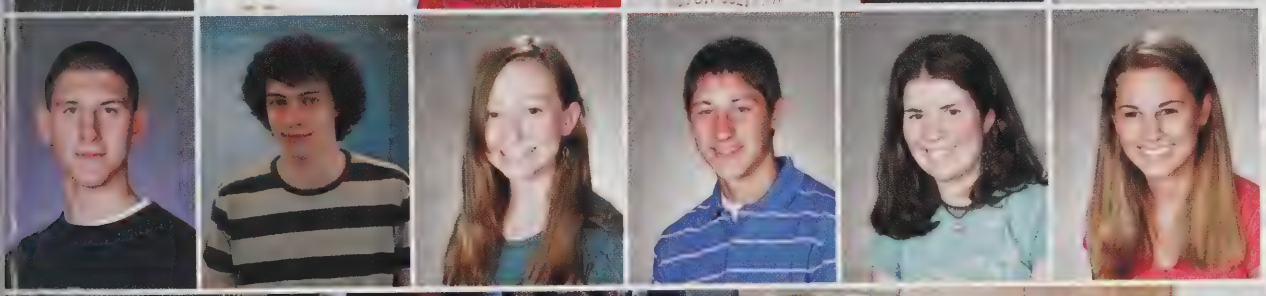
William Marshall
Liam Martens
Petra McAllister
Jordan McCarthy
Grace McDermott
Kyle McDonald

Amanda McGavick
Colleen McInnis
John McInnis
Jonathan McIvor
Jeffrey McKinnon
Ryan McManus

Derek McMillan
Michelle Meagher
Sophia Mei
Sheila Mendes
Emily Mepham
Lora Miller

Sarah Miller
Stephanie Miner
Shima Mobtaker
Timothy Mollen
Nicholas Mollica
Chandler Moore

Jacob Morely
Matthew Morse
Joshua Mukendi
Ryan Mulvehill
Alexander Muri
Colin Murphy



Tyler Murphy
Daniel Nadeau
Molly Nathanson
David Neiterman
Sarah Neurath
Elizabeth Nichols

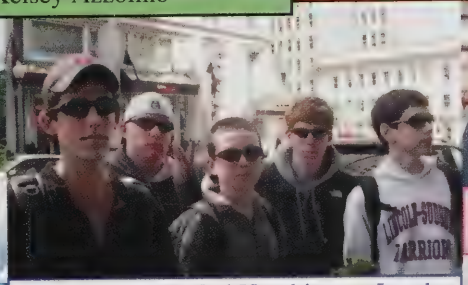
Livien Yin, Aliza Strock

Ashley Kogutkiewicz, Erika Sternburg, Amanda McGavick, Sarah Wetmore, Natalie Kerns, Kelsey Azzolino

Steven Weiss, Joe Iskandar, Tucker Krone, Alex Boyd, Patrick Ryan

Mary Doyle, Sara Forino, Jess Marsh, Steph Zeytoonian

Matt Hardardt, Scott Schulte, Jobin Thomas



Sam Lederman, Ted Hutchinson, Jared Shulman, Jimmy Tyrell, Andrew Gentile

Carolyn Ruffolo, Michelle Meagher, Evan Pagano

Scott Schulte, Evan White

Lacey Cumming, David Rocklage, Alyssa Georgian, Sarah Dowling, Mark Hogan, Anna Konopacz, Cyrus Elias, Amanda Baranowsky, Grace McDermott

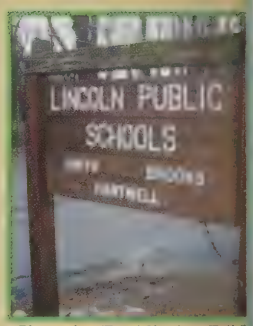
Erin Richmond, Steph Burger

Alex Galakatos, Tom Wurm, Kyle Berkowitz, Ethan AL

08

Class of 2008 5th Grade Favorites

Class of 2008 8th Grade Favorites



Photos by: Traci Kaplan, Tali D

Roger Nix
Madeleine O'Neill
John Odgren
Nelson Otuechere
Michael Pace
Evan Pagano

Jeffrey Palin
Michelina Pallone
Mary Panetta
Sarah Park
Andrew Parker
Andrew Parneros

Larissa Parvinsmith
Tejas Pathak
Tristen Payne
Nicholas Pereira
Gareth Perkins
Susan Pickering

Tatiana Pimenta
Brendon Piper
Warren Porter
Alexandra Post
Shawn Prince
Marina Ramsay

Lucas Rathjens
Andrea Ravenelle
Michael Ravesi
Lauren Rechel
Lauren Reed
Olivia Reed

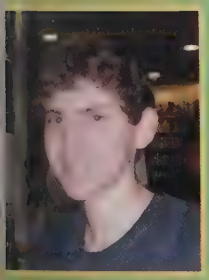
Zachary Reed
Sharie Regensburger
Nyesha Reid
Jennifer Reiner
Jennifer Rhodes
Erin Richmond

Haley Riemer-Peltz
Benjamin Rifkin
Michael Rizzo
Alexander Robershotte
Mark Robson
David Rocklage

Kurt Rogers
Adam Roose
Rachel Rosen
Jason Roth
David Roussel
David Rowe

Current Favorites

The Class of 2008



TV Show:	-Family Guy -Grey's Anatomy
Pizza Place:	-Sudbury Pizza
Athlete:	-Tom Brady
Sport to Watch:	-Football
Sports Team:	-Red Sox
Band:	-Jack Johnson -Dave Matthews Band
Movie:	-Wedding Crashers -The Notebook
Book:	-The DaVinci Code
Candy:	-Swedish Fish
News Event:	-War In Iraq
Vacation Spot:	-Bahamas
Activity:	-Hanging out with Friends

The Many Faces

Julie Bergstein, Abby Jones, Amy Lieblein

Mark Robson

David Brambila

Brett Basarab

Ben DaSilva, Molly Irving, Jo McInnis, Petra McAllister

Michelle Ackerman, Madeleine O'Neil, Marlie Wilson, Emily Mepham, Allison Linke, Sharie Regensburger

Evan Pagano, Michelle Meagher

Katherine Carder, Lindsey Ryan

Haley Reimer-Peltz, Erika Sternburg

Alex Stubbs, Emily Gazda, Morgan Davies

Photos by: Katie Scarlata, Julie Blouin, Michelle Ackerman

Katherine Rudolf
Carolyn Ruffolo
Jonathan Rushfirth
Lindsey Ryan
Patrick Ryan
Jake Ryder

Amanda Saidnawey
Sarah Salvia
Ryan Sanford
Katherine Scarlata
Jason Schaub
Claudia Scholz

Scott Schulte
Alexis Schwarzman
Phoebe Sexton
Erin Sharkey
Anmol Sharma
Jacob Shoemaker

Jared Shulman
Rebecca Shusman
Alexandra Siega
Jacob Sillman
Julia Singer Katz
Brielle Siskin

Justin Skloff
Andrew Sledge
Alexandra Sliwkowski
Erica Smith
Jessica Smith
Simone Smith

Nicole Solman
Jessica Sommerville
Jonathan Starr
Daniel Steinbrook
Erika Sternburg
Alexander Stoner

James Storer
Alexander Streisand
Samuel Streisand
Aliza Strock
Alexander Stubbs
Ashley Stubbs

Marian Swain
Theodore Sweetser
Vanessa Thai
Brittney Thames Miller
James Thomas
Jobin Thomas

Of Junior Year

Emily Haartz, Nicole Solman, Sarah Park

Molly Irving

Scott Gardner

Lora Miller, Lara Parvinsmith

Ryan McManus, Cyrus Elias, David Rocklage

Liz Albanese

Jon Starr, Ed Lee, Scott Schulte, Andrew Cogan, Jobin Thomas, David Hopland

Jessica Sommerville, Brittany Hodge

arah Neurath, Tory Kittelsen

Petra McAllister, Marian Swain, Pheobe Sexton

Will Marshall, Faraz Butte

Procrastination

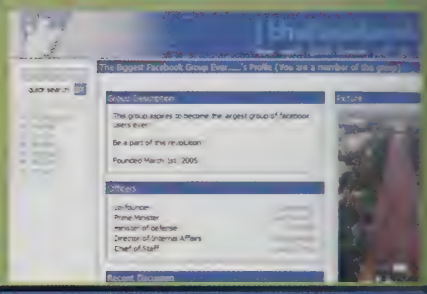
Why do it now when you can do it later?

"I eat"-Olivia Reed

"Facebook"-Katie Scarlata

"Play basketball"-Evan White

I HAVE NOT YET BEGUN to PROCRASTINATE!



"I run"-Dana Jamison

"Video games"-Matt Hardardt

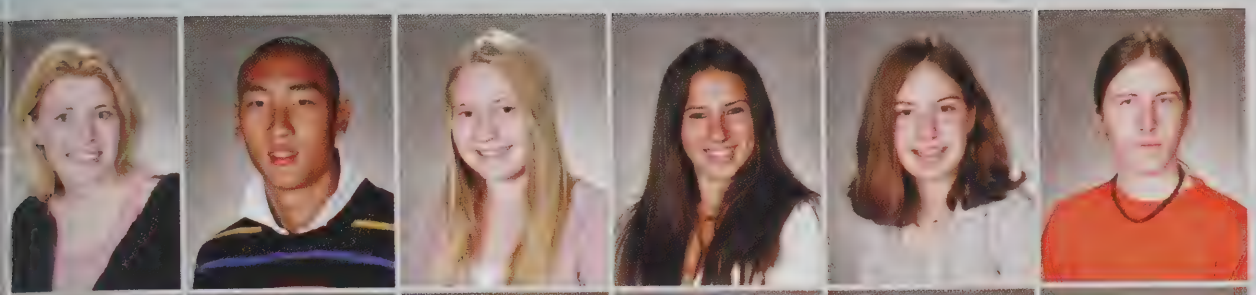
"Zone out"-Mike Wright

Courtland Thompson
Gillian Thompson
Jennifer Thompson
Evan Tonkel
Nina Travers
Lindsey Triba

Alexandra Truebenbach
Lawrence Tse
John Tylko III
James Jr Tyrrell
Oren Ungerleider
Tavi Ungerleider

Caroline Van Wart
Francis Vanaria
Andrew Vargo
Anjelica Vasquez
Zachary Vennard
Yuliy Vigdorchik

Gregory Voyta
Hanna Wagner
Jeffrey Walch
Amy Wald
Hakeem Walker
Sarah Walls



Kathleen Walsh
Bryant Wang
Shannon Ward
Lara Warrenbrand
Amanda Watson
Jonathan Wauhkonen

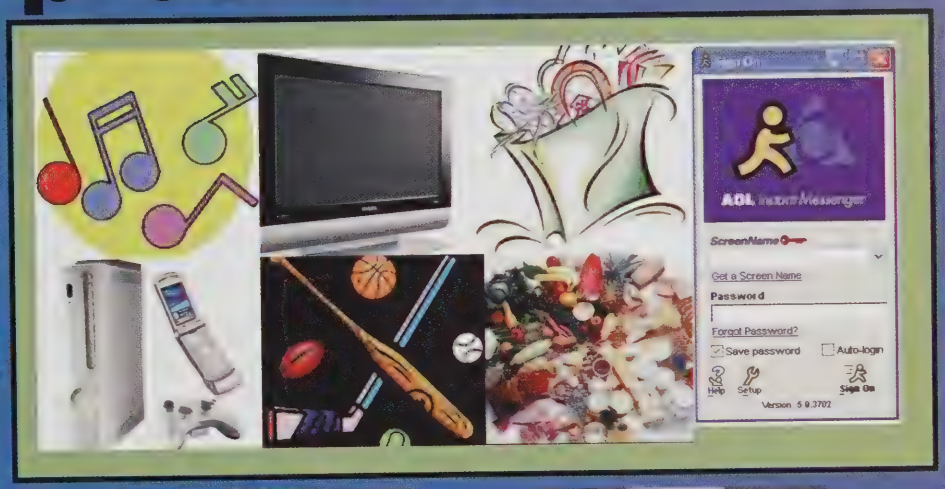
Kara Weidman
Samantha Weinstein
Stephen Weiss
Emma Westbrook
Sarah Wetmore
Denzel White

Evan White
Kemisha White
Michelle Whitehouse
Evan Whitney
Michael Whyte
Marissa Wiegel

Marlie Wilson
Mark Wilson
Patrick Wilver
Tyler Wimberly
Melissa Winchell
Michael Wright

More procrastination tactics

"Anything that I'm not suppose to be doing"
-Marlie Wilson



"Talk to people online"
-Evan Tonkel

"I make food"
-Andrew Vargo

"Drive through Lincoln"
-Molly Cusano

"Listen to music"
-Andrew Gentile

"Shop"
-Brianna Felici

Andrew Parker, Kyle Kemp, Alex Stoner, Roger Nix

Nick Holden, Elizabeth Bakacs

Ian Engler, Allison Linke

Kathleen Higgins, Ashley Fr

Samuel Cournyn, Emily Lyons, James Kinslow, Marina Ramsay, Alexander Muri

David Brambila, Christina Maheras

Alex Loomis

Amanda Watson, Vanessa Thai

Photos by: Leandra Charsky, Julie Blouin, Michelle Ackerman

Thomas Wurm
Diana Yelton
Livien Yin
Stephanie Zeytoonian
Hannah Ziobrowski

What are you looking forward to senior year?

"Having easier classes, driving to school, and senior dress up day."

- Grace Gunderson

"Sitting on the senior spot."

- Kathleen Davis

"Less work and getting into college."

- Roger Nix

"Senior dress up day."

- Sarah Salvia

"Not having to worr about as much stuff and having free time."

- Ben Cutting

"Lesser workload."

- Bryant Wang

"Senior dress up day."

- Emily Kawachi

"Slacking off second semester."

- Kelsey Berkowitz

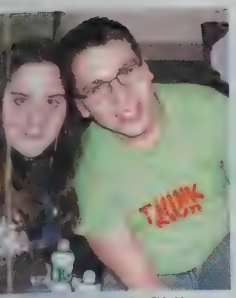
"Being able to drive."

- Jake Shoemaker

"Not as many classe - more free time."

- Ryan Coolbaugh

Class of 2008



ora Miller, Jacob Gitlin

Scott Gardner

Emily Mepham, Michael Rizzo, Ian Kenley, Eric Kazior

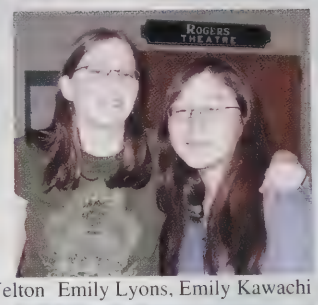
Nicole Solman, Kristen Lee

Michael Mahony, Liam Martens, Michael Pace

Cameron Hurd

a Ravanelle, Colleen McInnis

Emily Gazda, Morgan Davies, Diana Yelton



Emily Lyons, Emily Kawachi

Ethan Arruda-Leuppert, Kyle Berkowitz

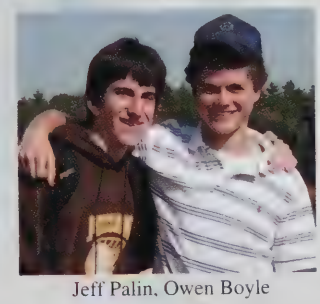
Leandra Charsky, Katherine Carder

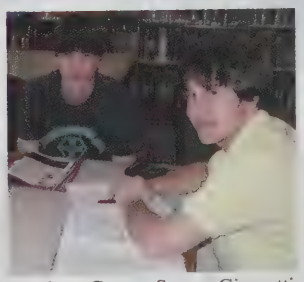
Ben DaSilva, Molly Irving, Catie Albanese

Sarah Wetmore

Olvia Reed, Elizabeth Nichols, Stephanie Burger

elissa Grasso, Lindsey Triba


Jeff Palin, Owen Boyle


Andrew Cogan, Steven Giorgetti

Jordan McCarthy, Jared Shulman

s by: Leandra Charsky, Tory Kittleson, Carolyn Ruffolo

Lior Koren and Diana Gormley

Class of 2009

Sophomore

Being a Sophomore means being "in-between." We're not quite upperclassmen, but not freshmen. The pressure of doing our best academically and doing as many extra-curricular activities as possible is hard to manage. L-S is not as strange and new as it was to us as freshmen, each of us knows our way around. For some of us, being a Sophomore means learning to drive, and as we get older we discover that we have many new privileges and responsibilities. As school gets increasingly harder, our lives are more hectic, but we all are looking forward to becoming upperclassmen. Completing Sophomore year brings us one step closer to our goal of graduating. From the Washington D.C. trip to learning how to drive, Sophomore year will surely be remembered by all of us.

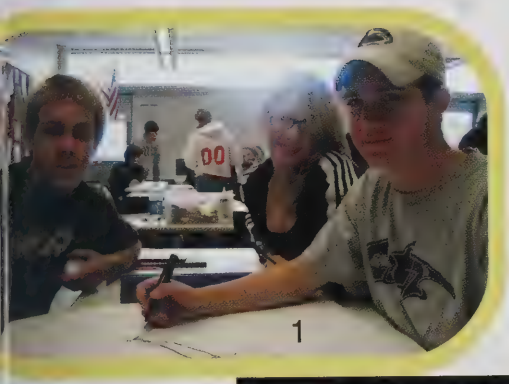
-Sophomore Staff

Kathryn Nicholson, Chelsea Kazmarsky, and Kasey Cybluak

Katie Broecker, Emily Schneider, and Bridget Meyers

Jeff Bradford relaxing before class

Jackson Murray, Lisa Howard, Kevin Loughry, and Kerry Brais enjoying the weather

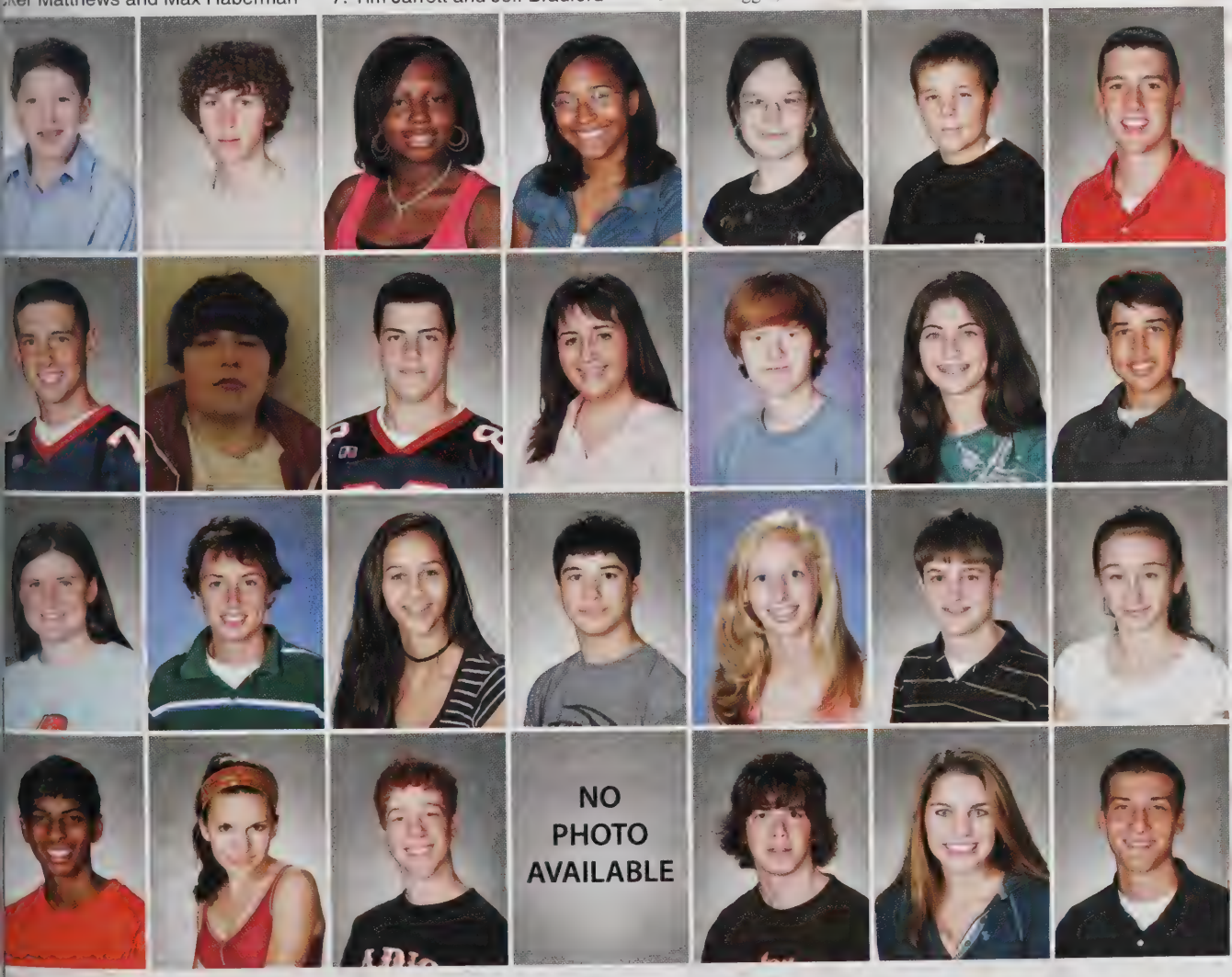


Hanging Out

Class Of '09

n McInerney, Idelina Gray and Max Haines 2.Tammy Zebian 3. Martin Kafina and Nate Shron 4.Masha Stine and Amanda Peery 5. Heather MacLeish
cker Matthews and Max Haberman 7. Tim Jarrett and Jeff Bradford 8. Neel Duggal, Rae Saunders

Pictures taken by Lior Koren



Kevin Abend
Jesse Adams-Lukowsky
Jessica Allen
Lea Allen
Samantha Allen
Joseph Anderson
Matthew Antonellis

Michael Antonellis
Andrew Arayas
Keegan Ashley
Amanda Baillargeon
Travis Ball
Anna Balser
David Banerjea

Rebecca Banta
Patrick Barry
Taryn Beatty
David Benhaim II
Jamie Bennett
Alexander Benoit
Alexandra Berg

Aditya Bhandaru
Alice Blackwood
Alex Blake
Shameka Blake-Jackson
Connor Bodell
Samantha Boland
Bryce Boothby III

Look How We've Grown

Hanging Out

Julia Bronstein

Third Grade

Alex Huntowski, Matt Ciampa and David Lauer

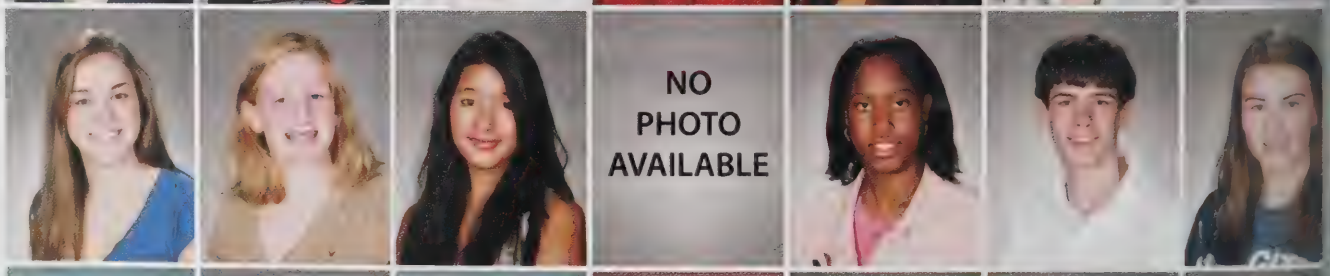
Kasey Cybulak and Krysta Smith

Michael Morell

Pictures taken from old Sudbury elementary schools and Lincoln elementary school Yearbooks

Meredith Borden
Ben Boymel
Jeffrey Bradford
John Brainard
Tessa Brainard
Kerry Brais
Qjaquice Brantley

Megan Braun
Katherine Broecker
Julia Bronstein
Kyle Brown
Natasha Brown
Ryan Brown
Caoimhe Browne



Jacqueline Bruce
Richard Budreau
Laura Burckett-Picker
Thomas Burke
Sara Campanella
Lauren Cappelloni
Maryn Carlson

Samantha Casale
Bradford Casey
Hayley Caslin
Rusulenni Castro
Brian Catinella
Danielle Cebra
Hannah Chao

Shayna Chapel
Edmond Charrette
Jordan Chen
Kan Chen
Christine Chiao
Matthew Ciampa
Roxanne Cichowlas

Monique Clarke
Laura Close
Nicolette Cogborn
Kyle Coletti
Joseph Collura Jr
Carmelo Colon
James Coombs

Gordon Cooper
Stephanie Corbett
Tyler Coste
Ryan Cove
Parker Coyne
Emma Craig
Brent Crane

Elizabeth Crean
Kasey Cybulak
Renee D'Amore
Ryan Davis
Michela Deck
Charles DeFrancesco
Michael DeMarco

Did We Change Over the Years?

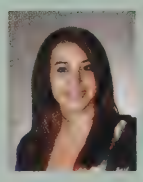
Pictures from old Sudbury elementary schools and Lincoln elementary school Yearbooks

lia McGrath, Dianna Gormley, Heather Wood 2. Marykate Shelley, Ariana Familiar, Jane Siegel 3.Taryn Beatty, Jessica Griffin, Mallory Laurendeau
n Catinella, Stephen Hodgetts 4. Sara Campanella and Rose Kamsler 5. Matt Newton, Kyle Coletti, Tyler Haydon, Kevin Linke 6. Kelly Shay,
line Kabalack, Jessica Griffin, Sophia Woyda

YOUR DREAM CAR

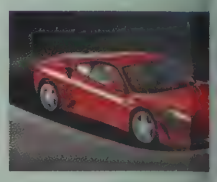
The Freestream T1 because it's a street legal Formula 1 car!"
- Martin Mohlin

"My dream car is a Ferrari Testarossa because it drives like a pancake."
- Ari Sestrowitz



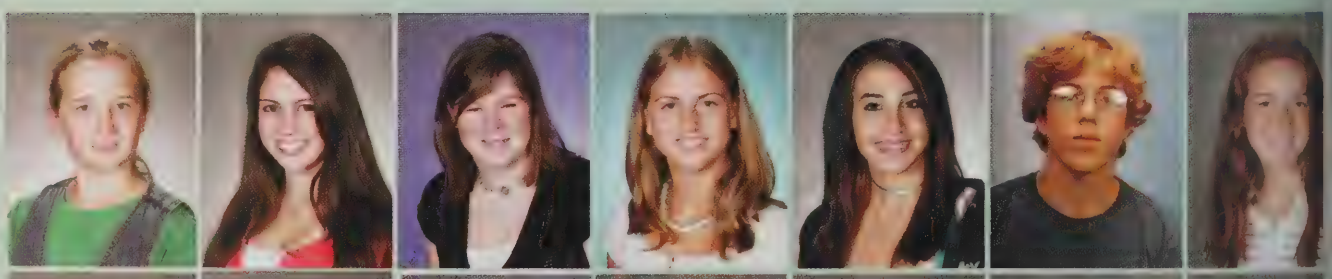
"I love the classic T-Bird convertible."
- Rose Kamsler

The Ferrari 430!
-Casey Donaldson



"Definitely the Aston Martin V-12 Vanquish."
-Michael Merwin

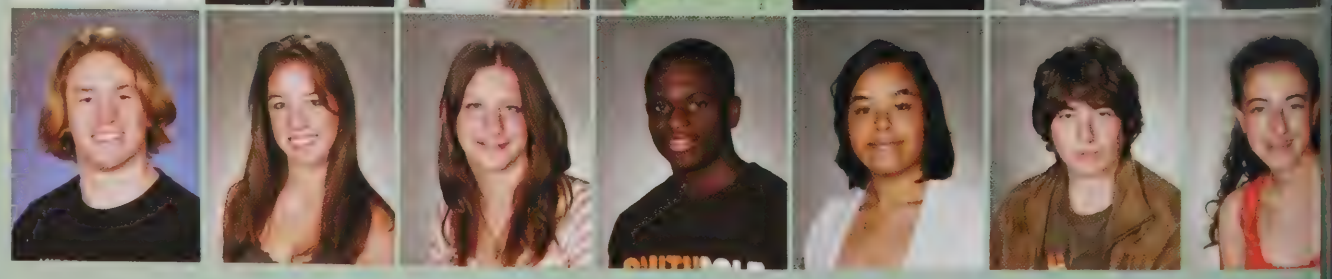
Kathleen DeMarle
Hannah Dezen
Jillian DiBiase
Alana Dingman
Casey Donaldson
Nathaniel Doyle
Abigail Drake

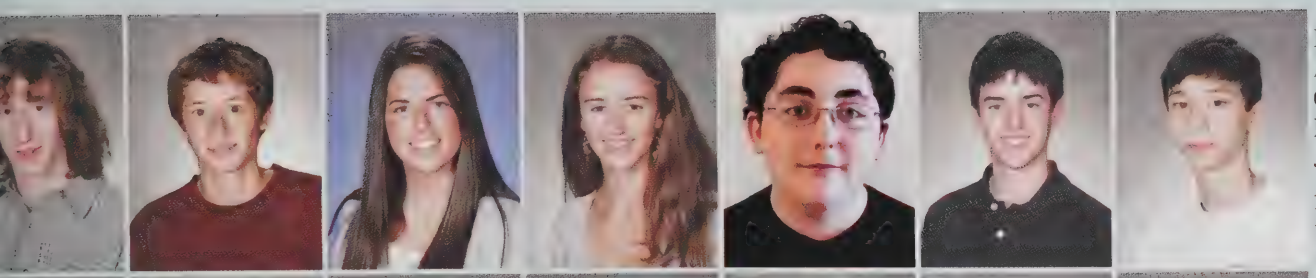


Neel Duggal
Jennifer Dumont
James Eckersley
Matthew Eckler
Cameron Edwards
Katherine Edwards
Hannah Egan

William Ehrich
Brandon Elkind-Hill
Elise Fairbairn
Ariana Familiar
Alain FanFan
Jennifer Farrell
Jamie Faulkner

Timothy Fell
Cecilia Fendrock
Julia Fenton
Adriel Ferguson
Chanel Fields
Ryan Filker
Jennifer Fishbein





Iain Fisher
Austin Flagg
Carlyle Flanagan
Margaret Fleming
Joseph Fogarty
Adam Foldi
Michael Foley

Scott Foley
Stephen Foley
Anna Forman
Benjamin Fowler
John Francis
Andrew Freedman
Sarah Freeman

Matthew Freund
Jami Friedman
Jason Futch
Russell Gabeler-Lee
Jessica Gaines
Jennifer Gandrup
Ava Garcia

Audrey Garcia
David Garelik
Chady Gemayel
Rudelys German
Hannah Gerry
Alexandria
Gilardone
Louis Gomnetti

What are you looking forward to junior year?

I am looking forward to driving and going off campus
-Carla Weiss

"I can't wait for prom and being an upperclassman!"
- Katy Zingale

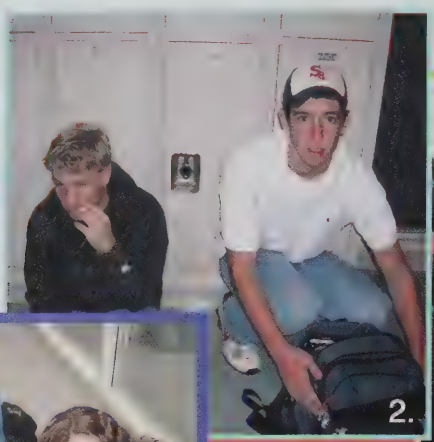
"I'm looking forward to taking SAT's, SAT II's, and the AP exams ...NOT!"
- Niv Lipetz

"It'll be nice to be able to get a Max Ed card so we can leave school and go out to lunch."
- Masha Stine

I am looking forward to doing well in school and sports and just having a good time!
-Abbie Hawkins

Getting a job and making money."
Kasey Cybulak

Morning Hot Spots


2.

1.

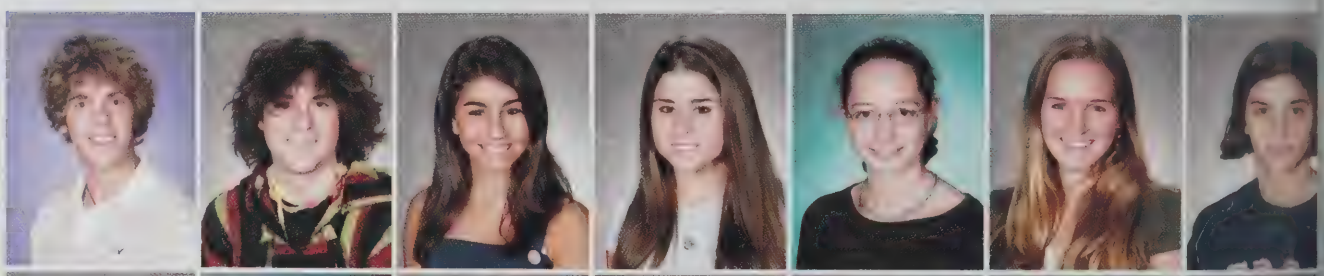
3.

4.

1. Matt Freund Silton, Jen Hayes Sarah Freeman chill o the Cafe 2. Alex Hunto and Mike Antonellis for a Latin test. 3 Hronieck, Rebecca St Natalie Hall, and E Craig relax at the top 4. Ryan Kemp, Moorman, Hannah I Jenna Romeo, Bronstein, Tim Jan and Diana Hende relax in the B-C conne

Photos by Katie Broecker and Jenna

Justin Gibbs
Brian Glass-Finnie
Rachel Glick
Rebekah Glickman-Simon
Basha Goldstein-Weiss
Dianna Gormley
Jennifer Gossels



Andrew Gould
Idelina Gray
Sophie Greenspan
Jessica Griffin
Konstantin Gutnichenko
Max Haberman
Maxwell Haines

Natalie Hall
Elena Halsband
Douglass Hamilton
Grace Hannigan
Kevin Hansen
Matthew Hanson
Brooke Hatfield

Abigail Hawkins
Tyler Haydon
Jennifer Hayes
Patrick Hebble
Reed Hebert
Diana Henderson
Matthew Henderson

Catherine Hendry
Jeffrey Hennessy
Zoe Herel
Taylor Herman
Stephen Hodgetts II
Wesley Hogan
Nicholas Holmes

Shalei Holway
Samantha Hornung
Elizabeth Howard
Allyssa Hronicek
Daniel Hubbell
Dylan Hunt
Alexander Huntowski

Mohammed Hussain
Margaret Hutchinson
Humphrey Huynh
Ethel Hylton
Anna Isakov
Jeffrey Iuliano
David Jaeger

Timothy Jarrett
William Jenkinson
Peter Johnson
Nicole Jones
Shannon Jones
Daniel Kabat
Justine Kablack

Where do you hang out??

1.

2.

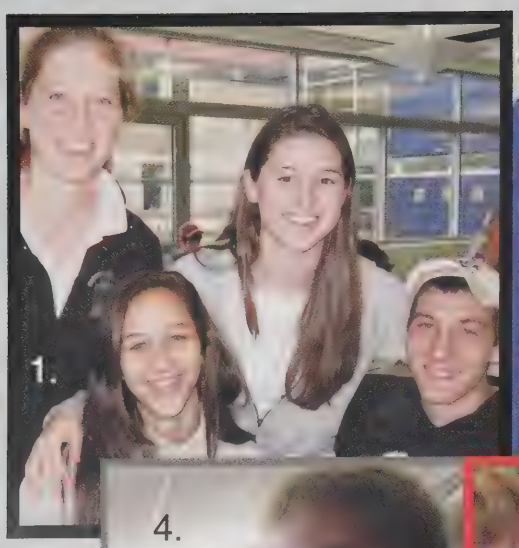
3.

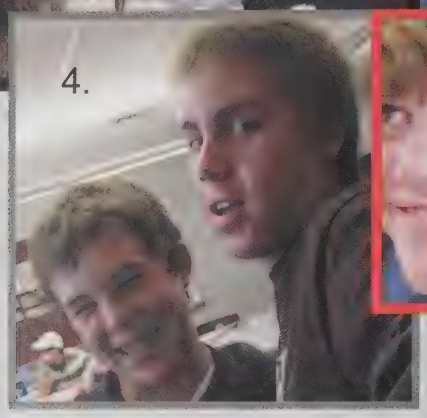
5.

1.Geoffrey Tam, David Banerjea, and Edwin Thai read The Forum in the library 2. Lexy Roopenian and Jillian DiBiase hang out in the Cafe 3. Matt Thompson, Andrew Tsai, Aidan McGrath and Aditya Bhandaru talk in the library 4. Calli Pappas and John Leonelli dance outside during lunch 5. Jamie Bennett and Alana Dingman carb up for a big field hockey game

Photos by Katie Broecker

Smiling Sophomores





1. Nori Welles-Gertz, Taryn Beatty, Emily Kelly, and Bryce Boothby 2. Colby Smith and Scott Foley 3. Megan Outly, Amanda Baillargeon 4. Joe Anderson and Liam McInerney 5. Justin Gibbs and Ryan Sutherland 6. Callie Mackie, Jenna Romeo, Hannah Egan, Diana Henderson, and Britt Moorman

Photos 1,2,3 by Jenna Romeo. Photo 4, 5 by Alana Dingman. Photo 6 by Katie Broecker

Chelsea Kaczmarsky
Martin Kafina
Eli Kahn-Woods
Thomas Kalisky-Tetreault
Jake Kallarackal
Rose Kamsler
Daeyee Kang

Daniel Kaplan
Max Kaye
John Kelley
Emily Kelly
Ryan Kemp
Armen Keshishian
Taylor King

Oliver Kline
Maxwell Koenig
Lior Koren
Ryan Kreutz
Jared Laferriere
Edward Landsman
Eric Lane

Marie Lanza
Andrew Lasky
Jeremy Lasky
Keith Lataille
David Lauer
Mallory Laurendeau
Stephanie Lee

Victoria Lee
Ryan Leggett
Ashley Leisman
John Leonelli
Diana Lestz
Matthew Levinson
Stephanie Lewis

Jacob Lifschultz
Kevin Linke
Niv Lipetz
Kevin Loughry
Derek Lowe
Geoffrey Lynn
Caroline Mackie

Heather MacLeish
Barbara MacNeill
Sydney Maki
Elise Malkin
Shivani Margaitis
Anthony Masotta
Tucker Matthews

Angela Mattione
Francine Mattione
Brittany Mayer
Danielle McAvoy
James McCartney
Julia McGrath
Aidan McGrath

Phrases

THEN

Groovy
Phony
Bad
Gas
Funky
Tubular
PEACE
Bodacious
Rad
ar-out
Neato

NOW

Sweet
Mad
Oh my god
Sick
Chill
Awesome
ill
Like

"My favorite word is Physcadelic!" -Cecilia Fendrock

"I like the word gnarley" - Michael Merwin

"Dude!" -Carlyle Flanagan

How is sophomore year...

It's not!
Last year I had 45 minutes of recess!
-Jeff Trotsky

This year is more relaxed...
I know what to expect.
-Laura Burckett-Picker

We have a wider range of classes to choose from and so it's better.
-Andrew Lasky

This is the true high school year. This is the last year we have to relax before we have to take the SATs and get ready for college.
-Sara Campanella

Liam McInerney
Madeline McMann
Joseph McNabb
Ian McVicar
Saloni Mehta
William Mepham
Michael Merullo

Michael Merwin
Bridget Meyers
Brianna Miller
Derek Min
Samantha Moe
Martin Mohlin
Jeffrey Montaque

Garrett Moore
Brittany Moorman
Dante Morando
Eliot Mueller
Aya Muramatsu
Jackson Murray
Kadie Muscolo

Amy Nesky
Matthew Newton
Kathryn Nicholson
Jonathan Noller
Ashley Norley
John O'Connell
Hugh O'Kelly

Charlotte Odence
Amy Olson
Courtney Ostar
Megan Outly
Marcel Pabon
John Papapietro
Calli Pappas

Michael Paradise
Abraham Parangi
Jesse Pearce
David Pearson
Chinah Peele
Amanda Peery
Christopher Pepi

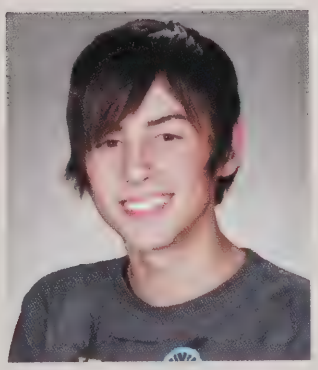
Aimee Peterson
Scott Pheifer
Michael Phillips
Christine Pierson
Alison Poirier
Rachael Potter
Julia Prince

Elizabeth Pringle
Justin Quinn
Monika Quinn
Adam Quint
Ellen Quirk
Adam Raphael
Stuart Rault

...better than freshman year?

I know a bunch more people.
-Diana Lestz

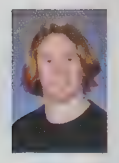
It's a lot more fun but it's so much harder!!
-Michael Merullo



As a sophomore you don't get picked on by upperclassmen and seem to have more opportunities to meet new people.
-Mike Demarco

Because we're not freshmen anymore!
-Nate Shron

How do you make your money?



"I get lunch money every week, but I don't spend [illegible]" -Tim Fell

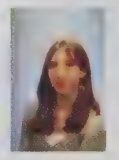
"I help do yardwork around the house" -John Leonelli

"I babysit and I work at Sudbury Farms during the week" -Marie Lanza

"I help out in my mom's store" -Aya Maramatsu

"I recently made $2,000 by being in a movie" -Alexandra Berg

"I bag groceries at an airforce base. It's a glorious job." -Fiona Sieferth



"I work at a summer camp and Longfellow" -Sophia Woyda

"I [illegible] sailing at Cape Cod during the summer" -Evan Clive

"I lifeguard at [illegible]" -Mark Friedman

Kyle Ray
Tess Rice
Michelle Rice
Kristin Richards
Benjamin Richmond
John Roach
Jaclyn Roberts

Rachel Romash
Jenna Romeo
Sophia Romeri
Alexa Roopenian
Elena Rothstein
Julien Rousson
Alexa Rozelle

Txai Sabghir-Frota
Marlayne Saidnawey
Michelle Saint
Tramaine Sanders
Meera Santhamoorthy
Jack Sarkisian
Emily Sarnevitz

Rachel Sarnevitz
Jazz Saunders
Rae Saunders
Antonique Saunders
Elizabeth Schau
Ryan Schaub
Emily Schneider

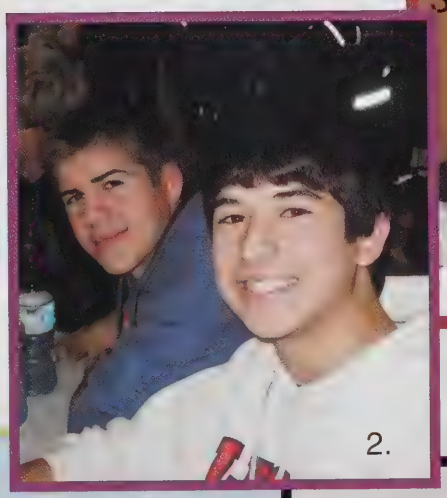
Adam Schultz
Betsy Schwartz
Jonathan Scotti
Fionnuala Seiferth
Alison Sesnovich
Tess Shapanka
Zachary Shapiro

Adam Sharkey
Nisha Sharma
Kelli Shay
MaryKate Shelley
Zachary Shobin
Carly Shortell
Nathan Shron

Jason Shuman
James Sia
Jane Siegel
Samuel Silton
Rebecca Simon
Adam Singer
John Sinnigen

Taylor Skelton
Colby Smith
David Smith
Krysta Smith
Leigh Smith
Austin Smith
Adam Soloperto

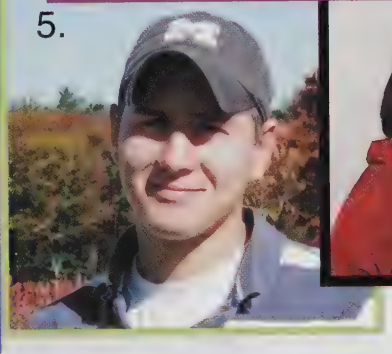
1.



2.

3.

4.



5.

6.

7.

Photos by Jenna Romeo

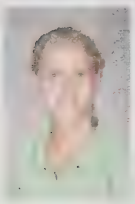
Show Us Your Smile

1. Chris Tripoli and Zach Shapiro 2. Michael Merwin and David Benhaim 3. Jessica Gaines, Jennifer Gandrup, and Sophie Greenspan 4. Elise Malkin, Katy Zingale, and Meg Hutchinson 5. Ryan Kemp 6.Jessica Allen 7. Casey Cybulak and Annie Swanson

What Was Your Favorite Decade of Fashion??

I liked the afro... it's the second best thing besides disco pants.
-Andrew Lasky

I like DJ Tanner's style on "Full House".
-Mira Vale



"My favorite decade is today because I can't get enough Emo!"
-Alana Dingman

50's The decade of poodle skirts, leather jackets, Grease and Elvis.

60's The decade of hippies, long hair, and Twiggy.

70's The decade of afros, polyester suits, discos, and Earth Wind and Fire.

Justin Sorvillo
Hugo Sousa
Thomas Spiegel
Gregory Staley
Alana Stevens
Masha Stine
Christopher Stranberg

Rebecca Stubbs
Ryan Sutherland
Anne Swanson
Kyle Sweet
Jenna Swotinsky
Jordan Syatt
Jeffrey Sybertz

Geoffrey Tam
Matthew Tatkow
Maureen Teixeira
Edwin Thai
Lauren Thompson
Matthew Thompson
Nissa Thomson

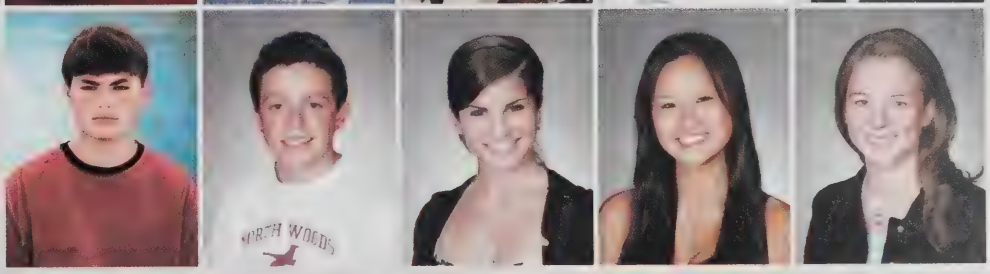
Adam Tiberio
Jessica Tocci
Christopher Tripoli
Jeffrey Trotsky
Andrew Tsai
Andrew Tuxbury
Mira Vale

Michael Veling
Alesia Venuto
Amanda Vincent
Nathaniel Walsh
Matthew Weinburg
Justin Weinstein
Harrison Weisberg

Carla Weiss
Nori Welles- Gertz
Ian Wetherbee
Mariel White
Sara Whitney
Tanya Willey
Ryan Winston

Benjamin Wolkon
Heather Wood
Ryan Wood
Jeffrey Woodard
Sophia Woyda
Samuel Wuest
Abigail Wyant

"There's no time like the present"
-Mary-Kate Shelley



Brian Young
Benjamin Zackin
Tamra Zebian
Lucy Zhang
Catherine Zingale

80's

he decade of
houlder pads,
g hair,
pandex, acid
ash, and neon
othing.

90's

The decade
of grunge/punk
ashion, the Spice Girls
and Friends.

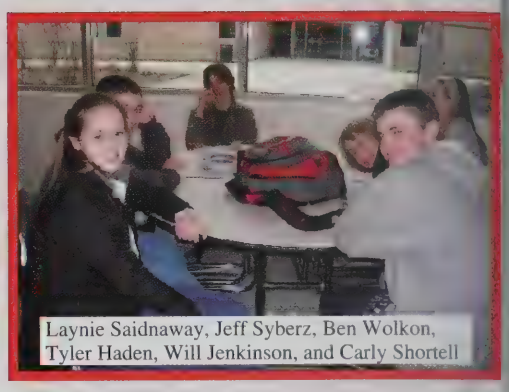
I love sequined shirts
and the Devo hat!
-Brian Glass-Finnie

Today

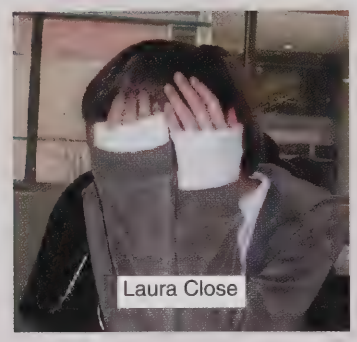
The decade of Uggs, Emo, and reviving trends

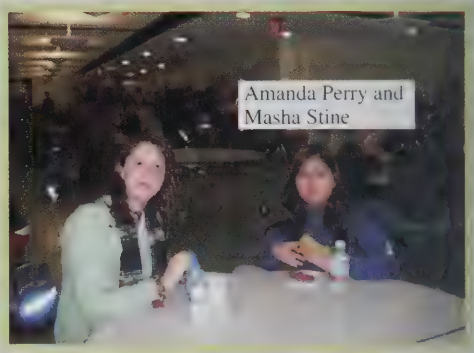
Tess Shapanka and Angela Mattione

Geoff Lynn


Laynie Saidnaway, Jeff Syberz, Ben Wolkon, Tyler Haden, Will Jenkinson, and Carly Shortell

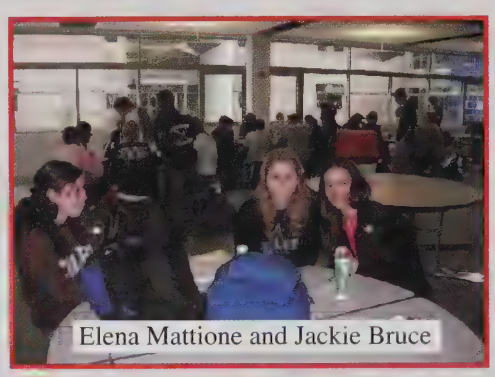
Steph Lewis and Chelsea Kazmarsky

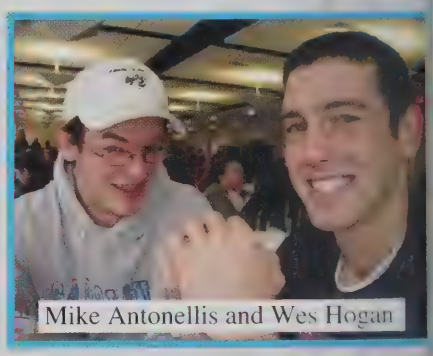

Laura Close


Amanda Perry and Masha Stine

Diana Leutz

Fun with friends


Elena Mattione and Jackie Bruce

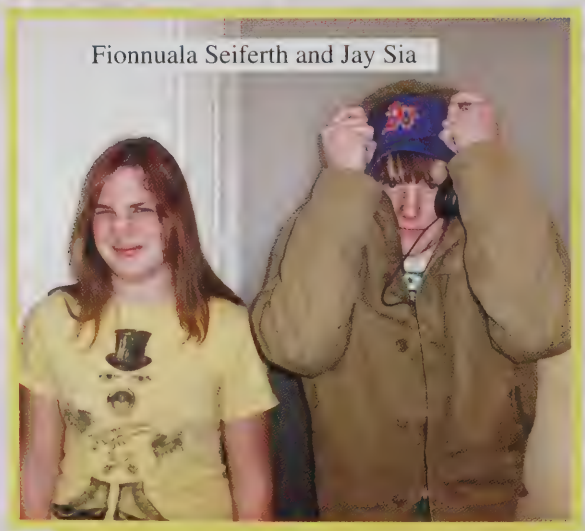

Mike Antonellis and Wes Hogan

Lexy Roopenian, Hannah Dezen and Carla Wiess

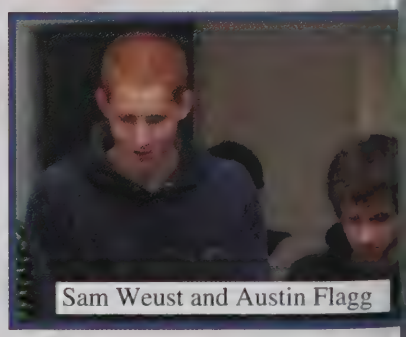
Sophomore Life

Justine Kablack, Ariana Familar, and Natalie Hall

Rose Kamsler and Amanda Billageron


Fionnuala Seiferth and Jay Sia

Mak Hussein, Tim Fell, and Eli Kahn-Woods


Sam Weust and Austin Flagg

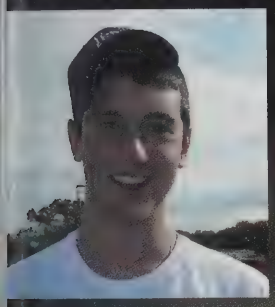
Pictures taken by Katie Broecker, Lior Koren and Jane Siegel

Sophomore Favorites

Where's your favorite place to go in the city?

Harvard Square! Lucy Zhang
Back Bay, that's where my parents met. It's so pretty there.
Rebecca Simon

It would definitely be Southie. It's so Irish and it's just a great place to go. I love being around all my Irish brothers. Irish pride for life!
-Ryan Sutherland-



Fenway and the Back Bay are really nice.
-Matt Antonellis

Umm... I love Harvard Square because there are always really interesting people there and lots of little hidden places to eat. It is also really pretty.
-Sarah Freeman

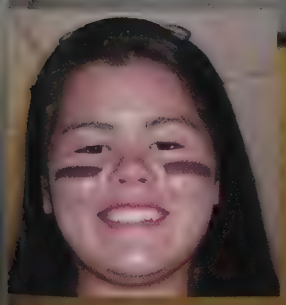
Newbury Street because shopping is fun!
-Julia McGrath

Harvard Square because there is so much stuff to do there and see
-Jesse Pearce

Fire and Ice Restaurant with a bunch of friends because it has a really fun atmosphere and the food is amazing.
-Taylor Skelton

The Garment District, mainly because you can buy so many fantasic helmets for such low prices!
-Jay Sia

Harvard Square because it has Fire & Ice and it's a really nice place to walk around at night.
-Megan Braun



That's a hard question. I like to shop on Newbury Street but I also like to go to Fenway. I just love Boston!
-Angela Mattione

Fire & Ice because they have really good food!
-Beth Pringle

Freshmen

When we all stepped into L-S on the first day, it was more than overwhelming : trying to find a classroom in one of three different buildings; asking upperclassmen for directions, trying to find our way through massive amounts of people when switching blocks; or even realizing how incredibly small you are next to all the seniors. When asked what we like most about L-S, we say "the freedom." We are no longer told how to walk, talk or dress. But along with that freedom comes the responsibility to make good choices. Over the next three years, that privilege will become more challenging. Will we always make the right choices? Will we make mistakes? We are on our way to becoming the seniors of L-S. It's hard to imagine that the next time we will be called "freshmen," we will be in our first year in college.

-Freshmen Staff

Derek Abel
Adhieu Achuoth
Edward Acton
Shanaya Adams
Anya Aikens-Kinney
James Alenson
Katherine Alwan

Catrina Andrade
Emily Arista
Nico Arsenault
Claire Arthur
Derek Azzolino
Seda Babroudi
David Baer

Molly Bajgot
Michael Baranowsky
Alec Barnes
Patrick Barrett
Allison Baxter
Lindsay Bender
Mark Benhaim

William Bereszniewicz
Meghan Berger
Amy Bero
Alexandra Bilbo
Benjamin Blanchette
Nicole Bleiler
Natasha Block

Andrew Blohm
Scott Bluni
Whitney Boegel
Michael Bougoulas
Graham Boyd
Julianne Braden
Henry Breiter

Freshman Favorites

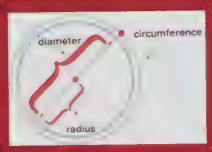
FOOD:
PIZZA

VACATION SPOT:
Florida/Maine

TV SHOW:
The Office

BAND:
Red Hot Chili Peppers

SCHOOL SUBJECT:
MATH

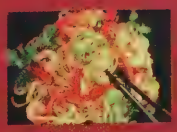


DAY:
Friday

ACTOR/ACTRESS:
Johnny Depp

SPORTS TEAM:
Red Sox

RESTAURANT:



Lotus Blossum

SCHOOLWEEK:
WHITE

Killing time between classes...

1. Max Gutherz, Cha Wilson
2. Christine McEachern, Julia Le Emily Arista
3. Amanda Shore
4. Rosie Tait
5. Mikey Howd
6. Paul Schubert, Ch Halstead
7. Graham Boyd
8. Megan Moritz
9. Eric Mariasis
10. Jessica Greenwood, Charlie Maier
11. Seda Babroudi
12. Austin Rourke, Trevor Jermasek
13. JJ Desrochers

photos by Tiffany Dessain

Spencer Brightman
Jennifer Brodeur
Elena Brunner
Daniel Brusger
Ashley Brykman
Robert Bunting
Philip Burke

Alec Burkin
Christina Caffarella
Stephanos Calligas
Kristen Cantow
Alexandra Capone
Jennifer Carder
Caroline Carlson

Brendan Caslin
Kara Caso
Erica Castro
Alexander Cen
Jennifer Chan
Alexandra Chantiles
Taylor Charest

Richard Cheek
Nicole Chen
Holly Clarke
Sage Cogborn
Benjamin Cohen
Joseph Collins
Stephen Collins

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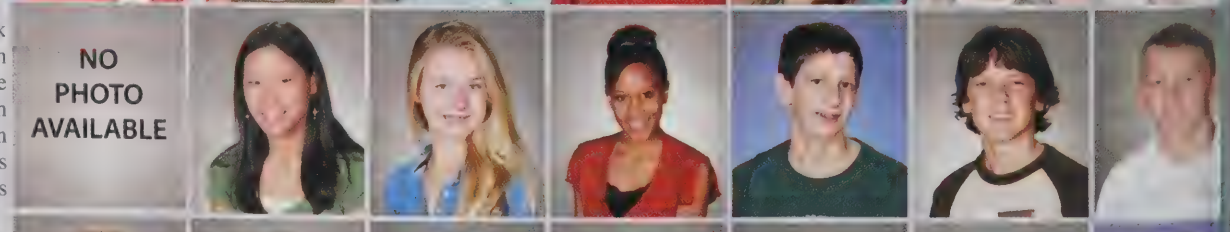


Lauren Confort
Meghan Connelly
Rowan Considine
Kenneth Cooper
Daniel Cooper
Ashleigh Copeland
Matthew Costa

Emma Costello
Zachary Cournyn
Kyle Croman
Millicent Croman
Sean Cronin
Patrick Crosby
Sean Cumming

Tyler Cyr
Emily DaSilva
Rachel David
Lukas DeFilippo
Molly Deneen
Jordan Desrochers
Tiffany Dessain

Jenna DiCicco
Kristie Dickinson
Hamilton Dimunah
Monica DiStefano
Kristen Doherty
Olivia Dorey
Samuel Dorfman

Richard Doty
Jeffrey Dykes
Matthew East
Hannah Ehrmann
John Ellersick
Margaret Elliston
Arelai Ephraim

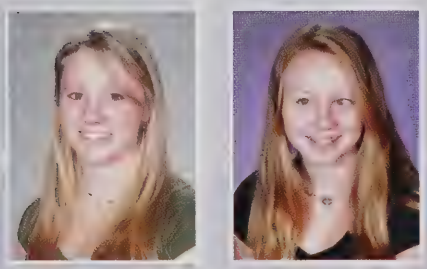
Elicia Epstein
Lee Eustis
Martin Falk
Deborah Fanfan
Natasha Fee
Gabriella Fee
Julia Fiske

Freshman To Senior Look - Alikes

Noah MacNeil and Ben Blanchette

Chris Boland and Jeff Dykes

Chris Drake and John Ellersick



Rebecca Gish and Jennifer Carder

Elizabeth Marini and Hannah Lyons

Brian Meyers and Alec Barnes

Oops... Did I Just Say That?

"Who's that, he's hot!"
"...um that's a teacher."

"Yeah, I know, in Phoenix, you know...Phoenix as in Texas"

"How's that grab ya?"

"Who's Dr. Ritchie?"

"They found Jesus where?"

"I walk to school uphill five miles both ways."

"I didn't know buffaloes had wings.."

"I thought pink lemonade was made from pink lemons..."

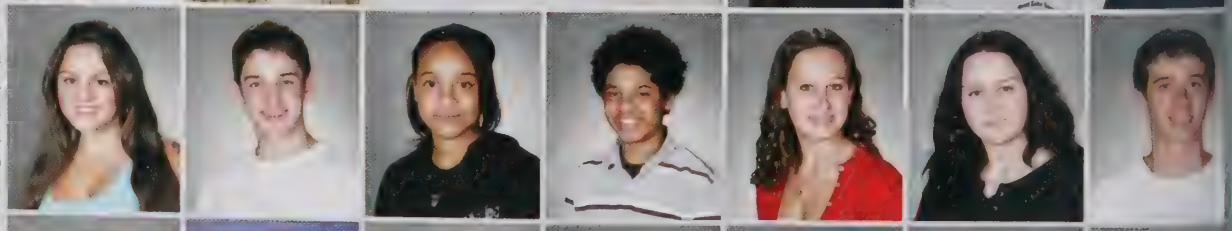
"Does that taste pink?"

Kellie Fitzgerald
Anthony Fitzhugh
Hannah Fitzsimons
Katerina Fontes
Samuel Fouad
Emma Franchek
Jordan Futch

Rebekah Galinsky
Nathan Gaw
Cody Geldart
Rima Gemayel
Nathan Gerry
Shannon Gilroy
Ian Gingrich

Lisa Giorgetti
Hannah Gitlin
Amy Gleason
Matthew Gleason
Lucy Gleysteen
Jason Goldfarb
Alex Goldman

Jaclyn Goldstein
Joshua Goldstein
Jasmine Goodrum
Daniel Gordon
Kaitlyn Grant
Claudia Grasso
Daniel Green



Jessica Greenlaw
Jessica Greenwood
Sophie Griswold
Samuel Gruber
Daniel Grunow
Chelsea Gruttadauria
Amanda Guillet

Matthew Guldberg
Ariana Gunderson
Aaron Gundy
Olivia Gutowski
Melanie Hagarty
Merrit Hall
Katharine Halper-Bogusky

Christopher Halsted
Mark Hamel
Chelsea Hamill
Julia Hanson
John Harder
Whitney Harding
Dana Hareli

Paul Harlan
Ryan Healy
Spencer Hebert
Brittany Heier
Michael Hilperts
Sarah Hodian
Isaac Hoenig

Hannah Holden
Bryan Holtzman
Graham Hotchkiss
Alexander Hovsepian
Nayja Howard
Michael Howd
Serena Huang

Anna Humphrey
Bridget Hunter-Jones
Brandon Huntowski
Rebecca Huynh
Cecilia Igwe-Kalu
Alexander Jacobs
Bry'Aun Jacques

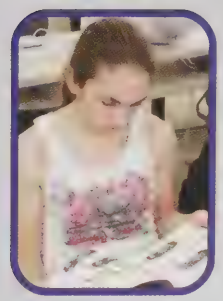
Fresh Faced Freshmen

Freshmen appearing in this spread include: 1. Hannah Holden, Olivia Gutowski 2.Katie Jandl, Danny Brusger, Bridget Hunter-Jones 3. Joe Collins, Kara Caso, Savey Smith, Charlie Maier 5. Tim Kennelly, Brendan Kelly 6. Scott Bluni, Tyler Cyr, Christina Cafferella 7. Nate Kania, Arby Torrossian 8. Ariel Wein, Rima Gimayel, Allie Rottman, Morgan Peck, Christine Oh 9. Ali Capone, Jenna DiCcico 10. Sabrina Volante, Lauren Confort, Alexi Prenetta, Emily Perry, Sage Cogborn, 11. Quran Ware

photos by Freshmen staff

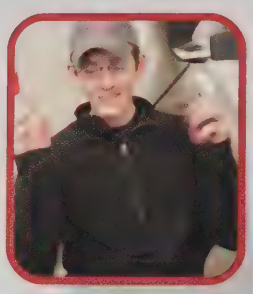
Working Hard or... Hardly Working?

Students utilize the Computer Lab.



Julie Braden focuses hard.

Stephanos Calligas shows off his spirit fingers.



Ben Reiner shows how it's done.

Kevin Liu engages in wishful thinking to cure his writer's block

Charlie Maier has his mouse ready

Andy Nop surfing the web.

Jess Thomas and Megan Connelly dodge the distraction.

Click Here

Online Favorites of Fro

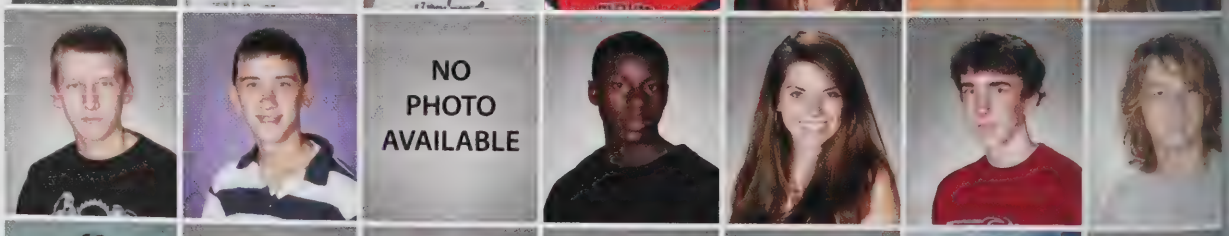
#1 Facebook
#2 AIM
#3 YouTube
#4 addictinggames.com

photos by Austin Smith

Katrina Jandl
Faimara Jean-Baptiste
Alex Jermasek
Trevor Jermasek
Gregory Johnson
Matthew Johnson
Nathaniel Kania

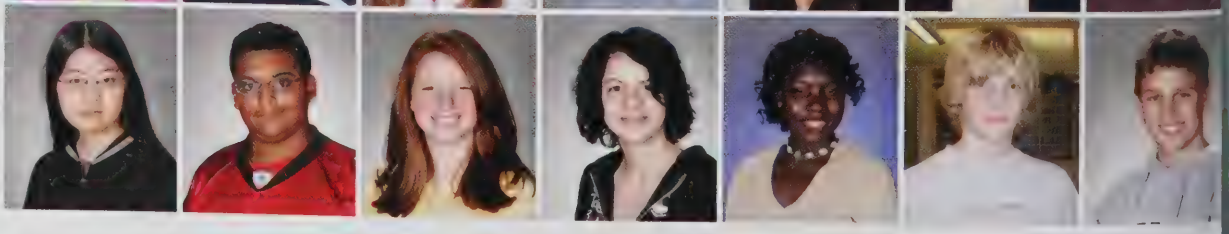
Robert Karn
Matthew Kasle
Eric Kauderer-Abrams
Brendan Kelly
Chelsea Kelly
Andrew Kelly
Emily Kempf

Alexander Kenley
Timothy Kennelly
Dong Kim
Donald Kimble Cook III
Devyn LaCamera
Eric LaRow
Andrew Lassen



Meredith Lataille
Nathan Latta
Jacqueline Laviolette
Nicholas Lawson
Susan Leahy
Kamilla Leao
Jessica Lee

Jessica Lee
Anthony Leo-Mayes
Julia Levy
Eleanor Levy
Kourtney Lewis
Jonathan Lewis
Joseph Libby



Benjamin Link
Kevin Liu
Andrew Luce
Maya Lund
Michael Lutz
Kristin Lynch
Jamie Lyons

Hannah Lyons
Megan MacArthur
Trevor MacKinnon
Eliza Maclean
Periklis Maheras
Kerry Mahony
Charles Maier

Samuel Maier
Gregory Majno
Brooke Maley
Megan Maley
Christopher Manno
Eric Mariasis
Elizabeth Marshall

Lauren Matot
Ryan McCahon
Kevin McDermott
Christopher McDermott
Elizabeth McDermott
Christine McEachern
Owen McGarry

Joseph McGee
Maura McGrath
Kelli McNabb
Brian McQueen
Zachary Michel
Katherine Miller
Dana Miller

L-S After Hours

What is keeping students here so late?

"Robotics."
-Ryan Tsang and Joe Magee

"The Forum."
-Kristie Dickinson

"Working Out."
-Sam Maier

"DYAD."
-Olivia Gutowski

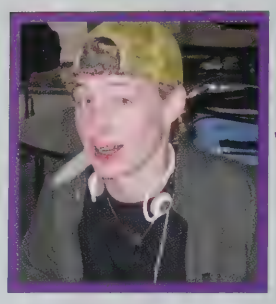
"Working on "The Fountain."
-Julia Fiske, Anna Humphrey, and Katie Smerlas

"Basketball practice"
-Donald Kimble

photos by Hannah Holden

Never Have I ever seen...

... Greg Majno without his sweatshirt.

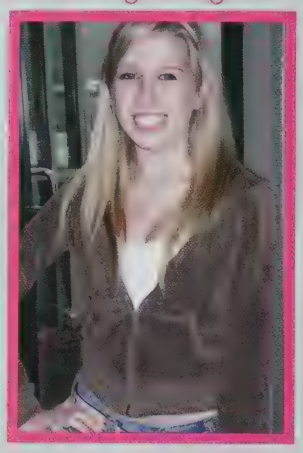


... Rob Karn without his hat.

...Kiki Rautiola not match.

... Nicole Bleiler without her mornir cup of tea.

...Stephanie Titlebaum not wearing a polo.



...Alex Bilbo not wearing something designer.

... Sam Maier without Cindy Smith.

...Paul Schubert without his headphones.

photos by Nicole Ble

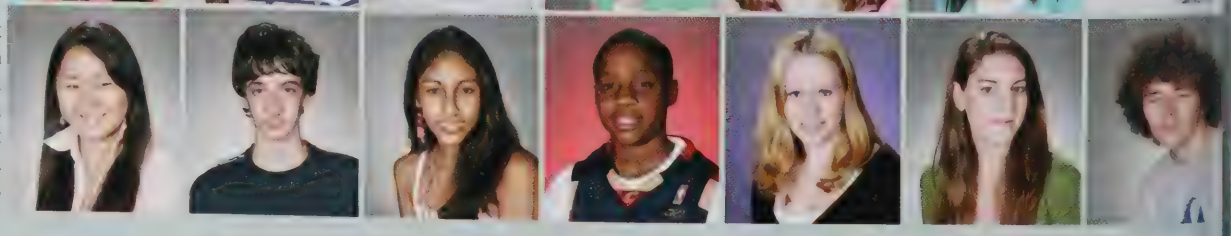
Fanny Mlawer
Carter Mode
Daniel Monahan
Landon Moore
Megan Moritz
Michael Moritz
Meira Morrison

Brendan Mullin
Sean Murphy
Ronique Muse
Amanda Nash
Amanda Nelson
Amanda Netburn
Elizabeth Newman

Jeffrey Newton
Christopher Nifong
Andy Nop
Victoria Noyes
Kaitlin O'Brien
Owen O'Brien
Daniel O'Donoghue

Christine Oh
Abigail Oliveira
Joseph Organisak
Kathryn Orie
Reina Ostar
Michelle Pacifico
Owen Pagano

Hannah Park
Matthew Parvinsmith
Felicia Patel
Demetrius Patterson
Joy Pearmain-Hovestadt
Morgan Peck
Richard Perkins



Emily Perry
Cassandra Perry
David Piazza Jr
Graham Piercey
Thais Pinheiro
Melanie Pollock
Alexandra Prenetta

Kendall Presti
Connor Quinn
David Quinn
Callin Rader
Michael Radulski
Kiirstin Rautiola
Kevin Ravesi

Chelsea Reardon
Benjamin Reiner
Michael Restuccia
Nathalie Reyes
Sarah Richard
Jackson Rimpas
Sarah Riordan

Matthew Rizzo
Wilson Roberts
Orla Roche
Paulina Rodis
Paige Roosa
Jadellys Roque
Jennifer Rose

Daniel Rosen
Michael Rosen
Gregory Rosenbaum
Allison Rottman
Austin Rourke
Claire Rudder
Kayla Rudder

Leaping into High School

What makes high school better then middle school?

"High School is definitely better than middle school because there is more freedom, better classes and we are able to chew gum! The teachers are also less strict in high school."
Liz McDermott

"Hats, frees, and older women."
Graham Piercey

"I like the freedom you have in the high school."
Chris Stoll

"I think high school is better because you have better surroundings; the people around you that you know or don't know are still friendly. "
Jasmine Goodrum

"Ordering takeout for lunch."
Taylor Charest

"EVERYTHING!"
Austin Rourke

In this picture: Hannah Fitzsimons and Emma Costello; Photo by Austin Smith

The **Terror** of the Senior Spot

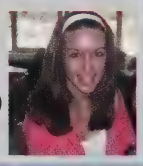
How Do You Feel About the Senior Spot?

"I love it! I think it's really useful."
-Dan Sawyer

"I feel like they're all watching me. Like staring at me!"
-Leah Sax

"It makes me feel like a silly little freshman."
-Amanda Nash

"It's where the cool cats go."
-Monica DiStefano



"It will be sweet to have it when I'm a senior."
-Lee Eustis

photos by Olivia Gutowski

Benjamin Ryan
Danielle Sackstein
David Sackstein
David Sadowsky
Max Sagan-Gutherz
Hannah Salkovitz
Peter Salvia II

William Samayoa
Jennifer Sanders
Tony Sanders
Caroline Santinelli
Andie Savel
William Sawyer
Daniel Sawyer

Leah Sax
Nico Schottenhamel
Allison Schreiber
Paul Schubert
Andrew Schwalm
Nicolaus Serbedzija
Ivan Seto

Zaynah Shaikh
Sean Sharkey
Tessa Sheehan
Kelly Sherrer
Daniel Shimkus
Nicholas Shirley
Trevor Shorb

Amanda Shore
Alissa Shulman
Ari Sillman
Abigail Silverman
William Simon
Dareek Sims
Katherine Sisk

Malcolm Sledge
Matthew Sliwkowski
Katherine Smerlas
Savannah Smith
Benjamin Smith
Cynthia Smith
Taylor Snow

Tory Spaziani
Andrew Staniar
Anike Staples-Martin
Julia Starr
Joshua Sternberg
Katherine Stevenson
Christopher Stock

Erica Stockwell-Alpert
Christian Stoll
Regan Stubbs
Robert Stuckey
Michael Sullivan
Michael Sylvia
Tate Tabtieng

Rosie Tait
Jacqueline Tan
Jasmin Taylor
Savannah Tenney
Michael Terren
Jessica Thomas
Jill Thompson

Stephanie Titlebaum
Arby Torossian
Matthew Trefry
Ryan Tsang
Jenna Marie Vercollone
Randy Vicente
Sabrina Volante

Embarassing Moments at School

"I walked into my math class and sat down in my seat. Once I got situated I realized that everyone was looking at me funny. I looked around class and realized I was in the wrong block because I had sat in an all sophomores class! I grabbed my things and ran. It was really embarassing!"

"At the very beginning of school I was walking in front of the senior spot. I don't know how it happened, but I slipped and slid on the floor. It would have been ok except that so many people saw and they started clapping! Some kid also started taking pictures! It was really bad!"

"I was taking off my sweatshirt and by accident my shirt came with it. I ending up flashing a good amount of people...oops!"

"I was breaking it down in the hallway with my friend and going all out thinking nobody was watching. We turned around and realized we were wrong: the whole janitorial staff was staring at us. We couldn't help but just laugh it off."

"My friends thought it would be funny to pass a note to a guy I had a crush on in my painting class at a basketball game. They wrote his name on the front of a napkin and passed it down the row. I later found out they wrote "call me" with a heart and my cell phone number on the inside!"

[illegible] according to the spring [illegible] 1. Aaron Gundy 2. Owen McGarry, Devyn LaCamera 3. Brandon Huntsville 4. [illegible] Amanda Nash 5. Demetrius Patterson 6. Christine Oh, Rima Gemayel 7. Paul Schubert 8. Jess Greenwood, Landon [illegible] Dana Azzolino 10. Chris Stock 11. Megan Maley, Sean Cummins 12. Brendan Mullin 13. Tori Hayes, Jon Carlson

Kate Von Alt
Emily Walker
Quran Ware
Chamaine Washington
Shanice Washington
Erik Watkins
Ariel Wein

Dane Weinberger
Jonathan Weinstein
Matthew Weinstein
Shawna Welch
Julia Welsh
Katherine Welsh
Caroline Williams

Carrissa Wilson
Charles Wilson
Taylor Witkin
Julie Woodbury
Matthew Wurm
Caroline Yang
Alexandra Young

Andrew Yu
Nevin Zais
Andrew Zieff
Nicole Zusman

Dan Gordan, Chris Nitong

Carrissa Wilson, Olivia Dorey

Amanda Sexton, Abby Silverman

Zaynah Shaikh

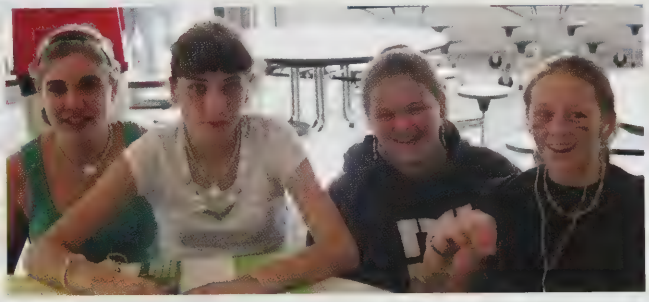
Kate Sisk and Andie Savel

Christine McEachern, Julia Levy, Emily Arista

Allie Young, Lisa Giorgetti, Lyla Watkins, Kendall Presti

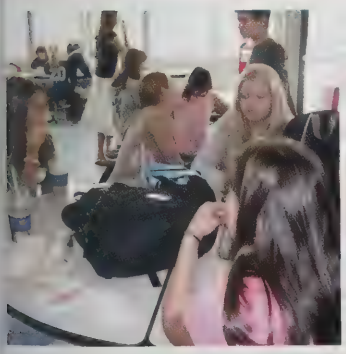
Mike Sylvia, Greg Johnson, and Brendan Kelly

Tiffany Dessain and Kiki Rautiola



Katherine Alwan, Shawna Welch, Jennifer Brodeur, Natasha Block

Mami Morita

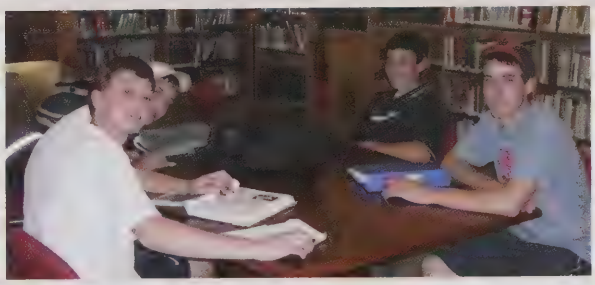


Freshman Life

Zack Michel and Brian McGuiness

rry Mahony, Kate Orie, Hannah Fitzsimons, Chelsea Reardon, z McDermott, Allie Chantiles, Rosie Tait, Meghan Connelly, ndsay Bender.

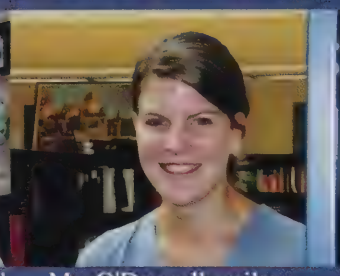
Kenneth Cooper

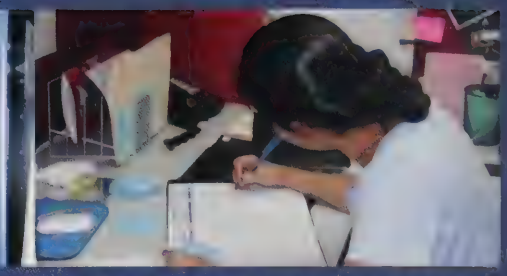


Charlie Wilson, Tim Kenelly, Ben Link, Derek Abel

tos by Tiffany Dessain, Abby Silverman, and Austin Smith

Ms. Iandoli enjoys her work.


Ms. O'Donnell smiles happily for the camera.


Ms. Meskoob plans her lesson for the day.

s t a f f

"I can't say enough about how amazing the faculty and staff of L-S are. I am so proud to be a part of this family- this year more than ever. From our commander- in- chief right down to the custodians. There is no other school with a more professional and caring staff. But don't take my word for it-just talk to the thousands of former students who graduated from this school and return for a visit because they still love it and the staff. They return to feel the energy of L-S by walking the halls."

Bruce D. Millet
L-S Second Shift Building Foreman
23 years

Mr. Grant happily grades papers.

Mrs. Knight enjoys a banana.

Mr. Danko supports his handstand.

Alfonso Abadia
Debbie Aiello
Jorge Allen
Rami Alwan
Linda Anderson
Yoshitaka Ando
John Ansty

Nathaniel Armistead
Beth Armstrong
Karen Arsenault
Charli Asta-Ferrero
Gail Baker
Ned Banta
Robert Barnes

Lois Bartee
Leslie Belcher
Judith Belliveau
Chris Belmont
Antoinette Benhaim
Richard Berger
Cailleen Bernardi

Bethany Bernasconi
Kate Berry
Jim Berry
Caroline Berz
Debra Bieler
Virgina Blake
David Bloom

Interviews with the English Department:

Brian Ward

Q: What is your favorite quote?
A: "Nothing alive can be calculated." - Kafka Letter to his father
Q: What is the most creative excuse you've heard?
A: "A horse has four legs and still it stumbles."

Mark Mason

Q: What are you most well known for?
A: Unnecessary hand gestures during class.
Q: What would you have been if you weren't a teacher.
A: Fork lift operator

Daniel Lewis

Q: What's the most creative excuse you've ever heard?
A: "I couldn't do it because my hand got run over."
Q: What are your pet peeves?
A: IM slang in essays
Q: What's the most frequent excuse you've heard from a student?
A: "I sent it to you on email – didn't you get it? Maybe I typed the address wrong."
Q: What is your advice to students?
A: Do something you're proud of every day.

Danielle Weisse

Q: What is your advice to students?
A: Don't gossip. You never know who's listening and how low you might sink in their esteem.
Q: How has LS changed since you started working here?
A: I'm now one of the "senior" people in my department! And the salads in the caf are better.
Q: What is your pet peeve?
A: Crinkly bags of potato chips and the phrase "equally as."

Rebecca Carr

Q: What was your most embarrassing moment?
A: One day I wore a sweater backwards, and a student pointed it out in front of the whole class.
Q: What would you have been if you weren't a teacher?
A: Here are my fantasy jobs - not grounded in reality at all: Red Sox baseball scout. Landscape painter. Stormchaser.

Casey Riley

Q: What was your most embarrassing moment?
A: In 7th grade I found a dead mouse in my snow boot. I'd been wearing it all day and only discovered the corpse when I shook the thing out at my locker, in front of everyone.

Interviews with the Language Department

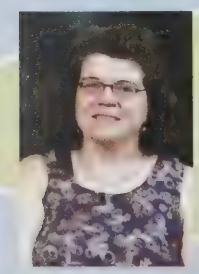
Linda Twomey

Q: What is your advice to students?
A: Think about spending a semester abroad as part of your post L-S experience.
Q: How has L-S changed since you started working here?
A: The most noticable change has been the move to the new school.

Michael Clark

Q: What is the most frequent excuse you've heard from a student?
A: I left my book/homework/assignment at home.
Q: What would you have been if you weren't a teacher?
A: A contemplative monk

Joan Campbell



Q: What is your advice to students?
A: Chill! Enjoy the moment of high school. College will come soon enough. Enjoy the opportunitie that this unique and supportive environment offers you.
Q: How has L-S changed since you started working here?
A: We're a lot more compartmentalized now.

Maureen Bolton
Lisa Bonazzoli
Mary Buonamico
Eleanor Burke
Tracey Burke
Patricia Burkhardt
Amy Butler

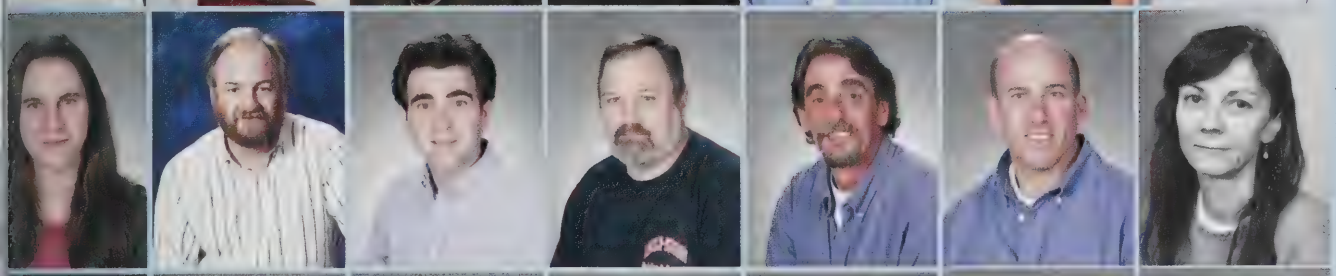
Vicky Caburian
Donna Cakert
Marjorie Callahan
Elizabeth Campbell
Joan Campbell
Nancy Carbutt
Lynn Carlson

Scott Carpenter
Rebecca Carr
Aimee Castonguay
Janette Cavallo
Nancy Childress
Michael Clark
Rosemary Colson
Dan Conti

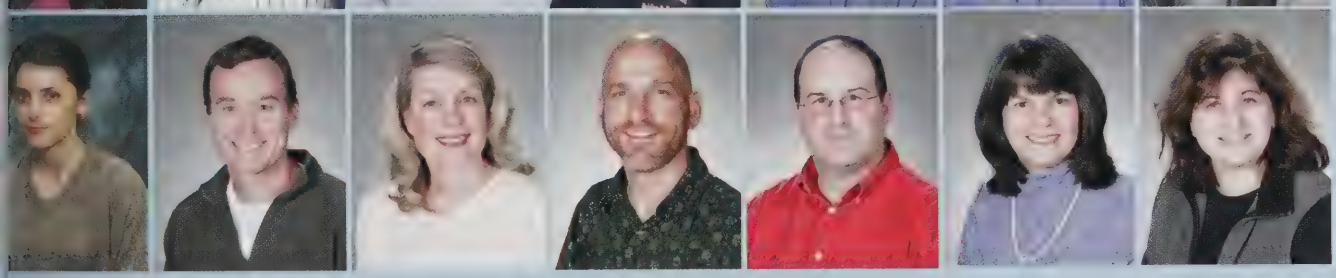
Joanna Crawford
Sandy Crawford
Alison Cutler
Karen D'Amore
Daniel Damelin
Thomas Danko
Whitney Davidson

William Davison
Joanne Delaney
Charles Despotopulos
Laurie Despotopulos
Nicole Digenis
Roz Drawas
Fred Egizio

Peter Elenbaas
Cynthia English
Nancy Errico
Carly Evans
Eric Eversley
Cyndy Fallwell
Brian Fauvel



Sara Fine-Wilson
Isaac Fisher
John Flynn
Donald Foss
Peter Frederickson
David Fredrickson
Susan Frommer



Marie-Josee Galano
Greg Gammons
Joan Gaumnitz
John Germanotta
Joshua Gilman
Patricia Gogan
Nancy Goldstone

Interviews with the History Department:

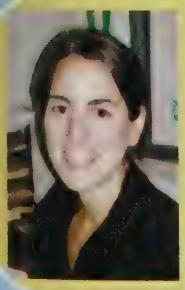
Phil James

Q:What would you have been if you weren't a teacher?
A: A Rabbi

David Hosford

Q: What is the best advice you have ever received?
A: There are three important parts to life: where you are, what you are doing, and who you are with. Strive to always be happy in two of these areas and you will have a good life.
Q: What would you have been if you weren't a teacher?
A: Probably bored.

Caroline Berz



Q: What is the most frequent excuse you've heard from a student?
A. I was sick last night.
Q: What is the best advice you have ever received?
A: Don't take life too seriously.
Q: What would you have been if you weren't a teacher?
A. an astronaut, a lawyer, or a doctor

Annie McGuire

Q: What is the most creative excuse you have ever heard?
A: My printer broke...
Q: What is the best advice you have ever recieved?
A: Always finish strong. Life is what you make of it.

Interviews with the Math Department

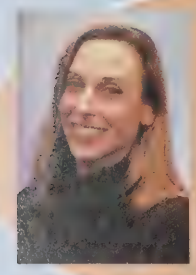
Doug McCraith

Q: What is the best advice you have ever received?
A: You don't have to do it all at once.
Q: What would you have been if you weren't a teacher?
A: Tax Lawyer

Lisa Weiss

Q: What is your advice to students?
A: Don't do too much– be happy with enough.
Q: How has L-S changed since you started working here?
A: More students. Larger classes.

Donna Guarino

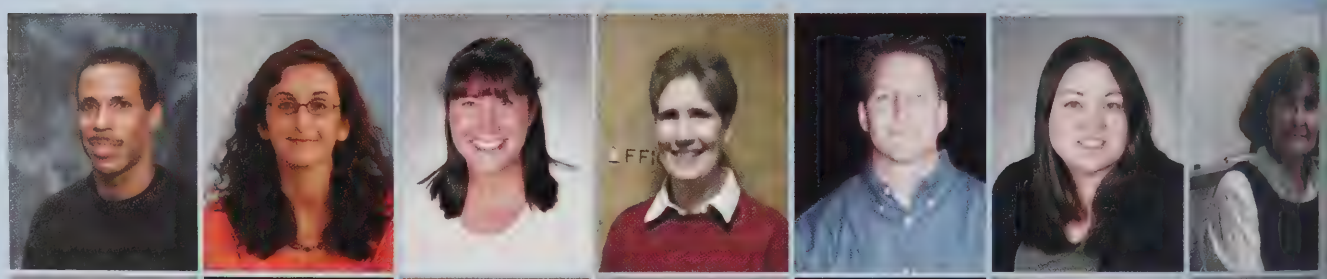


Q: What is your favorite quote?
A: "In the depth of winter, I finally learned that within me there lay an invincible summer." -Albert Camus
Q: What is the best advice you have ever received?
A: I've yet to come across it!

Mike Malone

Q: What is your favorite quote?
A: "Freedom is a heavy load, a great and strange burden for the spirit to underta It is not easy. It is not a gift given, but a choice made, and the choice may be a ha one."
-Ursula K. LeGuin, The Tombs of Atuan
Q: What is your advice to students?
A: Develop the habit of reading for pleas

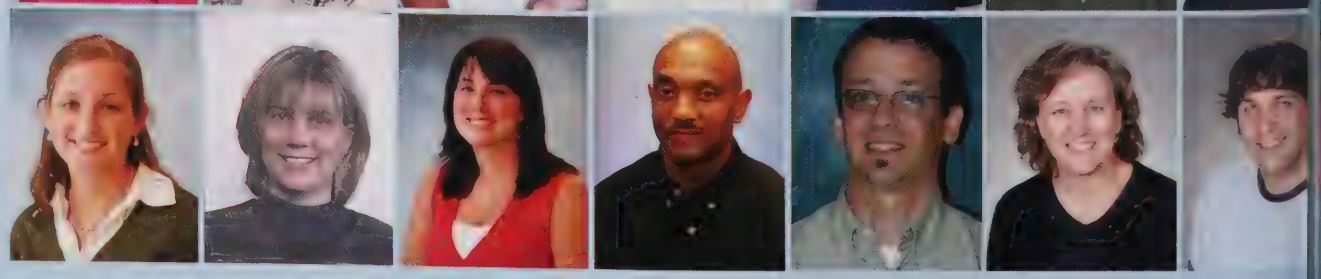
Melvin Gonsalves
Cristina Gonzalea Molina
Kim Goodwin
Debby Grace
David Grace
Mary Ann Grady
Patricia Graham



Thomas Grandprey
Douglas Grant
Barbara Grant
Leslie Gray
Sarah Greeley
Donna Guarino
Caroline Han

Nancy Hart
Ruth Hartt
Linda Hawes
Lorraine Hodin
Sarah Hogan
Anita Honkonen
David Hosford

Lindsay Howie
Lynne Hunter
Angella Iandoli
Philip James
Kurt James
Alissa Jarvis
Timothy Jason



Susan Johnson
Shea Justice
Shoshi Kahn-Woods
Judy Katalina
Diane Kaufman
Erin Kent
Ken Kimura

Leslie Kmiec
Leslie Knight
Anne Kramer
Stephanie Lapat
Denise Lawhorn
Susan Leichtman
Jeff Leichtman

Michele LePietre
Paula Leporati
Ann Marie Lesniak-Betley
Carol Lewis
Dan Lewis
Nancy Lopez
Tracie Lopez

Lisa Lupinacci
Tracey Lyon
Nancy Malloy
Michael Malone
Beth Mangano
Harry Martinez
Mark Mason

Interviews with the Science Department

Leslie Knight

Q: What was your most embarassing moment?
A: Stepping in dog poop on a first date.
Q: What is your pet peeve?
A: Being late (even though I often am, I try really hard not to be).

Dan Damelin

Q: What is your advice to students?
A: Follow your dreams, not the path others have dreamed up for you.
Q: What is your pet peeve?
A: The disrespect some students show by not cleaning up after themselves.

Douglas Grant

Q: What is your favorite quote?
A: In science, learn to "challenge the impossible" and ponder the unknown.

Steve Roderick

Q: What is your favorite quote?
A: "It is only with the heart that one can see rightly. What is essential is invisible to the eye" - Le Petit Prince
Q: What is your advice to students?
A: Approach life as a sponge would approach water.
Q: What is the most creative excuse you've heard?
A: I had to have the last piece of my tattoo done. See?

Allison Richardson

Q: What is your favorite quote?
A: "He who dies with the most debt wins" (not sure who that's from)
Q: What is your pet peeve?
A: Failure of others to show up for appointments and cell phones.
Q: What is your advice to students?
A: Take the time to listen, notice, and understand the world around you.

More Staff Interviews

Mark Santoro

Q: What was your most embarrassing moment?
A: Being accidently tripped by a student at full sprint, and falling flat on my face sending my radio flying and all.
Q: What are you well known for?
A: Busting kids-but somehow still being very cool about it. I think.

Vicky Caburian

Q: What is your advice to students?
A: Take advantage of opportunities at L-S
Q:How has L-S changed since started working here?
A: More kids= more fun!

Anne Walker

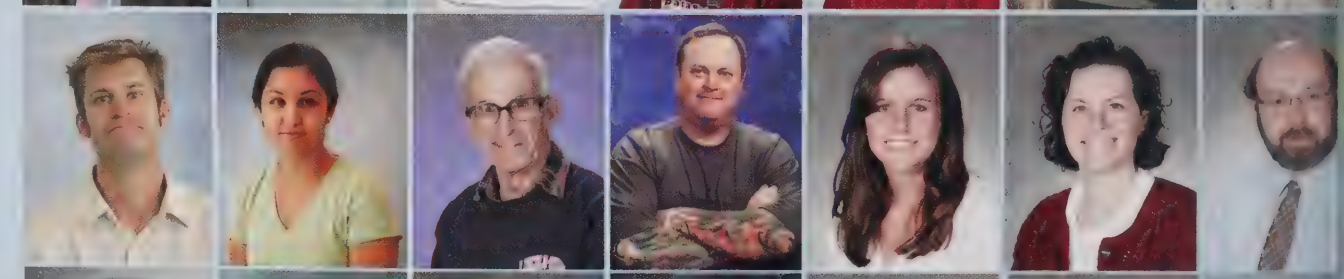
Q: What is the best advise you have ever received?
A: People don't change. (The only person you can change is yourself.)
Q: What would you have been if you weren't a teacher?
A: A landscape designer.

Beth Armstrong

Q: What is your message to students?
A: Once the words are out the you can't take them back. Thi
Q: What are your pet peeves?
A: Lazyness, disrespect, rude

Michael Mayer
Kelly Mazza
Elizabeth McClung
Matt McCormick
Douglas McCraith
Anne McGuire
Jason Medeiros

James Merkle
Shireen Meskoob
Paul Miceli
Bruce Millet
Kate Mooney
Jane Murphy
Dale Myers



James Newton
Bourke Noordzij
Heather Norton
Meghan Notari
Annalisa Notaro
Gail Nozik
Tara O'Donnell

Nancy O'Neil
Anne O'Reilly
Lisa Olsson
Joe Pacenka
Carol Padden
JoAnn Paolucci
Samantha Parker

Connie Patten
Nyssa Patten
Lisa Peck
William Pegram
Suanne Peterson
Emily Phillips
Dennis Phillips

Shara Pilch
Judy Plott
William Plott
Deborah Proctor
James Raffel
William Ray
Hanka Ray

Jennifer Reen
Rebecca Reitz
Allison Richardson
Francesca Ricker
Anthony Rigoli
Casey Riley
John Ritchie

Silvana Robertson
Steven Roderick
Michelle Roderick
Naomi Rosenthal
Kevin Rossley
John Rossley
Iain Ryrie

Ruth Hartt

What is your pet eve?
When you think that the usical "Phantom of the era" is an actual opera.
What are you most own for?
Singing opera!

Aimee Castonguay

Q: What is your advice to students?
A: Try to have a good laugh everyday.
Q: What is the most creative excuse you have ever heard?
A: Something about ninjas.
Q; What are your pet peeves?
A: brake lights

Eric Eversley

Q: What is your favorite quote?
A: "It is certain, in any case, that ignorance, allied with power, is the most ferocious enemy justice can have?"
Q; What is your message to students?
A: See as much of the world as you can and cherish all the people and experiences along the way.

Judy Katalina

Q: What is your message to students?
A: Enjoy your high school years, you'll never get them back.
Q: What was your most embarrassing moment?
A: Generally, it's walking in on kids . . .
Q: What is the best advice you have ever received?
A: It is what it is...you can't change the past so just move on.

Nyssa Patten

Q: What is your message to students?
A: Learn how to use your brain. If you can think, you can do anything you want to.
Q: What is your advice to students?
A: Do your best. Find your place in the world. Don't get lost in the stress of high school-have fun learning. Never lose your enthusiasm.

Irene Rideout

Q: What is your favorite quote?
A: A little consideration, a little thought for others, makes all the difference.
-A.A. Milne, "Winnie-the-Pooh"
Q: What is your message to students?
A: In life, you always have a choice.

Kate Mooney

Q: What is your favorite quote?
A: "Success seems to be largely a matter of hanging on after others have let go." -William Feather
Q: What is the best advice you have ever received?
A: Be honest. Be yourself.
Q: What are your pet peeves?
A: Laziness, lying and disorganization.

Dave Walsh

Q: What is your favorite quote?
A: "No matter where you go...there you are." -Buckaroo Banzai
Q: What is the best advice you have ever received?
A: Never fall in love with a house.
Q: What are you most well known for?
A: Being the computer guy.

Barbara Salzman
Alison Sanders-Flemming
Mark Santoro
Paul Sarapas
William Schechter
Carol Schroeder
Kim Schultz

Jean Sheehy
Irene Sheldon
Melisa Shen
Susan Shields
Pam Shreve
Carolin Singler
William Snow

Mark Sobkowicz
Helen Sotiriou
Muriel Stern Riseman
Nicole Stewart
Marcelyn Stoda
Tanisha Tate
Joanne Thompson

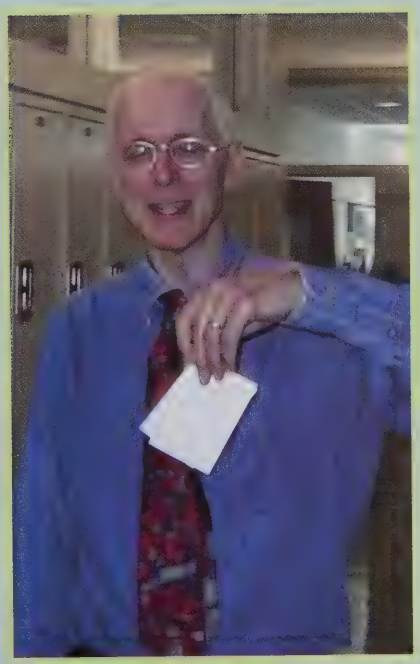
Karen Thomsen
Edward Trunfio
Linda Twomey
Munya Upin
Mike Vayda
Diana Vayda
Alex Waldauer

Anne Walker
Fred Walker
Mary Beth Walsh
Mary Jane Walsh
David Walsh Jr.
Brian Ward
Beverly Weinberg

Lisa Weiss
Seth Weiss
Danielle Weisse
Erica Wilsen
Rick Wise
Paula Wolfe
Jaime Wong

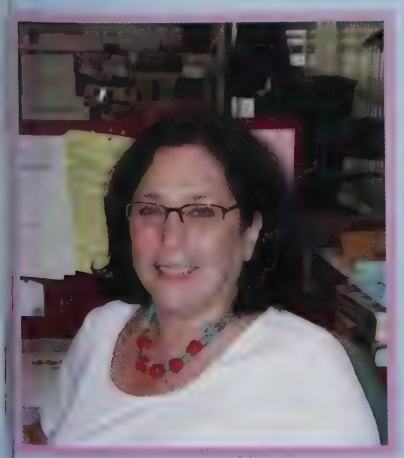
Julianne Yazbek
Richard Young
Jane Young
Irene Yunchia Rideout
Francis Zingale

Ms. Wilson caught in a yawn.



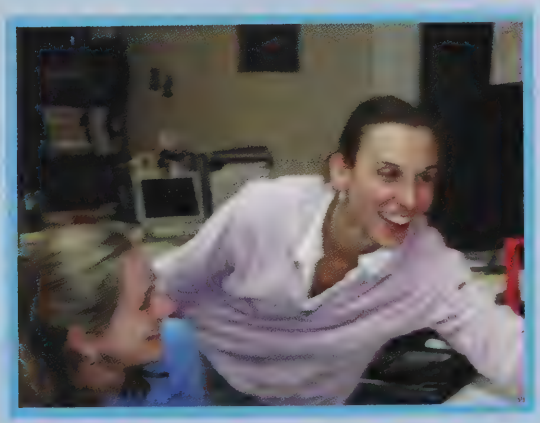
Dr. Pegram having fun with science.

Ms. Young teaching from her computer.



Ms. Kramer smiling for the camera.

Ms. Singler and Ms. Richardson looking at a map.

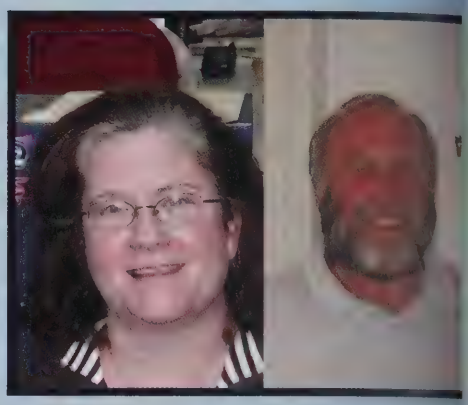


Ms. Howie and Ms. Guarino laughing at a joke.

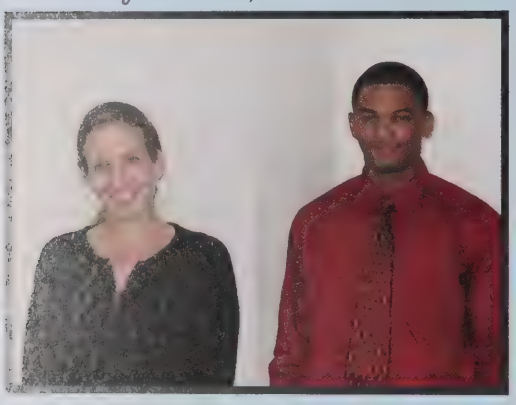
Staff Superlatives

BWOC/BMOC
Judy Katalina/Mark Santoro

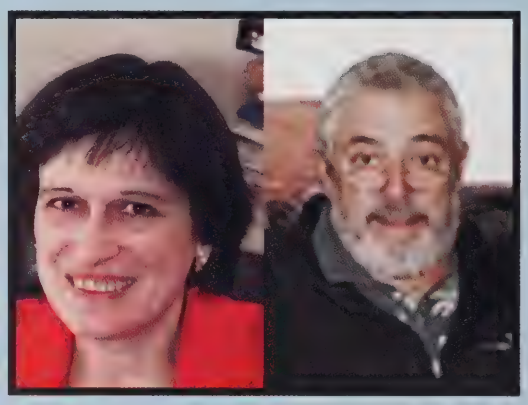
Most Likely to be Mistaken as a Student
Alex Waldaur/Ali Cutler



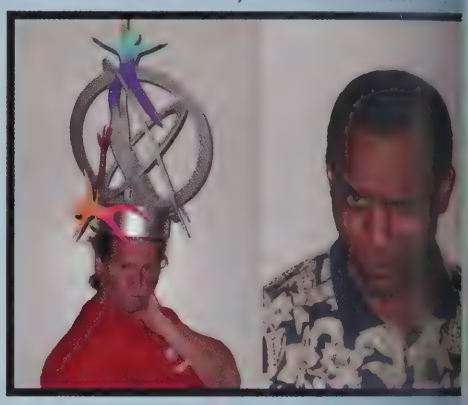
Biggest Red Sox Fan
Lisa Weiss/William Snow



Best Dressed
Anne McGuire/Eric Eversley



Best Couple
Judy and Bill Plott

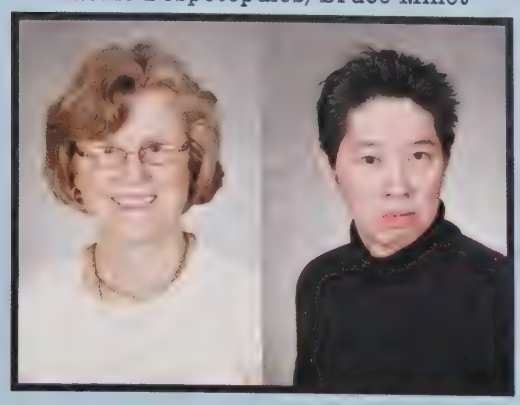


Best Sense of Humor
Sarah Greeley/Shea Justice

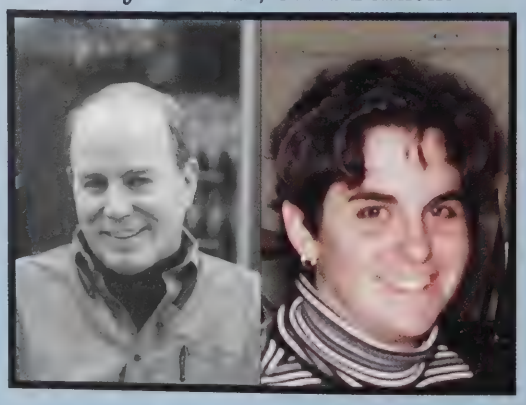
Most Tattoos
Laurie Despotopulos/Bruce Millet

Most Athletic
Vicky Caburian/Chris Belmont

Longest Commute
Lisa Peck 71mins/Edward Trunfio 87m

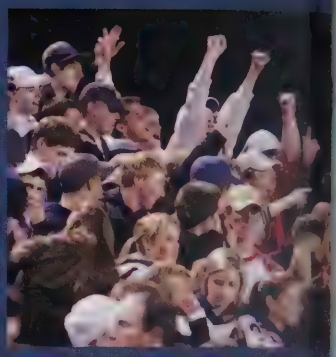


Most Artistic
Anne Walker/Ken Kimura



Most Tech Savvy
Fred Walker/ Kim Schultz

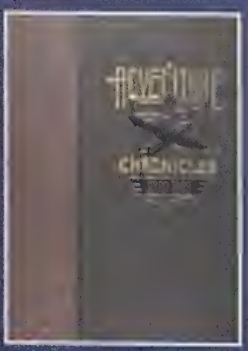
Coolest Car
Marci Stoda /Chuck Despotopulos



sports

Behind
The Scenes

LS
WARRIORS
988
984
992


ADVENTURE
CHRONICLES

CHEERLEADING

VARSITY

Heather Daly, Hannah Dezen, Melissa DiStefano, Monica DiStefano, Shelley Fang, Brianna Felici, Amanda Padellaro, Alissa Shulman, Cynthia Smith, Meghan Trefry, Alesia Venuto, Samantha Weinstein, Caitlin Whitehouse, Michelle Whitehouse, Sophie Wylen

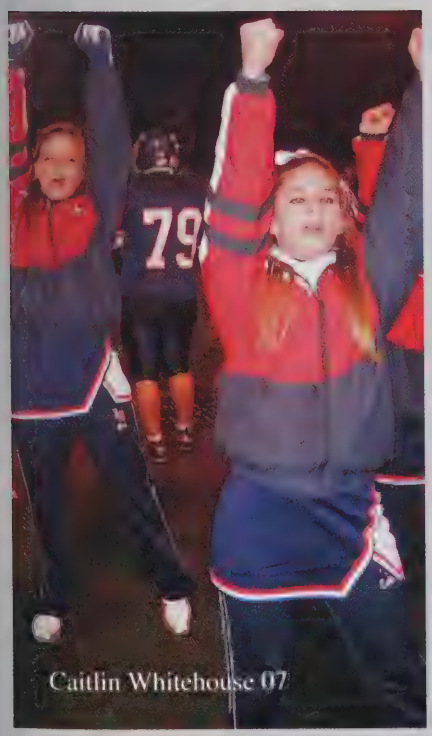
CAPTAINS

Caitlin Whitehouse & Meghan Trefry

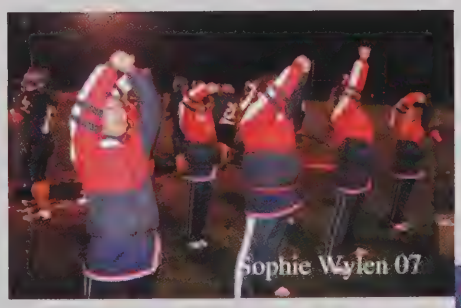
Shelley Fang 07

The cheerleading team pumps up the crowd during a football game. The popular cheers caught on to fans, making games more exciting and involving.

Cheerleaders attract attention with their stunts; in particular, lifting girls high above their heads and chanting, "GO L-S!"



Caitlin Whitehouse 07



Sophie Wylen 07

Photos by: Spenser Heaps and Tali David

BOYS SOCCER

VARSITY

Nicholas Addeo, Kevin Aravind, Brendan Caslin, Nicholas Colantuono, Michael Crosby, Samuel DeNormandie, Thomas Howd, Sander Idelson, Matthew Mills, Garrett Moore, Andrew Mullaney, William Powell, Adam Quint, Ian Russell, Matthew Savit, James Sia, Benjamin Silton, Jake Wagner, Jeffrey Walch, Asher Watson, Stephen Weiss, Marcus West.

CAPTAINS

Matthew Savit & Samuel DeNormandie

JUNIOR VARSITY: David Banerjea, Patrick Barry, Will Bereszniewicz, Aditya Bhandaru, Ryan Cove, Ryan Davis, Matthew Guldberg, Maxwell Haines, Eli Kahn-Woods, Erik Kazior, Kyle Kemp, Chris MacKinnon, Jordan McCarthy, Aiden McGrath, William Mepham, David Neiterman, Christopher Pepi, Ryan Schaub, Sam Silton, Jordan Syatt, Geoffrey Tam, Bryant Wang, Evan White.

Nicholas Addeo 08

FRESHMAN TEAM: Alec Burkin, Jason Goldfarb, Samuel Gruber, Isaac Hoenig, Timothy Kennelly, Donald Kimble Cook III, Nathan Latta, Benjamin Link, Gregory Majno, Landon Moore, Joseph Organisak, Benjamin Ryan, Max Sagan-Gutherz, Nico Schottenhamel, Andrew Schwalm, Daniel Shimkus, Malcolm Sledge, Matthew Sliwkowski, Jonathan Weinstein, Charles Wilson, Trevor Schorb, Ken Cooper.

Sander Idelson 08

Photos by:
Tali David and
Jennifer Addeo

Mike Crosby 08

Marcus West 07

GIRLS SOCCER

CAPTAINS

Katie Heerwagen, Clarissa Odence, & Jane Ricker

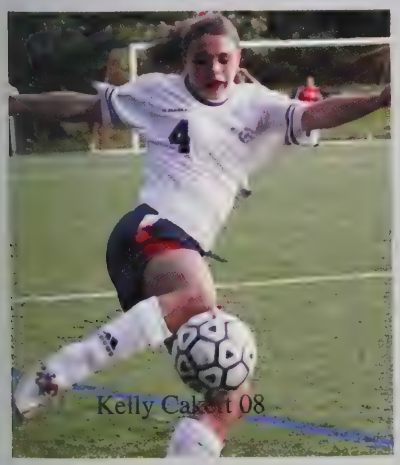
VARSITY

Julianne Albano, Chelsea Audin, Kelly Cakert, Maryn Carlson, Kathleen Davis, Jenna DiCicco, Whitney Donaldson, Rebecca Falender, Emily Ham, Kathryn Heerwagen, Jaclyn Jarmulowicz, Anna Konopacz, Lexy Koop, Kathleen Longo, Michelle Meagher, Brianna Miller, Hannah Mode, Brittany Moorman, Clarissa Odence, Jennifer Reiner, Jane Ricker, Katherine Sisk.

Katherine Sisk 10

JUNIOR VARSITY: Claire Arthur, Hayley Caslin, Kasey Cybulak, Sara Forino, Alexandra Georges, Molly Irving, Elizabeth Longo, Heather MacLeish, Katherine Marriott, Maura McGrath, Sarah Miller, Elizabeth Newman, Evan Pagano, Ellen Quirk, Chelsea Reardon, Leah Sax, Erica Smith, Julia Starr, Anne Swanson, Jenna Marie Vercollone, Carla Weiss.

FRESHMAN TEAM: Lindsay Bender, Whitney Boegel, Jennifer Brodeur, Alexandra Chantiles, Taylor Charest, Lauren Confort, Hannah Gitlin, Kaitlyn Grant, Jessica Greenlaw, Sarah Hodian, Hannah Holden, Chelsea Kelly, Emily Kempf, Susan Leahy, Brooke Maley, Elizabeth McDermott, Callin Rader, Sarah Richard, Paulina Rodis, Katherine Stevenson, Jessica Thomas, Ariel Wein, Shawna Welch.



Kelly Cakert 08

Jaclyn Jarmulowicz 07

Michelle Meagher 08

Hannah Mode 07

Photos by: Tali David

BOYS GOLF

VARSITY

Alexander Benoit, Alex Blake, Nicholas Felici, Andrew Freedman, John Hayes III, David Jaeger, Tucker Kabat, Jack Laurendeau, Michael McCormick, John McInnis, Theodore Meeks, Peter Ruymann, Patrick Ryan, Andie Savel, Austin Smith, Matthew Sullivan.

CAPTAINS

Peter Ruymann & Jack Laurendeau

Nicholas Felici 07

David Jaeger 09

Theodore Meeks 07

Tucker Kabat 09

Photos by: Austin Smith and Kyle Gerbe

Peter Ruymann 07

GIRLS FIELD HOCKEY

CAPTAINS

Malena Lund, Elizabeth Catinella, & Anne Niemi

VARSITY

Kelsey Azzolino, Elizabeth Catinella, Lacey Cumming, Natalie Kerns, Brittany Lawless, Malena Lund, Amanda McGavick, Anne Niemi, Laura Noce, Madeleine Rimpas, Carolyn Ruffolo, Martha Shoemaker, Christine Sinnigen, Brielle Siskin, Alexandra Sliwkowski, Hanna Wagner.

Hanna Wagner 08

Brielle Siskin 08

JUNIOR VARSITY: Jamie Bennett, Katherine Broecker, Alana Dingman, Anna Forman, Jessica Gaines, Hannah Gerry, Lisa Giorgetti, Chelsea Kaczmarsky, Mallory Laurendeau, Maya Lund, Megan Maley, Kathryn Nicholson, Calli Pappas, Tess Shapanka, Jane Siegel, Mira Vale.

FRESHMAN TEAM: Alexandra Capone, Molly Deneen, Tiffany Dessain, Shannon Gilroy, Jessica Greenwood, Bridget Hunter-Jones, Katrina Jandl, Julia Levy, Lauren Matot, Christine McEachern, Abigail Oliveira, Hannah Park, Kendall Presti, Kiirstin Rautiola, Stephanie Titlebaum, Caroline Williams, Alexandra Young, Meira Morrison.

Maddie Rimpas 07

Amanda McGavick 08

Brittany Lawless 07

Lacey Cumming 08

Photos by: Tali David

GIRLS VOLLEYBALL

VARSITY

Rae Bradley, Megan Braun, Caoimhe Browne, Liza Burkin, Lauren McQuillin, Melissa Metz, Ashley Norley, Leslie OBray, Kayla Oteri, Brittany Philips, Andrea Ravenelle, Rebecca Rose, Alexa Rozelle.

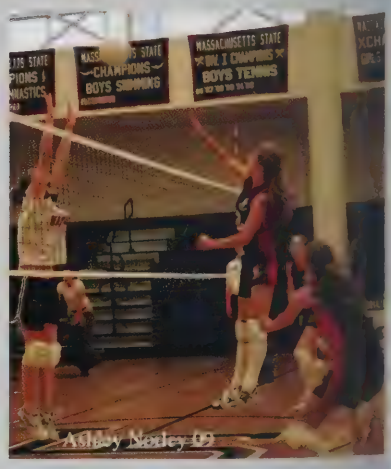
CAPTAINS

Rebecca Rose, Lauren McQuillin, Brit tany Philips, & Rae Bradley

JUNIOR VARSITY: Elizabeth Bakacs, Danielle Cebra, Jordan Chen, Aline Dargie, Margaret Fleming, Sarah Freeman, Grace Hannigan, Christina Maheras, Angela Mattione, Francine Mattione, Amanda Nash, Jennifer Rose, Carly Shortell.

Melissa Metz 07

FRESHMAN TEAM: Allison Baxter, Julianne Braden, Millicent Croman, Jordan Desrochers, Kristine Dickinson, Olivia Gutowski, Felicia Patel, Morgan Peck, Emily Perry, Thais Pinheiro, Jennifer Sanders, Caroline Santinelli.



Ashley Norley 09

Photos by: Tali David

BOYS FOOTBALL

CAPTAINS

Justin Nicholson, Peter Schnorr, & Steven Baillargeon

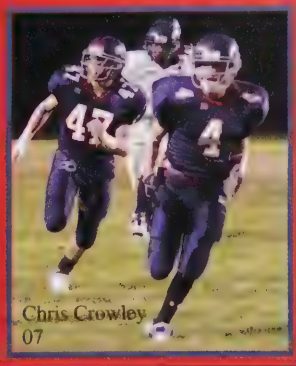
VARSITY

Matthew Antonellis, Michael Antonellis, Keegan Ashley, Gregory Avgerinos, Steven Baillargeon, Andrew Baldwin, Christopher Block,Khoree Bowden Redd, Brian Catinella, Mark Collins, James Coombs, Darren Cromwell, Christopher Crowley, Charles DeFrancesco, Cyrus Elias, Ryan Fitzgerald, Michael Gigliotti, Stephen Giorgetti, Brian Glowacki, Jared Goldstein, Max Haberman, Kevin Hannigan, Matthew Hanson, Eric Hill, Stephen Hodgetts, Mark Hogan, Wesley Hogan, Nicholas Holmes, Alexander Huntowski, Jeffrey Iuliano, Jake Kallarackal, John Kelley, Sean Kleeman, James Lagarce, Edward Landsman, John Leonelli, Ryan Lesko, Alexander Levy, Derek Lowe, Peter Lynch, Jonathan McIvor, Jeffrey McKinnon.,Joshua Mukendi, Ryan Mulvehill, Justin Nicholson, Karl Nyangoni, John O'Connell, John Papapietro, Andrew Parneros, Jesse Pearce, Michael Phillips, Sean Pike, Timothy Porter, Andrew Reich, David Rocklage, Kurt Rogers, Adam Roose, Jason Roth, Ryan Sanford, Peter Schnorr, Jonathan Scotti, Marsay Seymour, John Sinnigen, Jesse Smith, Adam Soloperto, Matthew Stranberg, Ryan Sutherland, Kyle Sweet, Matthew Tatkow, Jeffrey Trotsky, Tyler Tsugita, Nicholas Von Stackelberg, Hakeem Walker, Sean Walsh, Benjamin Wasserman, Tyler Wimberly, Michael Wright, Vatchel Younger.

Mark Hogan 08

Mark Collins 07

FRESHMAN TEAM: Derek Abel, Edward Acton, David Baer, Michael Baranowsky, Benjamin Blanchette, Daniel Boivert, Graham Boyd, Stephen Collins, Patrick Crosby, Samuel Fouad, Joshua Goldstein, Daniel Gordon, Daniel Green, Brandon Huntowski, Alex Jermasek, Gregory Johnson, Nathaniel Kania, Robert Karn, Matthew Kasle, Andrew Kelly,Brendan Kelly, Anthony Leo-Mayes, Michael Lutz, Jamie Lyons, Periklis Maheras, Charles Maier, Joseph McGee, Carter Mode, Brendan Mullin, Jeffrey Newton, Owen Pagano, David Piazza Jr, Connor Quinn, David Quinn, Michael Restuccia, Matthew Rizzo, Wilson Roberts, David Sackstein, David Sadowsky, Peter Salvia II, William Simon, Taylor Snow, Tory Spaziani, Michael Sylvia, Randy Vicente, Nevin Zais.



Chris Crowley 07

Brian Glowacki 07

Photos by: Spenser Heaps and Tali David

GIRLS CROSS COUNTRY

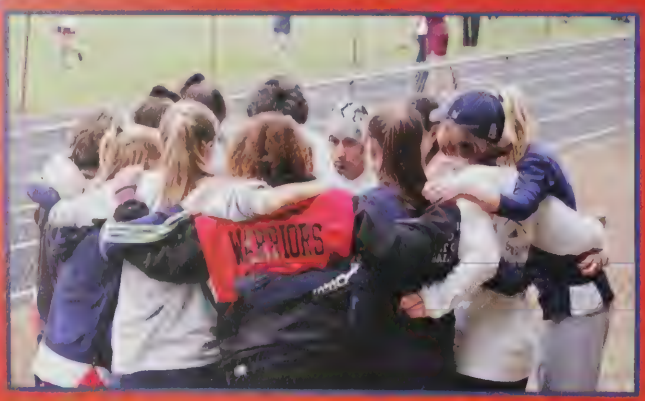
VARSITY

Elizabeth Albanese, Seda Babroudi, Mary Binder, Natasha Block, Holly Clarke, Emma Costello, Molly Cusano, Christine Duggan, Rebecca Earle, Hannah Egan, Chady Gemayel, Nour Gemayel, Jennifer Gossels, Jessica Griffin, Chelsea Hamill, Lauren Hardardt, Abigail Hawkins, Ethel Hylton, Dana Jamieson, Barbara MacNeill, Grace McDermott, Emily Mepham, Emily Miner, Krysten Muldoon, Elena Petkolicheva, Rachael Potter, Olivia Reed, Lindsey Ryan, Danielle Sackstein, Michelle Saint, Allison Schreiber, MaryKate Shelley, Savannah Smith, Erica Stockwell-Alpert, Caroline Van Wart, Stephanie Zeytoonian, Hannah Ziobrowski.

CAPTAINS

Christine Duggan, Hannah Ziobrowski, Molly Binder, Lauren Hardardt, & Krysten Muldoon

Hannah Ziobrowski 08



Cross Country girls get a pep talk before a meet. These talks helped the girls focus and get their minds set to the upcoming races.

At the beginning of the race, these girls are all in synch with each other. Soon enough, they will break away from the pack and show their individual strengths.

Photos by Alec Barnes

Jessica Griffin 09, Lindsey Ryan 09

Danielle Sackstein 10, Ellie Hylton 09, Lauren Hardardt 07

BOYS CROSS COUNTRY

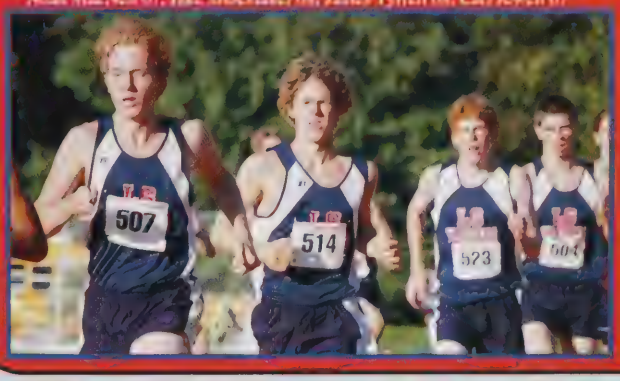
CAPTAINS

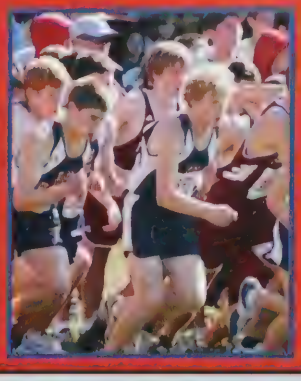
Carl Jewell, Noah MacNeil, & Jacob Shoemaker

VARSITY

Skyler Aikens-Kinney, David Alderman, Alec Barnes, Jeffrey Bradford, Kyle Coletti, Daniel Cooper, Sean Cronin, Benjamin Cutting, Jeffrey Dykes, John Ellersick, Martin Falk, John Francis, David Froot, Andrew Gentile, Benjamin Gossels, Nicholas Grasso, Joseph Iskandar, Carl Jewell, Martin Kafina, Alexander Linden, Noah MacNeil, Eric Mariasis, Jame McCartney, Michael Moritz, Matthew Newton, Jeffrey Palin, Michael Ravesi, Kyle Ray, Mark Robson, Daniel Schwartz, Nicolaus Serbedzija, Jacob Shoemaker, Wade Smith, Jonathan Starr, Daniel Steinbrook, Christopher Stock, Christopher Stranberg, James Tyrrell Jr, Benjamin Watson, William Weddleton, Ryan Whitney, Benjamin Zackin, Rajan Santhamoorthy, Stefonus Galligas.

Noah MacNeil 07, Jake Shoemaker 08, James Tyrrell 08, Carl Jewell 07





Ryan Whitney 07, Alec Barnes 10, [illegible] 07, Alex Linden 08

Photos by Alec Barnes

BOYS BASKETBALL

VARSITY

Brendan Beatty, Nicholas Felici, Kyle Gerbe, Jackie Laurendeau Matthew Miller, Parrish Polk, Ryan Sanford, Benjamin Silton, Jake Wagner, Marcus West, Brian Wilver

CAPTAINS

Marcus West. Brendan Beatty, Matthew Miller, & Jack Laurendeau

Matthew Miller 07

JUNIOR VARSITY: Paul Antion, Matthew Antonellis, Michael Antonellis, Alexander Benoit, Ryan Davis, Samuel Finn, Nicholas Holmes, Kevin Loughry, Nicholas Mollica, Colin Murphy, Tyler Murphy, Lucas Rathjens, Jeffrey Walch

FRESHMAN TEAM: William Bereszniewicz, Stephen Collins, Lee Eustis, Joshua Goldstein, Daniel Grunow, Brandon Huntowski, Matthew Kasle, Eric Kauderer-Abrams, Brendan Kelly, Donald Kimble Cook III, Samuel Maier, Graham Piercey, David Quinn, Dareek Sims

Nicholas Felici 07

Photos by: Spenser Heaps

Parrish Polk

Jack Laurendeau 07

GIRLS BASKETBALL

VARSITY

Katherine Broecker, Kelly Cakert, Elana Carlson, Cortney Davis, Whitney Donaldson, Sarah Dowling, Shatasia Kearse, Allison Linke, Brittany Phillips, Carolyn Swords, Sarah Wetmore

CAPTAINS

Elana Carlson, Carolyn Swords, & Brittany Phillips

Elana Carlson 07

JUNIOR VARSITY: Jessica Allen, Taryn Beatty, Danielle Cebra, Jenna DiCicco, Olivia Dorey, Dianna Gormley, Grace Hannigan, Megan Maley, Brianna Miller, Elizabeth Newman, Julia Prince, Julia Starr

FRESHMAN TEAM: Julianne Braden,Jordan Desrochers, Susan Leahy, Brooke Maley, Lauren Matot, Christine McEachern, Maura McGrath, Joy Pearmain-Hovestadt, Emily Perry, Sarah Richard, Tessa Sheehan, Shawna Welch

Carolyn Swords 07

Sarah Wetmore 08

Cortney Davis 07

Brittany Phillips 07

Photos by: Spenser Heaps

GYMNASTICS

VARSITY

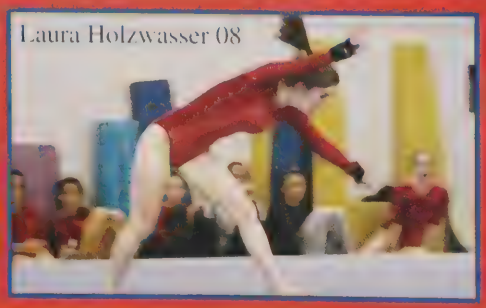
Katherine Braun, Rachel Braunstein, Marissa Dolan, Laura Holzwasser, Amanda Nash, Reina Ostar, Rebecca Rose, Erin Sharkey, Jenna Swotinsky, Kristen Watkins

CAPTAINS

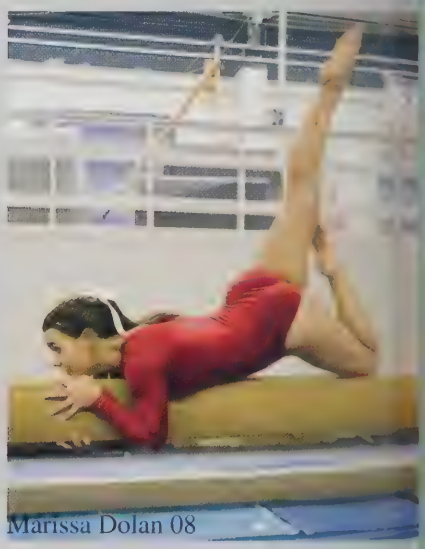
Katherine Braun, Rebecca Rose, & Kristen Watkins

Rebecca Rose 07

Kristen Watkins 07



Laura Holzwasser 08



Marissa Dolan 08

Amanda Nash 10

Photos by: Austin Smith

Erin Sharkey 08

Katherine Braun 07

WRESTLING

VARSITY

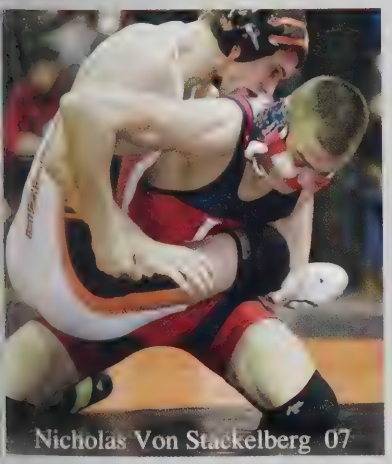
Steven Baez, Mark Benhaim, Evan Biller, William Binder, Raymond Bores, Matthew Ciampa, Matthew Dacey, Stephen DeFilippo, Cyrus Elias, David Garelik, Justin Gibbs, Matthew Hardardt, Michael Howd, Jeffrey Iuliano, Alexander Jacobs, Jeremy Lasky, Ryan Leggett, Christopher MacKinnon, Trevor MacKinnon, Tucker Matthews, Ryan McCann, Jeffrey McKinnon, Carter Mode, Jeffrey Newton, Jonathan Nichols, Justin Nicholson, Owen O'Brien, Daniel O'Donoghue, Jason Orlando, Michael Pace, Eric Pennington, Derek Richards, Peter Ruymann, Txai Sabghir-Frota, Jason Shuman, Jesse Smith, Jonathan Starr, Christian Stoll, Matthew Stranberg, Jordan Syatt, Alan Tam, John Tyiko III, Nicholas Von Stackelberg, Sean Walsh, Evan Whitney

CAPTAINS

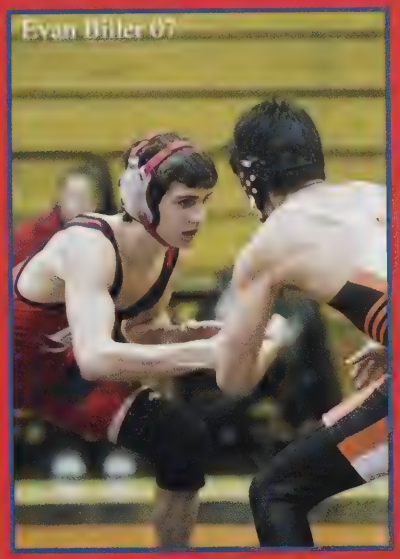
Nicholas Von Stackelberg, Justin Nicholson & Ryan McCann

Justin Nicholson 07

Jon Starr 08

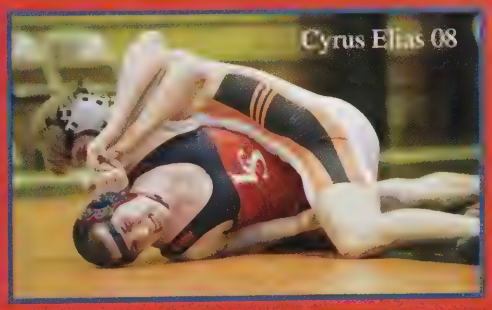


Nicholas Von Stackelberg 07

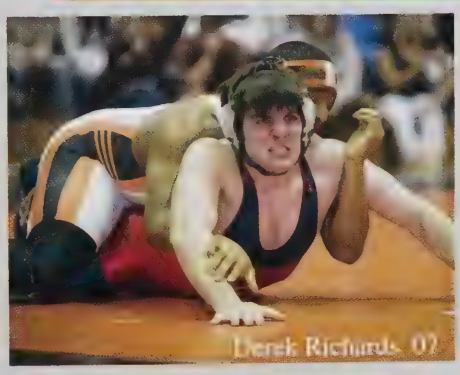


Evan Biller 07

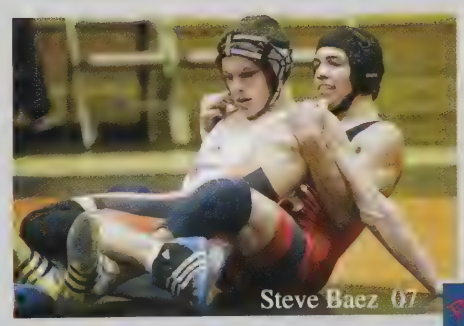
Eric Pennington 07



Cyrus Elias 08



Derek Richards 07



Steve Baez 07

Photos by: Tali David and Spenser Heaps

SWIMMING & DIVING

GIRLS

Megan Braun, Jennifer Carder, Katherine Carder, Lisa Colombo, Heather Daly, Amie Fleming, Abigail Hanson, Julia Hanson, Anna Heffernan-Fagone, Margaret Hutchinson, Marisa Keller, Emily Kelly, Caroline Mackie, Julia McGrath, Victoria Noyes, Anna O'Connor, Cassandra Perry, Jennifer Reiner, Claire Rudder, Caroline Santinelli, Martha Shoemaker, Eleanor Welles-Gertz, Alyson Yacobian, Nicole Zais, Catherine Zingale

CAPTAINS

Jacob Shoemaker, Tucker Krone, Patrick Demarle, Amie Flemming, Martha Shoemaker, & Lisa Colombo

Jacob Shoemaker (

Matthew Johnson 10

BOYS

Alexander Boyd, Graham Boyd, Stephanos Calligas, Patrick DeMarle, Scott Ehrmann, Scott Foley, Joseph Iskandar, Matthew Johnson, Martin Kafina, Tucker Krone, Jacob Lifschultz, Charles Maier, Michael Marolda, Owen McGarry, Matthew Newton, Patrick Ryan, Jacob Shoemaker, Bryce Shulman, Benjamin Smith, Stephen Weiss, Ian Wetherbee, Matthew Wurm, Thomas Wurm

Patrick DeMarle 07

Photos by: Spenser Heaps

Martha Shoemaker 07

Katherine Carder 08

Thomas Wurm 08

ALPINE & NORDIC SKIING

CAPTAINS

Brian Devaney, Kelsey Azzolino, Clare Costello, Michael McCormick, Alissa Long, & Sam Koekkoek

GIRLS

Kelsey Azzolino, Kathrine Briedis, Maryn Carlson, Clare Costello, Emma Costello, Hannah Egan, Elicia Epstein, Rebecca Falender, Jessica Flavin, Jessica Gaines, Emily Gazda, Kaitlin Jones, Lindsay Kaplan, Alissa Long, Eliza Maclean, Megan Moritz, Sarah Neurath, Lauren Prince, Jenna Romeo, Lindsey Ryan, Danielle Sackstein, MaryKate Shelley, Katherine Sisk, Emily Taylor, Amy Wald, Amanda Watson, Alexandra Young

Justin Skloff 08

Emily Taylor 07

BOYS

David Alderman, Sean Cronin, Brian Devaney, Jeffrey Dykes, James Ellersick, Adam Foldi, Daniel Green, Merrit Hall, Ryan Healy, Isaac Hoenig, Nicholas Holden, Bryan Holtzman, Samuel Koekkoek,Eric LaRow, James McCartney, Michael McCormick, Kyle McDonald, John McInnis, Andrew Parker, Nicolaus Serbedzija, Nicholas Shirley, Nathan Shron, Justin Skloff, Austin Smith, Christopher Stock, Christopher Stranberg, Alexander Streisand, Andrew Tsai, Taylor Witkin, Benjamin Wolkon, Jeffrey Woodard, Benjamin Zackin, Nevin Zais, Andrew Zieff

Michael McCormick 07

Kelsey Azzolino 08

Merrit Hall 10

Photos by: Austin Smith

BOYS HOCKEY

VARSITY

Matthew Barrie, Brandon Blake, Charles DeFrancesco, Daniel Glanz, Owen Griffin, Russell Halliday, John Hayes III, Jordan Jacobson, Jordan McCarthy, Liam McInerney, Theodore Meeks, Brian Meyers, Matthew Mills, Garrett Moore, Sean Pike, Matthew Sullivan, Michael Ting, Evan Tonkel, Evan White, Michael Wilson

CAPTAINS

Brian Meyers, Russell Halliday, & Brandon Blake

JUNIOR VARSITY: Patrick Barry, Daniel Cooper, Brent Crane, Kyle Croman, John Ellersick, Patrick Hebble, David Hopland, Daniel Kaplan, Robert Karn, Nathan Latta, Jonathan Lewis, Joseph Libby, Liam Martens, Daniel Monahan, Connor Quinn, Jackson Rimpas, Julien Rousson, Daniel Sawyer, Ryan Sutherland

Brian Meyers

Evan Tonkel

Owen Griffin 07

Photos by: Alex Blake and Tali David

L-S Faces Off Against Waltham

Russell Halliday

GIRLS HOCKEY

CAPTAINS

Emily Ham, Elizabeth Catinella, & Kayla Defrancesco

VARSITY

Kerry Brais, Elizabeth Catinella, Taylor Charest, Kayla Defrancesco, Emily Ham, Jaclyn Hamwey, Molly Irving, Connie Lu, Danielle McAvoy, Amy Nesky, Jane Ricker, Marlayne Saidnawey, Stephanie Titlebaum, Jenna Marie Vercollone, Hanna Wagner, Tanya Willey

Kayla Defrancesco 07

Elizabeth Catinella 07

Danielle McAvoy 08

Emily Ham 07

Taylor Charest 10

Marlayne Saidnawey 09

Connie Lu 07

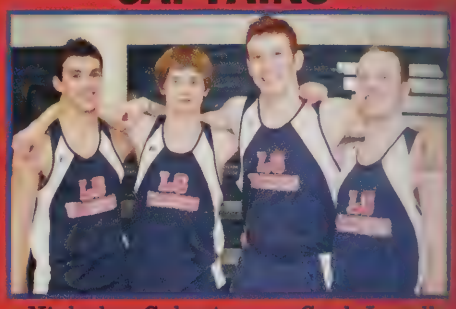
Photos by: Tali David

BOYS WINTE
TRAC

VARSITY

Eric Adams, Trevor Atkinson, Alec Barnes, Taylor Berliant, Khoree Bowden Redd, Jeffrey Bradford, Justin Chang, Nicholas Colantuono, Ryan Cove, Benjamin Fowler, John Francis, Benjamin Gossels, Nicholas Grasso, Christopher Halsted, Kevin Hannigan, Wesley Hogan, Thomas Howd, Sander Idelson, Carl Jewell, Kyle Kemp, Ryan Kemp, Colin Kleeman, Sean Kleeman, Daniel Klein, Alexander Linden, Jamie Lyons, Noah MacNeil, William Mepham, Michael Ravesi, Adam Roose, David Sadowsky, Ross Schultz, Andrew Schwalm, Daniel Schwartz, Matthew Sliwkowski, John Spinelli, Geoffrey Tam, Steven Tenure, Matthew Thompson, Jeffrey Trotsky, Lawrence Tse, James Jr Tyrrell, Andrew Vargo, Bryant Wang, Michael Whyte, Gregory Yuen

CAPTAINS

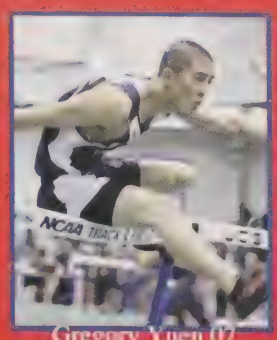


Nicholas Colantuono, Carl Jewell, Taylor Berliant, & John Spinelli

Sean Kleeman 08

Bryant Wang 08

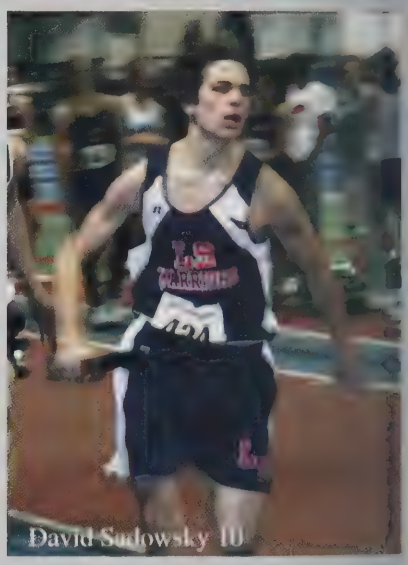
Nicholas Colantuono 07



Gregory Yuen 07

James Jr Tyrrell 08

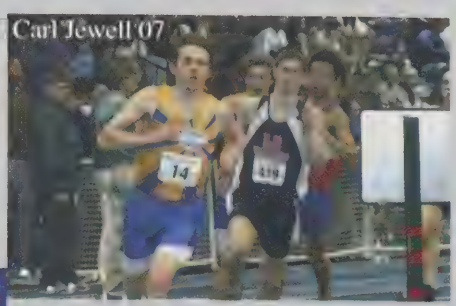
Noah MacNeil 07



David Sadowsky 10

Benjamin Gossels 07

Photos by: Bryant Wang and Larina Kleynerman



Carl Jewell 07

GIRLS WINTER TRACK

VARSITY

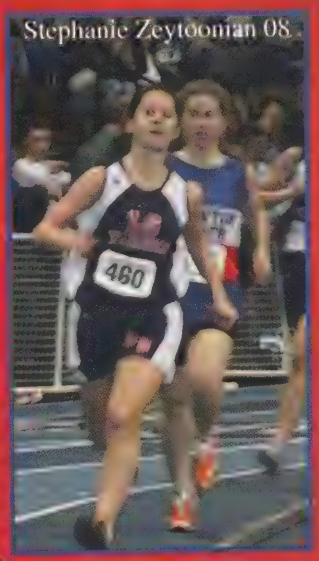
Catherine Albanese, Elizabeth Albanese, Lea Allen, Claire Arthur, Manal Assil, Mary Binder, Natasha Block, Alexandra Capone, Hayley Caslin, Jordan Chen, Holly Clarke, Kasey Cybulak, Abigail Drake, Christine Duggan, Shelley Fang, Margaret Fleming, Sara Forino, Sarah Freeman, Yosha Gargeya, Rima Gemayel, Alexandria Giacalone, Jennifer Gossels, Kaitlyn Grant, Jessica Griffin, Jennifer Hayes, Bridget Hunter-Jones, Ethel Hylton, Cecilia Igwe-Kalu, Dana Jamieson, Jaclyn Jarmulowicz, Larina Kleynerman, Kamilla Leao, Ashley Leisman, Heather MacLeish, Barbara MacNeill, Katherine Marriott, Jessica Marsh, Vanessa Matos, Grace McDermott, Emily Mepham, Audrey Miller, Brittany Moorman, Krysten Muldoon, Laura Noce, Megan Outly, Calli Pappas, Rachael Potter, Monika Quinn, Ellen Quirk, Olivia Reed, Leah Sax, Emily Schneider, Julia Singer Katz, Katherine Stevenson, Jessica Tocci, Caroline Van Wart, Samantha Weinstein, Sara Whitney, Stephanie Zeytoonian, Hannah Ziobrowski

CAPTAINS

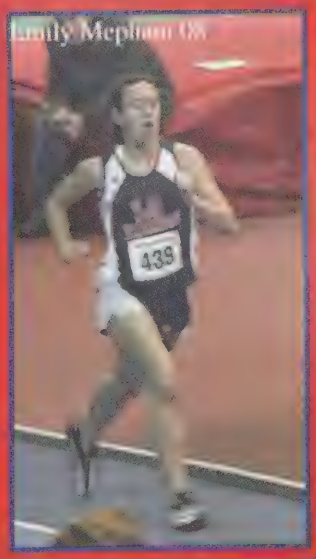
Vanessa Matos, Audrey Miller, Larina Kleynerman, & Christine Duggan

Jennifer Gossels 09

Jessica Griffin 09



Stephanie Zeytoonian 08



Emily Mepham 08

Vanessa Matos 07

Mary Binder 08

Dana Jamieson 08

Jaclyn Jarmulowicz 07

Photos by: Larina Kleynerman

BOYS LACROSSE

VARSITY

Edward Acton, David Alderman, Keegan Ashley, Gregory Avgerinos, Brendan Beatty, Taylor Berliant, Brandon Blake, Thomas Burke, Brian Catinella, Christopher Crowley, Brian Devaney, Russell Halliday, David Jaeger, Sean Kleeman, Gregory Loucas, Peter Lynch, Michael McCormick, Jonathan McIvor, Ryan McManus, Jason Orlando, David Rocklage, Peter Schnorr, Kevin Stansky, Ryan Sutherland, Michael Ting, Nicholas Von Stackelberg, Stephen Weiss, Evan White

CAPTAINS

Jonathan McIvor, Russell Halliday, & Jason Orlando

JUNIOR VARSITY: Andrew Baldwin, Alex Blake, Benjamin Blanchette, Andrew Freedman, Patrick Hebble, Daniel Kabat, Daniel Kaplan, Robert Karn, Max Kaye, John Kelley, Samuel Koekkoek, Ryan Lesko, Nicholas Pereira, Michael Phillips, Julien Rousson, John Sinnigen, Adam Soloperto, Thomas Spiegel, Christian Stoll, Jeffrey Trotsky, Justin Weinstein

FRESHMAN TEAM: Derek Azzolino, Mark Benhaim, Scott Bluni, Alec Burkin, Daniel Cooper, Patrick Crosby, Jason Goldfarb, Joshua Goldstein, Andrew Kelly, Benjamin Link, Gregory Majno, Ryan McCahon, Brendan Mullin, Jeffrey Newton, Owen Pagano, Graham Piercey, Matthew Rizzo, David Sadowsky, Trevor Shorb, Michael Sylvia, Nevin Zais

Jason Orlando 07

Brandon Blake 07

Nico Von Stackelberg 07

Photos by: Tali David

Peter Schnorr 07

Russell Halliday 07

Brendan Beatty 07, Jonathan McIvor 08

GIRLS LACROSSE

CAPTAINS

Christine Sinnigen, Lauren McQuillin, & Chelsea Audin

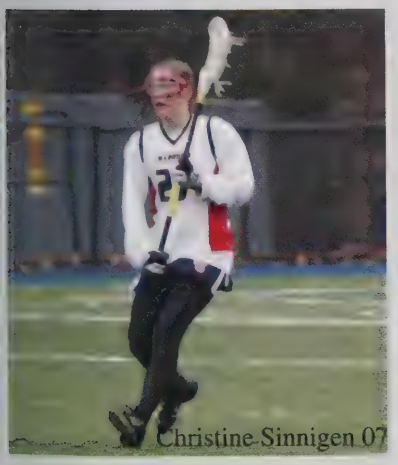
VARSITY

Chelsea Audin, Katherine Broecker, Christina Burke, Kelly Cakert, Danielle Cebra, Jordan Chen, Jessica Griffin, Jennifer Hayes, Natalie Kerns, Katherine Marriott, Lauren McQuillin, Melissa Metz, Brianna Miller, Ellen Quirk, Jennifer Reiner, Madeleine Rimpas, Alexa Rozelle, Christine Sinnigen, Nicole Zais, Stephanie Zeytoonian

Chelsea Audin 07

JUNIOR VARSITY: Jamie Bennett, Lauren Cappelloni, Alana Dingman, Ariana Familiar, Kaitlyn Grant, Katrina Jandl, Maya Lund, Brooke Maley, Megan Maley, Angela Mattione, Francine Mattione, Kathryn Nicholson, Ashley Norley, Megan Outly, Monika Quinn, Tess Shapanka, Julia Starr, Sara Whitney

FRESHMAN TEAM: Nicole Bleiler, Jennifer Carder, Jennifer Chan, Taylor Charest, Meghan Connelly, Elicia Epstein, Hannah Fitzsimons, Olivia Gutowski, Julia Hanson, Sarah Hodian, Chelsea Kelly, Devyn LaCamera, Kerry Mahony, Elizabeth McDermott, Dana Miller, Kathryn Orie, Callin Rader, Chelsea Reardon, Jenna Marie Vercollone, Alexandra Young



Christine Sinnigen 07

lexa Rozelle 09,
tephanie Zeytoonian 0

Danielle Cebra 09

Jessica Griffin 09

Photos by: Tali David

BASEBAL

VARSITY

Brendan Blake, Edwin Bleiler, Mark Collins, Samuel Finn, Kevin Hannigan, Mark Hogan, Jack Laurendeau, Derek Lowe, Jordan McCarthy, Matthew Miller, Timothy Mollen, Garrett Moore, Andrew Mullaney, Justin Quinn, Mark Robson, Jason Roth, Kevin Scanlan, Christopher Williamson, Michael Wilson

CAPTAINS

Eddie Bleiler, Jack Laurendeau, & Matthew Miller

JUNIOR VARSITY: Joseph Anderson, Matthew Antonellis, Michael Antonellis, William Bereszniewicz, Charles DeFrancesco, Sean Garabedian, Stephen Giorgetti, Brendan Kelly, Jason Shuman, Jeffrey Sybertz, Matthew Tatkow, Erik Watkins, Ryan Wood

Jack Laurendeau 07

FRESHMAN TEAM: Derek Abel, David Baer, Michael Baranowsky, Stephen Collins, Sean Cumming, Paul Harlan, Gregory Johnson, Nathaniel Kania, Joseph Libby, Michael Lutz, Periklis Maheras, Connor Quinn, Jackson Rimpas, Andrew Schwalm

Kevin Scanlan

Photos by: Spenser Heaps

Eddie Bleiler 07

Derek Lowe 09

Brendan Blake

OFTBALL

VARSITY

Anna Balser, Rae Bradley, Elizabeth Catinella, Lacey Cumming, Carmen Gochenour, Jaclyn Hamwey, Diana Henderson, Amanda McGavick, Elizabeth Newman, Kayla Oteri, Emily Schneider, Jennifer Simpson

CAPTAINS

Kayla Oteri & Rae Bradley

cey Cumming 08

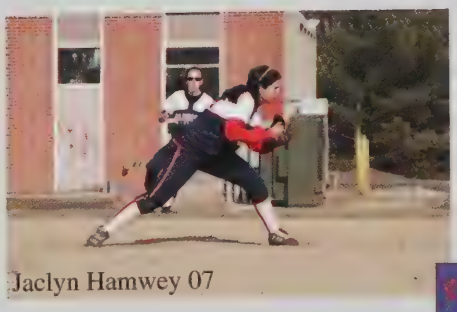
JUNIOR VARSITY: Traci Kaplan, Leandra Charsky, Phoebe Sexton, Ashly Frisoli, Mira Vale, Rebekah Glickman-Simon, Anna Forman, Madeline McMann, Jennifer Dumont, Heather Wood, Lisa Giorgetti, Felicia Patel, Maura McGrath, Amy Gleason

FRESHMAN TEAM: Emily Arista, Allison Baxter, Julianne Braden, Kara Caso, Chelsea Hamill, Lauren Matot, Christine McEachern, Fanny Mlawer, Abigail Oliveira, Sarah Richard, Sarah Riordan, Caroline Santinelli, Kate Von Alt, Ariel Wein

Rae Bradley 07

nanda McGavick 08

Anna Balser 09



Jaclyn Hamwey 07

Photos by: Chuck Despotopulos

BOYS TENNIS

VARSITY

Bryce Boothby III, Eric Brown, Ryan Brown, Andrew Bruso, Brandon Cohen, Sean Cronin, Ryan Filker, David Froot, Kyle Gerbe, Brian Glowacki, Taylor Herman, Dylan Hunt, Alexander Huntowski, Eric Kauderer-Abrams, Samuel Lederman, Landon Moore, Scott Schulte, Jacob Sillman, Colby Smith, Ryan Whitney

CAPTAINS

Kyle Gerbe & Ryan Whitney

Bryce Boothby 09

Brian Glowacki 07

Ryan Whitney 07

Kyle Gerbe

David Froot

Photos by:
Tali David

Eric Brown 08

Jacob Sillman 08

GIRLS TENNIS

CAPTAINS

Kathleen Higgins & Kristen Leahy

VARSITY

Amy Bero, Jennifer Bero, Natasha Block, Kathleen Davis, Rachel Glick, Jillian Graham, Kathleen Higgins, Anna Isakov, Kristen Leahy, Stephanie Lee, Victoria Lee, Kourtney Lewis, Elise Malkin, Amanda Nelson, Charlotte Odence, Christine Pierson, Michelle Rice, Jaclyn Roberts, Jenna Romeo, Jane Siegel, Abigail Silverman

risten Leahy 07

Jane Siegel 09

Kathleen Davis 08

Kathleen Higgins 08

Amanda Nelson10

Jennifer Bero 08

Rachel Glick 09

Photos by: Austin Smith

SAILIN

VARSITY

Ashley Arayas, Kyle Berkowitz, Andrew Blohm, Henry Breiter, Samantha Casale, Clare Costello, Ryan Cove, Sara Dicker, James Ellersick, Brittany Healy, Ryan Healy, Petra McAllister, Colleen McInnis, Andrea Ravenelle, Nathan Shron, Nicole Solman, Samuel Streisand, Taylor Witkin

CAPTAINS

Ashley Arayas & Brittany Healy

Ryan Healy 10 & Kyle Berkowitz 08

Sara Dicker 07

Brittany Healy 07

Photos by:
Nate Shron

Ashley Arayas 07

BOYS VOLLEYBALL

CAPTAINS

Patrick DeMarle, Jordan Jacobson, & Bryce Shulman

VARSITY

Steven Beattie, Andrew Corwin, Patrick DeMarle, Ian Engler, Nicholas Holden, Jordan Jacobson, William Jenkinson, Edward Lee, Daniel Letizi, Lucas Rathjens, Zachary Reed, David Roussel, Bryce Shulman

Patrick DeMarle 07

JUNIOR VARSITY: Jason Glickman, Timothy Jarrett, Eli Kahn-Woods, Oliver Kline, Eric LaRow, Stuart Rault, Daniel Shimkus, James Sia, Samuel Silton, Gregory Staley

Ian Engler 08

David Roussel 08

Andrew Corwin 08

Bryce Shulman 07

Lucas Rathjens 08

Photos by: Austin Smith

BOYS SPRING TRACK

VARSITY

Eric Adams, Alec Barnes, Jeffrey Bradford, Faraz Butte, Justin Chang, Nicholas Colantuono, Benjamin Cutting, Jeffrey Dykes, Scott Ehrmann, John Ellersick, John Francis, Andrew Gentile, Patrick Gogan, Benjamin Gossels, Nicholas Grasso, Daniel Green, Christopher Halsted, Mark Hamel, Nicholas Holmes, Bryan Holtzman, Thomas Howd, Brandon Huntowski, Carl Jewell, Kyle Kemp, Ryan Kemp, Ian Kenley, Colin Kleeman, Daniel Klein, Seth Lampert, Jacob Lifschultz, Alexander Linden, Noah MacNeil, Eric Mariasis, William Mepham, Roger Nix, Michael Ravesi, Andrew Reich, Ian Russell, Rajan Santhamoorthy, Ross Schultz, Daniel Schwartz, Nicolaus Serbedzija, Anmol Sharma, Jacob Shoemaker, Matthew Sliwkowski, Austin Smith, Taylor Snow, Jonathan Starr, Christopher Stranberg, Steven Tenure, Lawrence Tse, James Jr Tyrrell, Andrew Vargo, Bryant Wang, Quran Ware, Marcus West, Samuel Wuest, Gregory Yuen, Benjamin Zackin

CAPTAINS

Carl Jewell, Daniel Schwartz, Noah MacNeil, Nicholas Colantuono & Gregory Yuen

Jimmy Tyrell 08

Carl Jewell 07

Ben Gorsch 07

Noah MacNeil 07

Photos by:
Austin Smith

Daniel Schwartz 07

Nicholas Holmes 09

GIRLS SPRING TRACK

CAPTAINS

Dana Jamieson, Jaclyn Jarmulowicz, Emily Mepham, & Mary Binder

VARSITY

Catherine Albanese, Elizabeth Albanese, Lea Allen, Janelle Anderson, Claire Arthur, Manal Assil, Kelsey Azzolino, Seda Babroudi, Mary Binder, Whitney Boegel, Katherine Braun, Alexandra Capone, Elana Carlson, Alexandra Chantiles, Emma Costello, Kasey Cybulak, Kristine Dickinson, Abigail Drake, Christine Duggan, Rebecca Earle, Hannah Egan, Shelley Fang, Margaret Fleming, Sara Forino, Sarah Freeman, Jessica Gaines, Yosha Gargeya, Rima Gemayel, Alexandria Giacalone, Jennifer Gossels, Anna Heffernan-Fagone, Laura Holzwasser, Bridget Hunter-Jones, Ethel Hylton, Dana Jamieson, Jaclyn Jarmulowicz, Larina Kleynerman, Brittany Lawless, Susan Leahy, Kamilla Leao, Caroline Mackie, Barbara MacNeill, Jennifer Macone, Jessica Marsh, Vanessa Matos, Grace McDermott, Julia McGrath, Emily Mepham, Audrey Miller, Krysten Muldoon, Amanda Nash, Elizabeth Nichols, Laura Noce, Calli Pappas, Rachael Potter, Olivia Reed, Orla Roche, Sophia Romeri, Carolyn Ruffolo, Lindsey Ryan, Danielle Sackstein, Michelle Saint, Leah Sax, Tessa Sheehan, MaryKate Shelley, Julia Singer Katz, Erica Smith, Katherine Stevenson, Jessica Tocci, Caroline Van Wart, Hanna Wagner, Samantha Weinstein, Abigail Wyant, Hannah Ziobrowski

Jessica Tocci 09

Jaclyn Jarmulowicz 07

Abigail Drake 09

Hannah Ziobrowski 08

Manal Assil 07

Elizabeth Nichols 08

Photos by: Austin Smith

RUGBY

GIRLS

Kathryn Andrews, Amanda Baillargeon, Rebecca Banta, Kathrine Briedis, Jessica Cavallaro, Shayna Chapel, Cassandra Clark, Megan Collins, Stephanie Corbett, Millicent Croman, Molly Cusano, Jordan Desrochers, Katherine Edwards, Nour Gemayel, Lucy Gleysteen, Emily Ham, Grace Hannigan, Emily Hinteregger, Brianna Hodge, Joy Pearmain-Hovestadt, Molly Irving, Sybil Johnson, Shannon Jones, Nicole Lombardo, Elizabeth Longo, Connie Lu, Malena Lund, Chelsea Lynn, Sydney Maki, Danielle McAvoy, Hannah Mode, Anna O'Connor, Clarissa Odence, Evan Pagano, Lynn Peterson, Julia Prince, Paulina Rodis, Katherine Rudolf, Rosalie Sennett, Nisha Sharma, Brielle Siskin, Emily Vano, Annie Wilkinson, Lucy Zhang

CAPTAINS

Steven Baillargeon & Sean Pike

Danielle McAvoy

BOYS

Steven Baillargeon, Owen Boyle, Joseph Collins, Alex Desrochers, Cyrus Elias, Tim Fell, Matt Freund, Nathan Gerry, Mike Gigliotti, Matt Gleason, Michael Gleason, Matt Hardardt, Tyler Haydon, John Hayes, Stephen Hodgetts, Jake Kallarackal, Perry Karn, Alex Levy, Joe Marcelynas, Derek McMillan, Justin Nicholson, John OConnell, Andrew Parneros, Jesse Pearce, Sean Pike, Tim Porter, Adam Raphael, Michael Restucia, Wilson Roberts, Nick Roopenian, Adam Roose, Alex Robershotte, David Rowe, Jonny Rushfirth, Peter Ruymann, David Sackstein, Jesse Smith, Geoffrey Tam, Matt Trefrey, John Tylko, Tyler Tsuguita, Tyler Wimberly, Mike Wright

Sean Pike 07

Sybil Johnson 07

Mike Gleason 07

Photos by: Austin Smith

Tim Porter 07

Justin Nicholson 07

FRISBEE

VARSITY

Zach Baldassini, David Benhaim, Mia Borden, Alex Campanella, Kan Chen, Andrew Cogan, Ben DaSilva, Tim Tingman, Scott Gardner, Chady Gemayel, Taylor Herman, Max Koenig, Jared LaFerriere, Will Marshall, Aidan McGrath, Ian McVicar, Katie Palmer, Ben Richmond, Ben Rifkin, John Roach, Nicole Rosen, Adam Schultz, Hugo Sousa, Rebecca Stubbs, Tate Tabtieng, Matt Thompson, Ian Wetherbee, Brian Wilver, Patrick Wilver, Simon Winchell-Manning, Ryan Winston, Matt Wurm, Tom Wurm

CAPTAINS

Scott Gardner, Katie Palmer, & Will Marshall

Scott Gardner 08

Max Koenig 08

Patrick Wilver 08

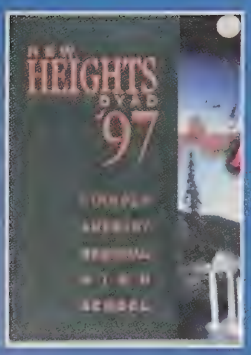
Katie Palmer 07

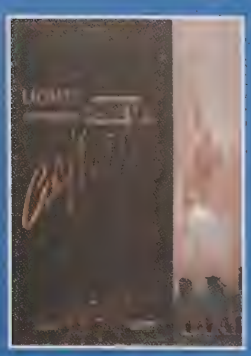
Ben DaSilva 08

Will Marshall 08

Photos by: Tali David

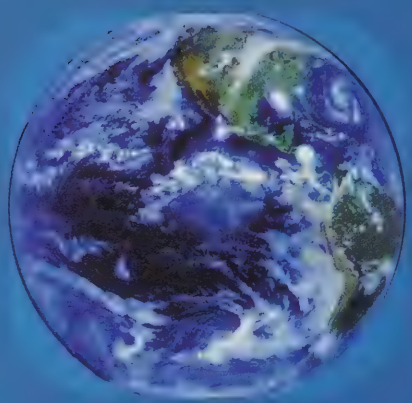
ACTIVITIES / PUBLIC PERFORMANCES





One of the many things that makes L-S neat is it's progression in the form of Activities. In 1957, L-S featured two Activities. The yearbook (then called "Yearbook") and Student Council. Since then we've had many activities such as the Monopoly Club and the Promethean (now the "Forum"). These days, activities include things such as the Young Republicans Club or the Culinary Club. Students' ability to create their own clubs makes sure that Activities will never go out of style!

-Zac Vennard and Nicole Greenhouse



Students Taking Action Now: Darfur

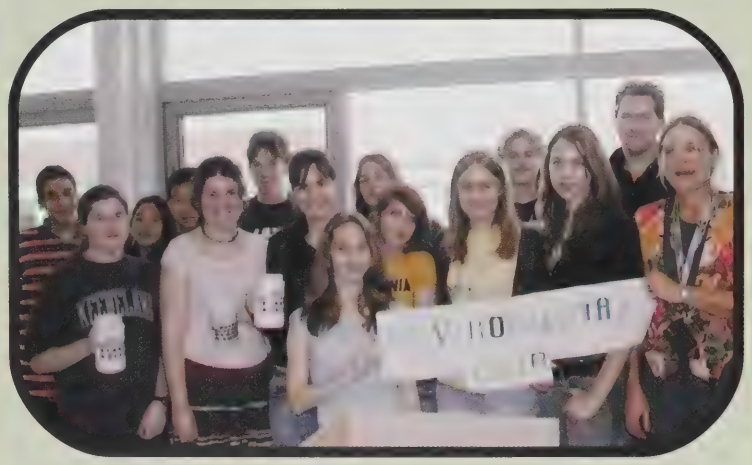
Advisor: Caroline Han

Officers: Kristen Watkins, Adelle Franchek

Alex Sliwkowski, Emma Francheck, Kerry Brais, Maureen Teixeria, Michelle Rice, Danny Brusger, Abby Tatkow, Abby Silverman, Hannah Fitzimmons, Marley Wilson, Krissy Lynch, Connie Lu, Shannon Ward

"STOP GENOCIDE IN SUDAN"

Environmental Club



Advisors: Alison Sanders-Fleming, Eric Richards

Officers: Alex Siega, Lara Parvinsmith

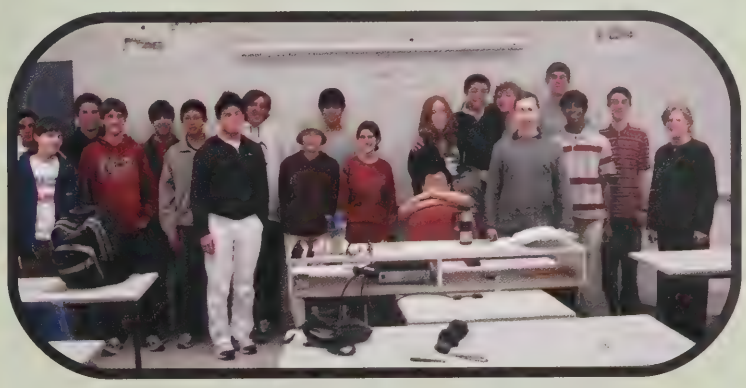
Fionnuala Seiferth, Ben Rifkin, Amanda Peery, Lara Parvinsmith, Madeleine O'Neill, Geoffrey Tam, Martin Mohlin, Saloni Menta, Ben Watson, Sarah Neurath, Michelina Pallone, Marissa Wiegel, Christine, Neel Duggal, Kristen Lee, Mara Hileman

The Fountain

Advisor: Bill Ray

Amanda Peery, Carly Lieberman, Marissa Herzog, Morgan Davies, Amy Humphrey, Julia Fiske, Allie Young, Mara Hileman, Kelly Sherrer, Becca Stubbs, Sue Pickering, Chelsea Lynn, Bri Miller, Shayna Chapel, Amy Gleason, Patrick Gogan, Sarah Park, Jenn Fishbein, Bridget Doyle, Andrew Essington, Katie Smerlas, Diana Yelton, Katie Walsh, Hannah Mode

Math Team



Advisor: Mike Malone, Erica Wilsen

Adu Bhandaru, Anna Brunner, Kan Chen, Amy Cui, Neel Duggal, Ian Engler, Ian Gingrich, Nick Holden, Nick Hunter-Jones, Alex Isakov, Kaitlin Jones, Dan Klein, Ed Lee, Dan Letizi, Kevin Linke, Kevin Liu, Alex Loomis, Roger Nix, Peter Ralli, Nicole Solman, Dan Steinbrook, Edwin Thai, Vanessa Thai, Andrew Tsai, Alex T. Vai, Michael Veling, Mike Wilson

South Asian Cultures Club

Advisor: Jorge Allen

Divya Munjal, Faraz Butte, Anmol Sharma, Yosha Gargeya, Tate Tabtieng, David Banerjea, Alexander Stubbs, Aditiya Bhandaru, Shivani Margaitis, Saloni Mehta, Kaniah Dixon-Dunn, Cecilia Hylton, Alex Loomis, Neel Duggal, Masha Stine, Nabeel Ali, Kevin Aravind.

Spanish Club

Advisor: Linda Twomey

Officers: Sybil Johnson & Julia Siegel

Jonathan Noller, Alexandra Siegel, Justine Selsing, Radelys Germán, Dylan Hunt, Elicia Epstein, Chelsea Kaczmarsky, Rachel Oldfield, Lea Allen, David Banerjea, Krissy Leahy, Sophia Lufkin, Alex Loomis

Students Against Drunk Driving

Advisor: Karen Arsenault

Marian Swain, Evan Pagano, Molly Irving, Aliza Strock, Natalie Kerns, Julie Blouin, Amanda McGavick, Christina Maheras, David Brambila, Sarah Hodian, Cali Rader, Devyn LaCamera, Sam Lederman, Hanna Wagner, Audrey Gardner, Laura Close, Hannah Holden, Katy Zingale, Carly Shortell, Angela Mattione, Jennifer Hayes, Jess Tocci, Katy Grant, Julia Hanson, Maya Kahn-Woods, Carolyn Larow, Emily Ham, Elana Carlson, Katy Heerwagen, Jordan Jacobson

Culinary Club

Advisors: Vicky Caburian, Nancy Lopez, MJ Galano

Officers: Lindsay Kaplan, Krissy Leahy, Emily Miner, Manal Assil, Christine Duggan, Ashley Arayas, Shannon Hache

Savannah Tenney, Elizabeth Marshall, Gabriella Fee, Amanda Baillargeon, Katie Dickson, Leslie O'Bray, Betsy Schwartz, Rose Kamsler, Aaron Snyder, Hannah Lyons, Amy Lieblein, Kathleen DeMarle, Sarah Riordan, Hannah Wagner, Julie Woodbury, and Caroline Williams

The Culinary Club is an organization that focuses on teaching students the fundamentals of the culinary world. We organize bake sales, visit and critique restaurants, work with charity organizations, and hold cooking demonstrations in school.

Drama Club

Advisor: Carly Evans

Officer: Sybil Johnson

Ben Sheff, John Roach, Billy O'Brien, Emily Hinteregger, Rachel Haberman, Dana Loucas, Ben Richmond, Hugh O'Kelly, Geoff Lynn, Ariana Gunderson, Molly Case, Chelsea Lynn, Allie Post, Adam Singer, Kara Weidman

L-S Gospel Choir

Advisor: Nicole Stewart and Leslie Gray

Samantha Abrams, Sydney Maki, Shanaya Adams, Cherrel McKoy, Jessica Allen, Billy O'Brien, Catrina Andrade, Jenn Rhodes, Liza Burkin, Tony Sanders, Chanel Fields,Tramaine Sanders, Raychelle Hoffman,Kemisha White, Martin Kafina, Danit Yeshaya, Shatasia Kearse,Tess Zinnes, Belinda Lacombe

Amnesty International

Advisor: Caroline Han

Connie Lu, Julia Siegel, Kevin Liu, Alex Loomis, Andrew Tsai, Rachel Oldfield, Neel Duggal, Nick Hunter-Jones, Kelsey Brykman, Matt Mills, Zack Shapiro

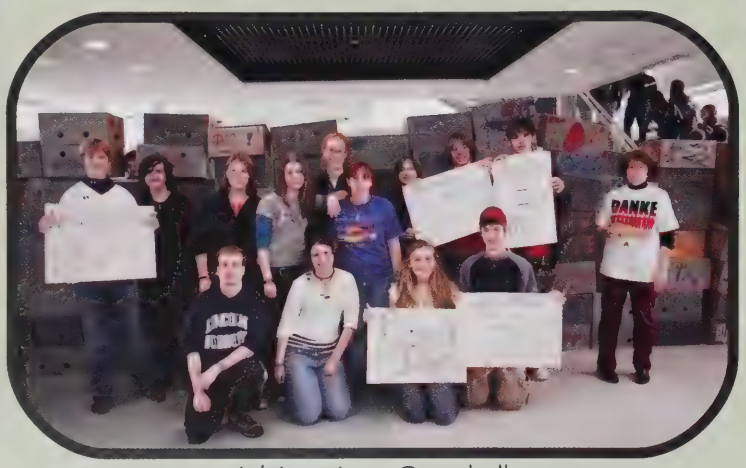
French Club

Advisor: Michael Clark

Officers: Amanda Watson, Ashley Stubbs, Morgan Davies, Emily Gazda, Clare Costello

Abigail Hanson, Alex Loomis, Allie Dolan, Allison Linke, Amy Cui, Anna Isakov, Caroline Santinelli, Clare Costello, Diana Yelton, Elena Brunner, Emily Lyons, Emma Costello, Graham Hotchkiss, Julia Hanson, Katilin Jones, Madeleine O'Neill, Marina Ramsay, Marissa Herzog, Michelina Pallone, Natalie Hall, Paige Roosa, Regan Stubbs, Samantha Casale, Sharie Regensburger, Sophia Lufkin, Stephanos Calligas, Sue Pickering, Tate Tabtieng, Tory Kittelsen, Traci Kaplan

German Club



Advisor: Joan Campbell

Officers: Nicole Greenhouse, Mara Hileman, Katie Edwards, Russell Gabeler-Lee

Sarah Neurath, Nicole Zais, Nevin Zais, Isaac Hoenig, Elicia Epstein, Nick Serbedzija, Mike Terren, Kaitlin Jones, Ariana Gunderson, Lexy Roopenian

JA LOGO JA!

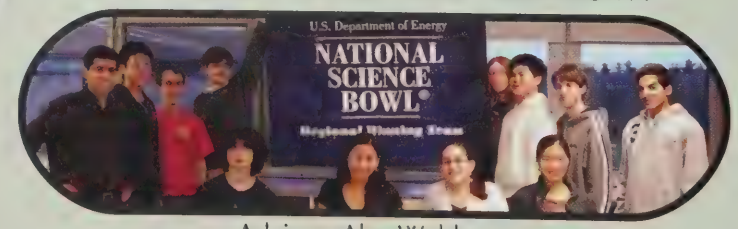
Bass Angler Sportmen's Society of Sudbury

Advisor: Caroline Singler

Officers: Devin Acton, Jeff Newton, Brenden Mullin

Greg Johnson, Patrick Crosby, Andrew Kelly, Dave Sadowsky, Ryan McCann, Mike Howd, John Lewis, Derek Abel, Parker Staniar, Alec Bemes

DOE National Science Bowl



Advisor: Alex Waldauer

Nicole Chen, Nick Hunter-Jones, Ed Lee, Hannah Ehrmann, Jon Weinstein, Neel Duggal, Warren Porter, Peter Ralli, Vicky Chen, Daniel Steinbrook

Asian Cultures Club

Advisor: Jaime Wong

Richard Perkins, Diana Lestz, Allen Fanfan, Jenn Byrne, Sophie Greenspan, Ali Sesnovich, Kelly McDermott, Sophia Mei, Elena Brunner, Kristin Doherty, Ben Richmond, Denzel White, Julia Fenton, Caitlin Petrone, Taylor Witkin, Sarah Park, Megan Moritz, Jackie Tan, Rae Saunders, Jordan Futch, Julianne Braden, Jennifer Dumant, Ben Fowler, Idelina Grey, Tory Kittelsen, Vanessa Thai, Katie Smerlas, Charlotte Cogan, Gabriella Fee, Kevin Li, Lucy Greysteen, Gaelle Fanfan, Sabrina Brittle, Anne Humphrey, Kristen Cantow, Kelli McNabb

Astronomy Club

Advisor: Samantha Parker

Audrey Miller, Rachel Whitney, Kelly McDermott, Marissa Herzog, Julie Braden, Mark Hamel, Marina Ramsay, Kevin McDermott, Ariana Gunderson, Chris Stock, Jenn Thompson, Christina Vogel, Alexander Stubbs, Chris Miller, Dan Shimkus, Zaynah Shaikh

Breaking Barriers

Advisor: Ann Kramer

Maya Bloom, Zach Baumer, Mary Clemens, Kelly Donovan-McDermott, Andrew Essington, Amie Fleming, Mike Gleason, Grace Gunderson, Sybil Johnson, Stephanie Lee, Vicky Lee, Dani McAvoy, Hannah Mode, Anna O'Connor, Erika Ryan, Adam Schultz, Amy Schultz, Kristen Watkins, Jess Webb, Tess Zinnes, Mira Vale, Shannon Ward

Ski and Snowboard Club

Advisor: Alison Sanders-Fleming, Leslie Knight, Mark Sobkowicz

Joe Collins, Ricky Daty, Chris Halsted, Iain Fisher, Paul Harlan, Alex Hovsepian, Andrew Lassa, Andrew MacRobert, Joe McGee, Brendon Piper, Michael Restuccia, Nick Serbedija, Taylor Witkin

Young Women's Leadership Club

Advisor: Naomi Rosenthal

Kristie Dickinson, Paulina Rodis, Anike Staple, Shayna Chapel, Ellie Hylton, Meghan Bowler, Zoe Fang, Haley Riemer-Peltz, D'Anna Byrd, Courtney Dill, Amie Fleming, Megan McPhee, Leslie OBray, Anna OConnor, Amy Schultz, Tavianna Williams, Taylor Charest, Olivia Gutowski, Jessica Allen, Laura Burckett-Picker, Cortney Davis, Nia Furguson, Rachel Oldfield, Julia Siegel, Christina Vogel, Amy Gleason, Ariana Gunderson, Caroline Santinelli, Jamie Bennett, Alexandra Berg, Danielle McAvoy, Liz Albanese, Chelsea Gilroy, Grace Gunderson, Keturah Edwards, Julie Goodman, Larina Kleynerman, Nicole Lombardo, Cate Matthews, Jasmin Taylor, Molly Cusano, Stephanie Miner, Marina Ramsay, LaDawn Jones, Maya Kahn-Woods, Hannah Mode

The Young Women's Leadership Club... is a chance to voice your opinion, feel confident, to be opinionated. Ultimately, it means friendship, to become close to your peers and to unite all people of the L-S community through topics facing teenagers and girls/women. It also is a club that lets girls get to know other girls they wouldn't usually get to meet or talk to. It's a place where there is a different atmosphere than you'll find anywhere else. It's purely feminine, but it's more than that, it's a place where all types of girls can come together and just be cool with everyone and all that's said.

Martin Luther King Action Project

Advisors: Joanne Crawford, Susan Frommer, Tom Danko, Jim Berry, Wendy Bazari, Peter Elenbaas, Nicole Digenis, Bill Schechter, Danielle Weisse

Faraz Butte, Molly Case, Mary Clemens, Chelsea Gilroy, Grace Gunderson, Sarah Lanzillotta, Ed Lee, Chelsea Lynn, Hannah Mode, Katie Palmer, John Roach, Brielle Siskin, Alex Sliwkowski,Erica Smith, Olivia Soloperto, Nabeel Ali

"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."

-Martin Luther King Jr.

L-S Film Society

Advisors: Paul Sarapas, Ken Kimura

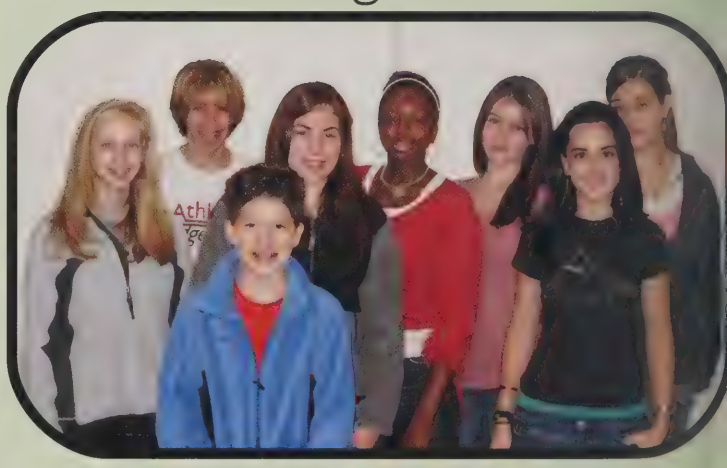
Nathan Balser, Alain FanFan, Denzel White, Jacob Sillman, Lee Syatt

2007 Steering Committee

Advisors: Mark Mason, Tamisha Tate

Chris Crowley, Cortney Davis, Dan Glanz, Kevin Hannigan, Mathew Hatfield, John Hayes, Cameron Jackson, Jason Lee, Lauren McQuillin, Teddy Meeks, Natalie Piercey, Michael Pithi Jon Schwartz. Bryce Shulman, Kevin Stansky, Michael Ting, Rer Weinberger, Tavianna Williams

2009 Steering Committee



Advisors: Tracey Burke, Karen Arsenault. Bev Weinberg, Leslie Gray

Jessica Allen, Jamie Bennett, Marie Lanza, Kristin Richards, Beth Pringle, Kevin Abend, Ariana Familiar, Ben Wolkon, Rebecca Banta, Ben Fowler, Callie Mackie

2008 Steering Committee

Advisor: Scott Carpenter, Leslie Knight

Emily Haartz, Grace Gunderson, Sarah Salvia, Stephanie Zeytoonian, Sara Forino, Samantha Weinstein, Ray Bores, ndsay, Sharie Regensburger, Andrea Ravenelle, Traci Kaplan, Nicole Solman, Zac Vennard, Elizabeth Bakacs, Ashley Kogutkiwicz, Michelle Ackerman, Jason Abend

2010 Steering Committee

Advisors: Nancy Childress,Tom Danko

llie Young, Rosie Tait, Abby Silverman, Meghan Connelly, Jill ompson, Olivia Gutowski, Kristie Dickinson, Taylor Charvest, e Woodbury, Sarah Riordan, Alissa Shulman, Meghan Berger, Ben Ryan, Jessica Lee, Megan MacArthur, Claire Rudder, Liz cDermott, Jessica Greenlaw, Matt Costa, Tasha Block, Fanny Mlawer

Model United Nations

Advisor: Lori Hodin

Officers: Nicole Lombardo and Cate Matthews

Alec Barnes, Alex Blake, Alex Loomis, Alexandra Berg, Allie Young, Amanda Watson, Amie Fleming, Ariana Gunderson, Ben Richmond, Brian Glass-Finnie, Caroline Santinelli, Carolyn LaRow, Chris Stock, Clare Costello, David Banerjea, David Benhaim, Dylan Hunt, Eli Kahn-Woods, Faraz Butte, Graham Hotchkiss, Jacob Sillman, Jason Shuman, Jessica Greenlaw, Julie Goodman, Katie Edwards, Kelly McDermott, Kristie Dickinson, Leslie O'Bray, Marissa Herzog, Mara Hileman, Maya Kahn-Woods, Morgan Davies, Nicole Chen, Nicole Greenhouse, Olivia Gutowski, Ryan Brown, Sara Dicker, Sarah Park, Stuart Rault, Taylor Berliant, Taylor Charest, Ted Sweetser, Tucker Matthews, Wade Smith, Yosha Gargeya, Zaynah Shaikh, Masha Stine, Emma Costello, Melissa Grasso, Elena Petkolicheva, Kelsey Berkowitz, Abigail Hanson, Kristen Watkins, Rosie Tait, Neel Duggal

L-S Step Squad

Advisor: Naomi Rosenthal

Raychelle Hoffman, Sophie Wylen, Richelle Hinds, Cecilia Igwe Kalu, Kayla Oteri, Kourtney Lewis, Emily Hinteregger, Hannah Mode, Jasmin Taylor, Anne Niemi, Anike Staples

Compassion into Action

Advisor: Silvana Robertson

Officers: Annie Wilkinson, Alex Feldman

Ashley Pruitt, Anna Konopacz, Lacey Cummings, Clarissa Odence, Andrew Reich, Lauren Prince, Amanda Baranowsky, Becca Falender, Owen Griffen, Sarah Forino, Jordan Jacobson, Natalie Piercey, Mark Collins, Anne Niemi, John Hayes, Peter Ruymann, Sarah Flint, Sam Cole, Anna Levy, Sarah Morse, Kendra Koop, Lexy Koop, Matt Miller, Julianne Albano, Matt Sullivan, Brittney Phillips, Jack Laurendeau, Jess Perry, Elana Carlson

Web Team

Advisors: Nancy Errico, Mark Sobkowicz, Jim Berry

Zori Babroudi, Yuliy Vigdorchik, Ian Wetherbee, Evan Hodges LeClaire, Jeff Walch, Ian Kenley, Andrew MacRobert, Greg Loucas, Chris Stock, Seda Babroudi, Julie Braden, Diana Kindl

Best Buddies

Advisors: Maureen Bolton, Jennifer Reen

Officers: Amy Wald, Leandra Chardsky, Julia Singer-Katz

Shima Mobtaker, Colleen McInnis, Alex Dines, Melissa Grasso, Lindsey Triba, Alex Robershotte, Stephanie Burger, Evan Pagano, Megan Collins, Jenn Byrne, Sean Murphy, Katherine Rudolf, Nathan Gaw, Catie Albanese, Alissa Long, Stephanie Lewis, Michela Deck, Lauren Cappelloni, Jacki Bruce, Andrew Gentile, Jason Abend, Kevin Abend, Allie Schreiber

World Challenge Ecuador

Advisor: Aimee Castonguay

Hannah Egan, Jenna Swotinsky, Ryan Kemp, Tyler Coste, Jennifer Gandrup

Climbing Club

Advisor: Matt McCormick

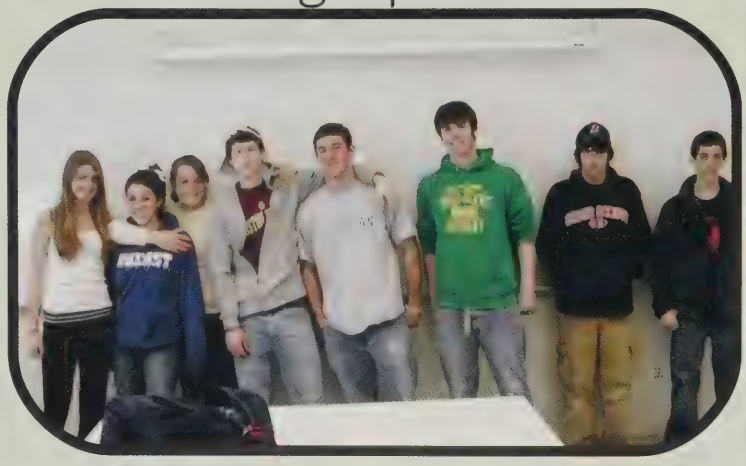
icky Doty, Lora Miller, Kaitlin Jones, Michaela Precourt, Nate ıron, Gabriella Fee, Lara Parvinsmith, Drew Zieff, Ken Kimura, Spencer Brightman, David Sackstein, Charlotte Cogan, Jake Gitlin, Iain Fisher, Geoff Lynn, Rowan Considine, Thais Pinheiro, Eliza Maclean, Nick Hunter-Jones, Nicholas Shirley, Ben Smith, Scott Gardner, Nevin Zais, Stephanos Calligas, Brian Griffin, Melissa Winchell, Kristen Lee, Jonathan Baum, David Cotton, Nicole Solman, Carolyn LaRow, Leslie O'Bray, Mike Foley, Jen Dumont, Dana Jamieson, Sarah Neurath

Student Senate

Advisor: David Grace

Nabeel Ali, Molly Binder, Matt Clark, Sara Forino, Lauren Manchester, Emily Minor, Tim Mollen, Andrew Parker, Brendon Beatty, Brandon Blake, Carl Jewell, Karl Nyangoni, Justin Nicholson, Andrew Reich, Annie Wilkinson, Jessica Allen, Taryn Beatty, Danielle Cebra, Tyler Futch, Ellie Hylton, Martin Kafin, Jaclyn Roberts, Taylor Skelton, Anthony Leo-Mayes

Young Republicans



Advisor: Douglas McCraith

Ryan McManus, Kyle Gerbe, Mark Hogan, Julia Prince, Addy Quirk, Brianna Miller, Andrew Luce, Alex Goldman

Economics Club

Advisor: Lisa Olsson

Alex Isakov, Sophia Lufkin, Alex Galakatos, Alex Loomis, Jason Mariasis, Jacob Silman, Kelsey Berkowitz, Ethan Arruda-Leupert, John Tylko, Anna Isakov

Fantasy Sports Club

Advisor: Barbara Grant

Sam Streisand, Alex Streisand, James Ellersick, Jason Abend, Kevin Abend, Sam Dorfman

Dance Troupe

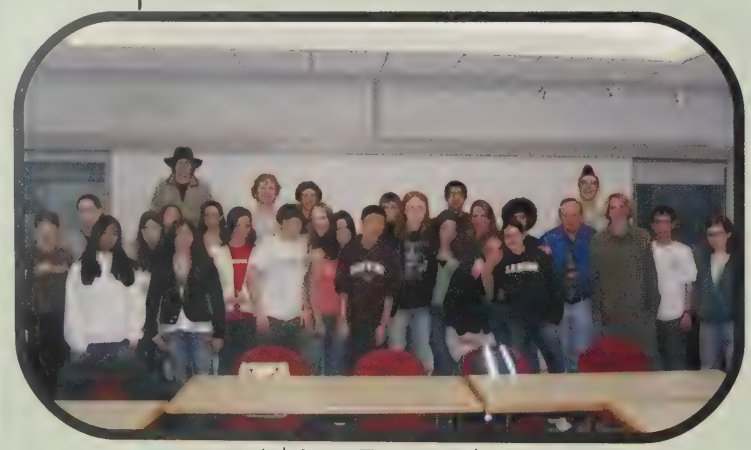
Advisor: Jaime Wong

Officers: Sara Dicker, Lily Steiner, Melissa Winchell, Grace Gunderson

Kristen Houpt, Bridget Hunter-Jones, Caitlin Jones, Emily Kawachi, Katie Kraemer, Alyssa Krentzel, Kristen Lee, Maya Lund, Megan MacArthur, Heather MacLeish, Liz McDermott, Lora Miller, Sarah Neurath, Hugh O'Kelly, Madeleine O'Neill, Kate Orie, Felicia Patel, Kendall Presti, John Quirk, Marina Ramsay, Chelsea Reardon, Lauren Reed, Paulina Rodis, Claire Rudder, Caroline Santinelli, Alissa Shulman, Alex Siega, Nicole Solman, Jessica Sommerville, Blake Staley, Ashley Stubbs, Jenn Thompson, Alex Truebenbach, Emily Walker, Katie Walsh, Amanda Watson, Rachel Whitney, Diana Yelton, Allie Young, Angela Zeng

Dance Shoes $20
Costumes for the show $30
Stage Makeup $15
Two Tickets for Parents $10
Post-Show Friendlys Run $12
Losing Voice due to El Camino . . . PRICELESS

Speech And Debate Team



Advisor: Tom Danko
Kevin Liu, Nick Hunter -Jones, Alex Loomis, Connie Lu, Rebecca Stubbs, Alec Barnes, Kelsey Berkowitz, Taylor Berliant, Kelsye Brykman, Ashley Brykman, Taylor Charest, Christin Chiao, Brandon Cohen, Morgan Davies, Kristine Dickinson, Neel Duggal, Elicia Epstein, Martin Falk, Jenn Fishbein, Yosha Gargeya, Lucy Gleysteen, Ben Gossels, Ariana Gunderson, Natalie Hall, Ally Hronicek, Bridget Hunter-Jones, Kaitlin Jones, Larina Kleynerman, Dan Klein, Sophia Lufkin, Saloni Mehta, Faye Miller, Hugh O"Kelly, Tejas Pathak, Amanda Peery, John Roach, Pauline Rodis, Caroline Santinelli, Zaynah Shaikh, Alexandra Siegel, Adam Singer, Dan Steinbrook, Chris Stock, Alexander Stubbs, Ted Sweetser, Jenn Thompson, Allie Young

Outdoor Club

Advisors: Shara Pilch, Dan Damelin
John Quirk, Brett Basarab, Lara Parvinsmith, Sarah Neurath, Madeleine O'Neill, Christina Caffarella, Kate Vonalt, Helen Perkins, Kaitlin Jones

Young Democrats Club

No Photo Available

Advisor: Ned Banta

Sophia Lufkin, Alexandra Siegel, Julie Braden, Seda Babroudi, Cecilia Hylton, Chelsea Lynn

Peer Mediation

Peer Helper

Robotics Club

Advisor: Rick Wise

Mike Rosen, Adam Fullerton, Colin Ely, Chady Gemayel, Rowan Considine, Greg Staley, Nico Arsenault, Zack Shobin, Ivan Seto, Tory Spazziani, Katie Palmer, Tejas Pathak, Zori Babrudi, Owen McGarry, Nicole Rosen, Alex Storer, Nick Fuchs, Prithvi Balaram, Ted Sweetser, David Benhaim, Nick Lawson, Kyle Croman, Matt East, Steven Halstead, Megan Moritz, Samantha Allen, Austin Flagg, Ross Schultz, Henry Breiter, Joe McGee

The Forum

Advisor:Bill Schechter, Susan Frommer

ditors: Cadence Hardenbergh, Leslie O'Bray, Justine Selsing, Annie Niemi

araz Butte, Kevin Stansky, Emily Miner, Taylor Berliant, Andrew Essington, Hannah Mode, Anne Niemi, Jimmy Roach, Brenden Blake, Lauren McQuillin, Andrew Reich, Samantha Abrams, Alex Sliwkowski, Keturah Edwards, Amanda Peery, Mike Gleason, Brett Basarab, Kelsey Berkowitz, Allison Linke, Tejas Pathak, Amanda Peery, Lindsey Triba, Marlie Wilson

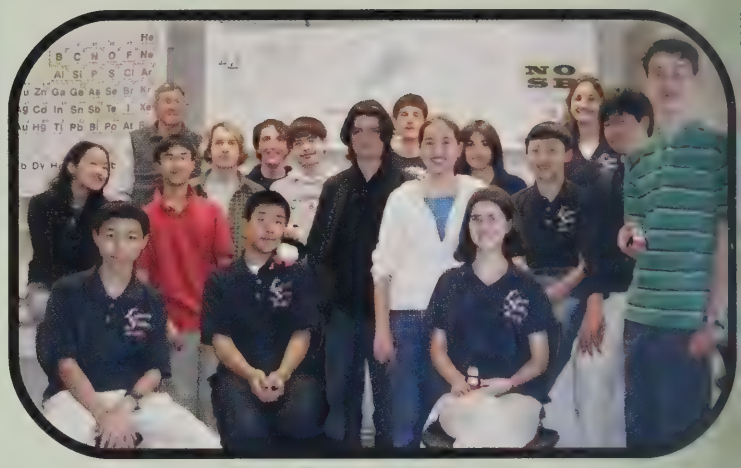
The Forum is the school's award winning student-run newspaper. It provides students and staff with school-related news, profiles interesting members of the community, and is an outlet for discourse about various local and national issues. Plus it covers the music, theater, and sporting events. A dedicated group of students work extremely hard to put an issue out about once a month. They do it all- investigate stories, assign articles to writers, take pictures, edit the articles and layout the pages. The tremendous amount of work required to put out The Forum takes place during lunches, after school, and weekends.

WYAJ

Advisor: Chuck Despotopulos, Bruce Millet, Paul Sarapas

Fi Seiferth, Madeline McMann, Will McCarthy, Denzel White, Alain FanFan, Jeremy Lasky, Ali Sesnovich, Anna Balser, Emma Craig, Sophie Greenspan, Chris Painter, Mike DeMarco, Brittany Filker, Anthony Masotta, Ryan Cove, Connor Bodel

National Ocean Science Bowl



Advisors: Douglas Grant, Bethany Bernasconi

Officers: Alex Vai, Kevin Liu

Anna Brunner, Alexander Stubbs, Warren Porter, Amy Cui, Kan Chen, Kevin Linke, Edwin Thai, Adu Bhandaru, Hanna Chao, Abraham Parangi, Christine Chiao, Michael Veling, Ian Gingrich, Tate Tabtieng, Lukas Defilippo, Fanny Mlawer

Science Olympiad

Advisor: William Pegram

Officers: Connie Lu and Mike Marolda

Samantha Allen, Zach Baumer, Andrew Blohm, Mia Borden, Anna Brunner, Kelsey Brykman, Amy Cui, Katie Dickinson, Courtney Dill, Neel Duggal, Nick Hunter-Jones, Kaitlin Jones, Kevin Liu, Petra McAllister, Maura McGrath, Pat McGuire, Elizabeth Newman, Christine Oh, Alexander Stubbs, Mira Vale, Vanessa Thai, Jenn Thompson, Ariel Wein, Rachel Whitney

Philosophy Club

Advisor: Phillip James

Officers: Alex Levy, Alexander Stubbs, Alex Loomis

Anna Brunner, Lucy Greysteen, Morgan Davies, Jacob Sillman, Elena Petkolicheva, Zaynah Shaikh, Scott Gardener, Kevin Aravind, Scout Ehrmann, Aaron Grundy, Chris Stock, Rebecca Stubbs, Nicole Greenhouse, Clare Costello, Mara Hileman

L-S Artwork

Ben Sheff

Hannah Mode

Emmi Ham

Molly Roderick

Rae Bradley, Manal Assil

Christopher Miller & Andrew Parneros

Remy Weinberger

Cara Magliozzi

Katy Heerwagon

Kelly McDermott

Kevin Stansky

Adelle Francheck

Choral

Officers: Laura Bergstein, Hugh O'Kelly, Phoebe Sexton, Raychelle Hoffman, Maya Bloom, Rachel Haberman

Mixed Chorus

Mixed Chorus is the largest choral ensemble at L-S and meets during the school day. The group of 50+ singers (male and female) performs a variety of music including classical, Broadway, folk, jazz, and multicultural music. Chorus is open to all students; there is no audition; a "good voice" and/or music-reading skills are not required. Most students sign up for chorus because they like to sing, enjoy music, want to improve their singing voice, and want to meet new people and make lasting friendships. Choral students have many opportunities throughout the year that enrich their high school experience, including masterclasses, voice lessons, performances, and competitions.

Women's Chorus

Women's Chorus ("Harmony") rehearses during Activity Block every Wednesday. We sing pop, jazz, Broadway, and classical music. We perform about 4 times a year. We eat lots of chocolate at our rehearsals!

Ali Post, Alice Blackwood, Amy Nesky, Ariana Gunderson, Brittany Healy, Brooke Tocci (Officer), Chelsea Grater-Cafiero, Chelsea Lynn, Danit Yeshaya, Julia Fiske, Katie Fontes, Kelly Sherrer, Lizz Marshall, Lucy Zhang, Maia Majumder, Maya Bloom, Nathalie Reyes, Nicole Zais, Phoebe Sexton

Coro de Chicas

Samantha Abrams, Alison McKellan, Haley Riemer-Peltz, Laura Bergstein, Danit Yeshaya, Martin Falk

Chamber Singers is select vocal ensemble made up of some of the best singers at L-S. Students in any major ensemble are eligible to audition. This group performs complex SATB music of the classical genre, and participates in the adjudicated MICCA festival each year.

Chamber Singers

Phoebe Sexton, Maya Bloom, Amy Olson, Nicole Zusman, Ali McLellan, Rachel Haberman, Anna Levy, Samantha Casale, Michael Merullo, Neel Duggal, Hugh O'Kelly, Will Sawyer, Will Ehrich, Lee Morgan

Vocal Jazz

Vocal Jazz is a select vocal ensemble made up of some of the best singers at L-S. Students in any major ensemble are eligible to audition. This group performs a variety of complex SATB music from the jazz, Broadway, and popular repertoires, and particpates in the adjudicated Berklee High School Jazz Festival each year.

Haley Riemer-Peltz, Laura Bergstein, Nicole Zusman, Samantha Casale, Brooke Tocci, Samantha Abrams, Danit Yeshaya, Allie Post, Maia Majumder, Michael Merullo, Will Sawyer, Hugh O'Kelly, Ted Sweetser, Will Ehrich, Lee Morgan, Martin Kafina

Instrumental

Band

Chelsea Audin, Paul Antion, Prescott Blackler, Mia Borden, Prithvi Balaram, Russell Halliday, Katie Braun, Lisa Colombo, Matthew Johnson , Clare Costello , Russell Gabeler-Lee, Will McCartney, Danielle Sackstein, Patrick Gogan, Steven Tenure, Jennifer Fishbein, Thomas Hebble, Nour Gemayel, Mak Hussain , Christine Oh, Jeremy Lasky, Andrew Lasky, Michelina Pallone, Adam Sharkey, Tejas Pathak, Trevor Shorb, Kristen Watkins, Fay Miller, Amanda Watson, Taylor Berliant, Patrick Hebble, Jonathan Wauhkonen, Max Koenig, Matthew Rizzo, Zori Babroudi, Darren Agarwal, Zach Bernstein, Neel Duggal, Rima Gemayel, Will Marshall, James Ellersick, Patrick Barrett, Abigail Oliveira, Ian Engler, Hannah Chao, Megan Outly, David Pearson, Tyler Coste, Julia Starr, Iain Fisher, Mira Vale, Daniel Glanz, Stephanie Zeytoonian, James Alenson , Grace Gunderson, Zach Baldassini, Evan LeBlanc, Scott Ehrmann, Jake Lifschultz, Molly Deneen, Matthew Gleason, Eli Mueller, Alex Goldman, Dan Nadeau, Nicholas Holden, Adam Quint, Kathleen Davis, Erik Kazior, Michael Radulski, Daniel Shimkus, Andrew Luce, Marina Ramsay, George Massey, Mike Rizzo, Katie Palmer, John Roach, Samuel Streisand , Jonathan Scotti

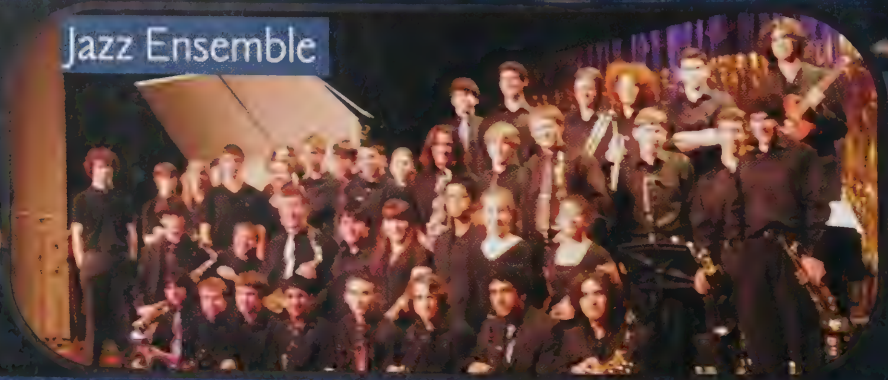
Flute Choir

Katie Braun, Kristen Watkins, Mia Bordon, Nicole Chen, Jennifer Fishbein, Nour Gemayel, Emily Lyons , Michelina Pallone

Warriors

Russ Gabeler-Lee, George Massey, Andrew Lasky, Mak Hussain, Will McCartney, Megan Outly, Alex Muri, Patrick Gogan, Daniel Glanz, Mike Rizzo

Jazz Ensemble



Paul Antion, Zori Babroudi, Zach Bernstein, Prithvi Balaram, Neel Duggal, Russell Gabeler-Lee, Megan Outly, Thomas Hebble, Adam Quint, Mak Hussain, Megan Outly, Jeremy Lasky, James Alenson, Danit Yeshaya, Trevor Shorb, Zach Baldassini, Scott Ehrmann, Matthew Gleason, Jonathan Wauhkonen, Taylor Berliant, Alex Goldman, Patrick Hebble, Erik Kazior, Max Koenig, Andrew Luce, Marina Ramsay, George Massey, Darren Agarwal, Patrick Barrett, Prescott Blackler, Daniel Glanz, Russell Halliday, Grace Gunderson, Mia Borden, Matthew Johnson, Evan LeBlanc, Nour Gemayel, Will McCartney, Jake Lifschultz, Tejas Pathak, Andrew Lasky, Eli Mueller, Dan Nadeau, Mike Rizzo, John Roach

Sisters In Jazz

Katie Palmer, Marina Ramsay, Grace Gunderson, Mary Panetta, Michaela Precourt, Danit Yeshaya

Select Jazz Combo

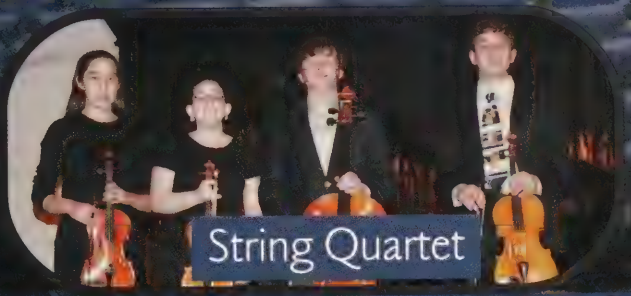
Paul Antion, Prescott Blackler, Patrick Hebble, Adam Quint, Zach Bernstein, Dan Nadeau, Jonathan Wauhkonen

Pep Band

Andrew Lasky, Jeremy Lasky, Zori Babroudi, Darren Agarwal, Nick Holden, Tim Jarret, Taylor Berliant, Will McCartney, Patrick Hebble

Nouveaux Classique

Richard Cooper, Ariana Familiar, Nick Hunter-Jones, Tim Jarrett, Steven Beattie



String Quartet

Hannah Ehrmann, Millicent Croman, David Sackstein, Ben Ryan

Orchestra

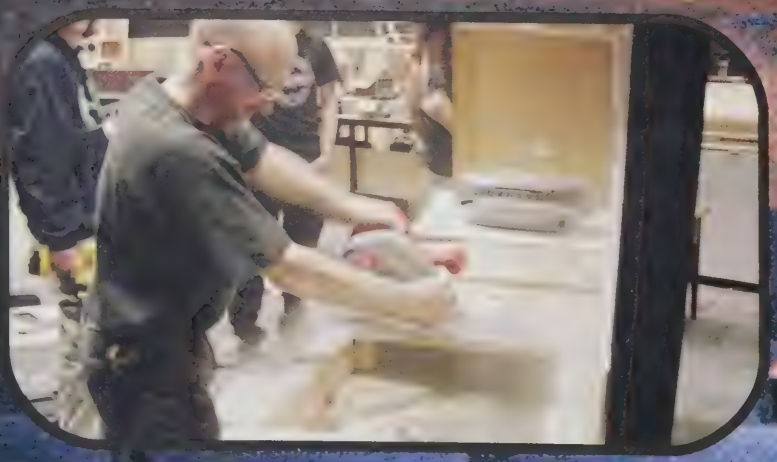
Liz Agamah, Peter Lynch, Maya Bloom, Katherine Alwan, Petra McAllister, Alexandra Berg, Andrew Blohm, Alllie McLellan, David Sackstein, Christina Caffarella, Krysten Muldoon, Sara Campanella, Sarah Park, Christine Chiao, William Sawyer, Elmo Gazda, Millicent Croman, Nicholas Shirley, Graham Hotchkiss, Hannah Ehrmann, Edwin Thai, Jeffrey Iuliano, Emily Haartz, Vanessa Thai, Dan Letizi, Stephanie Lee, Oren Ungerleider, Christopher Manno, Vicky Lee, Diana Yelton, Benjamin Ryan, Alex Muri, Danit Yeshaya

Drama

Pippin

Directors: Carly Evans, John Germanotta

Sybil Johnson, Ben Sheff, John Roach, Billy OBrien, Shelley Fang, Emily Hinteregger, Rachel Haberman, Dana Loucas, Ben Richmond, Jake Gitlin, Michael Merullo, Hugh OKelly, Steph Corbett, Geoff Lynn, Charlotte Odence, Grace Gunderson, Kevin Abend, Janelle Anderson, Alexandra Bilbo, Samantha Casale, Molly Case, Sam Cournyn, Michela Deck, Jamie Faulkner, Jennifer Gandrup, Ariana Gunderson, Emily Haartz, Brooke Hatfield, Kristen Lee, Chelsea Lynn, Anna OConnor, Allie Post, Marina Ramsay, Nick Serbedzija, Phoebe Sexton, Adam Singer, Nicole Solman, Danit Yeshaya, Kara Weidman



Steel Kiss

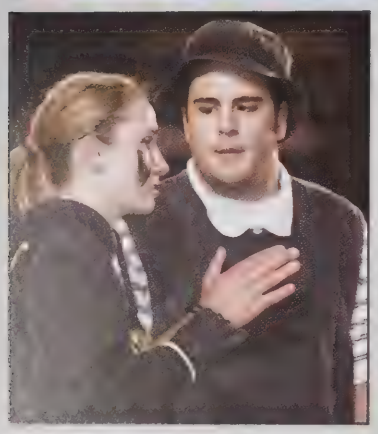
Director Carly Evans

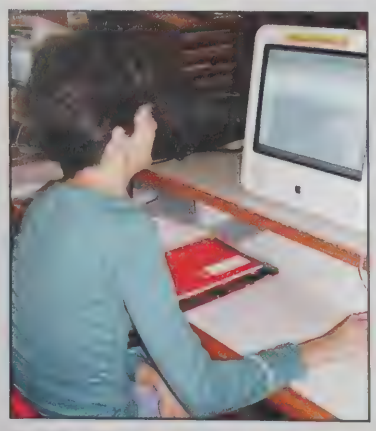
Ry Joyner, Ben Sheff, Jimmy Roach, Ben Richmond, John Roach, Billy OBrien, Rachel Haberman, Marlie Wilson, Dana Loucas, Sybil Johnson

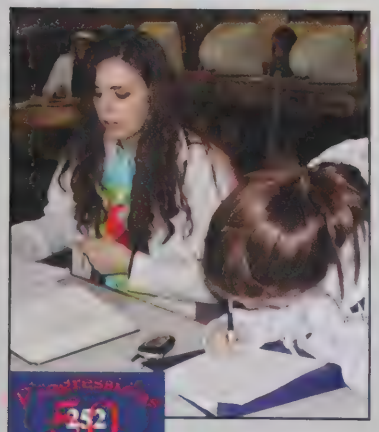
Stop Kiss

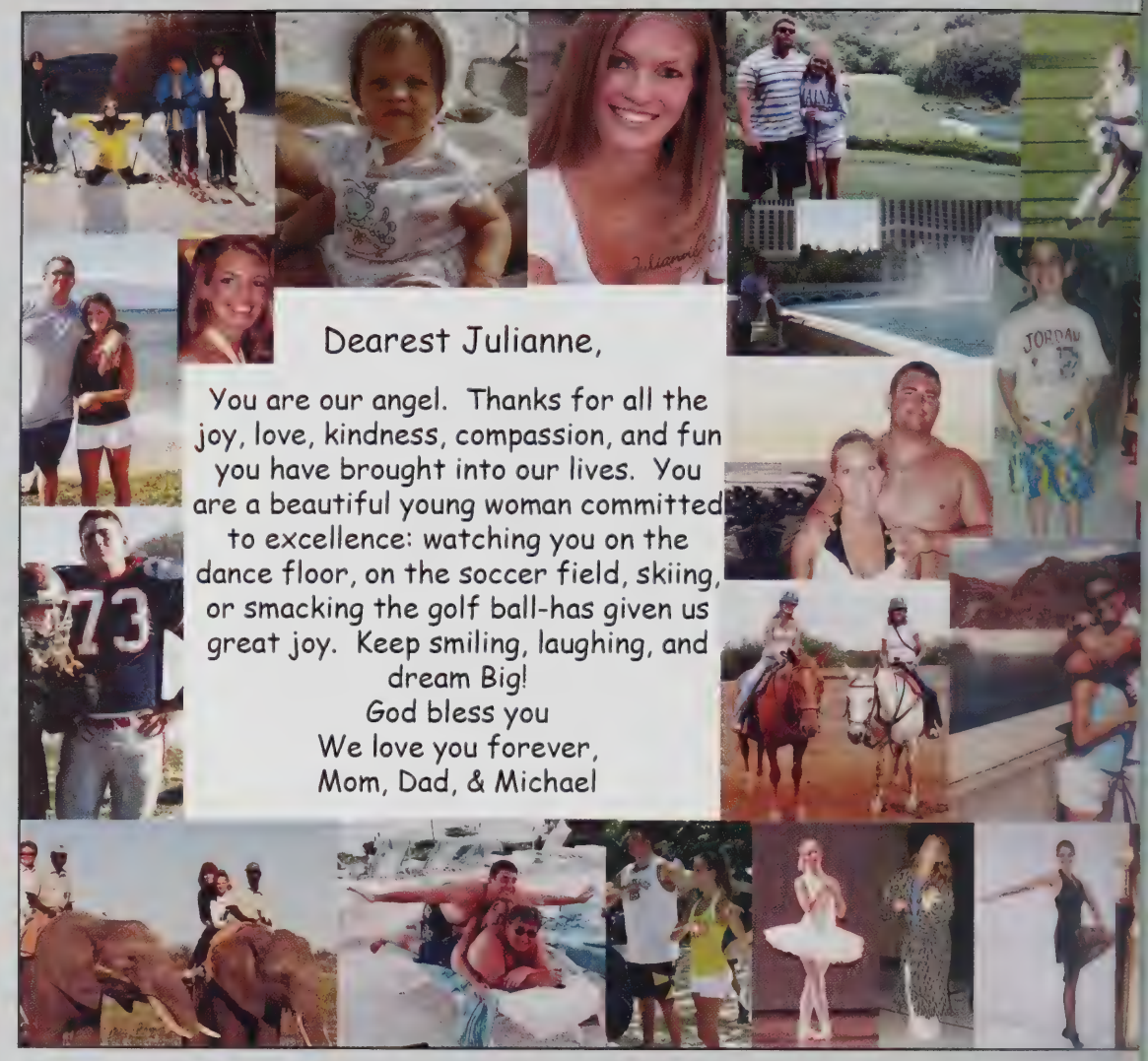
Director: John Germanotta

Emily Hinteregger, Jay Kinslow, Ben Rifkin, Jake Gitlin, Phoebe Sexton, Hannah Mode, Chelsea Lynn









Congratulations

Kayla

We are so proud of you

and all you've accomplished.

Follow your heart and

may all your dreams come true

We love you,
Mom, Dad and Rob

Kevin

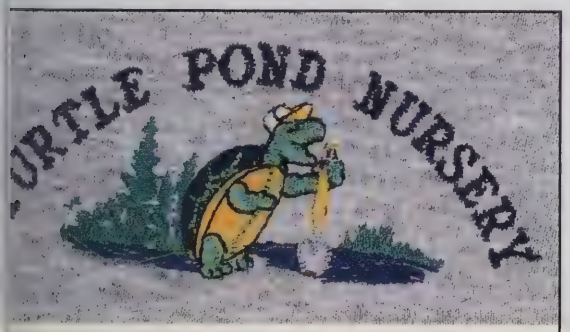
Like the fireworks on your 4th of July birthdays, continue to shine. Words cannot explain our pride in the man that you have become. Continue to be curious, eclectic and diligent - these traits will serve you well.

Love, Mom and Dad

Kevin-

Thank you for being a great brother and friend. I know you will always be there for me and I will miss you next year.

Love, Leah



381 Maynard Road
Sudbury, MA
(978) 443-2021

Growing Specimen Plant Material

Congratulations! Class of 2007

You've grown so much!

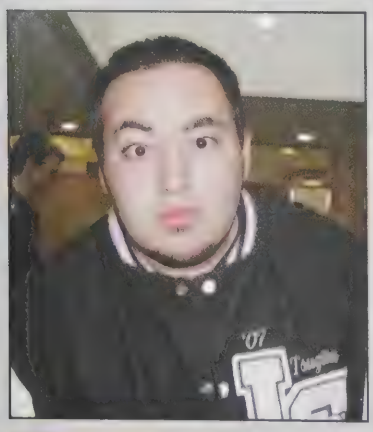
Ben Cutting L-S '08,
Becky Cutting L-S '67,
and John Cutting

Ali

We admire your perseverance and hard work — your artistic flair. Keep Singing!

Congratulations!
We are so proud of you.

Lots of love,
Mom, Dad, Chris, & Kathryn



Jon - congratulations on graduating. Your hard work paid off. You will love college but remember, work comes first. You have much potential for great success, you have earned it.
Love, Dan

JONATHAN

THERE IS NO NEED TO REACH FOR THE STARS, THEY ARE ALREADY WITHIN YOU.
JUST REACH DEEP INTO YOURSELF!

Jon, we are very proud of you. Your hard work and determination have served you well. We know you are well equiped to handle whatever college, and life, have in store for you. We love you with all our hearts and will always be here for you.
Dad & Mom

Jon - congrats, you did i
Thanks for all the help y
have given me. The hou
just won't be the same
without you.
Love, Nick

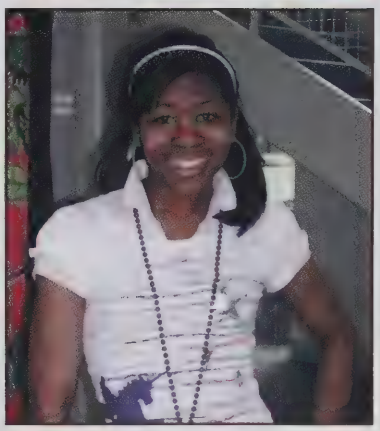
Congratulations, Lisa!

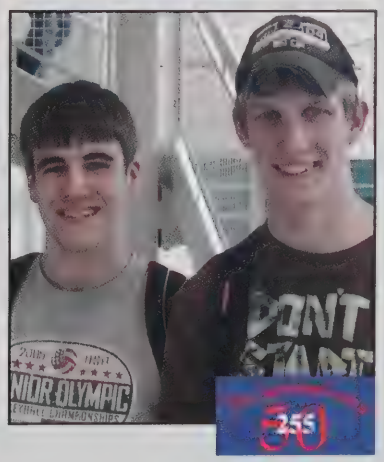
Other people may be there
to help us, teach us,
guide us along our path.
But the lesson to be learned
is always ours.
Melody Beattie

Love, Mom and Dad

Congratulations Julianne!
We are very proud of all that you have achieved. We know everything you will accomplish in the future will be even more wonderful.
We love you,
Grandmom & Granddad

Shannon,
You are everything any
could ever ask for...Best of
you move foward! All Our
Mom, Dad & Dusky





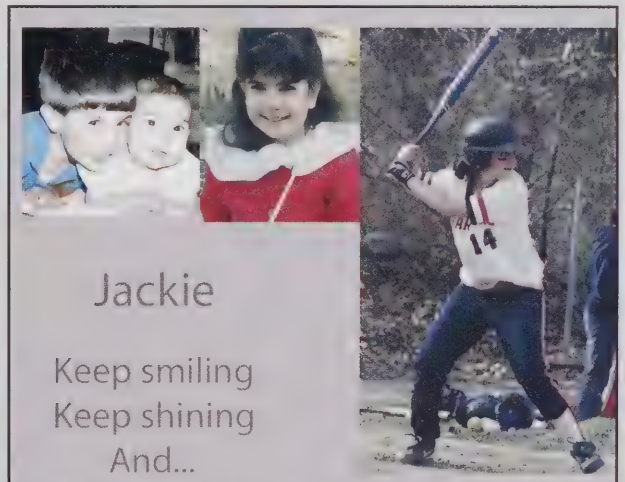
aniel,

We are so very proud of and amazed at all you have accomplished. You are a "giant", a "warrior", and our hero. We wish you success, happiness, & peace in your life.

With love,
Mom, Dad, & Amanda

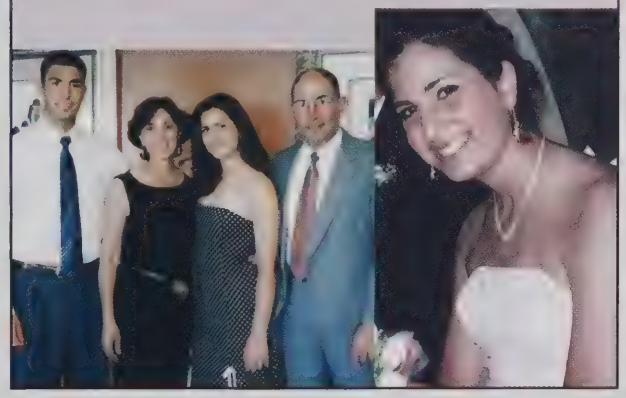
Zak

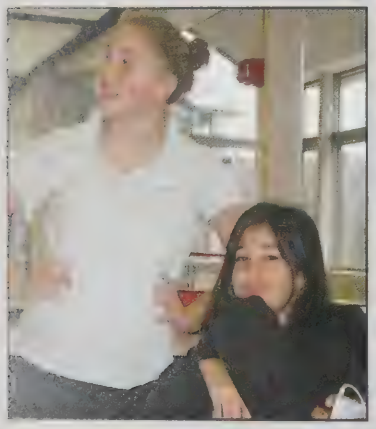
Dare to be yourself.
We are behind you all the way.
Love, Mom & Dad



Jackie

Keep smiling
Keep shining
And...
Always continue to walk down your own path towards happiness.
We are so proud of you.
Love, Mom, Dad, & Alex





Congratulations Andrew! Follow your heart, make thoughtful choices and you will find success. Believe in yourself. We are very proud of you and we love you!

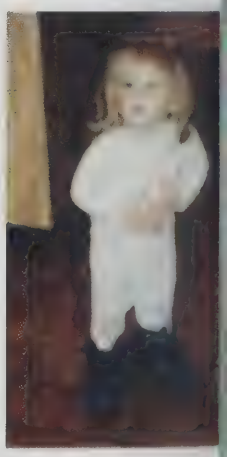
Keep smiling!!

Love, Mom, Dad, Erin, Kara, Fen & Lucy

"The best is yet to be."

Robert Browning

Lauryn Elizabeth



"I know a girl...she puts the color inside my world." - John Mayer

Dearest Lauryn,

From the moment you were born you have filled our lives with so much love and happiness. You are a "good time". We are so proud of the person you are and will miss you a lot.

We love you...more

Mom, Dad & Eli

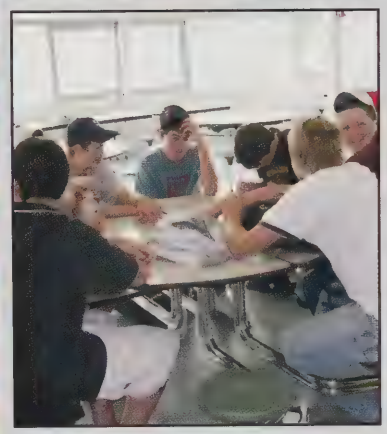
CATHERINE MATTHEWS

You see things and say 'Why?';
but I dream things that never
were and I say 'Why not?'
–George Bernard Shaw

I see my path, but don't know where it
leads. Not knowing where I'm going
is what inspires me to travel it.
–Rosalia de Castro

With great pride and much love,
Mom, Dad, Lindsay, Tucker and Riley

"The most wasted of all days is one without laughter"



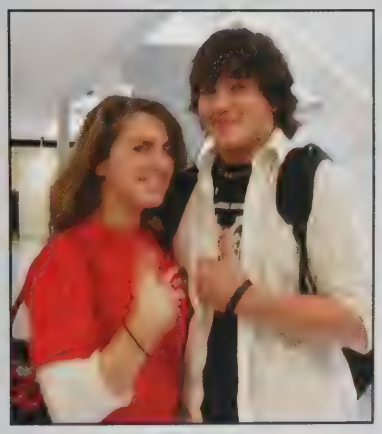
Congrats, Lisa!

May you always
find what you're
looking for...
and have
fun doing it!
Love,
Beth

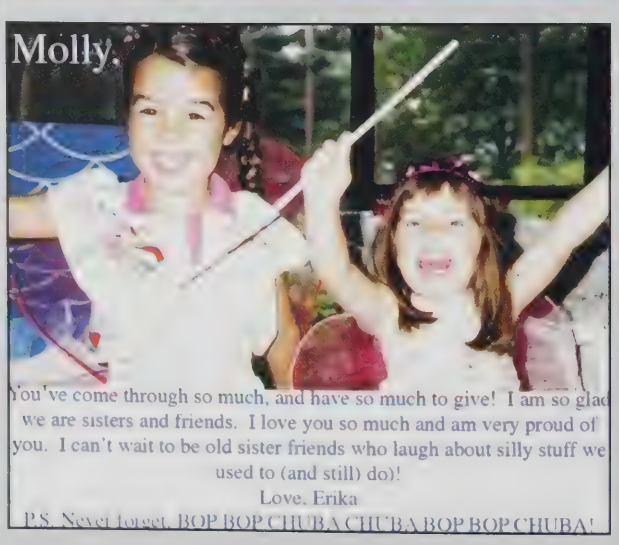
We are so proud of all that you have done so far.
Chase your dreams - you have so much wonderful potential.
Samantha, we will always be your biggest fans!
Lots of love and pride; Mom, Dad, Adam, Michael, and Molly

ISA AND MARTHA

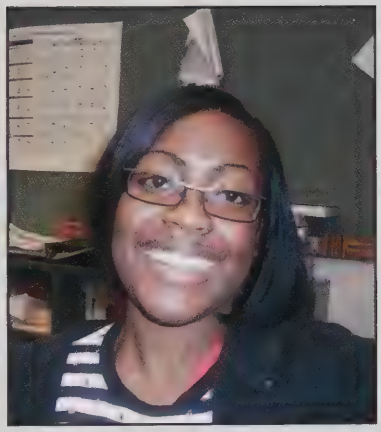
A passion for the water: swim team.
swim camp, life-guarding at the shore.
Hanging out together: shopping.
my house/your house. LBI
~MEMORIES TO BE CHERISHED~
With Love from Your Families



The best
games in
life are
ahead
of you.
♥
M&D


Molly,
You've come through so much, and have so much to give! I am so glad
we are sisters and friends. I love you so much and am very proud of
you. I can't wait to be old sister friends who laugh about silly stuff we
used to (and still) do)!
Love, Erika
P.S. Never forget, BOP BOP CHUBA CHUBA BOP BOP CHUBA!

Vanessa,
You bring so much
joy to our lives....
We love you!
Mom, Dad, and Ellie

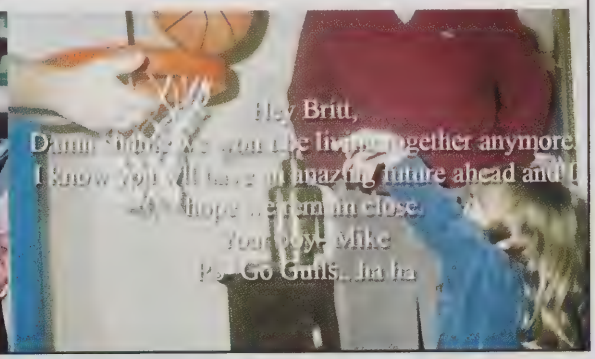


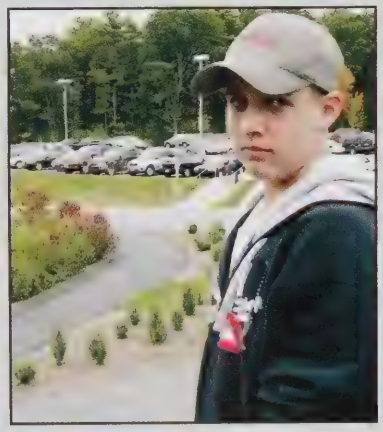
Britt,

From the moment you were born you have amazed us. Your beauty, talent, athleticism aside, it is your happy disposition that we are most proud of. Your ability to approach everything with confidence and a smile sets you apart from most. We know your future will be filled with success and happiness. Thank you for bringing us endless joy and excitement.

We Love You,

Mom (MaMaaaa) and Dad





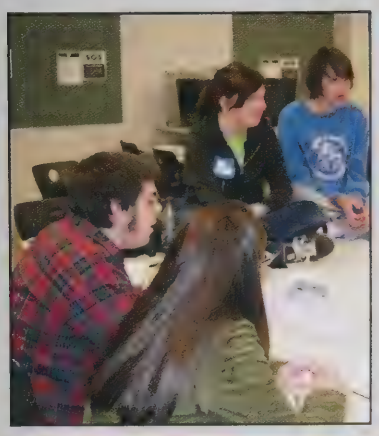
"Did I ever tell you that you look like a goat?"
We love you Teddy!
Mom, Dad,
Emily, Abby & Lucy

Maya

Congratulations! Enjoy this transition into the next wonderful stage of your life.

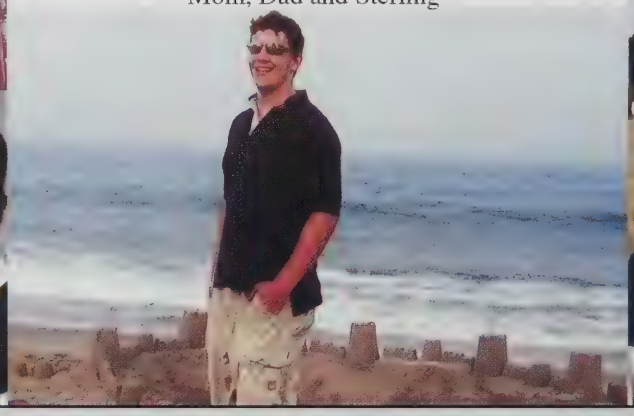
With love,

Aaron

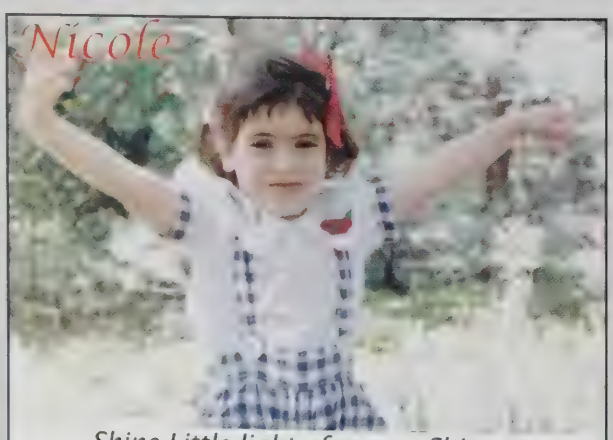


Congratulations

Your character, determination, accomplishments,
generous spirit and choices make us proud.
You have brought us tremendous joy!
We wish you courage, love, hope and good health
at graduation and always.
We love you,
Mom, Dad and Sterling



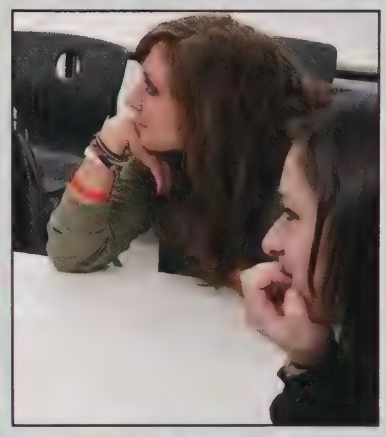
Molly,
We love you and
are so proud of
you for all
you have
accomplished.
Congratulations
girl!
Love always,
Mom, Dad
and Charlie



Shine Little light of ours....Shine.
Congratulations,
Love Mom, Dad, and Michael.

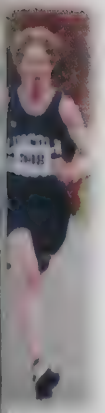
EMILITA CHIQUITA BANANA

Together forever, you'll always be my crazy little sis
Keep that spirit chica. I love you so much. Congrat



DAN

"No one can say, 'You must not run ster than this or jump higher than that.' The human spirit is in domitable."
-Roger Bannister



You've always had indomitable spirit, Dan, and we're very proud of you! Good luck!

Love from
Mom, Juli, Justine and Alex

Congratulations Joe!

We are very proud of you and your accomplishments. We love you very much.
Mom and Dad

On my honor

Yours in scouting,

Mrs. Colombo

Good luck next year.
We are so
proud of you!

Love,
Mom, Dad,
Liz & Alex

We are so proud of your accomplishments, determination an the great man you've become. We wish you success and happiness as y follow your dreams.

Love
Mom, Dad, Rae and Max

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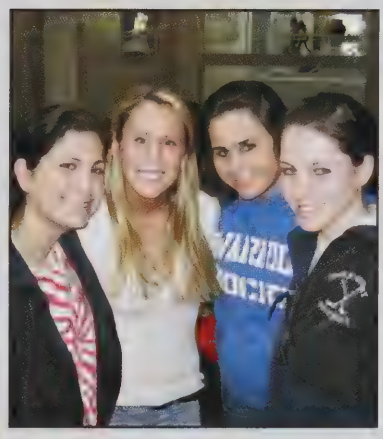
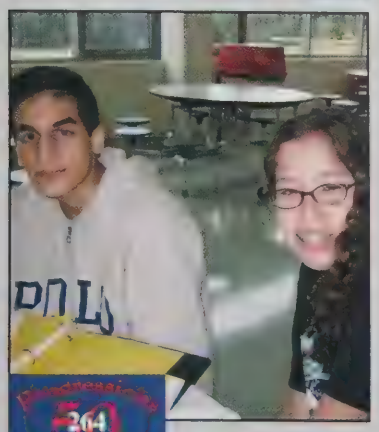
Congratulations Amie
You have made the most of your four years at L/S
And we know that many great adventures lie ahead.
We will always be here for you.
We love you Sweets!
Mom, Dad, Maggie, Ryan
& Libby



We are very proud of your accomplishments.
We know your determination will bring much
success in the years to come.

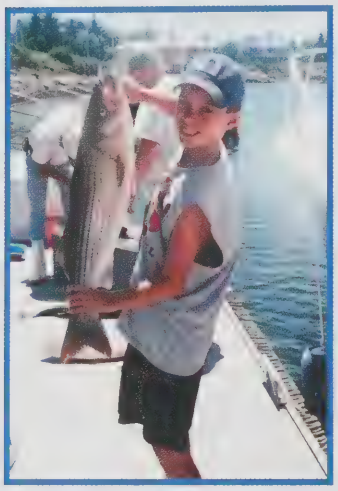
Congratulations on your graduation!
Love,
Papa, Mom, & Christian

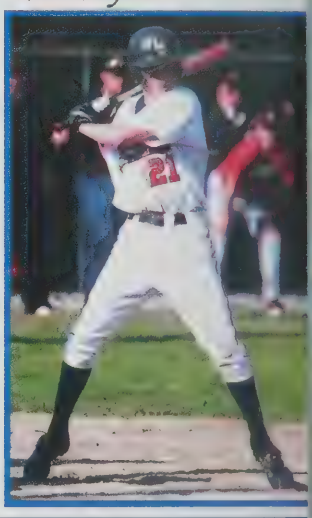


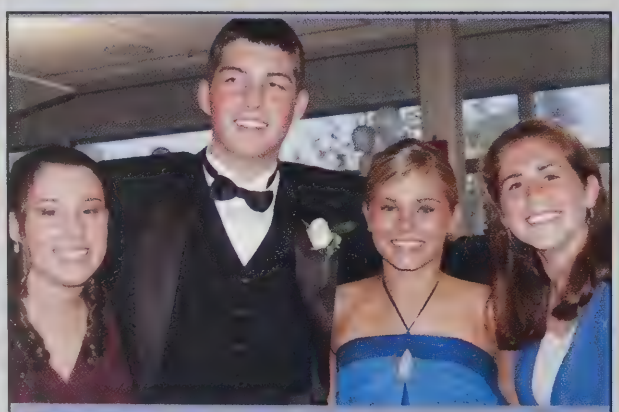
Congratulations Jack!

Remember these past four years and be proud of all the goals that you've accomplished. Always remember anything is possible as long as you can dream. You are a wonderful son and brother. We love you!

Mom, Dad, Mallory and Caroline







BG Part II - 18 years...Good Luck!
Love, Your parents

DONELAN'S
SUPERMARKETS

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Business proudly serving our
Communities for over 55 years

Wishes the best to the Class of 2007

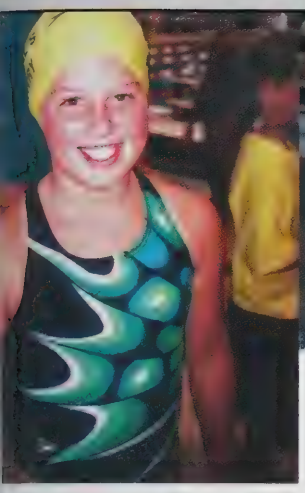
www.donelans.com

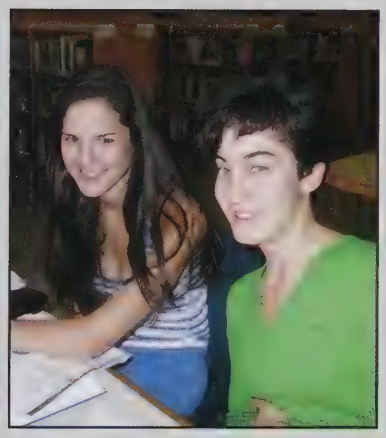
Emily

Congratulations

You've made
very proud.
Follow your
passions.

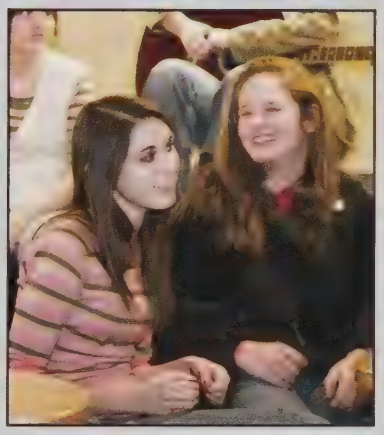
Love
Mom, Dad
& Ian





Congratulations Jess!

You have brought so much joy & happiness into our lives. We have cherished watching you grow & become a wonderful & lovely young lady. May your next 4 years at Duke, be as fulfilling & inspiring as these last 18 yrs. You are the best sister & daughter we could ever ask for.
We love you,
Matt, Cassandra, Alicia, Mom & Dad



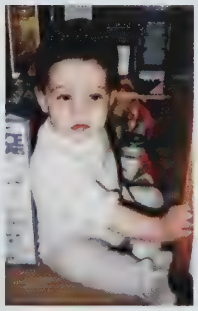
Christopher,
we are very proud of you.
Enjoy every moment of
life. We love you so
much,
Mom & Dad

MARY

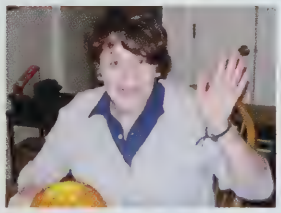
fun-loving

...devoted

...and a style of your own



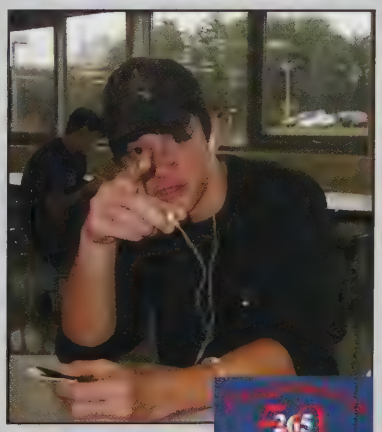
...inquisitive

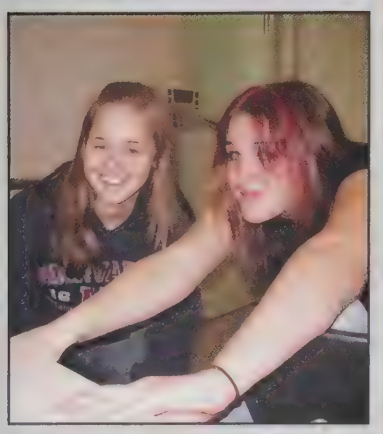


We love you-

Mom, Dad, Matt, Mike

Farewell LS!

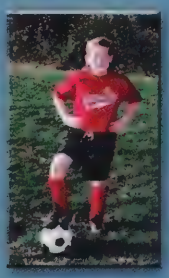




Brian Wilver

Congratulations Brian!
Your hard work and dedication have gotten you to where you are. We're so proud of you, your accomplishments and who you have become. You've brought such joy to our lives. You are a wonderful son and an awesome brother!
We wish you success and happiness in college and beyond.
We love you so much!

Love,
Mom, Dad, Patrick and Adam



accident prone

Cheerleading

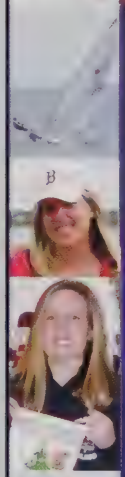
1st birthday

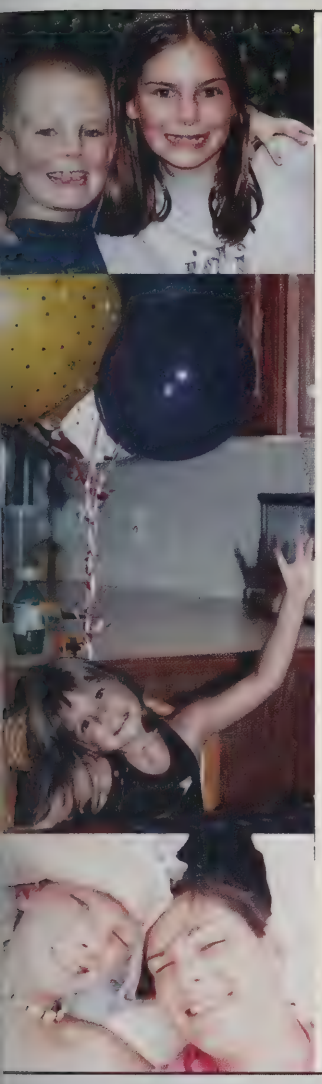
noodle

Caitlin,
Dream big and don't let anything hold you back!
We are so proud of you!
Love,
Mom, Michelle & Chris

drama queen

Brittany, "Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."... yet know that we will always be your safe harbor if the storms should be too intense to sail.
Love, Mom, Dad & Ryan



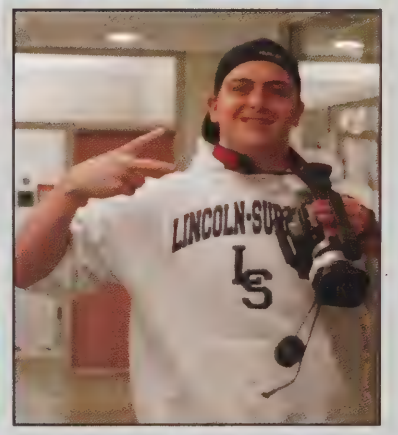


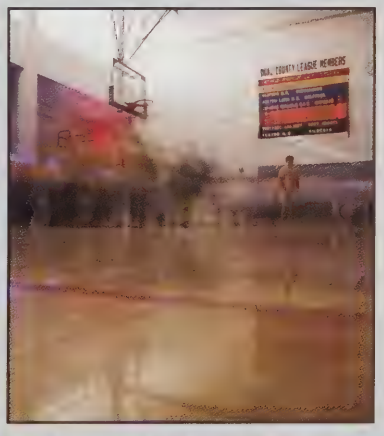
Katie

Congratulations!

Today is your day.
You're off to Great Places!
You're off and away
You'll get mixed up, of course,
as you already know.
You'll get mixed up
with many strange birds as you go
So...
you're off to Great Places!
Today is your day!
Your mountain is waiting
So...get on your way!

Love,
Mom, Dad, & Peter





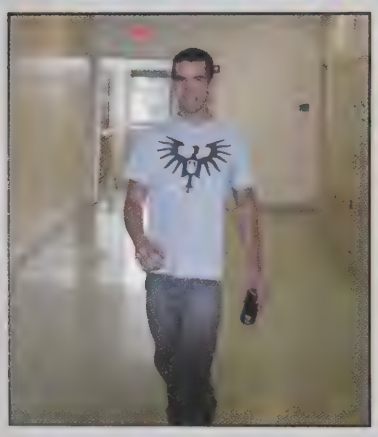
Congratulations Emily!

o matter your
destination
e are with you
always.

Love,
Mom and Dad

Congratulations Joe!

We are very proud of you and your accomplishments. We love you very much.
Mom and Dad



Congratulations Juliegirl!

We are so proud of who you are.

Keep blazing your own trail and never, but never, run out of lip-balm.

We love you,
Mom, Dad, and Jeff

Madeleine..... Go Get 'Em!

Love, Mom, Dad and Jackson

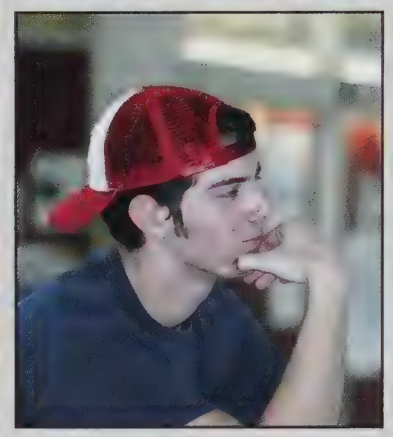
Wow, New Anne!

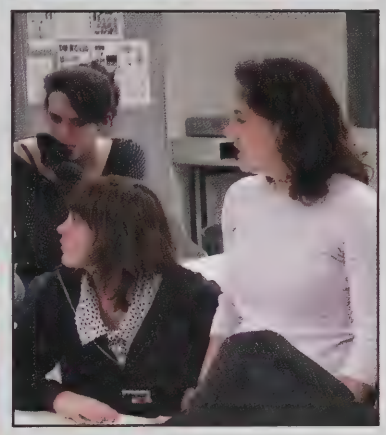
We're so proud that the girl who used to dress up and "dance" to Michael Bolton in the living room is graduating!

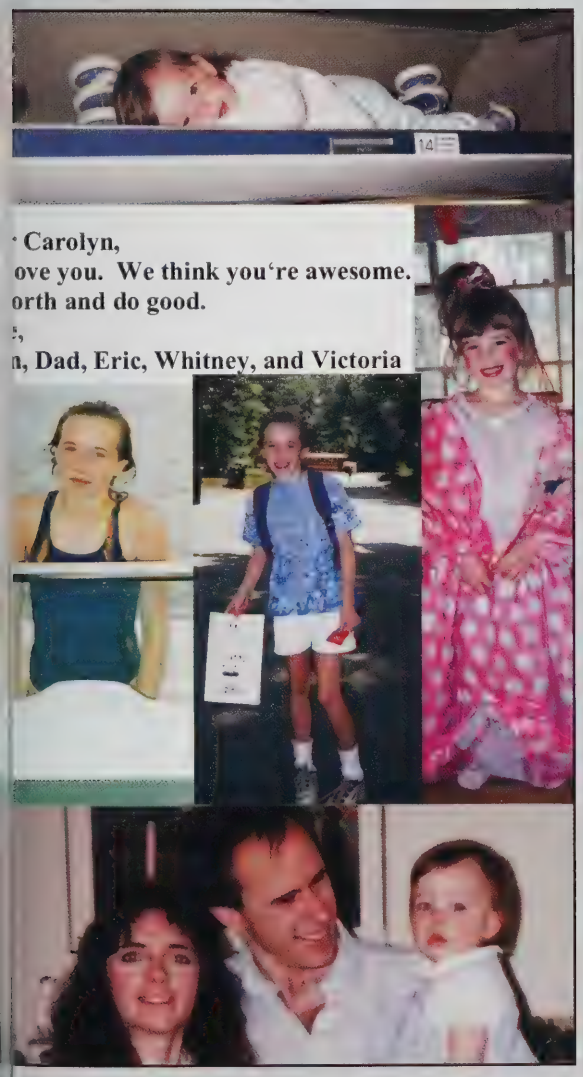
You've added more to our lives than you could ever know, Scout, and we love you.

Love, Old Matt and Old Aubyn

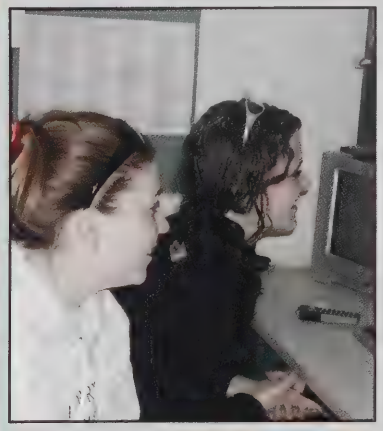
Congratulations Ellie!
We are so proud of everything you've achieved, so confident in your determination and resourcefulness, so impressed by your resilience and kindness.
We hope you will fondly remember your childhood and wish you a meaningful life filled with love, good health, and happiness.
We love you!
Mom & Dad

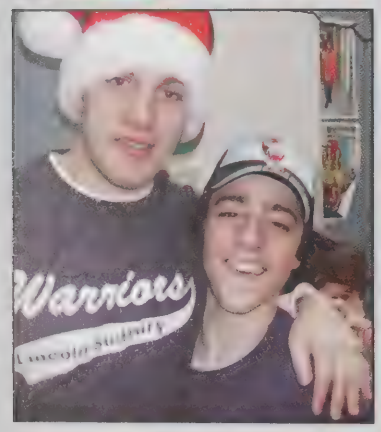





· Carolyn,
ove you. We think you're awesome.
orth and do good.
:,
n, Dad, Eric, Whitney, and Victoria

Congratulations.
Our youngest child graduating high school wow, impossible!
It is now your turn to pick and choose your way through life. You've done a great job in school and we are very proud of you. We know if you keep focused on your journey you will be able to succeed at anything you set your mind to. We will be proud to support you in whatever you decide to do, you can do anything. You certainly have the ability. You have also succeeded at being a loving and caring daughter. A parent can't ask for anything more than to have a child with a sense of humor, a great smile, a kind heart, and a love of life. You have all the tools for a great life, use them all. Be a success at life first, then your profession.
We love you and always want the best for you.
God Bless you
Mom and Dad

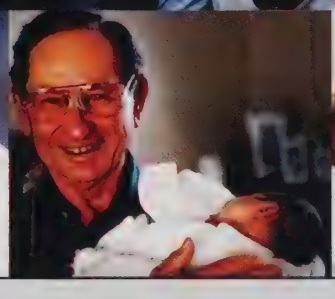




To our sunshine Jamie,

May all the days of your life be filled with crystal blue skies. May you perceive the world as bright with infinite possibilities. Fulfill your dreams and reach for the stars!

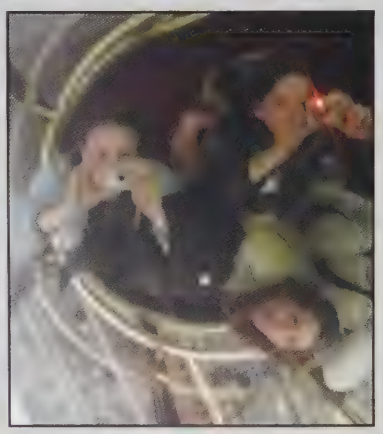
With love,
Mom, Dad and Jackie

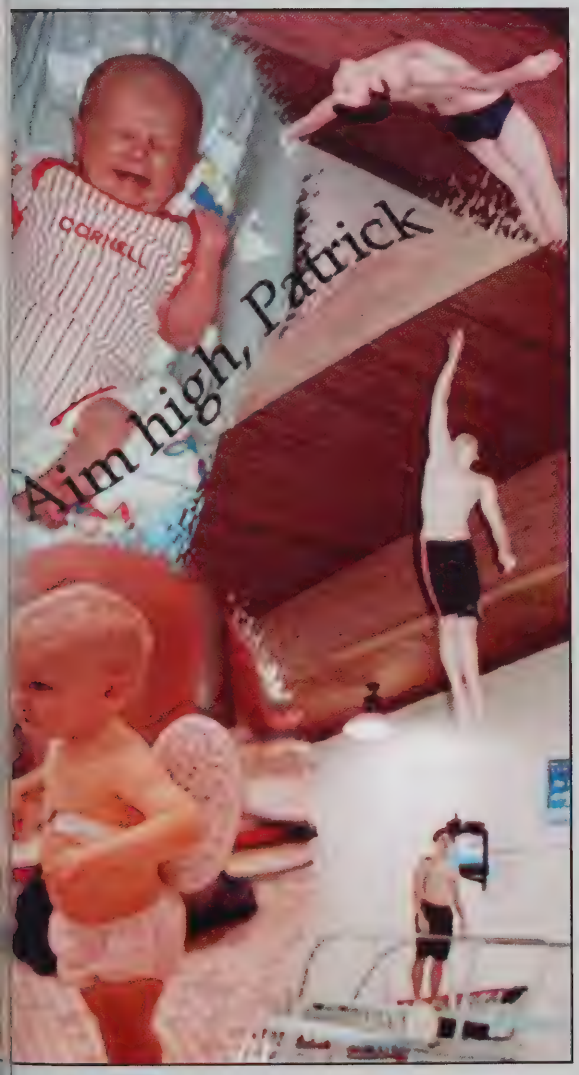


Congratulations Cadence!!!
With love and admiration
- Mom, Dad, and Cornelius

Eddie,
It has been a great ride for us too. We loo forward to your next 4 years at Holy Cross. We are so proud of you.

Love,
Nicole, Mom and Dad

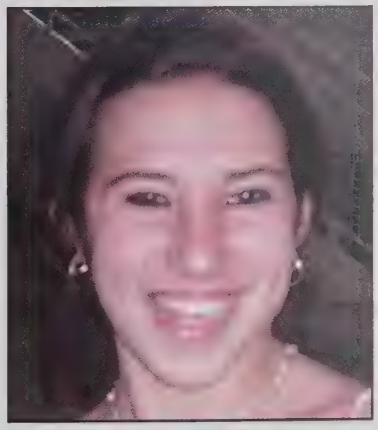




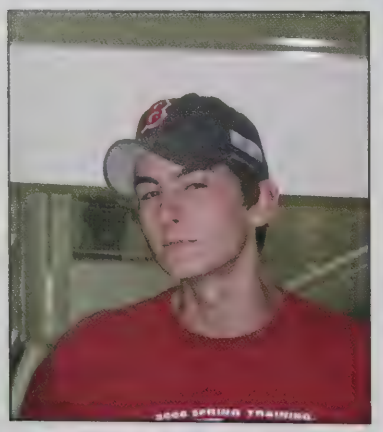
Audrey

It has been a true joy watching you grow through your high school years. We are excited by your future and wish you nothing but luck, joy, and happiness as you move into the next stage of life.

We love you,
Mom, Tom & Jason



Gonna miss you sis; how am I going to remember anything now?
Love, Kurt

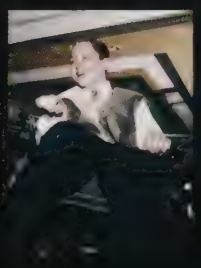


Congratulations Ross!

We hope your dreams take you to the highest of your hopes, to the windows of your opportunitie and to the most special places that your heart ha ever known.

Our love and support are always there for you.

Love, Mom, Marc and Erica

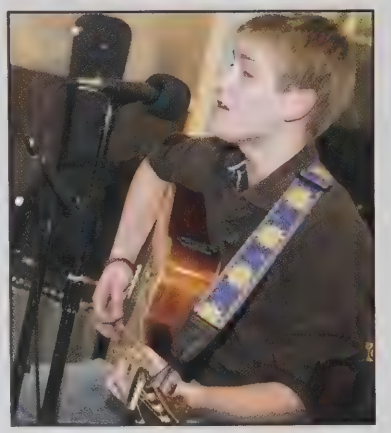


ey Kiddo, It looks like we saved the
st for last. Glad to see one of us gets
un through these school systems like
eight train-never looking back-always
t on a destination. You are the pace
r, always out front and never out of
ntrol. The journey you are about to
ark on is unchartered territory for all
us, and for that you should be very
ud of yourself. School just seems to
e sense for you and for that I believe
are all a little envious. Just always
member to keep your focus on your
ms and your goals, and nothing else.
am big...I mean really big, because I
w you can do anything you put your
d and heart into. Always remember
ou have a big brother with lots of
ends in your corner. Remember the
ld is yours and in the end we want to
be able to say,
we came, we saw, we conquered.
I love you baby girl,
Jesse

JENNY

Thanks for everything!
Great times when we go out with each other.
Good luck and have fun in college. I'll miss
you little sister! I love you always
~Molly~

Fo, can't believe you are graduating. Makes me
feel old already. Seems like just yesterday I was
making fun of the fact that when you first came
home from the hospital you had no hair, and a
big head, oh wait that was yesterday :)
You have many mre years ahead of you, then
behind you. These next couple of years will
most likely be some of the greatest in your life.
The best advice I can give to you is to take full
advantage of them.
Congratulations, Love always, Your Big Sister

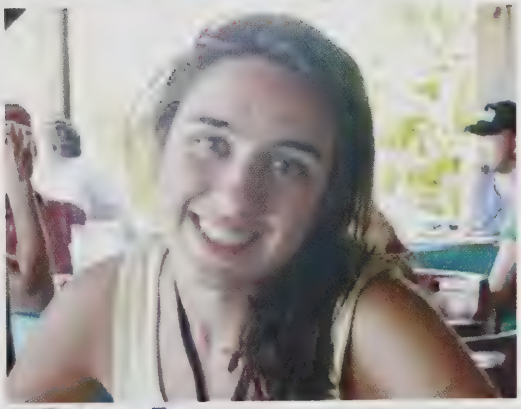


"A star is born"
Congratulations Tavianna
For all of your accomplishments
and for becoming the person you are
Good luck with your future achievements
in the coming years.
Love, Mommie & Brenda

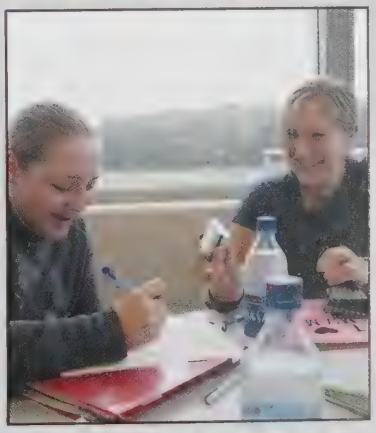
Congratulations, sweet Maya!

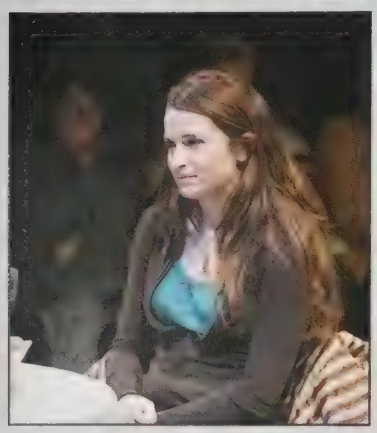
Dream On!!!

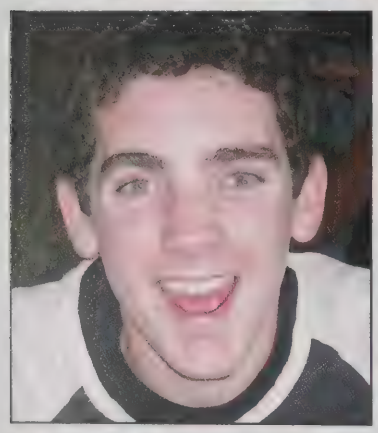
We love you!

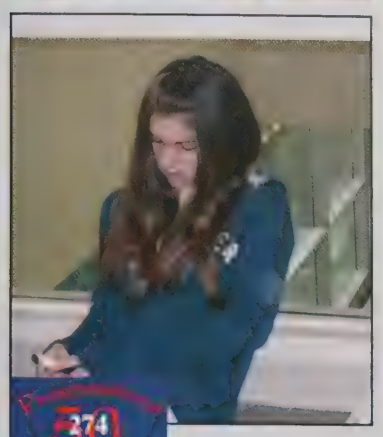


Mom, Dad, and Eli

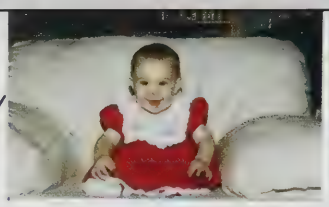




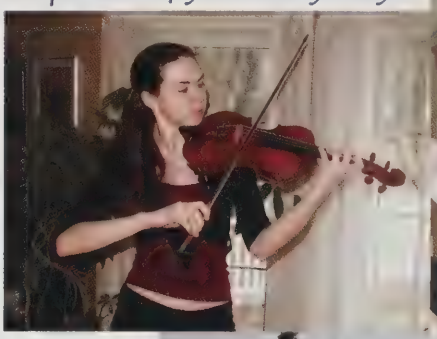


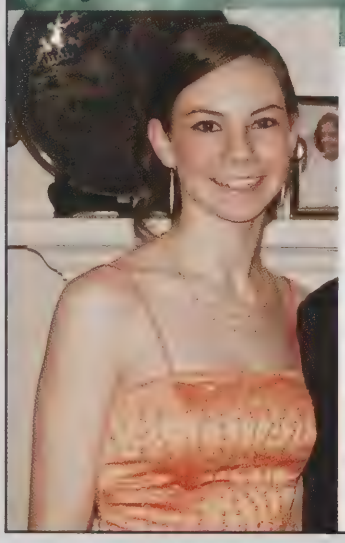


Megan



Always ready to conquer new challenges
And embrace adventure ...
We are proud of you every day.





We love you always,

Mom, Dad, Kaitie,

Meija,

and Bosley

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Congratulations Nicole!

We hope your smile continues to brighten the world around you. Our pride and love will go with you forever.

Love,
Nevin, Mom & Dad

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JASPER WHITE'S

SUMMER SHACK

OPEN YEAR-ROUND!

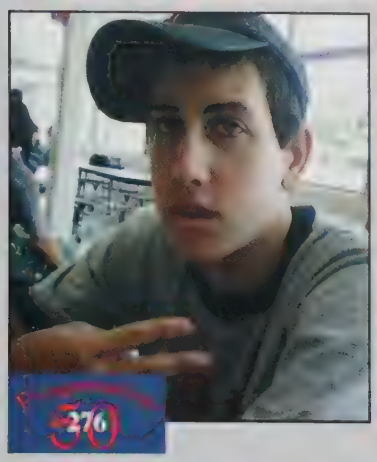
LOGAN AIRPORT
TERMINAL A

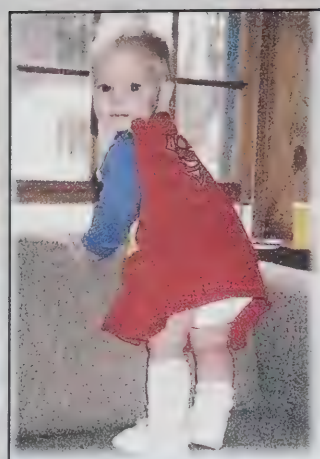
MOHEGAN SUN
CASINO AND RESORT

CONGRATULATIONS
to
JP WHITE
and
The CLASS of 2007

FOOD IS LOVE ™

FUNCTIONS
&
OFF-SITE CATERING





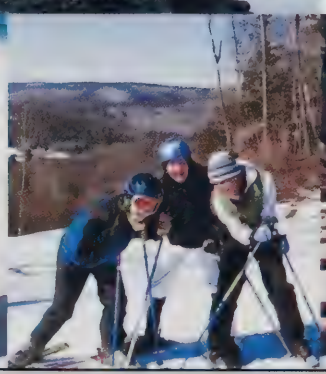
"Believe in your dreams and they may come true; believe in yourself and they will come true"

Love, Mom, Dad & Ashley

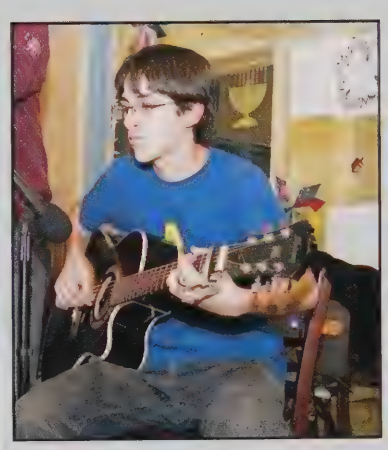
Congratulations Lauren!

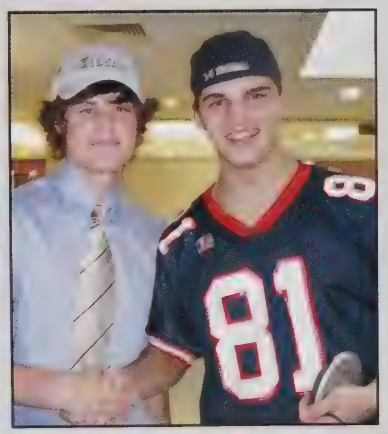
Becca

Let the adventure begin!
We are so proud of you.
Love,
Mom, Dad & Jason



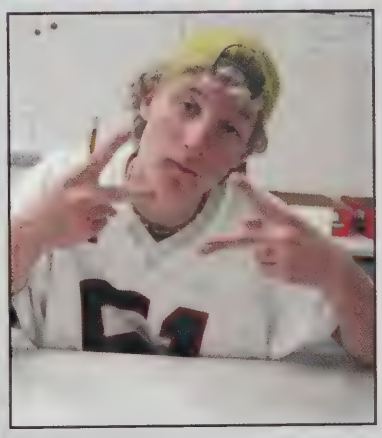
ONGRATULATIONS
RYAN MCCANN!
Ve are proud of the man you have become and you are
oved and respected more than you can imagine. May
we always be an integral part of your journey ahead.
LOVE,
Mom, Dad, Jim, Brendan, Uncle Greg and Anthony

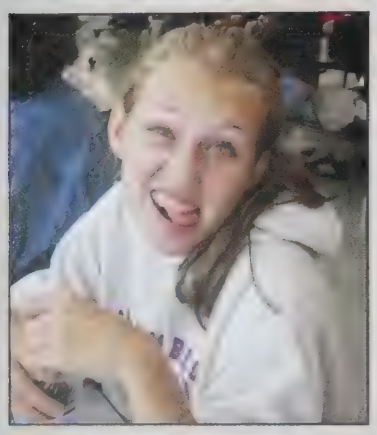


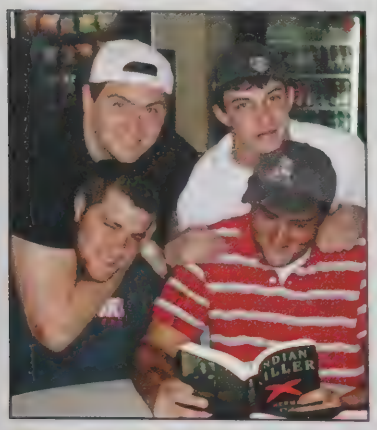


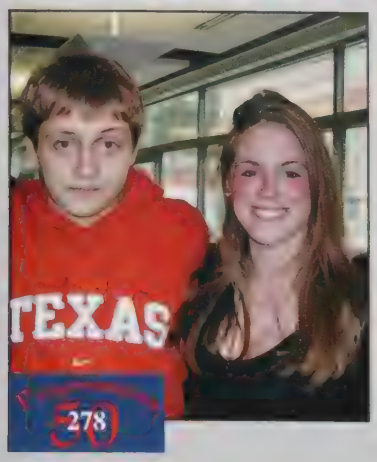
Nick
Congratulations!
We have treasured our years together and enjoyed watching you grow. We wish you health, happiness, love and a fulfillment of your dreams.
We will love you always.
Mom, Dad and Christina

Michael
Never stop learning,
Never give up.
Love you always, Mom, Dad and Lauren





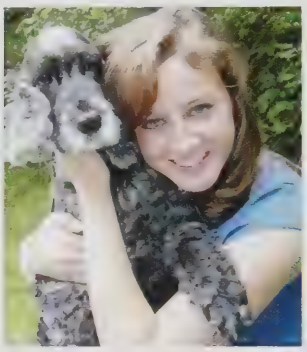




Well I looked into a house I once lived in around the time I first went on my own...When the roads were as many as the places I had dreamed of...And my friends and I were one...

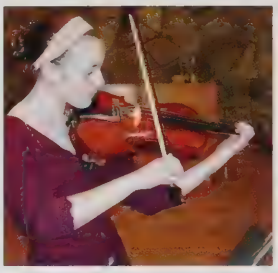
And the great song traveler passed through here...And he opened my eyes to the view...And I was among those who called him a prophet...

And I asked him what was true...

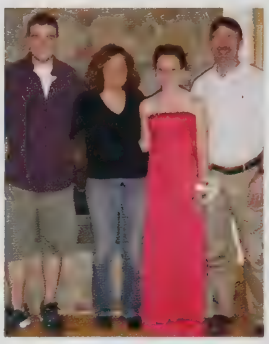


I looked into the faces all passing by...It's an ocean that will never be filled...And the house that grows older and finally crumbles...That even love cannot rebuild...

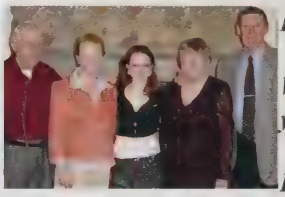
It's a hotel at best, you're here as a guest...You oughta make yourself at home while you're waiting for the rest...



And I looked into the sky for my anthem...



And the words and the music came through...



But words and music
never touch the beauty
I've see

Looking into you --
that's tr

Jackson Brov

Krysten,

We are very proud of you, Congratulations

Love,
Mom, Dad and Mich

Aaron

Congratulations! We're so very proud of who you are and your accomplishments. No doubt you will continue to amaze us and the rest of the world. Go get 'em!

Love always, Mom and Dad

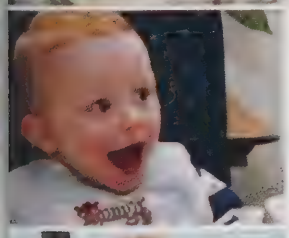
Katie

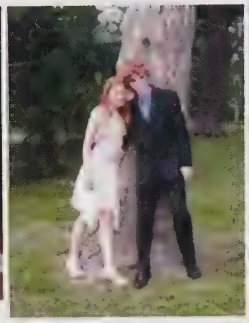
Dream Big
augh Often
Work Hard
Have Fun

With love and admiration -

Mom, Dad and Kristan

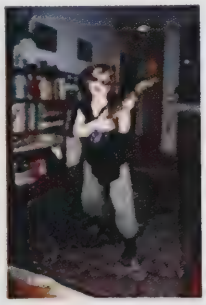
ETWOL

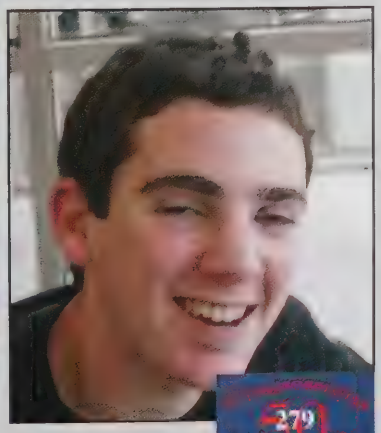


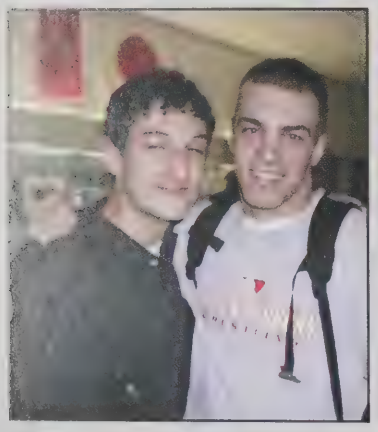


Nick,

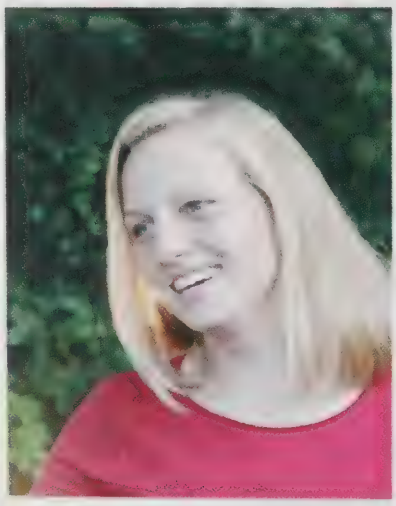
From the cherubic baby to the adolescent musician, it has been a pleasure being part of the transitions in your life. We are proud of your accomplishments and hope that your future endeavors bring you fulfillment.
Love Mom, Dad and Bridget







Congratulations Ben!
The best is yet to come
We love you,
Mom, Dad,
John, and Scott



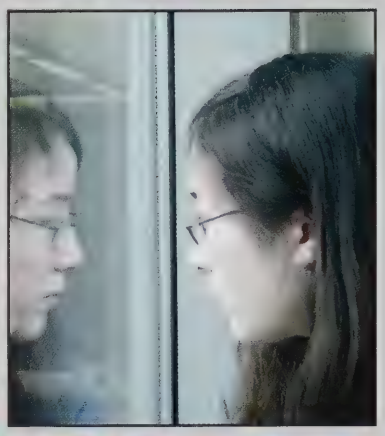
Congratulations Malena!

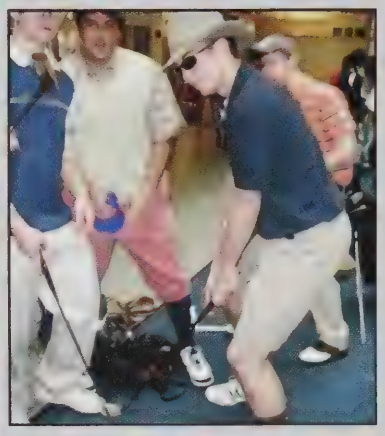
We are so proud and impressed with all you have accomplished. Embrace and enjoy your next adventures!
Love,
Mom, Dad & Maya

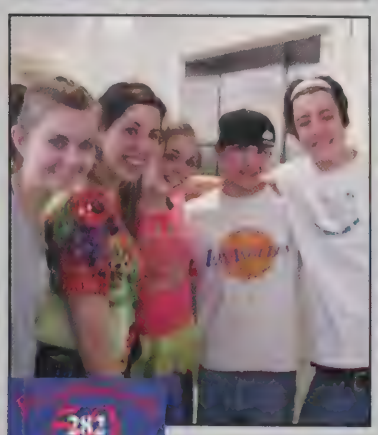
J.P., Congratulations!

We are very proud of you!
No one is better than you are in our eyes. We love you so much and wish you a wonderful life. Follow your dreams, always stay happy and try to live every moment of your life as if it might be your last.

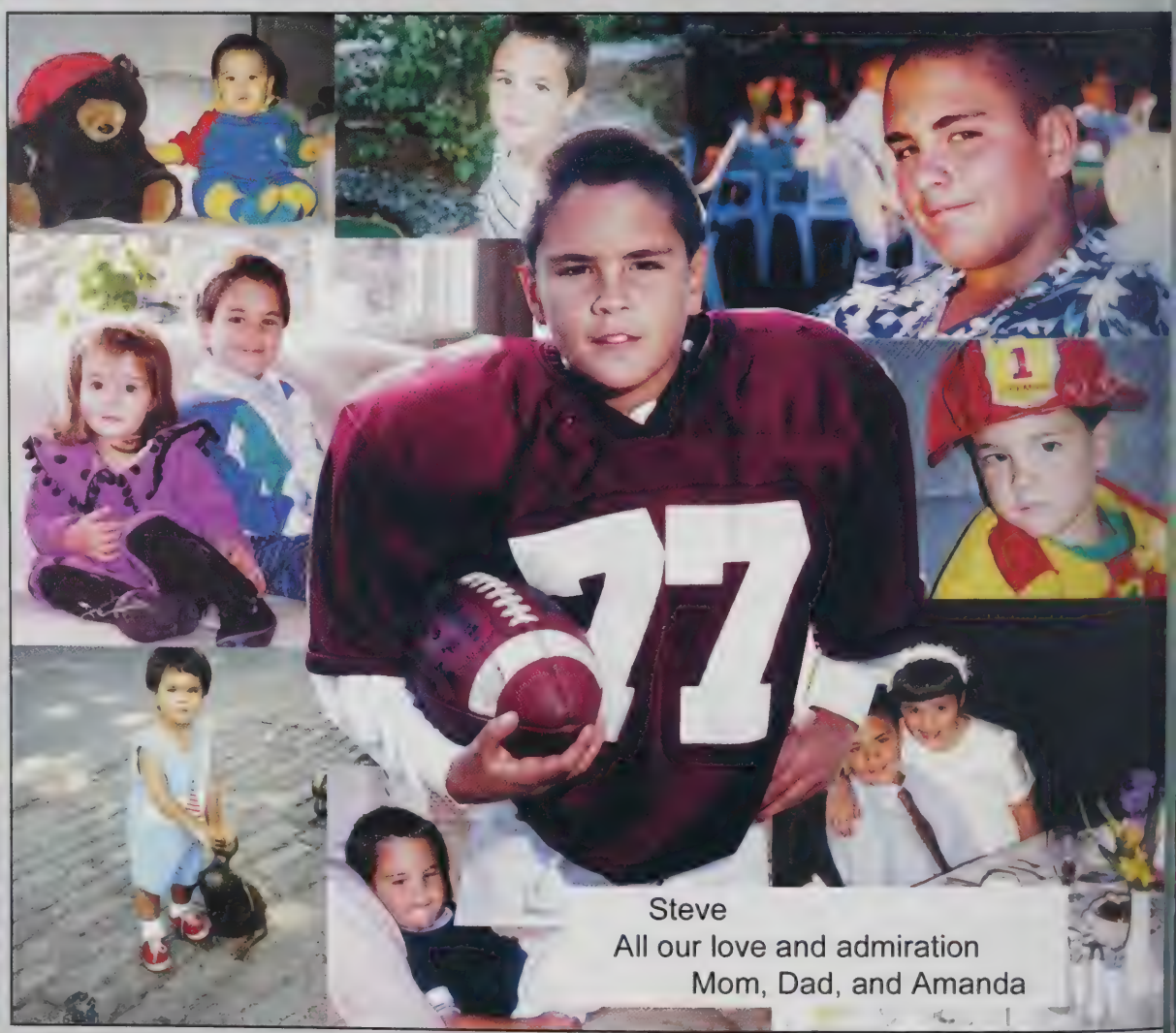
Mom, Dad, Mariel, and Hayley







Congratulations Amanda
We love you
Mom, Dad & Chris



Steve
All our love and admiration
Mom, Dad, and Amanda

Alexandra

Julia

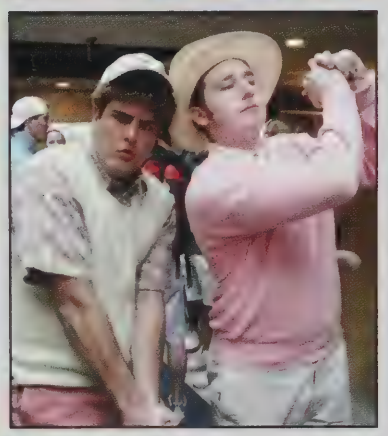
Past

Present

And Our Sweet Wishes for the Future!

We Love You!

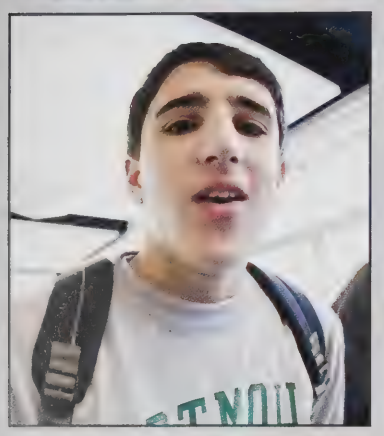
— M & D

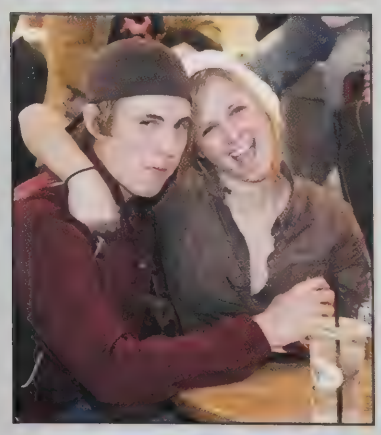


Sean "Tilly" Michael Pike,

We are so proud of you and all of your accomplishments. We know you will continue to make your mark on the world. Just remember you are a friend to your brother, an adored big bro, a treasured son and a fantastic grandson.

We love you to death,
Mom, Dad
Samantha, Sean, Dylan, Bauer,
Grandma and Papa





It is time for us all to stand and cheer for the doer, the achiever - the one who recognizes the challenges and does something about it.

- Vince Lombardi

With much love and pride – Dad, Jill, Zac, Brooke, Ben, Bailey and Tigger

BEN

Generous Heart,
Gentle Soul

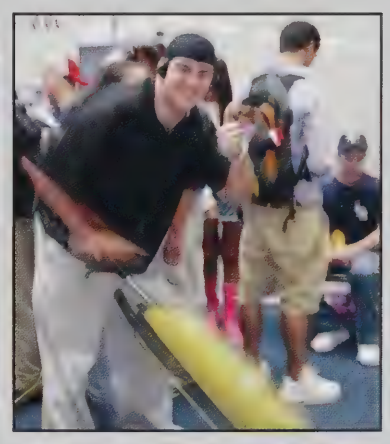
Follow your
Dreams, with Passion...
...Courage...
And Strength,
Into the future.

We love you!

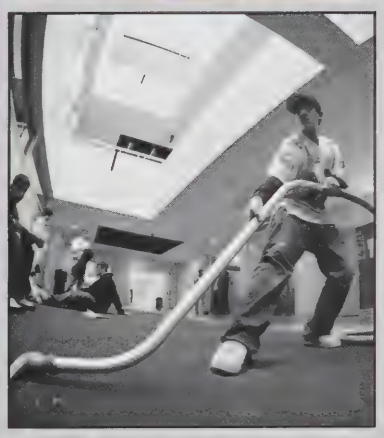
Mom and Deb
Alex
Noah
Dad and Virginia

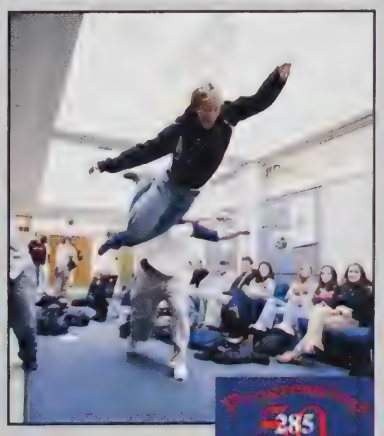
CONGRATULATIONS

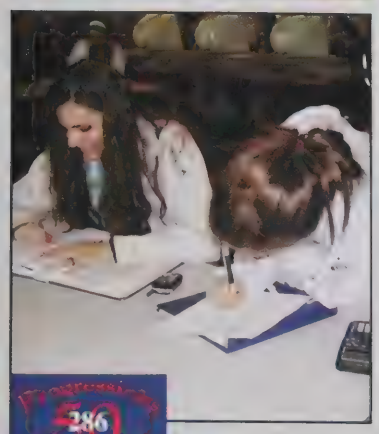
Congratulations Tim!
It seems like just yesterday
you were begging to go
water skiing one more time!
Continue to enjoy life with the same
enthusiasm and commitment.
We love you,
Mom, Dad, Katelyn and Mackenzie

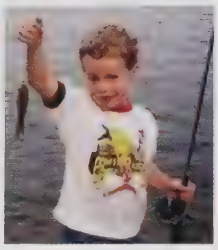


Bookie,
You totally rock.
Love,
Mom, Dad & Char



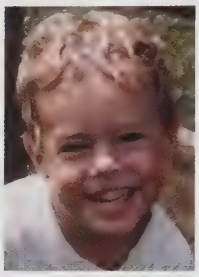






Tommy,

Congratulations on all of your successes in school, sports and volunteer activities. You have become a fine young man. You are a great older brother and a wonderful son and we are very proud of you. Good luck with your 4 years at Connecticut College and with whatever lies beyond. We look forward to frequent visits and fishing trips.



Congratulations!

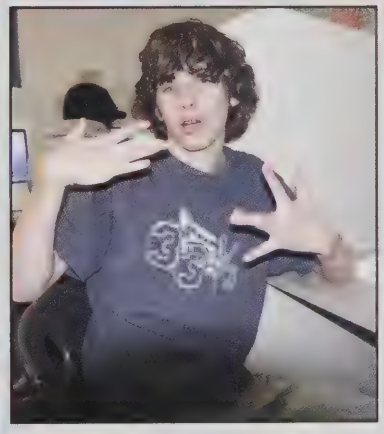
Jesse,
Smile, breathe, and go slowly...

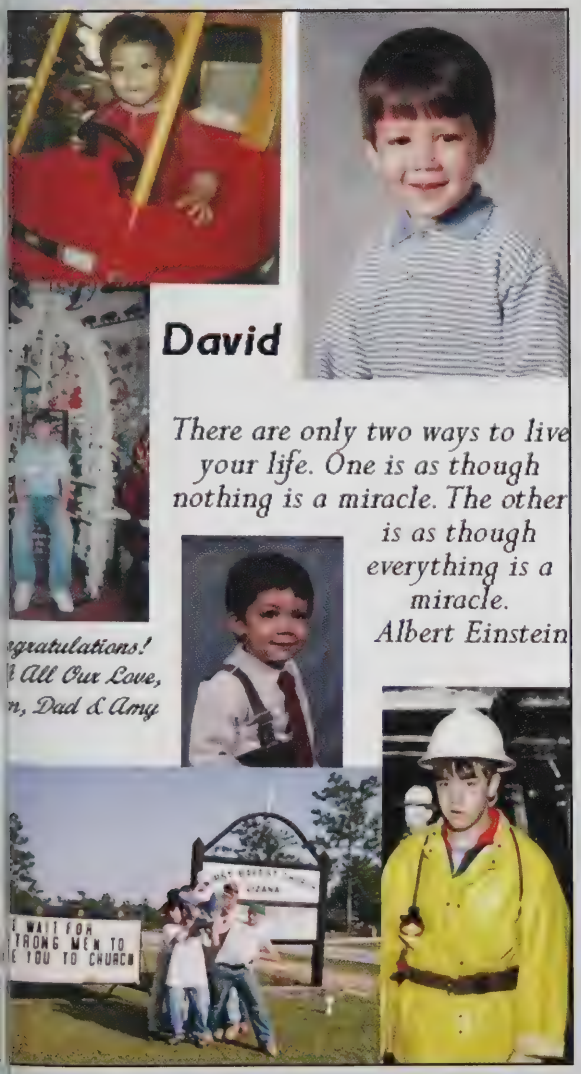
We love you,
Mom, Dad, and Sav

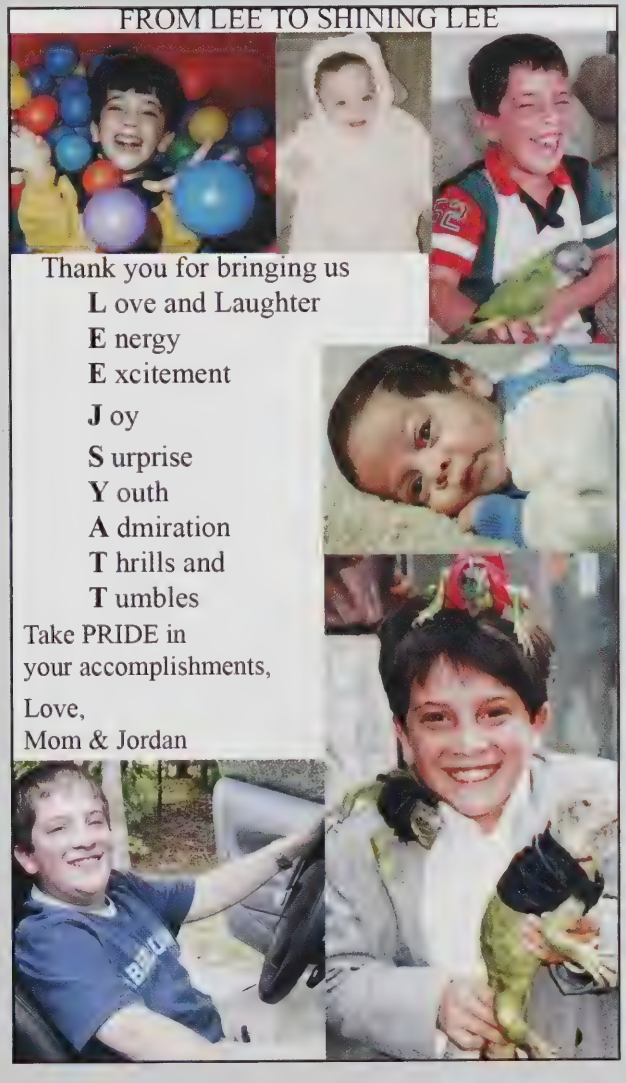
Congratulations
Elisa!

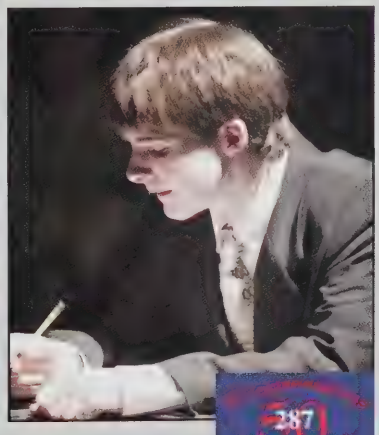
You've shown us all how to succeed
with a smile and desire
We're proud of you & all you've becom
Love,
Mom, Dad, Cara
the Krumers, Levins, Musmons and Minskys

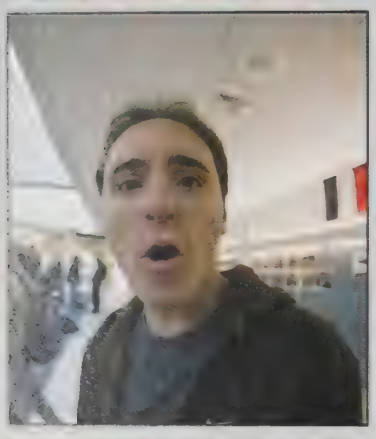
Lauren,
Congratulations! We are so proud of all you have accomplished as an artist, student and athlete. But we are especially proud of who you have become as a daughter, sister and friend.
May your kindness, hardwork, and determination always bring you happiness.
Love, Mom, Dad & Matt
PENN STATE
WRESTLING CAMP
LS
3182

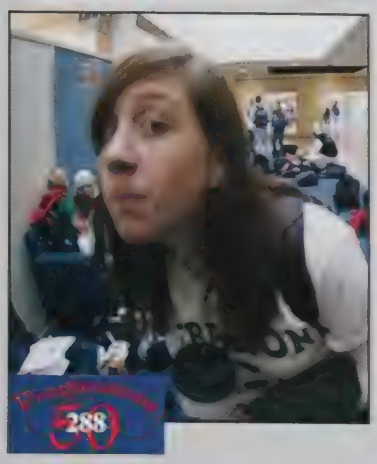



David
There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.
Albert Einstein
ngratulations!
All Our Love,
n, Dad & Amy


FROM LEE TO SHINING LEE
Thank you for bringing us
L ove and Laughter
E nergy
E xcitement
J oy
S urprise
Y outh
A dmiration
T hrills and
T umbles
Take PRIDE in your accomplishments,
Love,
Mom & Jordan





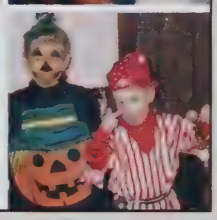


Congratulations and Good Luck Chris!

We're so proud of all that you have don at LS and of the wonderful young man you have become. Wishing you happiness, laughter, friendship and success. We miss you already.

Lots of Love,
Mom, Dad, Kathryn, Ryan, Brendan an Mike

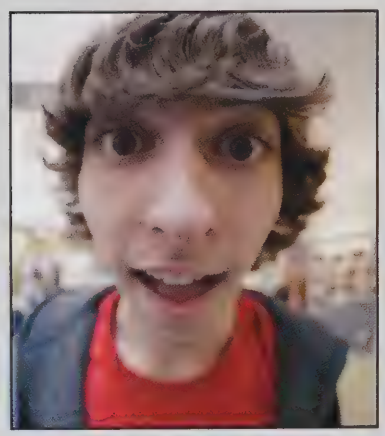
Jaclyn,
You Rock Our World!
You make us proud everyday.
Shoot for the moon!
We love you.
Mom, Dad and Hillary

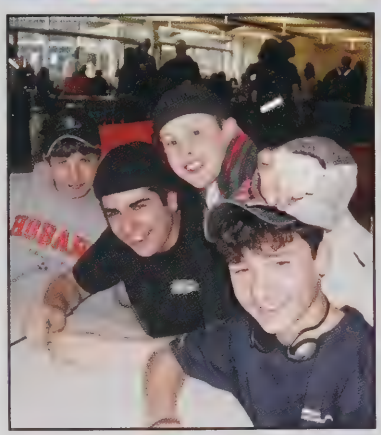


Martha

You are loved for the little girl you were; the special young woman you are now; and the precious Daughter you will always be.

Anne





r beautiful daughter who fills our hearts with ride, and our home with that fabulous laugh. you are off to share your uniqueness with the vorld always know our love and support will follow you wherever you go.

Much Love,
Mom, Dad, Matt & Aubyn

JULIE

We are so proud of you. Your tenacity, your diligence, your kindness, your honesty and your compassion make you the wonderful person you are.

Always remember, "The world is your oyster." Follow your dreams and be happy.

We love you,
Mom, Dad, Jeff (and KoKo too)

Emma We know you will understand every word of this mumbo jumbo..Is this your life Emmi Ham? 2circus clowns here who like to fight (Ellie get off my style). Future generations out on the highways that we built, hope they have a better understanding. When Margaret comes to town she likes to keep things upside down, you got stinky luggage.circling around the moon, r tooth! It's time to go and I ain't even done with the night. But the weekends went by so quick for the hungry party of 7. Hey don't I know you from somewhere? An honest mans pillow is l piece of mind. It's the Summer of LOVE-baby. Rooty toot tooty got it made in the shade. Wh this cardboard town can no longer amuse you and you can count your friends all on one finger Now everybody has the choice between H & H, Everyone of us has got to choose between rig and wrong and giving up or holding on. Would you take the high road if you could choose? Your life is now. It's what you do, not what you say, If you are not part of the future then get out of the way. Big daddy of them all says "watch out for the Tanger 2's of the world" U kno the ones, that LOOK good. In this land called paradise you must walk in many mans shoes- grace, mercy, and forgiveness will help a man walk tall. Walk Tall and Walk ON..... I don't want to live angry I don't want to live scared. Try to understand all the people of this land. T Is your time here to do what you will do. I do believe there is a dream for everyone.A dream t s still alive -someday will come true. Dream BIG, We are proud of U. Love, Mom, Dad & Jax

Andrew

What an incredible 4 years of high school! We are so proud of you and all that you've accomplished with dedication, integrity and hard work. It is not your size that makes you our favorite "moose", but your warm spirit, enthusiasm, your sense of humor and the ability to make others feel connected...all traits that will serve you well. We're continually amazed by your commitment to the passions that have been the source of your dreams since childhood. As you set off on the trails to your future, be true to yourself and know that our love and support will follow you always.

We love you,
Mom, Dad, and Michael

Dance

as though no one is watching

Love

as though you have never been hurt before

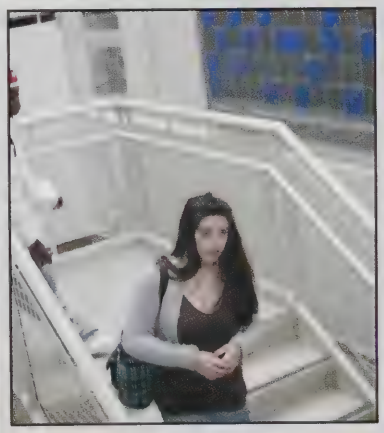
Sing

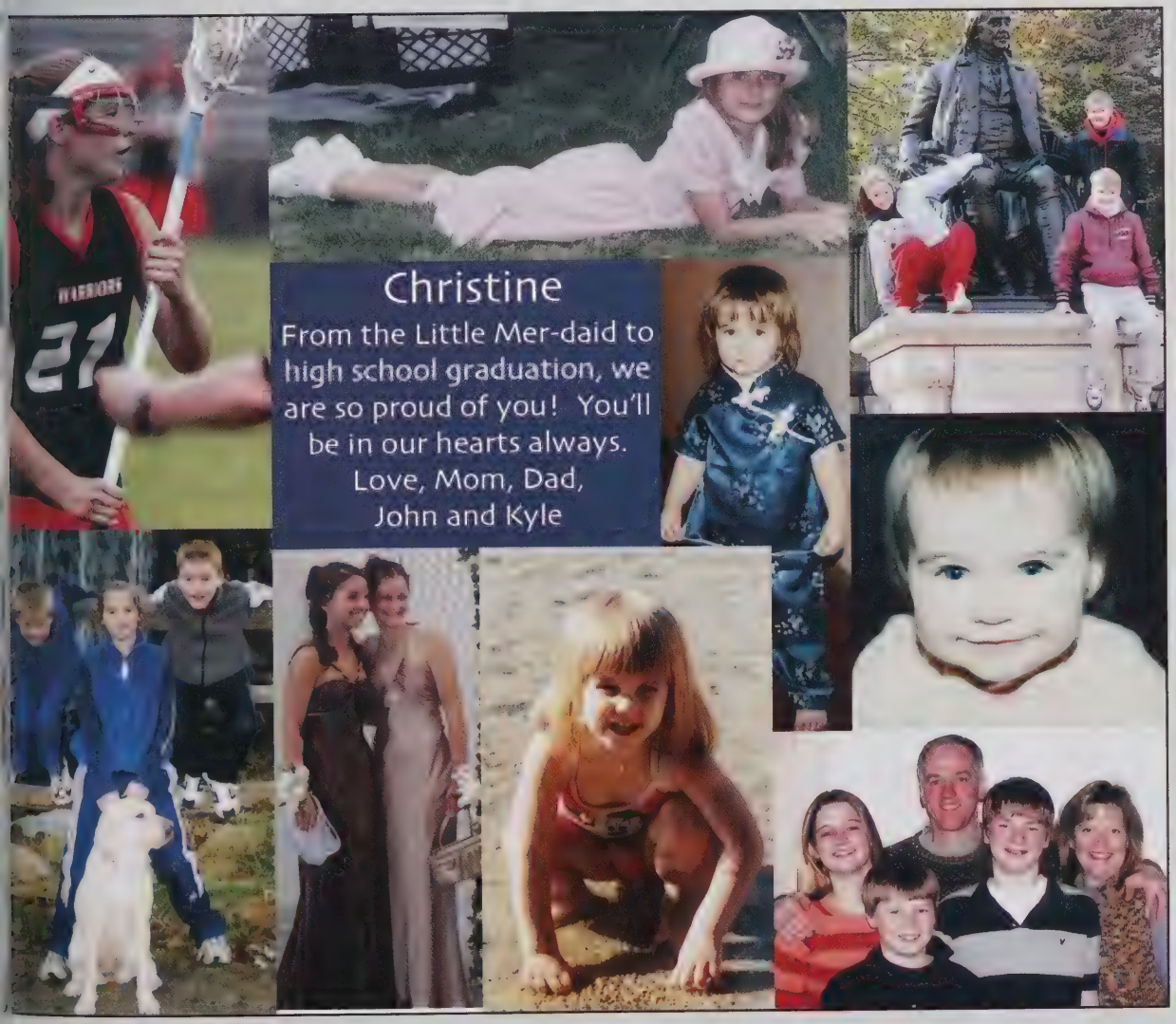
as though no one can hear you

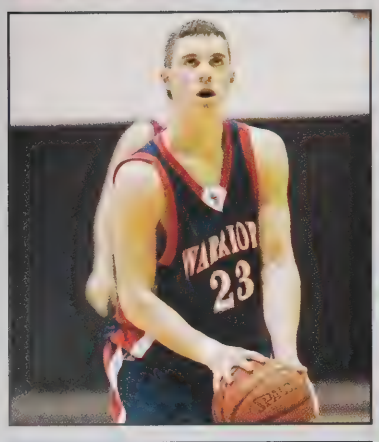
Live

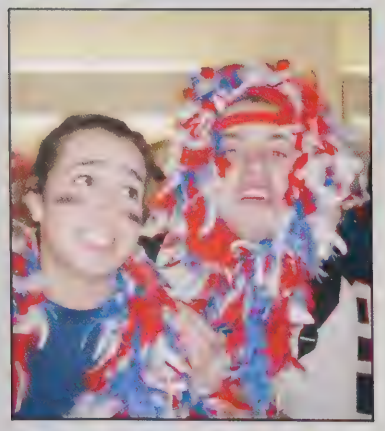
as though heaven is on earth

Emily. Our Love for you is without end. Dad, Mom, Erica, Carolynn & BooBoo.









Sophia

Treasured and Loved
Lively and Fun
Quietly Competent
We are with you always
We love you dearly

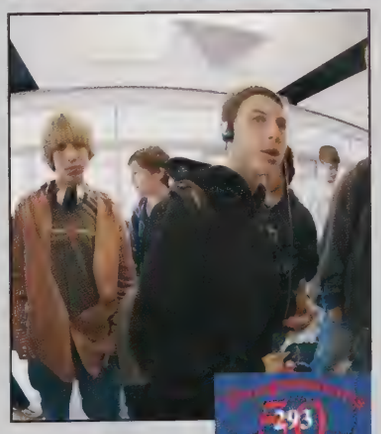
Felix and Mom

Congratulations

SHELLEY

We are so proud of you.
Thanks for all the memories!

Love ya,
Mom, Dad & Jason
Kobe & Keiko



Matt,

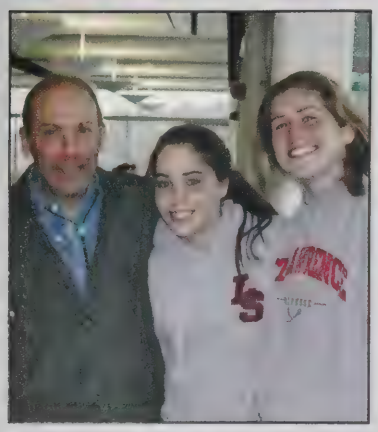
Congratulations on a great 4 years. We know the future will be filled with happiness and success.

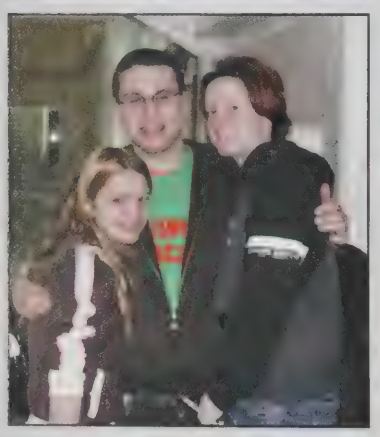
Love Mom, Dad, & Kristen

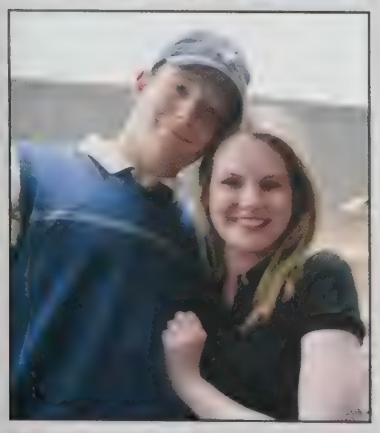
Congratulations Michael!!!
Life is a Beach!!!

We are very proud of you.
Always be yourself, never settle & we wish you a lifetime of happiness.

Love Always,
Dad, Lisa & Max



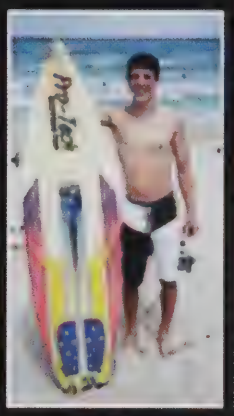




Brandon

May your dreams take you to the corners of your smile, to the height of your hopes, to the window of your opportunities, and to the most special places your heart has ever known.

Love – Mom, Dad, & Alex



Congratulations Cori

Because of your sense of humor, happy spirit, love-filled heart, and ability to see the better side of life's tough challenges, we know you will successfully meet the future 'head-on'

We love you and are so very proud of you!!
Dad, Mom, Paul, Catherine and Patrick

JENNIFER LEAH SIMPSON

To be nobody but yourself in a wor
which is doing its best, night and
day, to make you everybody else
means to fight the hardest battle
which any human being can fight;
and never stop fighting. ~
e.e. cummings

Congratulations on your first of ma
accomplishments!!!
Love,
Mom & Dad

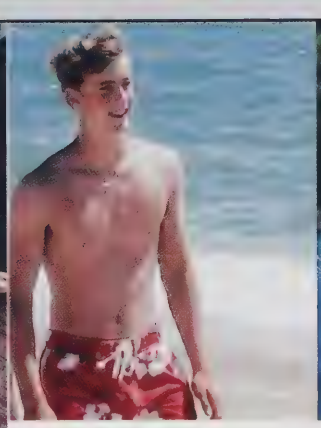
In the end...the world didn't need a *super*hero, just a *brave* one.

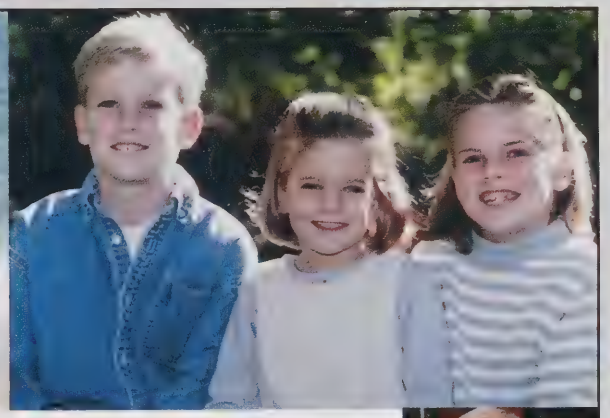
Superman rescues the helpless and writes for the *Daily Planet*. Spiderman leaps from building to building. Wonder Woman empowers those with her strength and self-reliance. Like all superheroes, you have the power and ability to make your mark on the world.

We are so proud of how you fiercely tackle everything that comes your way and still manage to be a beautiful person in the process.

You are the real hero of our lives.

Much love,
Mom, Dad and Dane

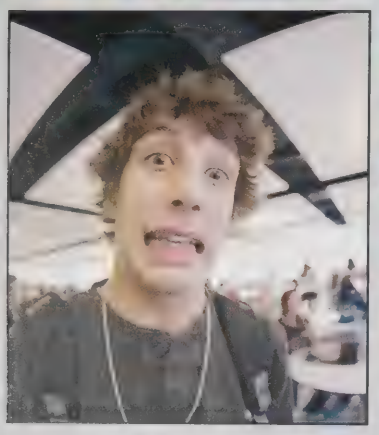


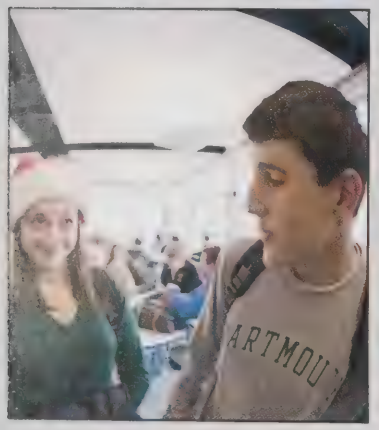


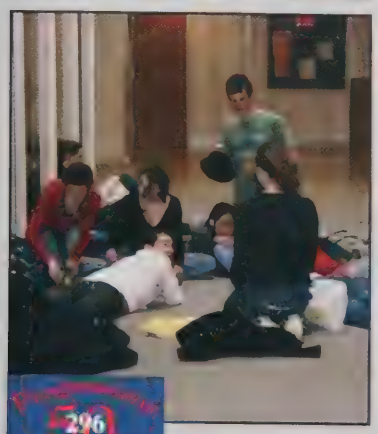
John,

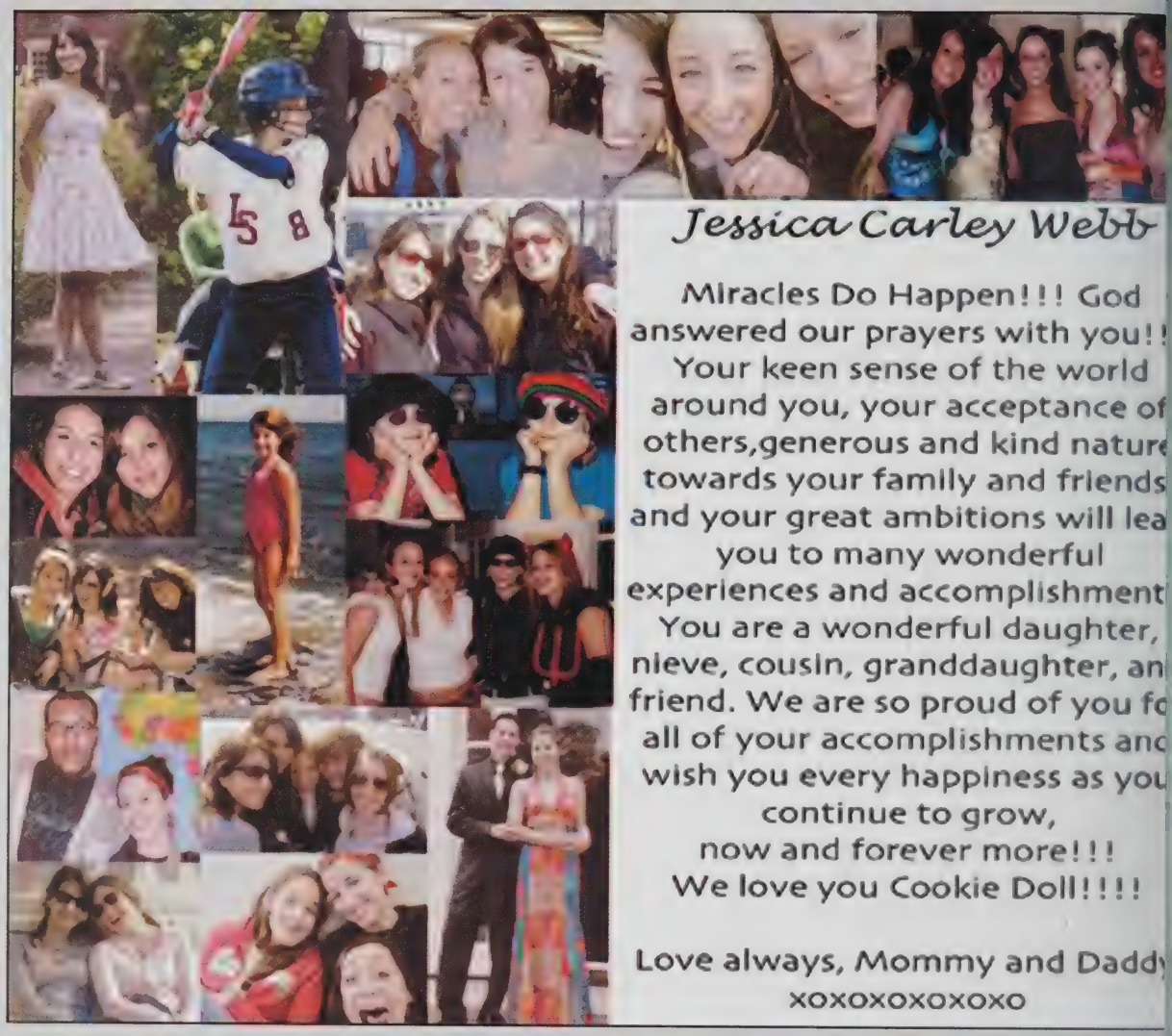
Congratulations! We are so proud of you and all that you have accomplished. We know that you will continue to be successful in college and achieve your goals in life. Keep up the good spirit. We love you.

Mom, Dad, Jennifer & Courtney









Jessica Carley Webb

Miracles Do Happen!!! God answered our prayers with you!! Your keen sense of the world around you, your acceptance of others,generous and kind nature towards your family and friends and your great ambitions will lea you to many wonderful experiences and accomplishment You are a wonderful daughter, nieve, cousin, granddaughter, an friend. We are so proud of you fo all of your accomplishments anc wish you every happiness as you continue to grow,
now and forever more!!!
We love you Cookie Doll!!!!

Love always, Mommy and Daddy
xoxoxoxoxoxo

Congratulations Rachel!

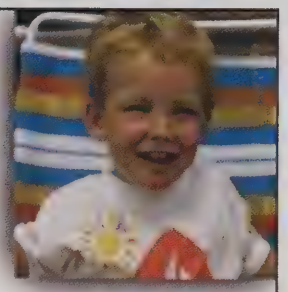
We are so proud of the incredible young woman you have become.
As you continue your journey,
listen to your heart and savor your experiences.
Know that we love you so much and
we'll always be here for you.

With love,
Mom and Dad

Remember to.....
Allow yourself to dream. Allow yourself to know Love unconditionally. And fulfill your dreams, your own - not those of someone else.

And Matt, I will always, always, always.....love you

Love,
Mom and Steph, Brooke, Alana, Ben Macie and Toby



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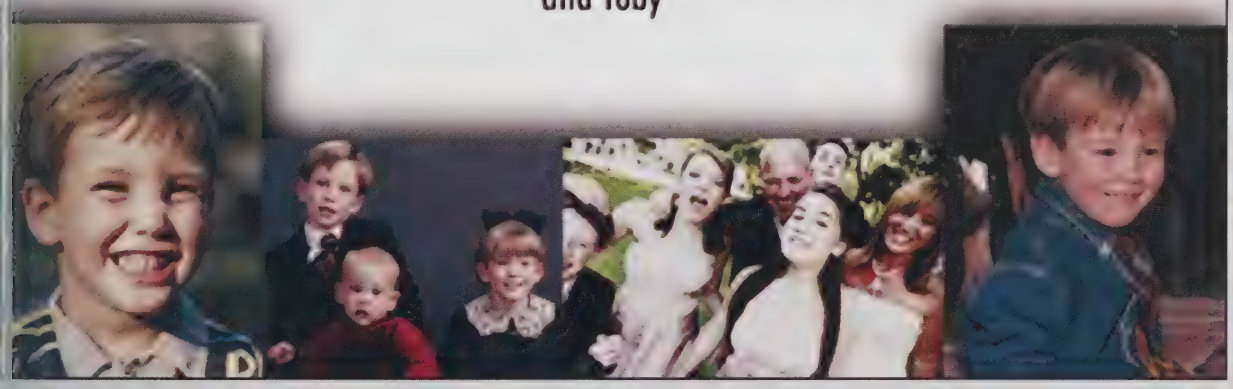
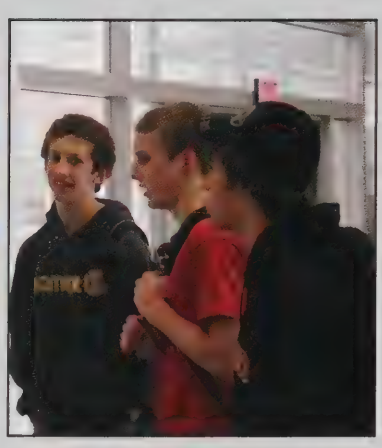
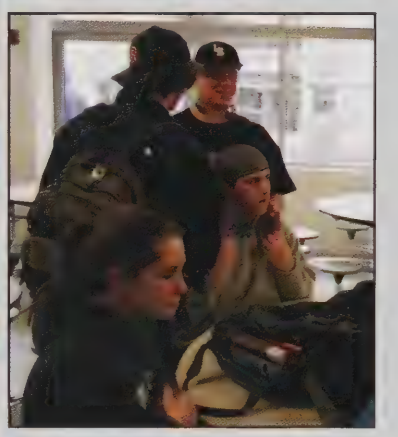
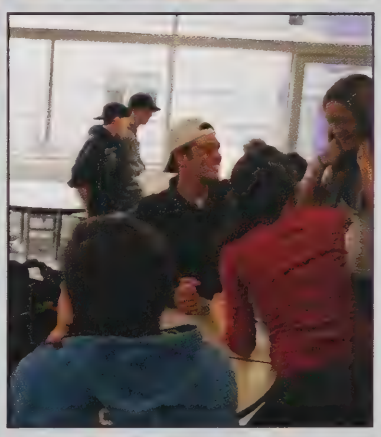
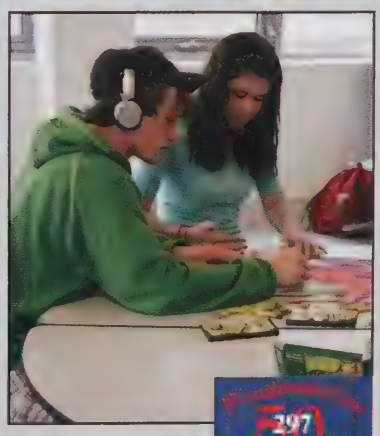


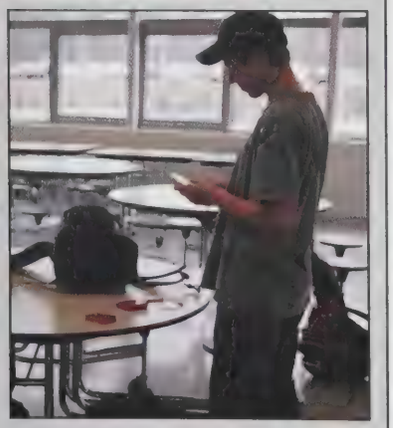




Dear Katie,
As younger kids, you were always the one breaking up our fights and separating the two of us, yet in doing so, you brought us all closer together. We are so proud of how you have grown up, and we feel lucky and honored to have such a truly wonderful sister. We love you and will miss you!
Love,
Dan and Megan







Congratulations Marisa

We are so proud of you and all you have accomplished. You bring joy and laughter to our lives. Always keep your sense of humor and be true to yourself.

We love you.
Mom, Dad & Steve

"Sell a man a fish, he eats for a day, teach a man how to fish, you ruin a wonderful business opportunity." Karl Marx

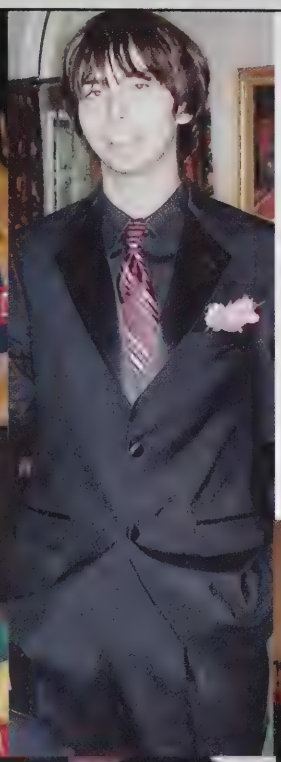
"Many men go fishing all of their lives without knowing it is not fish they are after." Henry David Thoreau

"Never leave good fishing to find good fishing." Tommy Howd

"Remember, a dead fish can float downstream, but it takes a live one to swim upstream." WC Fields

Congratulations Will,

We love you very much,
Mom and Dad

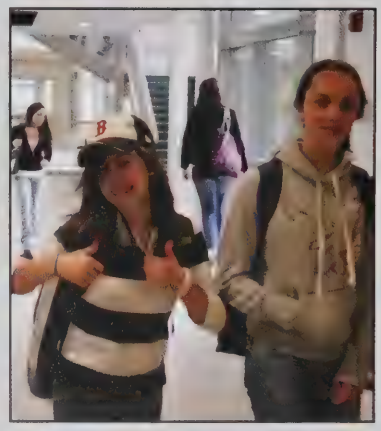


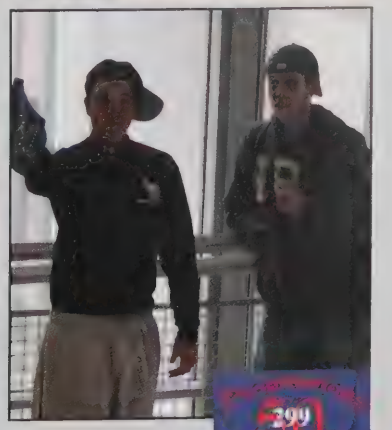
Congratulations Jimmy!

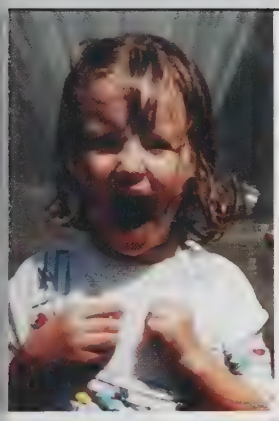
This is just the beginning!
Enjoy the journey,
but come home often!
We love you,
Mom and Dad

Althought we've had our differences, you still are a great brother and I'm sad to see you go!
Love,
Lizzie

You're the greatest brother. I'm sad to see you go off to college.
Love,
Bryan "B-Mak"







Sarah

We are so proud of who you are and what you have accomplished.

With all our love,
Mom, Dad & Matt

Samantha,
A miracle even greater than your birth is watching you grow into a lovely young woman. As you go out into the world, you are surrounded by love.
Mom & Dad

Brooke

To our dear sweet Brookie

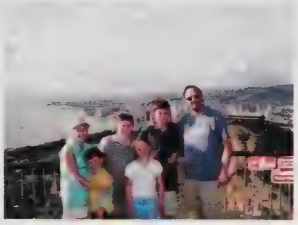
Always believe there is a song in the world and sing it from the heart!

And remember: Live, Laugh, Love

We love you and are so proud you are our daughter.

Love always,
Mom & Dad

You're the best sister anyone could ever ask for.
We love you
Jessica & Paul



Congratulations Jimmy!
Love, Mom, Dad, John, Molly and Tommy
"Go confidently in the direction of your dreams"
-Thoreau

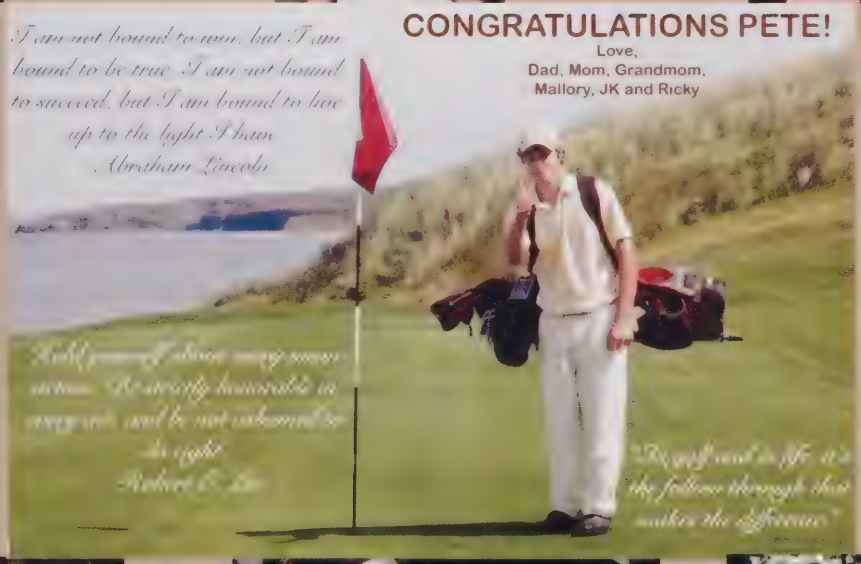
"There is no speed limit in the pursuit of excellence."

If we are strong, our character will speak for itself.
JFK

CONGRATULATIONS PETE!

Love,
Dad, Mom, Grandmom,
Mallory, JK and Ricky

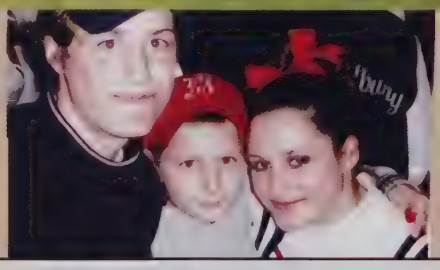
I am not bound to win, but I am bound to be true. I am not bound to succeed, but I am bound to live up to the light I have.
Abraham Lincoln



"Hold yourself above every sneer and scorn. Be strictly honorable in every act, and be not ashamed to do right."
Robert E. Lee

"The golf ball in life is the follow through that makes the difference."

They can because they think they can.
Virgil

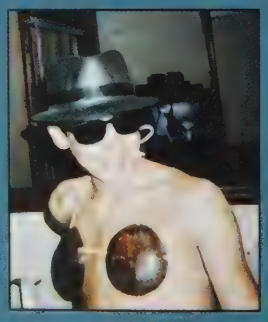


"The difference between ordinary and extraordinary is that little extra."

Thank you for all the joy you bring to our lives.

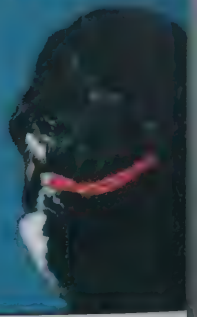
We love you,
Mom and Dad

Congratulations Matthew!!!



What an amazing
four years...
the best
is yet to come!

We love you,
Mom, Dad, Lauren, Hilary
and Pepper



Leslie

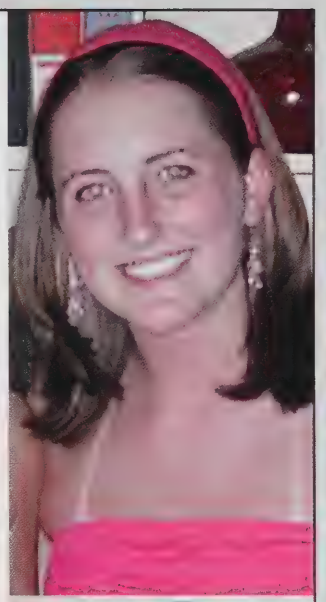
Take comfort in close friends and family

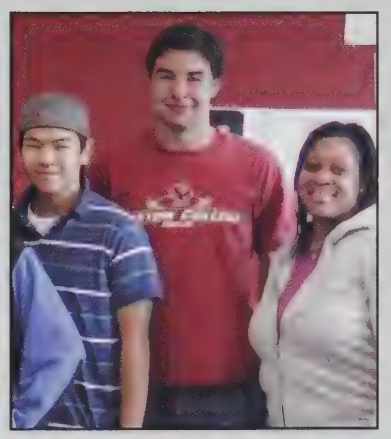
Seek adventure in pursuit of your dreams

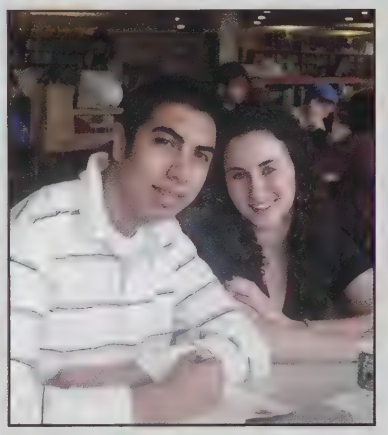
Follow your curiosity wherever it leads you

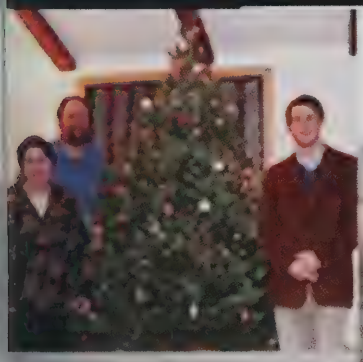
Call your parents often!

To know you is to love you
Love,
Mom and Dad







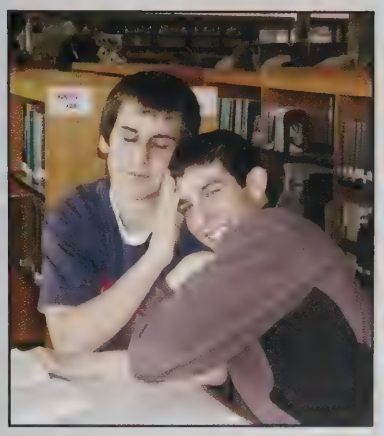


To the boy who would "never walk, catch a ball, or go to kindergarten"

LET YOUR LIGHT SHINE

WE LOVE YOU!
MOM & DAD & JON

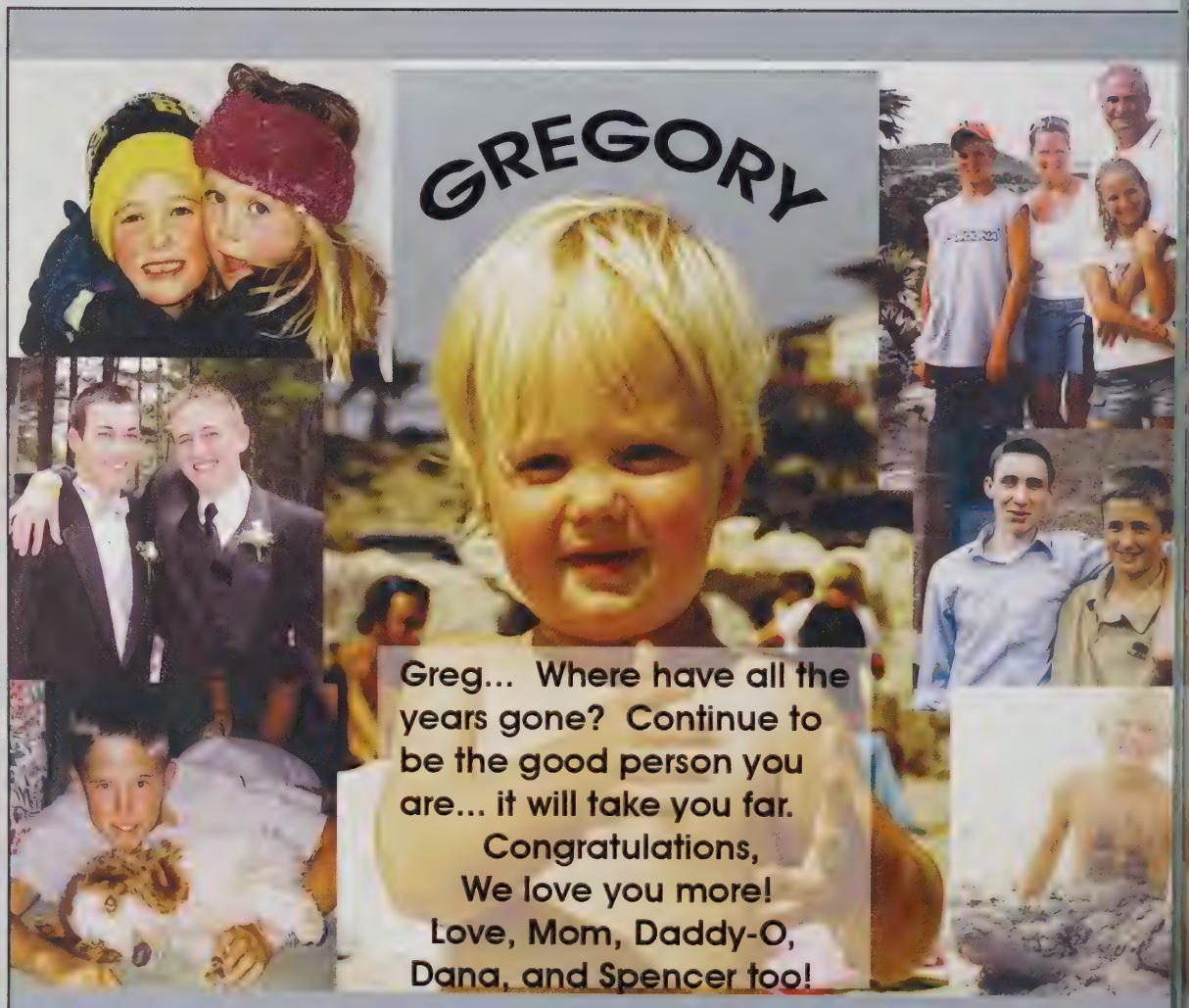
Chris Miller



Congratulations Eric!

"Understand your waypoints, and follow your route…"

We love you and we're very proud of you!
All our love,
Dad, Mom, Mouse and Gordo.



Evan-

You've always been a great joy to us. We are very proud of your accomplishments, determination, and your heart for others. Your independence and adventurous spirit will be your strength.

I see friends shaking hands
Saying "How do you do?",
They're really saying, "I - love - you"
- Louis Armstrong

-all the stars in the sky
all the grains of sand
all the credit cards!

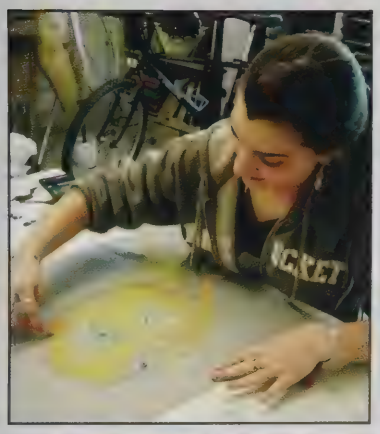
Mom and Dad
David, Graham and Anson

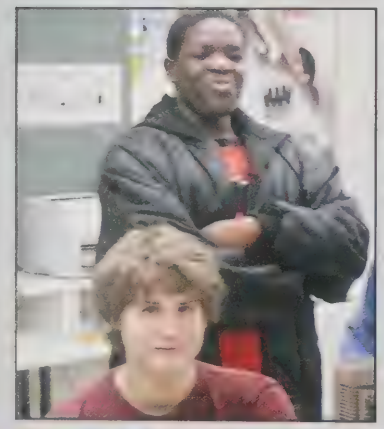
"I know a girl...she puts the color inside of my world." john mayer

Cara

Cara,
Intelligence, personality, humor, talent, beauty. You've got it all, kiddo. We know you have a fabulous future ahead of you. But wherever life may lead you, you'll always have the room at the top of the stairs. Stay classy...
With all our love,
Mom, Dad, Matt. and Grace

Congratulations to Coach Liza Feldman for receiving Coach of the Year from the Boston Globe.





"A son is a son until he takes a wife - a daughter is a daughter for life."
- unknown

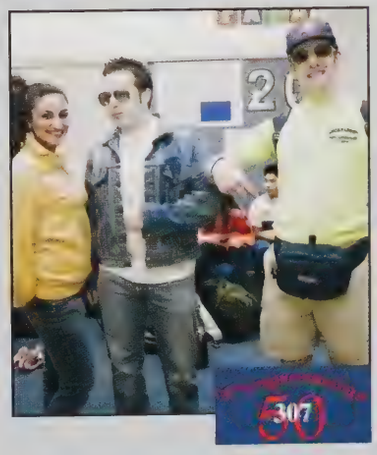
Chelsea - You've accomplished so much in such a short time. We're so proud of what you've done and look forward to what lies ahead in the next chapter of your journey.

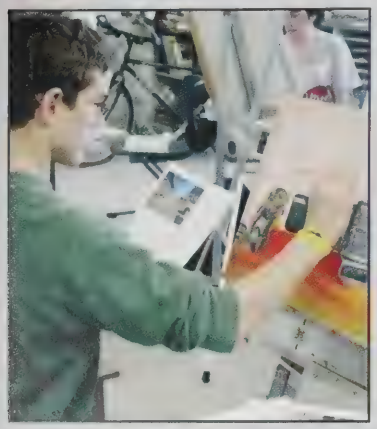
Love,
Mom and Dad

Heartfelt Congratulations to the Class of 2007

from the Lincoln-Sudbury Parent Organization

DYAD would like to congratulate the State Champion Girls Indoor Track team. 8~0





Katy

Congratulations on all you have accomplished but we know it is only the beginning! Our love and support will be with you as you continue to pursue your hopes and dreams.

Love you,
Mom, Dad & Christine

Nate

We are so proud of you.
Your sense of humor and integrity
shine through in all that you do.
Congratulations on this wonderful accomplishment,
and remember, the best is yet to come.
We love you -
Mom, Pop, Anna, Madeline & Maize

Congratulations Kevin!

"We have a real good defense that doesn't make mistakes. That makes it easy for pitchers. All we have to do is hit our spots."

KEVIN SCANLAN, Sudbury pitcher

Scanlan a 1-hit wonder

Sudbury southpaw makes quick work of Natick

By Mike Lopez
DAILY NEWS CORRESPONDENT

SUDBURY – With half a dozen potential starters, Sudbury has pitched its way to first place among Zone 5a Legion teams.

Sudbury	4
Natick	0

Last night, southpaw Kevin Scanlan made sure Post 191 stayed right where it is.

Scanlan's effective curveball limited Natick to just one hit, propelling Sudbury to a 4-0 win over Natick. The hosts (8-1) took a mere one hour and 32 minutes to complete the blanking, the sixth time this summer Sudbury has held its opponent to three runs or less.

"We have a real good defense that does-

Kevin Scanlan did yeoman duty on the mound as Sudbury Senior Ruth made it back to the league World Series for the third straight season.

Scanlan keys Sudbury Ruth

Fans 13 as hosts rally past Framingham for North title

By Josh Sayles
DAILY NEWS CORRESPONDENT

SUDBURY – There are certain things that the letter "K" stands for. In baseball it stands for strikeout. It's also the initial for Kevin.

Sudbury	2
Framingham (9 inn.)	1

In last night's thrilling nine-inning, winner-take-all Senior Babe Ruth North Division championship game, Sudbury starting pitcher Kevin Scanlan had 13 K's.

and threw better."

Sudbury coach Mark Wilson was impressed with the southpaw's competitiveness.

"I wanted to take him out in the seventh (but) he wouldn't let me," said Wilson. "I wanted to take him out in the eighth ... he wouldn't let me. I wanted to take him out in the ninth ... he wouldn't let me. But when he gave up that single I had to take him out."

Sudbury got their run in the ninth as Scanlan led off with a five-pitch walk. One out later, Skelton singled to left, putting runners on first and second. Jarrett Lowe then chopped into

Dear Kevin,

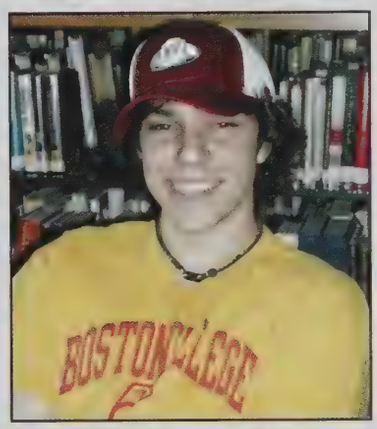
You are an amazing person. Your smile lights up a room, your laugh is contagious and you have a great sense of humor. We love that you care so much about others, especially the underdog. You are tenacious when times are tough, and you work hard to be the best at the things you love. These are the reasons you are so loveable and the things that will bring you much success.

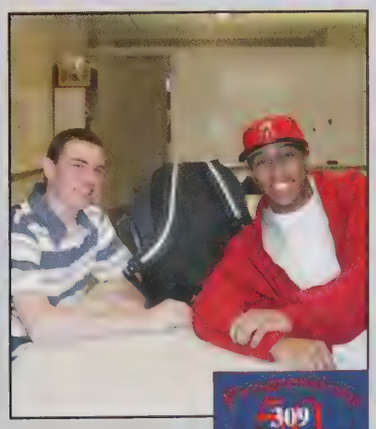
Good luck college man. Remember that home is just a phone call away.

With love from your biggest fans, on and off the field.

Mom & Dad

Go Black Bears!





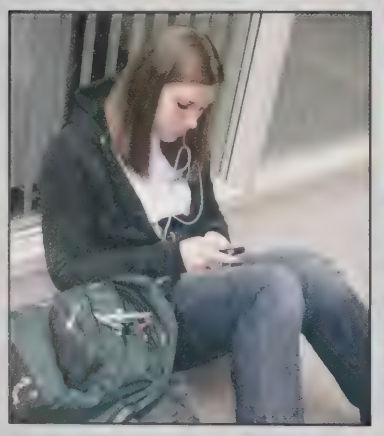
"How wonderful it is that nobody need wait a single moment before starting to improve the world."

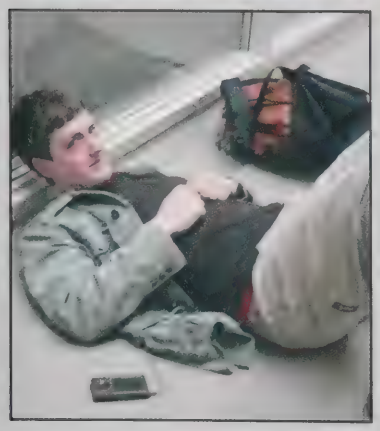
-Anne Frank

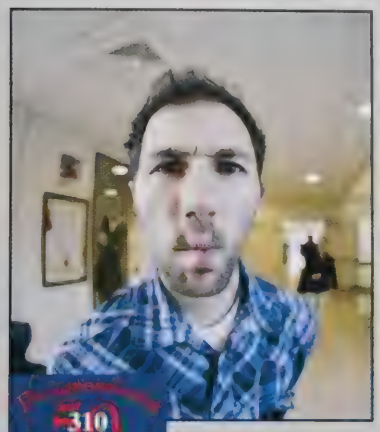
-Hannah-

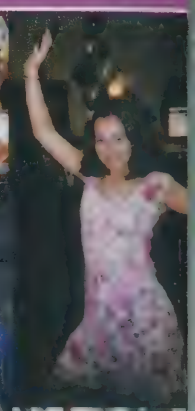
We are so proud of you, all your accomplishments and your kind spirit.
We love you very much.

-Mom, Dad & Carter-









Isabel,

Never stop: singing, skiing, shopping, laughing, hugging, tasting, trying, loving...we are your biggest fans and we adore you! Be happy!!

Love,

Mommy, Zelda and Teddy

Abby

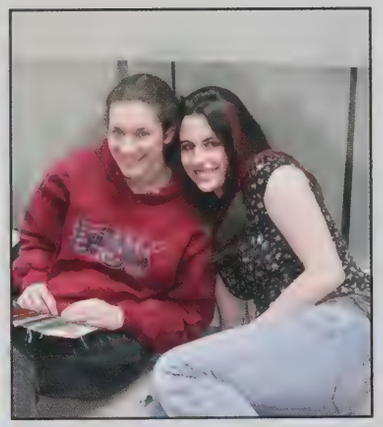
May you have 525,000 journeys and
a lifetime measured in love.
Always remember, there's only this.

We love you and are so proud of you.

Mom, Dad, Ben, Matty (and Kody)

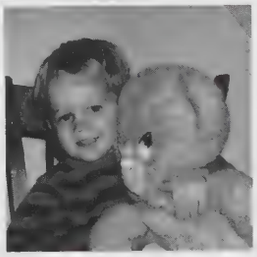
ASHER

From puffins to potato guns,
it has been a wonderful journey
so far. We love you very much.
- Mom & Dad
and Lily, Toka & Fred



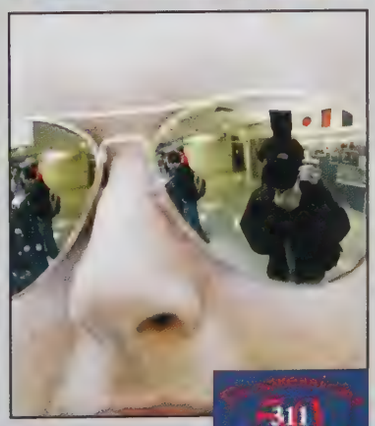
Jeff!

Congratulations! We are so proud of you and all you have accomplished! Believe in yourself! We love you tons!
Mom, Dad & Emi



WE ARE SO PROUD OF YOU !!

ALL OUR LOVE, MOM, DAD, PATRICK & EMILY



DYAD would like to congratulate the State Champion Girls Basketball team 24-2

Katie,

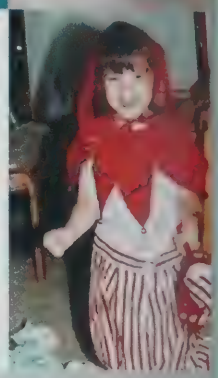
There is a time when parents smile, in awe of their child's achievements
There is a time when parents laugh, about magical memories from her youth
There is a time when parents give thanks, for the miracle of their child's life
There is a time when parents share tears, as she packs her bags for college
This is one of those times, with many more yet to come

So, we will smile and we will laugh
We will give thanks and we'll share tears

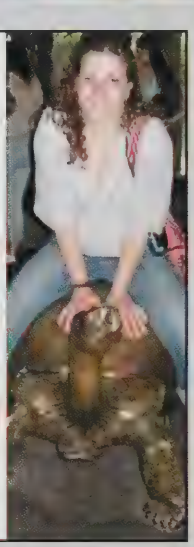
But, most of all, we will celebrate:
The beauty of your spirit,
The fullness of your heart,
The wonder of your accomplishments,
And, the promise of your potential

We will always love you.
We will always be there for you.
We will always leave the door open

Come home soon.
Come home often.
And always, bring your friends.
Love, Mom Dad Kristie and Jenna



Anna-
You've always had a style all your own,
Remember that always!
Love from all of us!



General Dentistry and Pediatric Specialty

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General Dentistry

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Without

the generous contributions of the following, the production of the yearbook could not be possible.

The Albano Family
The Dingman Family
The Fowler Family
The Garrett Family
The Hanson Family
The Howd Family
The Jermasek Family
The McPhee Family
The Prince Family
The Savit Family
The Schnorr Family
The Schubert Family
The Sheehan Family
The Watson Family
The Weinburg Family
The Welles-Gertz Family

BRITT

WE WISH YOU LOVE , LAUGHTER AND HAPPINESS WHEREVER LIFE LEADS YOU! WE ARE SO PROUD OF YOU!!

" SHOOT FOR THE MOON, IF YOU MISS YOU WILL BE AMONG THE STARS"
WE LOVE YOU SO MUCH,
MOM , DAD, AND HANNAH

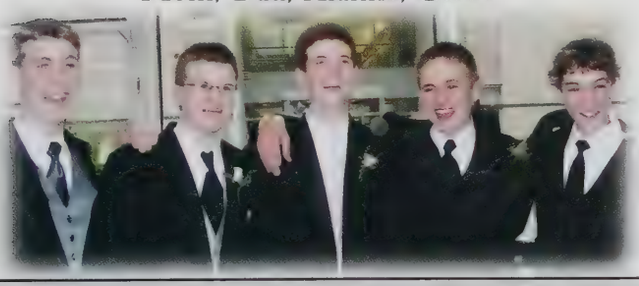
Congratulations to Coach **Mel Gonsalves** for receiving Coach of the Year from the Mass Track Coaches Association.

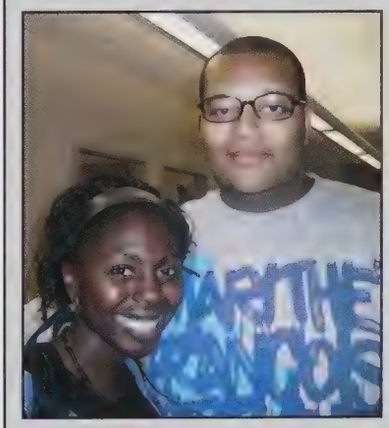
MIKE PITHIS

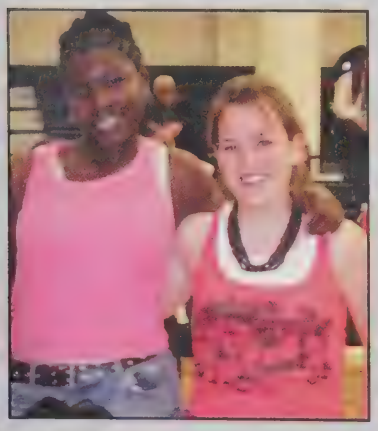
As you contemplate the
years that lie ahead
Keep a smile on your face
Your friends by your side
Your family close by

We love you and know that your greatest
accomplishments are yet to come.

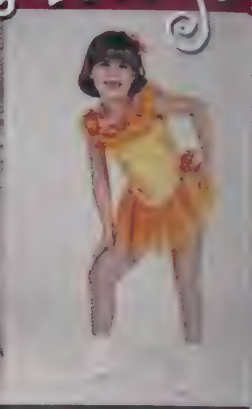
Love,
Mom, Dad, Alanna, G&M







Congratulations, Lindsay!



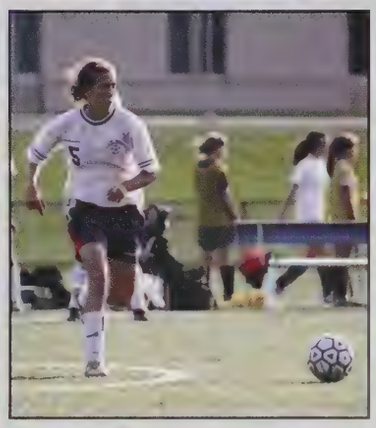
We are so proud of you...

Love, Mom, Dad, Daniel & Ian

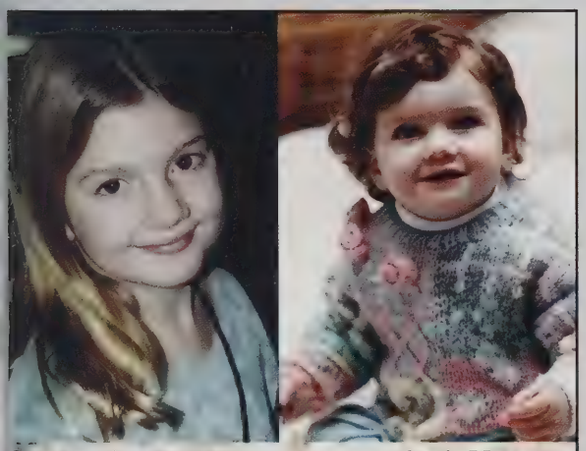
Congratulations Chris

May you always find blue skies above your head,
Shamrocks beneath your feet,
Laughter and joy aplenty
Kindness from all you meet,
Good friends and kin to miss you,
If ever you choose to roam,
And a path that's been charted by angels
To carry you safely home

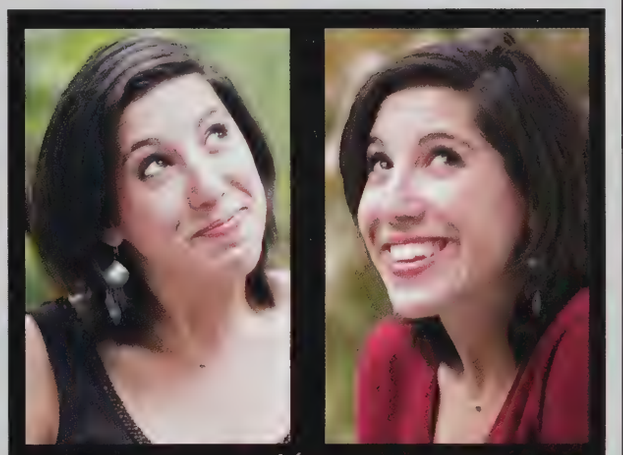
As you set out on your life's journey...
Remember, we will always be here for you.
Love Mom, Dad, Sarah & Rachel



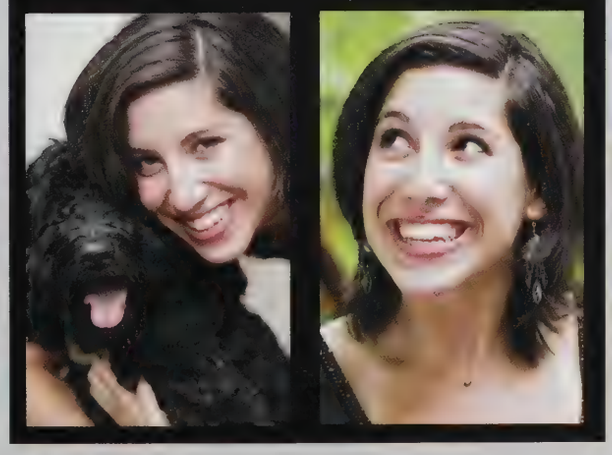
Congratulations to our athletic director Nancy O'Neil for being awarded the District Athletic Director of the Year.

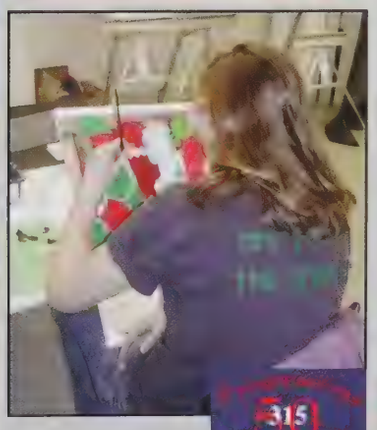


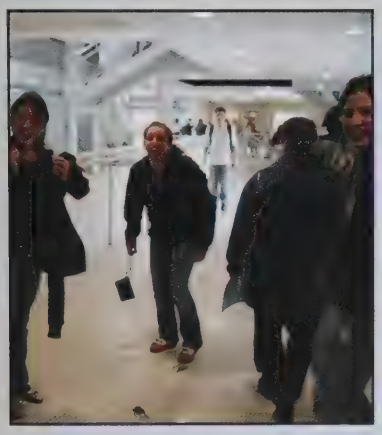
You continue to amaze us everyday! You are strong, talented, confident, sensitive and wise. We hope that you will continue to meet life's challenges in the courageous manner that has brought you so successfully to the beginning of this new journey and those that follow!

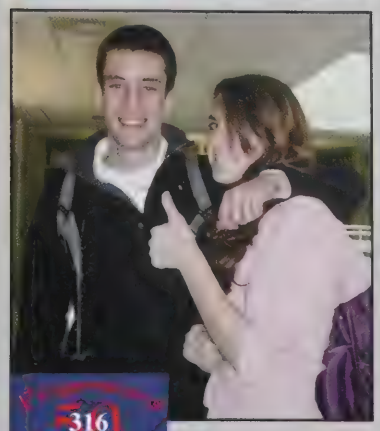


Liza,
As you look ahead, know that all your family and friends are smiling and cheering you on.
With all our love and congratulations!
Mom, Dad, Alec and Cosmo.









CONGRATULATIONS TO OUR MAN FOR ALL SEASONS!

Love, Mom, Dad, Nate and Dana

Congratulations Kevin!

Scanlan no-hits Franklin

SUMMER BASEBALL

In a remarkable performance, left-hander Kevin Scanlan tossed a no-hitter with 13 strikeouts as Sudbury blanked host Franklin 2-0 in a CMass Senior Babe Ruth matchup.

Scanlan, a junior-to-be at Lincoln-Sudbury, was two walks away from pitching a perfect game.

"His curveball was phenomenal," said Sudbury's first-year manager Mark Wilson. "It was his out pitch which he mixed with his fastball. I could see his curveball was unhittable from the start. I knew it was going to be something special. He even toughed it out after developing a blister on his thumb."

Franklin's st[illegible] also pitched a strong ga[illegible] hits over seven inni[illegible] and two strikeouts.

Sudbury [illegible] run in the second. Le[illegible]ie Bleiler followed w[illegible]ners first and secon[illegible]ed on an error, scor[illegible]

Sudbury [illegible] the third. Andy Skel[illegible]an Blake hit consec[illegible] After a fo[illegible] second hit [illegible] Blake ab[illegible]

Sudbury southpaw fans 13 in Senior Babe Ruth clash

[illegible] Brendan Blake provided Scanlan with all the support he needed, grounding a bases-loaded, two-out walk-off single in the ninth past the glove of the diving second baseman, givi[illegible] Sudbury the 2-1 victory as An[illegible] Skelton sprinted home [illegible] third.

Sudbury faces off on [illegible] for the first game in [illegible] three series against th[illegible] of today's South chan[illegible] game between Belling[illegible] Franklin.

"Kevin (Scanlan)'s b[illegible] star pitcher all year [illegible] Blake. "For him to c[illegible] here (on no rest) ... he [illegible] back on the mound a[illegible] got his back at the plat[illegible]

Scanlan, despite at[illegible] retiring 14 batters in a [illegible] not completely confident in his stuff for the first several frames.

"I was a little worried because I wasn't loose," said Scanlan. "But I loosened up after a bit [illegible]

[illegible] d. After Lee Gavi[illegible] l the bases, Blak[illegible] -burner whic[illegible] the outstretche[illegible] glove of the diving second base[illegible] man.

"They got the big hit, we did[illegible] n't," said Framingham coac[illegible] Steve Dressler. "You don't wi[illegible] many games with two hi[illegible] Framingham actually mus[illegible] three hits). (Scanlan) wa[illegible] He was outstandin[illegible] ve gotta play perfect base[illegible] to beat Sudbury. I'm ve[illegible] d of my guys. We we[illegible] sing four starters from th[illegible] t of the playoffs. I'm real[illegible] d of (the substitutes) f[illegible] ing up."

[illegible]mingham starter Vin[illegible] ellese, who threw 41 pitch[illegible] relief on Thursday, hurl[illegible] rong innings and surre[illegible] ly one unearned ru[illegible] ... iff pitched 4⅔ frame[illegible] of solid relief and only allowe[illegible] one man to cross the plate [illegible] the 78th pitch he threw. Unfo[illegible] tunately for Framingham, th[illegible] run was the game-winner.

Scanlan, Sudbury add to streak

From your loving family

Congratulations, Spenser!

You've got life in focus!
May all your hopes
and dreams come true.
Love always,
Mom, Dad,
Bailey and Claire

ASHLEY

From a beautiful baby

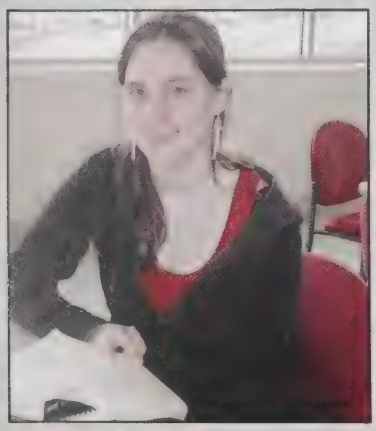
to a lovely young lady.

We are very proud of you and wish you only the best

Remember we are always here

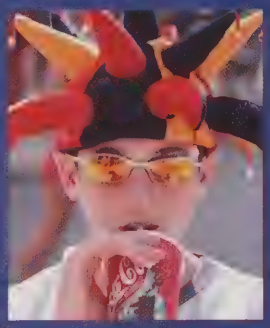
Love

Andrew, Mom and Dad



Try not to become a man of success but a man of value. Albert Einstein

Nick,
You are a joy and everything we could wish for in a son.
May you always have as much
happiness as you have brought us. Congratulations and dream big!
Love you Infinity,
Mom, Dad and Cali



Go confidently in the direction of your dreams. Live the life you have imagined. Henry David Thorea

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Congratulations Dyad Seniors
Kyle, Aileen, Spenser, Tali,
Natalie & Abby

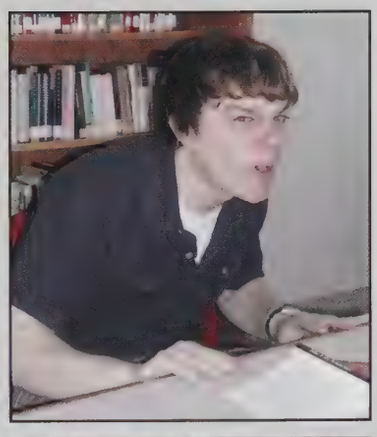
Kyle & Aileen,
Thank you so much for this year, it has been a blast. I wish you both the best of luck next year and beyond in the "progressions" of your lives.
-Michelle

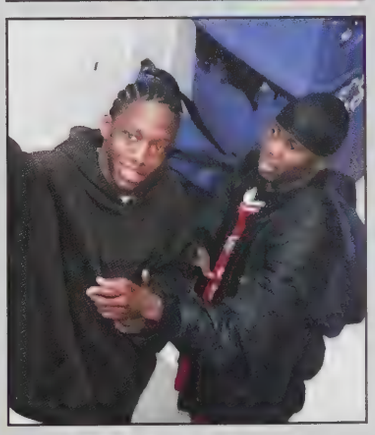
Kathleen

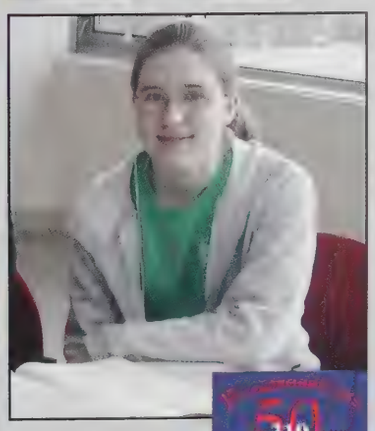
While we try to teach our children all about life,
Our children teach us what life is all about

Keek,
We are so proud of the sensitive, thoughtful, beautiful young woman you have become.
Love,
Mom & Dad

Keek,
You're my best friend. Next year won't be the same without you! Have fun, were going to miss you.
Love,
Elizabeth & Patrick

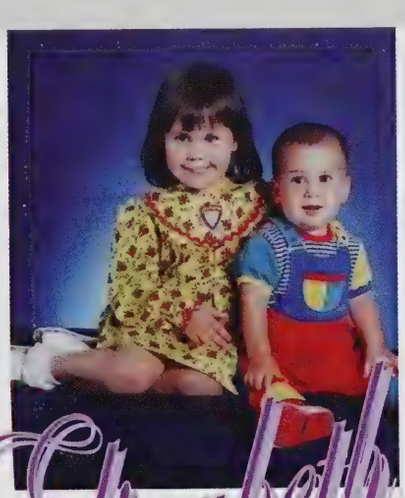






had a dream that I
ound something,
hen I lost it,
nd it was really sad...
VOW LIZ... good luck!

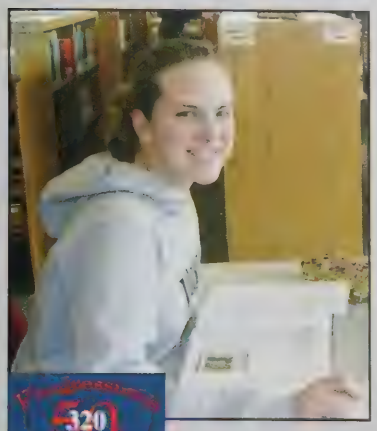
-Brian and Max



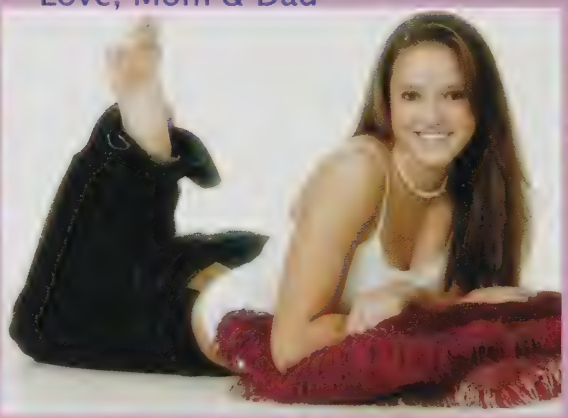
You are our shinning star!
Keep Laughing!

Love,
Mom and Dad

Elizabeth...



Congratulations Katie!
We love and admire you.
You are an
unfailing source of joy to
everyone around you!
Love, Mom & Dad

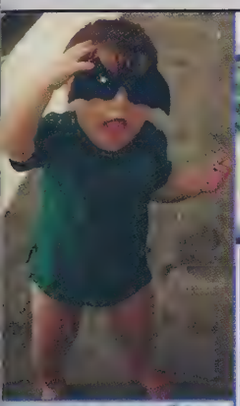


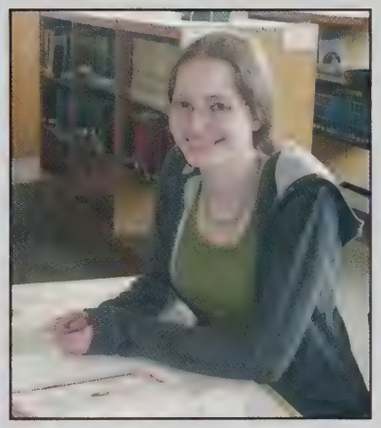
Ryan

Live like there's
no tomorrow,
love like you've
never been hurt,
and dance like
no one is watching

Thanks for making us so
proud and for being you.

We love you, Mom, Dad,
Will and Hanna





For Kyle

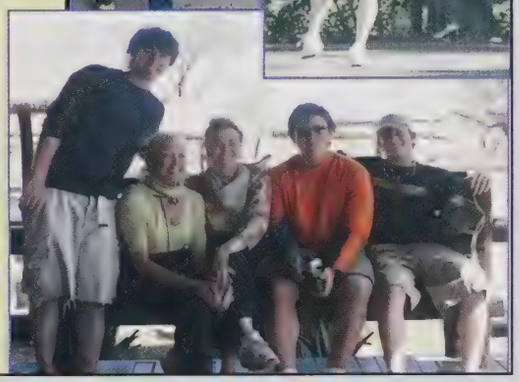
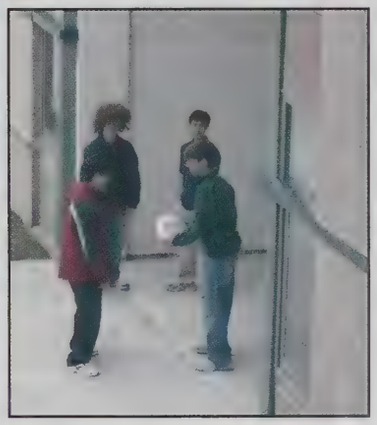
Mom and I felt another search we'd try,
To find the perfect sibling for Evan..
Then she felt so sick she thought she might
die, But it signaled your coming from Heaven.

The Vineyard is where you arrived on Earth.
A native islander you'll always be.
But the whole world will come to know your
worth, Clearly greatness will be your destiny.

In various ways the past several years,
Have brought many sorrows
amidst the joys.
While we've all shed innumerable tears,
Our strength has come from the
love of our boys.

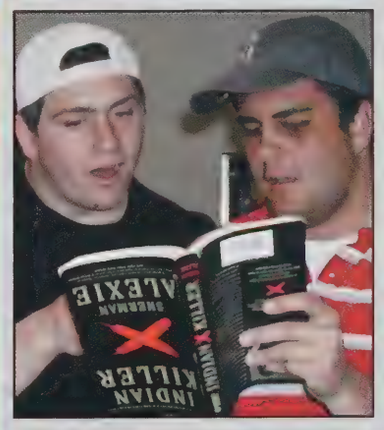
Sudbury to Durham
we're your biggest fans.
So proud of the child
and now of the man.

Love, Dad & Mom & Evan

Aileen, you are in the middle of our hearts.

Why we ♥ you!
Alobsta, fingys, squirrel bread, fraser, won't ask, IA, 2465, Bernie, 2/3 Ross, ♥ the Neck, the Girls, AG, greykitty, BSC, SVH, wanna play, buick lesabra, 7th, Jones, N&S, WDW, 22189, have mercy, tap, hey there's sand under the water!, you told me to stay here for the present, tao, Ramona,
Go Big Red!
M&P, LLO



VOL. XIII • NO. 1 • 6 PAGES • FREE FOR STUDENTS AND FACULTY

THE FORUM

The Student Newspaper of Lincoln-Sudbury Regional High-School

What if...

Cadence never found the questionable oatmeal?
We put the rainbow on the front page?
People actually knew who their articles were by?
Mike actually liked the Forum?
Faraz was the *past*?
~~Sports~~ Everyone actually came in?
Leslie wasn't obsessed with NOSB?
We didn't have color?
Mr. Schechter hadn't questioned: "is this the new Cadence?"
Justine's mom wasn't so nice?
People actually used the templates?
People hadn't brought in food?
Jimmy didn't think "Andrew Reich is a really cool kid"?
Keturah hadn't experienced Mr. Schechter's love of Water Row?
We had never heard about GA?
We could delete the black box?
Kelsey wasn't Anne's favorite person?
Justine's cell phone worked?
[Insert your section] was actually the most difficult?
We could identify the students in headshots?
We had a master light switch that would properly turn out all the lights?
We could easily get into the office?
We used the calendar?
It had really been Kevin's birthday at Acapulcos?

What if you were here enough to get these jokes?

Hey Everyone!

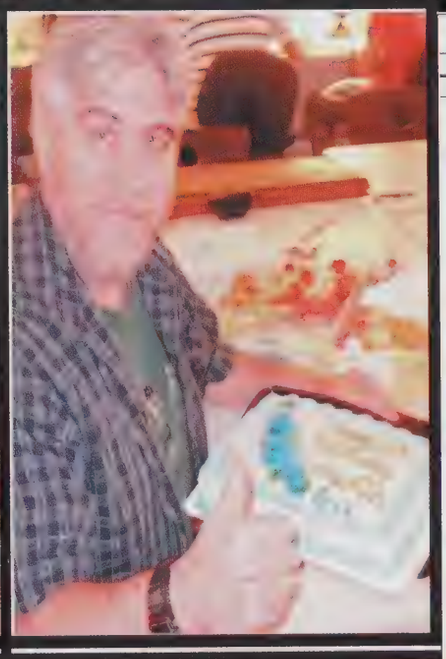
Thank you for all your hard work and dedication. Through this year's ups and downs, everyone has come together to make this a great year for the *Forum*. We've maintained our tradition of, as Mr. Schechter says, putting out the "best issues ever."

Speaking of Bill Schechter, the *Forum* faculty advisor, he was quoted as saying of this year's editors "I believe they have upheld the traditions of our people, who began publishing the *Forum* by scratching on rocks several millenia ago, in the old building. I remember how excited we were by the invention of the wheel, and also Gutenburg's movable type, and I believe we have made steady progress on the *Forum* ever since. The only editors I had that were greater than this are the ones I had 273 B.C.E."

In other words, you guys are awesome! We hope you've had as much fun as we've had working on the greatest newspaper around.

Love,

Anne, Cadence, Justine, and Leslie



The FORUM

The Student Newspaper of
Lincoln-Sudbury Regional High School

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Managing Editors:
Anne Niemi, Justine Selsing

News Editors:
Faraz Butte, Leslie O'Bray, Kevin Stansky
Features Editors:
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Girls' bball–call them *champs!*

The girls' varsity basketball team made L-S history by garnering the schools first state title in that sport. The girls took the Division II title by dominating a spirited Hampshire Regional team. The final score was 53-32.

For many, the victory demonstrated the resiliance of the L-S spirit following the January 19 tragedy, and brought a note of joy to what has been a difficult school year.

Following the victory, the team bus was escorted back into town by a Sudbury fire engine, with lights flashing and sirens wailing. After putting up a record of 18-2, becoming co-champions of the Dual County League and champions of the Massachusetts Comcast Tournament, the Lady Warriors had one more thing on their mind,a state championship.

The Lady Warriors got by the first two rounds with ease, but heading into the North Regional Semi-Finals, Lincoln-Sudbury was matched up with the team who sent them home last year in the tournament, Masconomet. The Warriors knew this would be probably their toughest competitor of the tournament, and in the end it was.

The game was all squared with just under two minutes remaining, until Lincoln-Sudbury hit a three to take the lead over Masco. After making a great defensive play the Warriors hit another shot from behind the arc to take a 6 point advantage. L-S was given a scare when Masco responded with a three-pointer, but time ran out and the Warriors won by 3 points, 49-46 and were heading to the Tsongas Arena.

On Saturday, March 10th, Lincoln-Sudbury traveled to the Tsongas Arena to take on the number 1 team in the Northern Region and the number 4 team in the state, Melrose. Carolyn Swords dominated the game as usual, and just could not be stopped by Melrose. Swords, finished the game with twenty points. However, Melrose forced Swords to foul out with five minutes remaining in hopes to try to make a comeback. The Warriors denied this from occurring, led by junior Sarah Whetmore who made some incredible plays, finishing the contest with 32 points.

L-S had too much steam and power to let Melrose get back into the game and defeated them by 15, 68-53. L-S was on their way to the TD Banknorth Garden for the State Semifinals to take on Bishop Feehan.

During warm-ups it was apparent, that the Lady Warriors were ecstatic to be playing basketball in the Boston Garden. Bishop played tough early on and only trailed the Warriors by six heading into halftime.

They expanded their lead to 16 with just under three minutes to play, and won the game by 22 points, 56-34. Carolyn Swords played an amazing game as she dominated down low all game, scoring 21 points and grabbing 19 boards. As a result to this victory, the girls were on their way to the DCU Center in Worcester for the State Championships.

On Saturday, March 24th the Lincoln Sudbury Girls Basketball Team competed in the State Championships against Hampshire. The crowd was on their feet and the girls were ready to go. Like, most of the games in the tournament, the girls began the game in a very strong fashion, going on a 10-0 run. Hampshire had no answers for Lincoln Sudbury. They could not contain the dominant duo of Swords and Kearse.

Going into halftime L-S had doubled Hampshires score, 30-15. In the second half the Warriors picked up right where they left off, taking a 23 point advantage with less than 10 minutes to play. The Warriors continued to go on runs and they could not be prevented.

With less than 1 minute to play the whole team was on their feet, jumping up and down and as the buzzer sounded the Lady Warriors and their coaching staff rushed the court to celebrate their enormous accomplishment of becoming State Champions. Going into halftime L-S had doubled Hampshires score, 30-15. In the second half the Warriors picked up right where they left off, taking a 23 point advantage with less than 10 minutes to play. The Warriors continued to go on runs and they could not be prevented.

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Facebook now being used to malign students, faculty

By Haley Riemer-Peltz

There have been several recent instances of Lincoln-Sudbury Regional High School students bashing fellow students and faculty through means of Internet web sites, the most prevalent being Facebook.

The problem was initially brought to the administration's attention when a female senior came across a Facebook group dedicated to bashing fellow students. Originally, the group targeted one particular person. Some comments were then directed toward specific faculty at L-S, calling certain female teachers "dykes." When one of the group members tried to stand up for the teachers, hateful comments were then directed toward that student. One comment stated that the female's criticism was an example of why women shouldn't be allowed to speak unless spoken to.

Facebook eventually shut down the group after it was reported by several people. Shortly after, another group was started that had essentially the same purpose, with similar kinds of bashing taking place.

The online bashing has been especially difficult to monitor or control because, although it involves people from L-S, it happens off of school grounds. The Facebook site is blocked from every Internet server at L-S, making it impossible for students to access it at school. Administrators have been struggling with the following question: if Facebook is an off-campus activity, is it, and can it be, an in-school concern?

"When people trash other people on Facebook it becomes a school issue because it gets carried into school," said South House Housemaster Eleanor Burke. "It could lead to fighting, it could lead to outbursts in class, it can disrupt the educational process, it can make people feel really bad about themselves, and all of these things make it become a school issue."

The issue of freedom of speech is another point to consider. After all, the Internet is free space, and this is America. However, when the hateful comments become threatening, the situation then calls for administrative intervention. "If actual threats are being made online and someone takes action and prints them they can become a legal pursuit," said Burke. "There are certain things you can't say in writing that are slanderous or libelous. If we can trace back to who said them and there is proof in writing that they were said by that person, that becomes a legal question. Somebody might want to press charges."

According to West Housemaster Ian Ryrie, "The bottom line is that if it's harassment – and harassment is defined by more than one incident – appropriate measures need to be taken depending on the degree. Of course there is the question of in and out of school. If it is out, the police may need to be notified. We've had several incidences like this before, and some have involved the police and some have not."

"Another way would be for each of the students involved, with his or her parents and an administrator, to read what's been written and show them what's on the Facebook," says Superintendent/Principal John Ritchie. "Then they would be stuck with their reputation among the administrators and the faculty as somebody who would say this kind of stuff, which I would think kids would dislike as much as being suspended."

One student commented, "It is important to remember that when something is posted on the Internet, it is there for everyone to see, whether it be the person it is about or a teacher at L-S. The comments may not have been intended to hurt people, but they have a big impact."

The Boston Globe recently reported on a different online controversy. In the December 22, 2006 edition, a Globe ran an article about superintendents who feel it is appropriate to surf MySpace, Facebook and other similar sites for evidence of misbehaviors, including athletes drinking.

Woburn High School Principal Bob Norton says he has a different emphasis: "I don't sit here in the afternoon by myself and say, 'Let's see who I can catch on MySpace.' What we are trying to do is have our kids do things that are healthy and safe. I'm not interested in the penalties as much as I am interested in the message."

L-S school board election causes concern

By Justine Selsing

A group calling itself "L-S concerned students" has placed posters around the school in order to educate others about the upcoming L-S school committee election on Monday, March 26. The group is also encouraging eligible students and adults to get out and vote.

The group is concerned that two of the four candidates for the two available seats want to radically change the school's culture in response to the January 19 tragedy.

Last week, *The Sudbury Town Crier* published position statements from and articles about each of the candidates. Below are brief summaries of these positions.

Radha Gargeya wants to make sure students feel safe at school. "There are some steps we can take right now… limiting and controlling access, and coming up with ways for students to pass on… any information that they may hear, and then to improve the screening process."

Gargeya also wants to maintain what already works at L-S, preserving the unique culture of belonging and support. "There is clearly something about L-S that works," Gargeya says. However, he also notes that there is always room for improvement.

Gargeya supports the proposed $2.5 million operating override, a portion of which will go to L-S, because it is important in maintaining a certain level of services.

Kevin Matthews says his priority would be making sure of the safety of students.

"We have ways of doing things at Lincoln-Sudbury that seem ingrained into the culture, like the open campus, that really need to be examined." He wishes to make the campus safer through the use of technology like smart cards that can track students.

The second part is examining L-S' academics: Ryan states that performance has been steadily improving in science and math, but not in English and history. "There are some cracks in the academic reputation," he states. He also adds, "The procedures of admission to Special Education… must be changed."

Regarding the tragedy of January 19, Matthews would hold those who made errors accountable.

Jack Ryan (incumbent) sees funding as one of the school's main issues. While the student population has increased steadily, Ryan says state aid has stayed constant for five years. "I think we should be focusing on… creative solutions to provide quality education, knowing there are not unlimited funds to do so," Ryan says. He adds that our school that has been successful for 50 years should not suddenly be altered.

Because of the gap between funding and student population, Ryan supports the proposed override. Without it, the number of teachers and staff would have to be reduced.

In response to the January 19 tragedy, Ryan does not want to "focus on any quick fix or immediate reaction that would change how Lincoln-Sudbury has functioned without giving any such change careful consideration."

Douglas Zingale sees a school as comparable to a business, albeit a "different kind" of business. It should be efficient, deliver the product well, and manage itself.

In response to the tragedy of January 19, Zingale questions whether the special needs screening was adequate, and whether the school can deliver a great education to all students or if adjustments have to be made.

Zingale also reasons that a public school's mission is to attend to the needs of the exceptionally talented because it is beneficial to society to develop these talents. However, he also adds, "We are a public school, so we need to be working across the entire spectrum."

Any employees who violate school policy should be removed, says Zingale. He wants to provide adult supervision in the halls, and would prefer not to open school until 7:30 AM.

L-S complies with flag law

By Vicky Lee

Recently, flags were placed in every classroom at Lincoln-Sudbury Regional High School to be in compliance with state law. By law, the flags have to be displayed in government buildings and schools.

The installation of the flags has sparked controversy among the students and faculty.

"Well, it's the law so it's good that they are complying with it. But why do you need a law that forces people to express patriotism? That should be voluntary," commented sophomore Tessa Brainard.

Other students had mixed opinions about the new law. "Although there are many issues that I have very strong opinions on, portrayal of the American flag is of little importance. The issue of decorating the school with flags should be at the bottom of everyone's priorities list," said Diana Lestz, a sophomore.

The appearance of the flags led to some discussion among teachers. Those teachers who spoke out in support of the classroom flags referred to national pride and love of country and/or the importance of national symbols belonging to everyone, not just one political group. Some also mentioned the high ideals that the flag represented. Those teachers who objected to the flags expressed one of several thoughts: that a flag in every classroom was excessive, as there is already one flying over the school; and that the presence of so many flags was a form of political indoctrination that promoted a mindless "We're #1" mentality. One teacher felt that having so many flags would have the unintended effect of turning them into "wallpaper" that would actually make them seem less special. There were no flags in the classrooms of the original building, at least since the early 1970's. There were flag holders, however.

Other state laws regarding schools:

- Students must be allowed to engage in voluntary school prayer before the school day.
- The school day must begin with a moment of silence.
- The school must hold "patriotic exercises" on the day before Memorial Day.
- All classes during the first period of the day must recite the Pledge of Allegiance.
- All elementary and high schools have to teach the Massachusetts constitution, and local history and government.

Teacher burns trans-fats in cars

By Olivia Soloperto

Can we reduce our dependence on foreign oil? We all know the effects of running our economy on refined oil. Global warming and the disintegration of the ozone layer threatens to cause calamity. While we cruise from gas station to gas station in our Suburbans and Hummers getting seven miles to a gallon, L-S teacher Jamie Merkle is taking matters into his own hands.

In his basement laboratory, Merkle single-handedly concocts enough bio-fuel to run his Volkswagon Sedan. The process which Merkle uses to convert vegetable to VW fuel is as follows: routinely, Merkle visits restaurants and the school's cafeteria, where he collects their extra vegetable oil. Next he mixes the vegetable oil with lye and rubbing alcohol in a still. In about three hours he has fifty gallons of viable fuel that produces 80% less green house gas than traditional fossil fuel, and is less toxic than table salt. "It's fuel you can eat," says Merkle. In the winter, however, he is forced by the cold weather to "cut" his bio-diesel mix by adding two gallons of petroleum to prevent the oil from solidifying. In his car he has constructed a secondary heating tank, which the oil passes through first. If everyone were to employ this process, imagine the benefits for the economy and the ecology.

According to Merkle, "most harmful pollution is produced by idling engines, when the gas isn't being burned hot." However, biofuel isn't a panacea, as he explains, "It's a step, but it isn't a magic bullet. Even if everyone converted to this more environmentally-friendly solution, we would still have too many cars on the road."

Carpooling is a simple additional solution, but real change will come when people fully realize that the earth's assets are not inexhaustible. "People think that as long as they can breathe the air there isn't a problem, but you just need to stand outside in the middle of traffic to realize that there is a major problem and that something has to be done," he says of what prompted him to make bio-fuel.

Merkle teaches woodworking and architectural drafting. He is planning to expand his curriculum for next year to include automotive, engineering, and robotics classes. "I like to branch out," he says. "We're writing a curriculum for a 3D design course. To give kids classes like these is important, because when you do something with your hands, you process it a lot more, it's not as abstract."

The Barbuce: *Fireflys' southern BBQ lights up reviews*

By Tyler Tsugita, Tim Dingman and Nick Roopenian

Faithful reader, come hop onto the S.S. Barbuce and we shall sail you to the island of mild amusement. We ran over our options during a brainstorming session for our restaurant review. Since we wanted to give an institution a positive review this time around, we ventured to a place that we all agreed was top notch. Sadly, Pete's Eats in Stow closed some five odd years ago, and after Roger's Ribs wasn't open, we settled on Firefly's on route 20 in Marlboro.

It had been almost three years since our last visit to Firefly's. The longtime sabbatical was not our choice, a result of Nick's lifetime ban due to actions that will remain untold. Alas, the call of the barbecue seductress was too tempting, and we decided to risk imprisonment just to taste Firefly's' glory again.

We approached Firefly's with excitement only equaled by little children on the eve of Christmas. As we opened the door we became one with the delicious smells of BBQ and meat. Later, Nick would try to capture the aromas in a bottle, but to no avail. We sat down at the table and oggled our menus with an anxious lust. Tim ordered the full rack of ribs, Nick had the "chicken on a biscuit" meal, and I had the pulled pork sandwich. In the interest of giving Firefly's a full probing, Nick agreed to sneak over and test some salad from the salad bar.

Tim and I took stock of the other people in the restaurant, and we soon realized why there was barely any noise in the restaurant. People were eating too fast and too furiously to have any conversations. The food was just that delicious. Nick later told us that the salad was pretty satisfying as well. We waited desperately for our meals, like teenage girls waiting for results from Planned Parenthood.

When the plates arrived at our table the generous portions gleamed at us like the puppy dog eyes of Lassie. As Nick bit into his chicken, a single tear came to his eye. "It's glorious, like the nectar of Zeus." Tim reported that his ribs must have been "plucked from like, a really good rib plucking animal." His oratory skill once again mystified and astounded NPR and I. The taste of my pulled pork burst onto my taste buds and had a dance party inside my mouth. For the next half hour, we gorged ourselves on the flesh of innocent animals, taking the time to savor the carnage. We ate with an urgency usually reserved for meth addicts on a month long bender. We licked our plates clean and had a quiet sob over the fact the meal had come to a close. Nothing, for the rest of our lives, would match the excitement, wonder, laughter-inducing fun we just experienced, and we damn well knew it. The bill came and when we observed it, we felt that Firefly's was being too generous. It was like they were trading the best time of our lives for a few paltry dollars. We left our waitress a 200% tip.

In summary, every single American should have to dine there. The food was beyond description: a spiritual experience. Our only complaint is that there is no way to make Firefly's into an IV drip that constantly flows through our veins. It was cinematic gold, and it wasn't even a film. The final tally breaks down like this:

Nick gives it a score of Three Noses.

Tim says if he could, he would give it every single VMA ever given, plus a Daytime Emmy.

Myself, I say it is impossible to evaluate. No letter or explanation would suffice. Firefly's does not just earn a good rating, but instead it earns our worship. I would gladly join a new religion based around the pulled pork. I would sacrifice all my sons and daughters to it. It is a wonderful establishment to dine at for any occasion at an affordable price.

Stop Kiss/Steel Kiss holds nothing back

By Liza Burkin

Never in LSB Players history has there been a play as controversial as the *Stop Kiss/ Steel Kiss* performance.

The two productions (which are normally performed by and for college students) have nothing to do with each other. Despite having similar titles and themes of homosexuality, the two plays were written seperately and are not normally performed side by side. Directors Carly Evans and John Germanotta thought juxtaposing the plays on the same bill would make a profound theatrical contrast, an unforgettable challenge and experience for the cast, and a thought-provoking night at the Kirshner Auditorium. They were right.

Stop Kiss was the first play. It tells the story of two women from New York City, Callie and Sara, played convincingly and confidently by Pheobe Sexton and Emily Hinteregger, respectively. It is their love story.

The time sequence of *Stop Kiss* constantly switches between the past and the present, as Callie and Sara's love unfolds and suffers in the light of violent homophobia. Though it is, at first, slightly difficult to follow, the time sequence proves to be one of the best qualities of *Stop Kiss*, keeping the audience enthralled in not one rivoting plot line, but two.

Sexton, Hinteregger, and the supporting cast approached *Stop Kiss*' subject matter with confidence and grace that was astounding coming from high school actors. As the leads undressed on stage and shared a believably passionate kiss, the audience was filled with both shock and respect for the actresses.

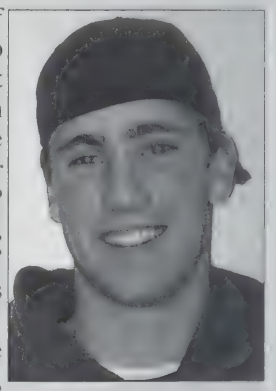
Where *Stop Kiss* deals with the victims of a hate assault and a tender, lesbian love story, *Steel Kiss* follows a story that takes the audience in another direction. The play examines the psychology of violent homophobic perpetrators who display raw anger, pain, hate and violence through the brilliant acting of Ry Joyner, Ben Richmond, Jimmy Roach, and Ben Sheff.

Pulsating music and intense lighting added to the intensity as the four leads literally wrestled with themselves on the issues of their own sexuality and societal pressures. As they screamed profanities and alternately admitted their own confusion and fear, the actors blew the audience away with their heartbreaking portrayals.

After the mind-gripping 45 minutes of *Steel Kiss*, the directors and cast hosted a talk session in the theater. Many asked questions such as, "What place does subject matter like this have in high school?" "Should this be allowed here?" and "How has becoming these characters changed the lives and views of the cast?" Overall, most students felt comforted and impressed that the LSB Players were allowed to put on the production and had such an accepting, responsive audience.

Unfortunately, homophobia is a very real danger, and to see both sides of the violence portrayed by peers was extremely eye-opening. The cast expressed that the play had given them a new sensitivity towards the issue.

John Hayes, 'the legend'



Who is this kid? If you have ever been to any L-S sporting event you know: it's John Hayes. When a game gets tight, what cheer do the L-S fans turn to? It's not "Here we go, L-S," not even 'LSD!" It's the John Hayes chant.

Growing up in the Sudbury school system, John "Sandborn" Hayes has been accustomed to being in the spotlight. His customary plain white T-shirt glistens from the school lights during the day. This fair-skinned senior has the complete background for the perfect chant.

Though the John Hayes chant has many different versions, it always pumps life and excitement into the crowd. When asked about the unofficial mascot, Jason Orlando said "the thing about John Hayes is that he's more of an idea than an individual and this idea is excellent. The spirit of John Hayes lives within everyone. No one can match his sheer excellence."

When did the John Hayes chant begin? Many L-S Superfans would point to last winter at the basketball games.

With the basketball team in numerous nail biting situations, two L-S faithful's came through in the clutch. Credit goes to seniors Jordan Jacobson and Teddy Meeks for the creation of the chant.

This year the chant has really gained popularity. Fans from all grades have seemed to use this chant in a sign of unity. With the student body being censored by DCL officials, fans turn to John Hayes for their cheering needs.

Who knows how long the chant will be around, but for now the legend of John Hayes is alive and thriving.

Football crushes Newton South to finish season

By Kevin Hannigan

With the leadership of 22 seniors, the Lincoln-Sudbury football team had a very successful season finishing with an 8-3 record, 4-3 in the Dual County League.

L-S was led by a solid rushing attack all season from junior running backs Mark Hogan (over 1000 yards, 12 TD), Darren Cromwell (11 TD), and Jonathan McIvor (4 TD), and ran behind a very solid offensive line consisting of PJ Schnorr, Steve Baillargeon, Sean Pike, David Rocklage, Peter Lynch, Keegan Ashley, Justin Nicholson, Tim Porter and Jesse Smith, a starting line featuring five seniors and three captains. Senior quarterback Mark Collins also threw six touchdown passes in the season – three to the tight end Nicholson, who ended with four touchdown receptions at the end of the season. Derek Lowe and Jason Roth also threw one touchdown apiece.

"The senior leadership was definitely the backbone of the Lincoln-Sudbury football," said Nicholson, "Hogan, Cromwell, and McIvor also did a good job of picking us up when we needed it."

The Warrior defense was impenetrable all season long, letting up just 13 points a game. A strong front seven consisting of defensive tackles; Schnorr, Baillargeon, Rocklage, and Mike Gigliotti and defensive ends; Sean Pike, and Nico Von Stackelberg, and linebackers; Nicholson and Ashley, combined with a fine secondary of Hogan, Lowe, Chris Crowley, Brian Glowacki, and Kurt Rogers, to be one of the best defenses in the DCL. Rogers, Lowe, and Hogan each had 4 interceptions while Crowley had one. Nicholson also had four blocked kicks on the season while Crowley and Rocklage each had one.

"Defensively, we had some big people step up in Crowley and Glowacki, who hadn't been playing at all the year before, and they did a good job," said Nicholson.

L-S got off to a great start as they beat Medfield, a team who would eventually win the Super Bowl, 21-15. In an overtime thriller ending in a Nicholson-blocked extra-point kick, the Warriors defeated Rockland for the third straight season, 14-13.

L-S LINES UP Led by senior Sean Pike (57), the L-S Defense prepares to rush the Lions.

Lincoln-Sudbury knocked out Hingham (31-20), another team that would later make it to the playoffs. The Warriors proceeded to blowout St. Bernard's High School, a game in which Hogan ran for 313 yards on just 15 carries, an L-S single game record.

The Warriors ran into their toughest test of the season when they faced eventual Super Bowl champions Wayland High School. L-S gave the Warriors of Wayland the best game they would see all season, but after a game filled with unfortunate plays, Lincoln-Sudbury fell to Wayland, 13-6.

Needing a big win, the Warriors followed up the next week by going into Boston to crush Boston Latin 41-7. L-S faced another tough challenge in arch rival Acton-Boxborough and again could not come out on top as they lost 20-9. The Warriors beat Bedford in their next game though, 22-12 to improve their record to 6-2. After a tough loss to Concord-Carlisle 7-6, Lincoln-Sudbury won their final two games of the season against Westford (21-7) and Newton South on Thanksgiving Day (33-6).

"The season definitely filled my expectations," said the co-captain Baillargeon, "And I've never been tighter with a group of guys. I consider them all my brothers."

At the end of the season, Co-captain Justin Nicholson was named the team's most valuable player for his efforts both at tight end and at linebacker. Thee Warriors also had five DCL All-Stars including Nicholson, Pike, Rocklage, Baillargeon, and Hogan.

"It was the time of my life," said Co-captain PJ Schnorr, "We were very unique and special. It was unlike anything I've ever been a part of."

Exuberant L-S Superfans given kryptonite by officials

By Matt Hatfield

While I was standing in the bleachers at last night's Lincoln-Sudbury Regional High School vs. Acton-Boxboro Regional High School football game, I realized that something was different. There is a life to the crowd this year that has been absent in the past years. I attribute much of this to the enthusiastic senior class and the success of the sports teams.

Whether it is the newly revived "Blue! White!" cheer or the more recent "John Hayes!" chant, the crowd can be heard at all times during the game. For the first time in a while, L-S may actually enjoy a home field advantage. "The atmosphere is a lot different than it was last year, and it has provided us with a home field advantage we haven't had in the past," says senior captain Justin Nicholson.

However, there are some new rules, courtesy of the Dual County League, that will restrict fan behavior. There are some rules that I agree with, rules like "The use of alcohol, tobacco products and drugs are strictly forbidden," "respect school property by not damaging the equipment or facility," "obey and respect faculty supervisors who are responsible for providing a safe and friendly venue," and "booing of cheerleaders is not allowed." These rules don't affect our ability to chant for our team. However, in my opinion, some of these new rules are too restrictive.

One of the new rules states that "Noisemakers, inappropriate signs and newspapers are not allowed." I can understand why this rule may be applied to indoor sports. An air horn or pot would drive everyone crazy inside a gym, but as far as the outdoors go, I think noisemakers are an important part to cheering. Fans enjoy the noisemakers and there is no reason to keep them from a game. If you are worried they are too loud, then a high school sporting event just isn't for you. Fans are already loud, so noisemakers really aren't adding that much extra noise.

Students should be allowed to use noisemakers, especially outdoors, because they are just harmless tools that help the fans get into the action.

Another rule I disagree with is the one that stipulates that fans must "Recognize the performances of both teams." I don't understand this rule at all. I am a fan of L-S, not A-B. If the Warriors fumble the ball or throw an interception, I am not going to congratulate the other team, I am going to be upset. If the DCL does not want us to badmouth other schools, that is understandable, but I think expecting fans to recognize the performances of their rivals won't work that well.

The only other rule that I disagree with is the one that says, "Stay off the playing area at all times." I may be interpreting this wrong, but to me that also means after the game. If L-S had beaten A-B last night the crowd would have gone crazy and almost surely rushed the field, just as Wayland and their fans had a few weeks earlier. This is a celebration and if a moment ever comes where it is warranted, I think fans should be able to do it without fear of being punished. If the rule were rephrased so it said, "during the game," then I do not have a problem with it.

These sentiments are not just mine alone. There is an outcry of students who disagree with some of these rules just as I do. "I think it's stupid. They are limiting our self expression by taking away our school spirit and pride," says senior Maddie Rimpas.

"I don't really agree with them. I want the freedom to boo the cheerleaders if they do not perform up to my standards," replied senior John Shwartz.

Don't get me wrong, many of these rules are a good idea, they help keep the fans safe and under control. But I can't help feel that the few I have mentioned go a little too far in hampering our fun.

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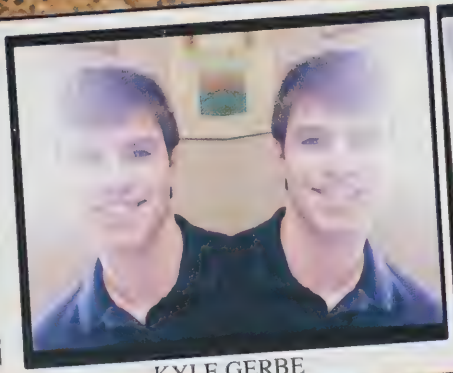

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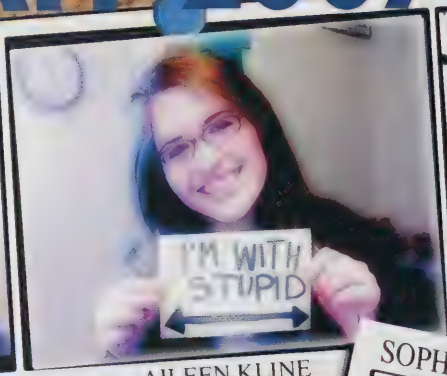

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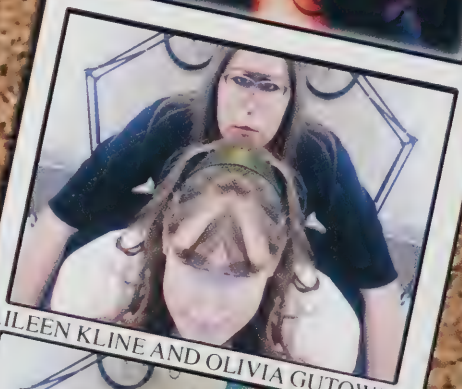

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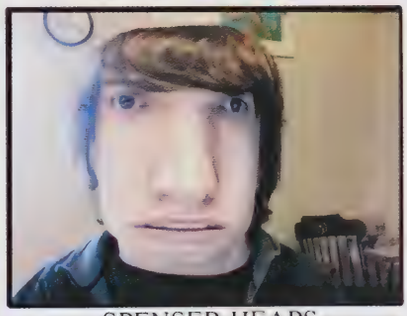

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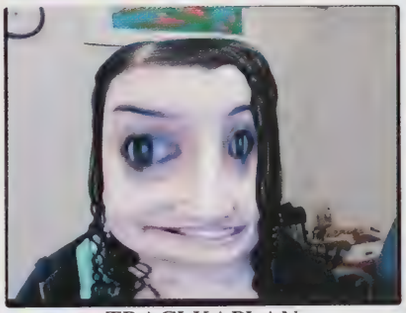

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Progressions

COLOPHON

The 2007 DYAD was 100% digitally created and produced by the students of Lincoln-Sudbury Regional High School. "PROGRESSIONS" is the 50th publication of DYAD and was printed by Jostens Printing and Publishing in Winston-Salem, NC. Our Jostens representative is Paul Erasmus and our plant consultant is Jana Poplar.

Design

The 2007 cover is a compilation of all previous covers of DYAD. The cover was designed by Rick Brooks of Jostens' Creative Accounts with assistance from the Editors-In-Chief. It is a Custom Litho, High Gloss Process Color with UV Coating. The entire 324 page book was created using Jostens Yearbook Avenue, an online yearbook creation tool. All photos were taken digitally, or scanned and retouched.

Softwarephotos and Hardware

Other software applications used included Adobe Photoshop CS2, FileMaker Pro 8, Firefox 2.0. All running on Apple Macintosh computers. We used 4 20" Intel iMacs, 6 eMacs, and 11 G5 computers. We printed our proofs on a number of printers including an HP 5100dtn, HP 4200n, HP 4650n, and a Xerox Phaser 7750. DYAD has its own xServe G5 with dual 2GHz processors and an xServe raid array with 1.5 terabytes of online storage connected to the network via two 1 GBPS ethernet connections

DYAD would like to thank

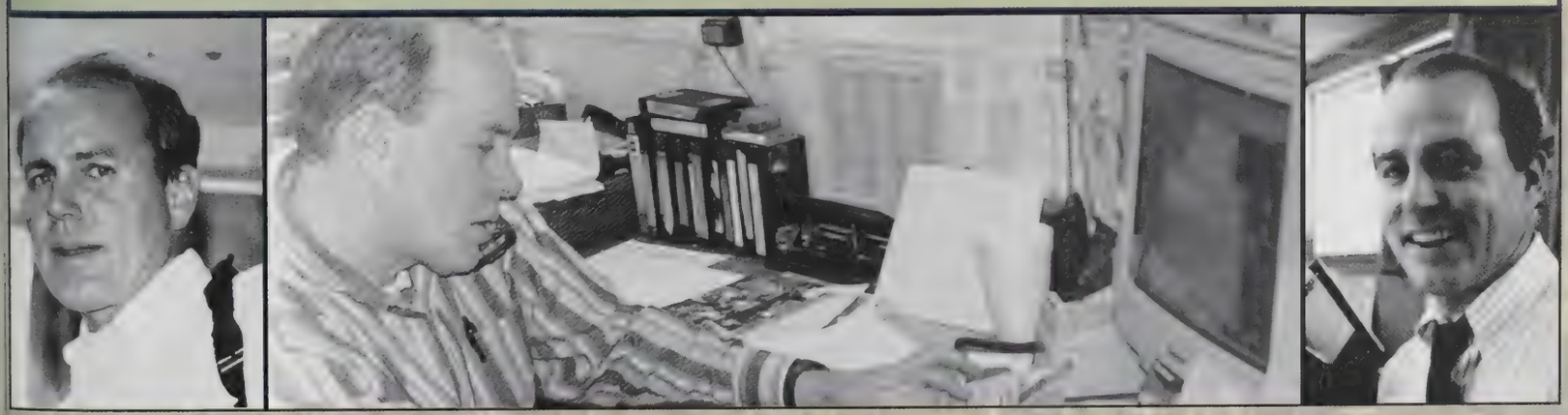
We would like to thank the following in no particular order: Dr. John Ritchie, Jane Kline, BJ's Wholesale Club, Paul Erasmus, Bruce Millet, Mark Santoro, Paul Sarapas, Hilton Photography, HighSchoolSports.net, Jostens, Hyzen Photography, Scott Wheeler, Sandy Scafidi, Jana Poplar,

DYAD quotes

"We won't have any quotes. We're not a funny group of people." -Michelle
"I want to bite your head." -Tali
"Who would put Fig Newtons on the list?" -Michelle -- "ME" - -Fred
"C'mon! Hook a brotha up." -Aileen (in reference to fruit snacks)
"Guys, we have a problem..." --"the deadline?" -- "no, the cheez-it cup is missing!"
"The candids are lacking..." -Natalie -- "That's not the only thing lacking..." -Fred
"I gotta pee like a race horse." -Tali
"Don't eat the porky parts." -Aileen
1st time visiter to DYAD, looking around the room, asks "Do you'build' yearbooks here?"
"Jane, there are typos on your stickie." -Chuck (in reference to the stickie note commenting on typos)
"Natalie, I think something is wrong with your face. You might want to check on that." -Tali
"Um, I hate to break it to you, but this is a public school, we can't have Jesus in the book." -Aileen
"Without struggle, there is no progress" - Frederick Douglass

Thank You, Fred, for 18 years of PROGRESS!

DYAD, past and present, would like to thank Fred Walker for his 18 years of dedication and innovation in producing an 8-time, division one, award-winning yearbook which was also a national sales sample. From black-and-white to color, he was a pioneer in his efforts to make yearbook creation go all digital. DYAD was the first yearbook ever to have a CD-ROM supplement and be in full color. Every aspect in the way this book is created was developed over the years by Fred. We thank him for creating such a solid and stable program for us to work with, and he kept the excellence bar high for L-S. The Communications Department will never be the same.



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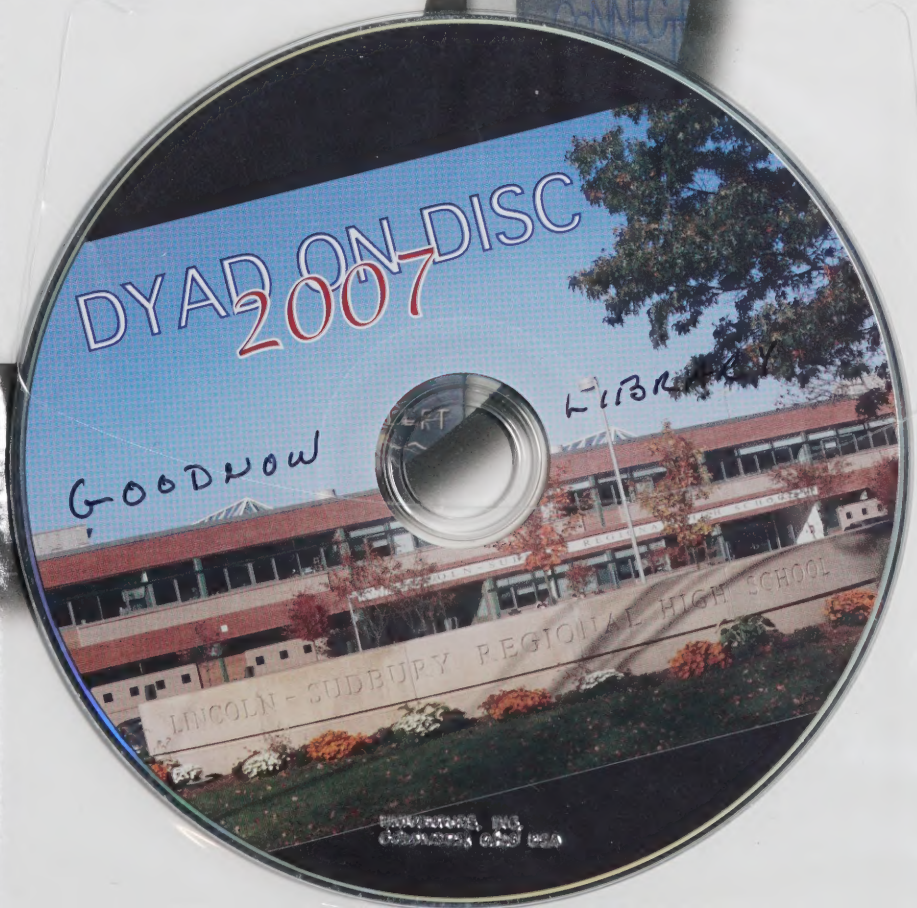

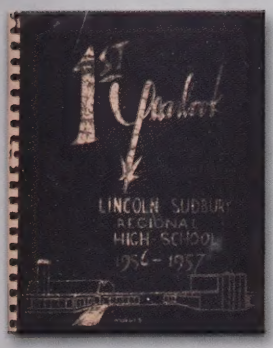

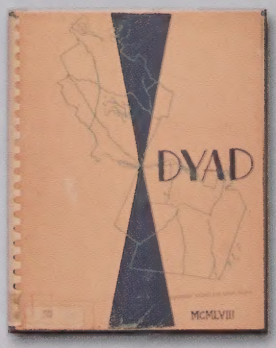

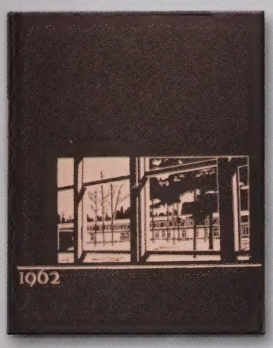

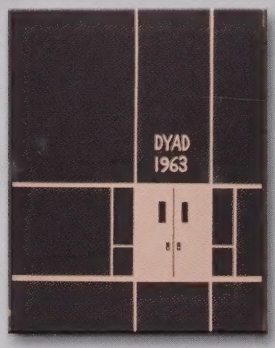

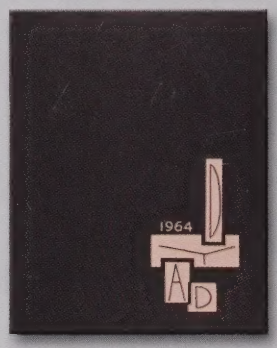

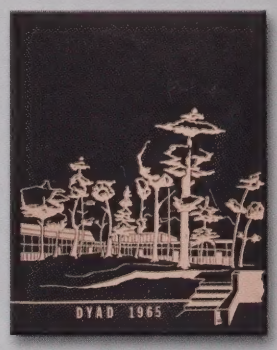

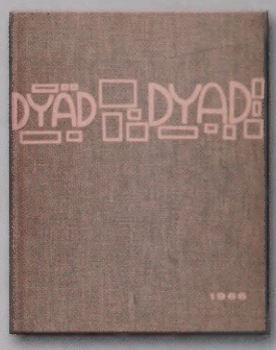
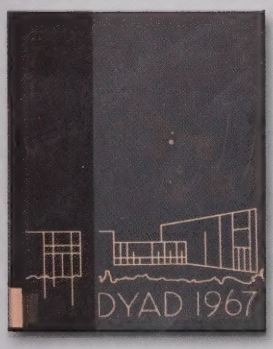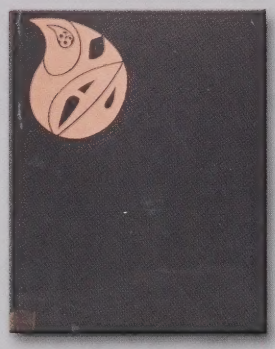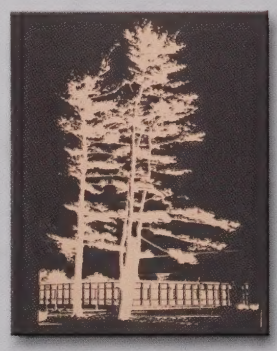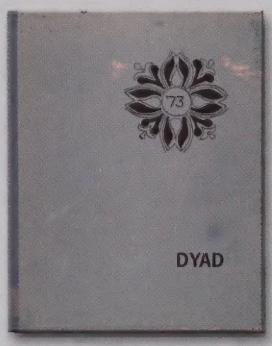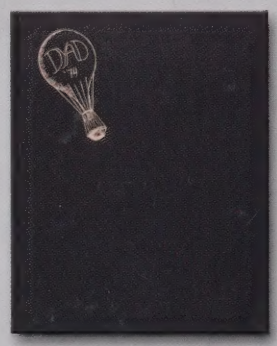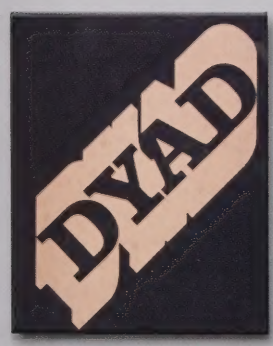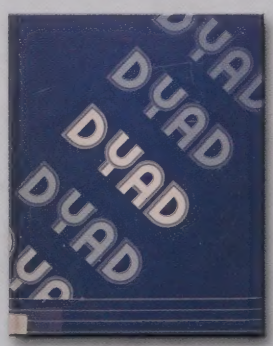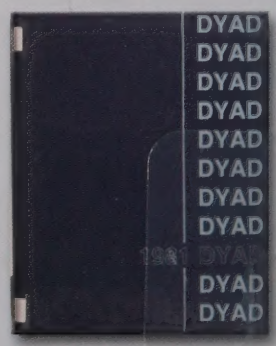
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